



A NEW DANCE

Having risen yet again,
the phoenix with feet
extended
dances on its tail feathers
to the beat of a new song.



GO GENTLY

Go gently into this world,
My Love.
You are finding
new strength,
new direction.
Like Lazarus,
you have come forth.
I see you strong,
grounded, purposeful,
focused, loving
and playful,
an integral part of
All That Is.
The dance has begun—
the same dance
that has always been
and will forever be.
Let the music fill
your heart, your lungs,
and be always
on your tongue.

AND STILL I RISE

Smoke not yet cleared,
Feathers still afloat,
A whisper emerges
from the ashes:
"And still I rise."



NO EDGE

So, you are yet again
on the edge
of living flat out
and you don't want to fall?
No edge, no flying!



FORGIVEN

Washed of all fear
Wrapped in a warm blanket
of forgiveness
Held in the Arms of Love
Close enough to hear
Its Heartbeat
Until I remember
once again
Who I really am.



IN THE FLOW

Receiving My Love
and passing it on
happens
as a natural flow
when
you're connected
to your own truth
and are pursuing it.
Go forth.
Nothing to fear.
Life need not be
anything but joyful
if you so choose.



SEASONS OF LIFE

Honor your own seasons,
your times to needing
more rest,
more exercise,
more silence,
and know
that it is because
of that honored time,
your garden will bear
healthy, bountiful crops
for many, many years.



SO MUCH MORE

Dare to believe Me for good,
for something
beyond anything
you've ever experienced
before.



REST, BELOVED

Trust Me, love.
You will not be disappointed.
You are My Beloved.
Let Me love you.
Choose intimacy with Me
and watch
as all of Heaven
rejoices in showering you
with more than you
ever dreamed of.
Come away with Me,
My Beloved.
Rest in My Arms.
Let Me hold you.
Resist nothing.
I AM Safe.
You are safe in My Arms.



DANCING IN THE WIND

There is magic in the air.
It has always been there,
available to anyone
who sits still enough
to notice.
There is no need for drama
as you discover how
delicious life
really is in its most basic
essence.
You are whole.
You are complete.
We are One.



ANOINTED

It is time now to step
into your authenticity.
Take this mantle.
Wear it. Feel it. See it.
Every step you take helps
to awaken the world.
As you slough off
the weight of your past
and choose joy,
the answers will come.
Simply by saying YES
you allow all good things
to flow freely to you
and through you.
Treat yourself with respect
and tender loving care.



I CHOOSE LOVE

No longer waiting,
I embrace the fullness of love
that permeates my cells
and flows so effortlessly
as to erase
any point of origin.
I now choose
to be washed clean
by the tides of deep affection
as I learn to give and receive
the love that is me.



EVEN SO

I love you, sweetheart.
Dare to BE with Me.
Listen for My Voice.
Don't run away.
Let Me hold you.
You are perfect to me:
uniquely you,
completely comprehensible,
clear,
and wonderful.
Let Me be your security.
I gave you your heart's desires
--not to tease you--
so that you may experience
abundant life.



COME FIND ME LOVE

No longer grasping in
the empty air,
No longer fainting from
unfulfilled desire,
I now wait quietly
in this sacred silence,
Profoundly aware
of the nearness of Love.



I CHOOSE PEACE

What would help you move forward gently, steadily?
What would be easy for you to do? Baby steps, love, baby steps. This is sacred movement.
No hurry.
One tiny, loving step at a time.
All is well.
Trust Me--moment by moment.
Go into laughter, and she will release you.
You ARE moving forward.
You CAN do all things, dear.
ALL things.
Listen carefully.
No assumptions.
What do you hear calling you?



WASH ME

First, anointing.
Then a breath of time before external changes appear.
Patience, love.
I AM here with you.
Remember
the washing of your fears,
The warm blanket of forgiveness.
I AM indeed holding you.
Feel the energy of My Love surrounding you.



WINDING ROAD

Be present now
...and now
...and now.
Stay.
Stay present.
Speak from THAT place, the QUIET PLACE.
It will be loving.
Slow to speak, slow to anger, slow to react.
Listen.
Listen.
Listen to Me.
Listen to others.
Hear what they aren't saying.



WINDING ROAD (with Isaiah)

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