

2007

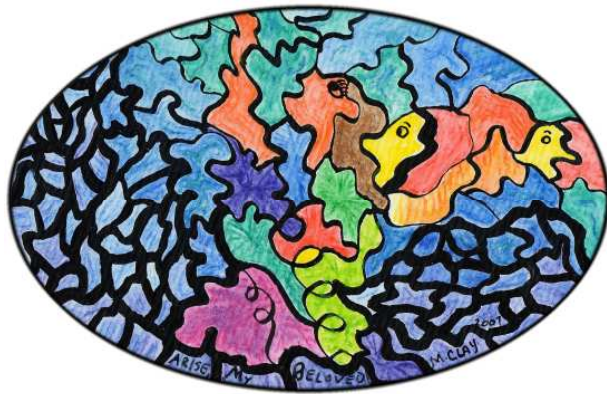


A NEW DAY

The success and survival of sailors depend on their ability not only to do their job but also to watch and listen for what else is needed for smooth sailing. Thus is the paradox of stillness in motion.

Whatever the tide,
this too shall pass and with it,
more shall be revealed with each new day.
And so it is,
for all shall be well.

Watercolor pencil & ink, 2007



ARISE

Imagine a mermaid caught in a net. The more she wrestles, the more entangled she becomes. One question changes everything: "What will it take for you to be free?" In a split second, she stops thrashing, and like a bullet, makes a bee-line for a target beyond the net. Leaving the net behind, she rises from the depths and into the clearer waters, ever closer to the Light ahead.

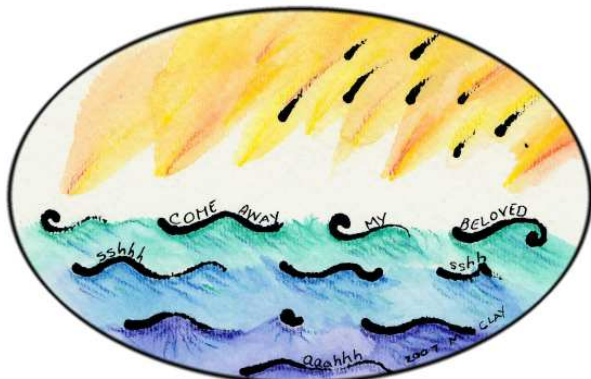
Watercolor pencil & ink, 2007



BREATHE ON ME

Floating on the waters off Little Tybee, buoyed effortlessly by the saltwater, I bask in the warm stillness of the August sun above and in the cool rhythm of the waves underneath. Muffled sounds of distant boat engines suggest I am not alone in my revelry. In this moment, time ceases to exist. For the first time ever, I know what it means to be present.

Watercolor pencil & ink, 2007



COME AWAY

At any moment that is less than peace, there is the invitation: "Come away, My Beloved." Breathing deeply into the "sshh's" long enough makes room for the "aahh's" to naturally follow.

Watercolor pencil & ink, 2007



SPIRIT

Staring at the blank canvas before me,
 I am sure there are no
 pictures in me to paint.
 But something moves inside
 and prompts first one sweep,
 then another,
 moving through every available color,
 covering nearly every available space.
 Lost in time, captivated by the process,
 I hear a soft song in the distance.
 Pausing in my revelry,
 I realize the singer is me
 and the song is, "Just As I Am."
 There I laugh,
 knowing the meaning at last
 that my only calling is to be my most Authentic Self
 and to discover
 Freedom lying in the expression of this Truth.

Tempera paint on paper
 1994



BEST BELOVED

Play life wholeheartedly,
 and see who plays with you.
 Shoot straight from your heart.

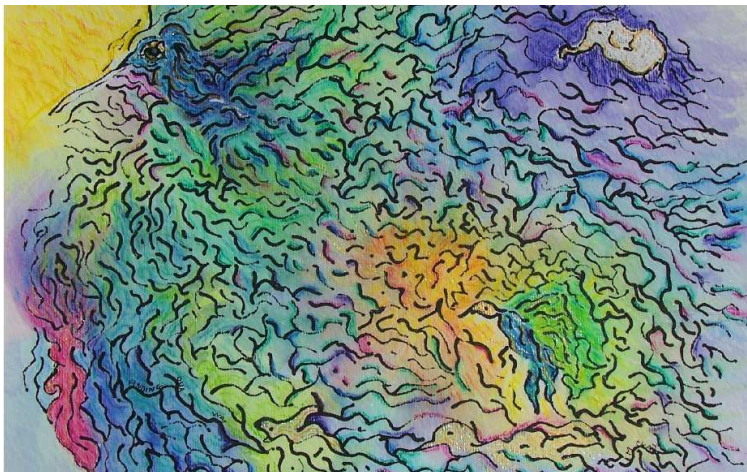
Watercolor pencil & ink
 2007

FINDING OUR WAY

In the murkiness of life's greatest challenges
 black ink meanders aimlessly across the page.
 Once saturated with purposeless blackness,
 images start to appear.

An elephant for memories to cherish,
 a beloved dog-child now gone,
 a woman in mourning.
 But there's more.
 A hummingbird of hope,
 a dove skimming on the water just because it can,
 a warm smile of sunshine centerfold,
 and a phoenix for transformation.
 May we hold the past and the present,
 strength forged in the darkness
 making true colors even brighter
 as we continue finding our way.

Watercolor pencil & ink
 2007

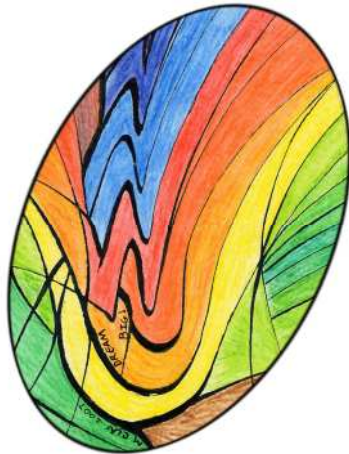




COME LET US REASON

With all the colors of the light spectrum,
and also the colors of the chakras in our bodies,
the fullness of life is present.
So too in community, there are individuals,
with individual colors,
blended together into a radiant collective.

Watercolor pencil & ink, 2007



DREAM BIG

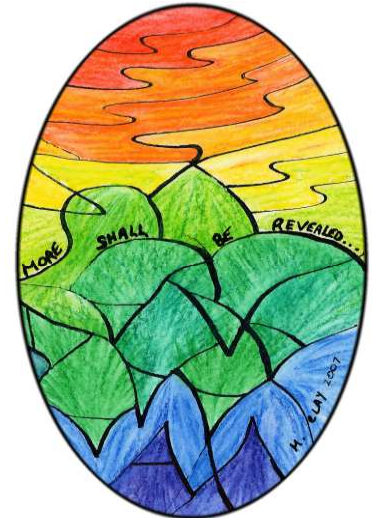
A splash of color
Sweeping movements
A brush perhaps?
And a brown handle to go along?
Paint your dreams
with color, variety, distinction
Dare to go to the far edges of your highest dreams,
and then go even further.
Into the abyss of the unknown,
you may find an even greater expression
of your highest self.

Watercolor pencil &

MORE SHALL BE REVEALED

Everything is unfolding
as it should.
Continue forward
in all you know to do.
Pursue excellence.
More shall be revealed.
Love Me.
Love yourself.
All is surely well.

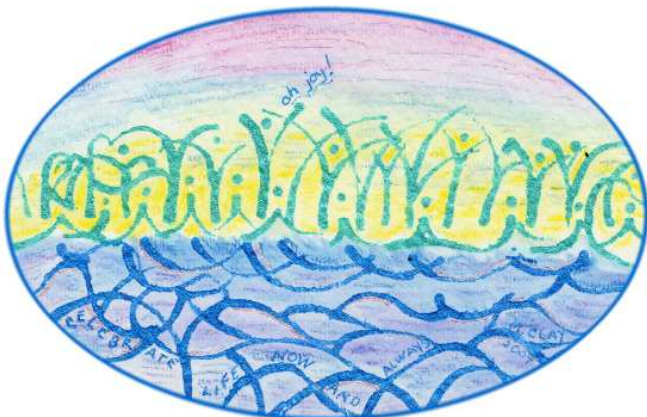
Watercolor pencil & ink, 2007



OH JOY!

Random strokes of colored ink
become a host of arms extended in revelry.
What a joy to be alive
and to belong within the collective celebration
of All That Is.

Watercolor pencil & ink, 2007





2007

PEACE

There is enough time and resources
to do that which is YOURS to do.
Peace.

Be still.

Be with the stillness,
and then you will watch time collapse
as healing dissolves all illusions.
Only be still so that you can know.

Watercolor pencil & ink, 2007



PEACE NOW AND ALWAYS

If you lose sight of peace,
do what it takes to find it again.
This is a moment-to-moment walk.

If you would follow Me,
you must learn to listen and yield
moment to moment.

Watercolor pencil & ink, 2007



REMEMBER MY LOVE- Mountains

Remember, that whether you are at home or not,
whether you feel Me or not,
I AM always with you.

I never tire of your company.

I AM never too weak to carry you,
but I do so sparingly
so that your own strength can grow.

You are My Child,
in whom I find extreme pleasure
and delight.

Watercolor pencil & ink, 2007



SPIRIT DANCE

This life comes in this form but once.

So laugh! So dance!

So sing! So love.

Live then in ecstasy
and delighted intention.

Be ever ready to choose again.

Always, always listen
for the whisper of the breeze.
And lo, I AM with you always,
even to the end of the age.

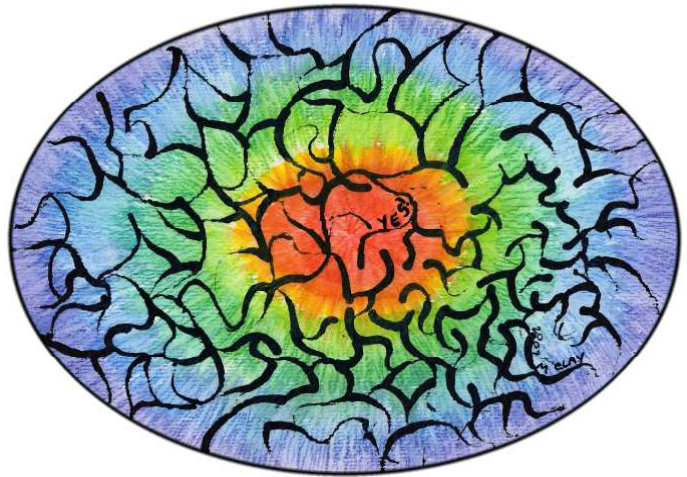
Watercolor pencil & ink, 2007

2007

YES!

I am open to receiving
the fullness of life
You have
for me.

Watercolor pencil & ink, 2007



WHITHER THOU GOEST

Over the hills and through deep waters
travel the feet of undying devotion.
Faithfulness in listening to God's whispers
at each step ensures an ancient path full of surprises.

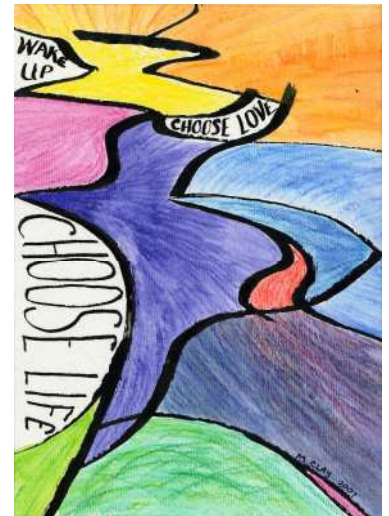
Watercolor pencil & ink, 2007



WAKE UP

There is a cry from the belly of the earth
for the souls who inhabit the earth
to wake up, choose love, choose life.
Will you awaken?

Watercolor pencil & ink, 2007



REMEMBER MY LOVE-Mallard

In the beginning, there were random strokes of blackness.
Returning to the inky darkness,
a heart appeared, then a strangely dressed mallard duck.
A tiny dancer, then a reposeful and elegant woman of color,
and the back of a man in plaid wearing a straw hat.
The eyes seemed to be looking back over the shoulders.
"Why?" I wondered.

Only then did the ominous face appear,
held at bay by the reassurance from a now familiar Voice:
"Remember, My Love, I AM with you always."

Watercolor pencil & ink, 2007





2007

ONLY LOVE

The birth of your own becoming is at hand.
Be witness to your own delivery.
See where it takes you!

Watercolor pencil & ink, 2007



SCRAPPY

Make it easy for people to love you.

Watercolor pencil & ink, 2007

MAKE A WISH

Whatever your greatest
inklings of desire,
I have for you so much more.
Trust Me,
and you will not be disappointed.
Expect greatness, grandness,
something new.
Let Me surprise you
with the impossible!

Watercolor pencil & ink, 2007

