

What AA Does and Does Not Do

What AA Does:

Nonalcoholic guests are welcome at “open” A.A. meetings. Attendance at “closed” meetings is limited to those who are alcoholic or think they may have a drinking problem.

At meeting, A.A. members share their recovery experiences with anyone seeking help with a drinking problem, and give person-to-person services or “sponsorship” to the alcoholics coming to A.A.

The A.A. program, as set forth in the Twelve Steps to recovery, offers the alcoholic an opportunity to develop a satisfying way of life from alcohol.

What A.A. Does Not Do:

1. Make medical or psychiatric diagnoses, or prognoses, or offer advice.
2. Provide detox or nursing services, hospitalization, drugs, housing, jobs, money or other welfare services.
3. Accept any money for its services or contributions from outside sources.
4. Provide letters of reference to parole boards, lawyers, court officials, social agencies, employers, etc...
5. Engage in or support education, research, or professional treatment.

Our recovery is based on sharing our experience, strength and hope with each other, that we may solve our common problem; more importantly, our continued sobriety depends upon helping others to achieve sobriety.