

# CHARLOTTE NELSON, MD LLC

## COACHING CONTRACT

Please read carefully. By signing this agreement you (herein referred to as "Client") agree to the following terms stated herein.

### PROGRAM/SERVICE

Charlotte Nelson, MD (herein referred to as "Consultant") agrees to provide individual professional and life coaching. Client agrees to abide by all policies and procedures as outlined in this agreement as a condition of their participation in coaching.

### DISCLAIMER

Charlotte Nelson, MD (herein referred to as "Consultant") is a life coach certified by The Life Coach School. Client understands that Consultant has not promised any specific results, be them in relation to personal or professional goals. Further, Charlotte Nelson, MD is not a therapist, counselor, or psychiatrist and this is not a treatment relationship. Client understands that a relationship does not exist between the parties after the conclusion of our coaching relationship. If the parties continue their relationship, a separate agreement will be entered into.

### FEES

The fee for the individual coaching are as follows:

One hour coaching session per week for six weeks for \$1000.

### METHODS OF PAYMENT

Payment is expected prior to the first session. Payments will be accepted via Stripe or Venmo.

### REFUND POLICY

There are no refunds given for the purchase of a six week package.

If you have any questions or concerns, please let me know by contacting me directly at [charlottenelsonmd@gmail.com](mailto:charlottenelsonmd@gmail.com).

## RESCHEDULING POLICY

In order to be respectful of each other's time, cancellation or rescheduling of sessions must be at least 24 hours before the session. Cancellations within 24 hours of the session will result in forfeiture of the session. Rescheduling within 24 hours will be considered on a case by case basis, but no changes will be allowed within 12 hours of the scheduled session. To reschedule your session, simply send an email to [charlottenelsonmd@gmail.com](mailto:charlottenelsonmd@gmail.com).

## CONFIDENTIALITY

The coach-client relationship is the foundation of successful coaching. This relationship will be treated with the utmost respect. All aspects of our conversations during coaching sessions are confidential and will not be shared, including if the Coach-Client relationship is terminated.

## NO TRANSFER OF INTELLECTUAL PROPERTY

Materials that have been provided to Client are for Client's individual use only. Client is not authorized to use any of Company's intellectual property for Client's business purposes. All intellectual property, including Company's copyrighted program and/or course materials, shall remain the sole property of the Company. No license to sell or distribute Company's materials is granted or implied.

## CLIENT RESPONSIBILITY

The success of life coaching depends on the engagement of the client. It is expected that the client will show up to sessions and be in a place that is conducive to a coaching session - a place that is quiet with good internet (or phone) connection and minimal interruptions. Cancellation policy as above. Client accepts and agrees that Client is 100% responsible for their progress and results from the sessions. Consultant makes no representations, warranties or guarantees verbally or in writing. Client understands that because of the nature of the program

and extent, the results experienced by each client may significantly vary. There is no guarantee that the client will reach their goals as a result of participation in life coaching.

## SEVERABILITY/WAIVER

If any provision of this Agreement is held to be invalid or unenforceable, the remaining provisions shall nevertheless continue in full force. The failure of either Party to exercise any right provided for herein will not be deemed a waiver of that right or any further rights hereunder.

## LIMITATION OF LIABILITY

Client agrees they used Company's services at their own risk. Client releases Charlotte Nelson, MD, LLC from any and all damages that may result from any decisions made by the Client with regards to their personal or professional life.

## ASSIGNMENT

Client may not assign this Agreement without express written consent of the Company.

## MODIFICATION

Company may modify terms of this agreement at any time. All modifications shall be posted on the Company's website and purchasers shall be notified.

## TERMINATION

Charlotte Nelson, MD, LLC is committed to providing all clients with a positive experience. By purchasing this product, Client agrees that the Company may, at its sole discretion, terminate this Agreement, and limit, suspend, or terminate Client's participation in coaching if the coach-client relationship is not beneficial.

## DUTY TO READ

I accept that under this agreement, I have a duty to read this terms of participation policy, and have done so. Furthermore, I understand and accept that I am precluded from using lack of reading as a defense against all remedies contained herein.

I have read the entire coaching agreement and agree with all policies/procedures herein.

Client's signature \_\_\_\_\_

Date: \_\_\_\_\_