

Joseph Hansen

Writing Portfolio

2019–Present

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Table of Contents

<u>EDRC Website - Eating Disorders Resource Center</u>	<u>3</u>
<u>Reg BI Updates: CIM Outlook 2020 - Cetera Financial Group</u>	<u>5</u>
<u>Self Pro Balaclava Ski Mask - EcomVids</u>	<u>6</u>
<u>Option Select Database - Solo Developer</u>	<u>7</u>

EDRC Website	Link: edr.csv.org
Eating Disorders Resource Center	Campbell, CA (Remote)
Web Admin, Copy and CSS	Manage front-end content and SEO through WordPress CMS



Eating Disorders Resource Center

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Support Groups

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EDRC facilitates free and confidential support groups. Our Body Image and Eating Disorder support group will help you build confidence, get control of your body image and conquer the fear of eating. Our family and friends group is specifically tailored to the needs of family and friends supporting a loved one.

Due to Covid-19, all of our support groups have been temporarily moved online.

For more information,

Contact: Kanika Kansara

E-mail: kanika@edr.csv.org or info@edr.csv.org

Phone: 408-356-1212

EDRC Body Image and ED Support Groups

You are not alone and these confidential support groups will make a difference.

[More Information](#)

EDRC Family & Friends Support Group

Learn best ways to support recovery and healing for your family and loved ones.

[More Information](#)

The EDRC team maintains and runs our own support groups, but there are many other free support groups available not affiliated with EDRC. For a curated list of free non-affiliated support groups, [click here](#).

Parents Helping Parents ▾

Project HEAL ▲

Project HEAL is committed to helping people access support at all stages of recovery. Through peer mentorship, treatment grants, and volunteer chapters, they are bringing hope of full recovery to communities across the country.

[Project HEAL's Insurance Navigation Program](#) connects people struggling with eating disorders with resource guides and insurance navigation specialists to help them understand confusing policies and get the appropriate treatment they need.

Website: www.theprojectheal.org

Insurance Navigation Program: www.theprojectheal.org/insurance-navigation-program

The most effective treatments of eating disorders include psychotherapy or psychological counseling along with medical and nutrition support and guidance. A team of professionals may include dietitians, nurse practitioners, physicians, psychologists, psychiatrists and nurses who work together to develop an individualized treatment plan. It is most important that the individual trust the professionals involved in the recovery process. It may take several phone calls or visits to find the right professional for your situation, but it is worth taking the time.

Dietitians

Organize food, nutrition plan and promote healthy eating habits to prevent and treat the illnesses.

[See the Directory](#)

Physicians

Provide routine health care and have worked with individuals suffering from eating disorders.

[See the Directory](#)

Psychiatrists

Help in diagnosis, prevention and treatment of mental, emotional and behavioral disorders.

[See the Directory](#)

Treatment Teams

Provide therapy for substance abuse, mental illness, and other behavioral problems.

[See the Directory](#)

Therapists

Help individuals make decisions and clarify their feelings to solve problems and treat illnesses.

[See the Directory](#)

Other Providers

Providers who work in other disciplines within eating disorder treatment.

[See the Directory](#)



 Views: • 100

Join us March 8 at 2pm for a webinar with Momentum for Health and Stanford Medicine. Hear from experts like Clinical Assistant Professor Dr. Danielle Colburn of Stanford Health Care, President of 49ers Enterprise and EVP of Football Paraag Marathe, President and CEO of Momentum for Health David Mineta, and UC Berkeley Doctoral Student/Eating Disorder Survivor and Advocate Amia Nash.

Find more information and register [here](#).

Reg BI Updates: CIM Outlook 2020	Link: tinyurl.com/jh-cfg-2020
Cetera Financial Group	El Segundo, CA (Remote)
Copywriter/Proofreader, Copy Edits	Edits to existing internal and public-facing collateral



Risks to Our Outlook




While we’ve touched on several risks to the market and the economy overall throughout this commentary, slower global growth and missteps from central banks as they try to maintain that growth are by far the most significant. Trade disruptions could exert further drag on growth and fuel market volatility, as can populist movements like Brexit. While the long-term merits of such movements are hotly debated, most agree that in the short-term there are costs. Little has been discussed recently about European contagion, as countries like France and Spain are watching to see how the U.K. fares, and Germany teeters on the brink of a recession. The tougher the economic times become, the tougher the rhetoric and the more widespread movements from both the left and the right may be.

Regardless of your political leanings, politicians always find new ways to surprise us, especially in the runup to elections. Just when it seems there could not possibly be more noise out of Washington, our expectations are likely to be overwhelmed. We anticipate plenty of political twists and turns in 2020, but urge you to focus on what you can control and not let optimism or pessimism about potential outcomes steer you from pursuing your own personal goals. Fiscal and trade policies can affect the economy, but the Fed can offset positive and negative impacts, and things are rarely as bad—or as good—as they seem. There is a significant chance we will simply see more congressional gridlock, regardless of whichever ideology captures the executive branch, in which case there will likely be little legislation to drive sweeping change.

One thing is for sure: we do expect volatility to pick up in 2020, so what’s old is new again: being diversified with a long-term plan is still the best hedge against uncertainty and unease. Your financial professional can help you steer clear of illusions and ensure your plan, your financial objectives, and your life circumstances are in alignment and help you—no matter what happens around you—chart a clear path for the future.



Self Pro Balaclava Ski Mask	Link: tinyurl.com/jh-ecomvids
EcomVids	Orange, CA (Remote)
Copywriter, Dialogue and shot-list	Short video ads appearing on Facebook and Amazon

#	SCRIPT	WORD COUNT	SHOT REFERENCES			
		PRODUCTION SEQUENCING ONLY	B-ROLL SEQ.	SHOT DESCRIPTION	NOTES	IMAGE REF.
		124				
1	Staying warm is one thing	FIRST - 0	<input checked="" type="checkbox"/>	ACTOR talking to camera	Make sure he is wearing winter clothes	
2	Staying comfortable is another	FIRST - 0	<input checked="" type="checkbox"/>	ACTOR talking to camera		
3	Get the best of both worlds with Self Pro Polar Fleece Balaclava	FIRST - 1	<input checked="" type="checkbox"/>	Actor holding the Balaclava and then wearing it and modeling it		
4	The Balaclava's ultra soft polar fleece protects the face and neck from the coldest conditions.	FIRST - 2	<input checked="" type="checkbox"/>	Close up detail shot of the polar fleece balaclava in actor's hands, feeling the ultra soft fleece before rubbing it on his cheek.		
5	The 4-way-stretch polyester fits most head shapes and the extra-long neck provides additional protection	FIRST - 3	<input checked="" type="checkbox"/>	The Guy puts the balaclava over his head and tucks the long neck under his shirt, then pulls down the face mask to show it's modular.		
6	Also, the flat-lock seams makes the Self Pro Polar Fleece Balaclava comfortable and safe to wear with hats, helmets, and any sports gear.	FIRST - 4	<input checked="" type="checkbox"/>	CLOSE UP Detail shots of the seams of the Balaclava		
7	Thanks to the high-tech hypoallergenic polyester fibers, you'll stay comfortable all day long and its easy to wash.	THIRD - 1	<input type="checkbox"/>	Talent opens a dryer and pulls out the balaclava PRODUCTION: Needs someone to do this at home		
8	Wear the balaclava up to six different ways without affecting speech, even with the facemask on	SECOND - 1	<input type="checkbox"/>	Supercut of the Athlete wearing the balaclava each of six different ways		
9	No matter the job, no matter the conditions	FIRST - 5	<input type="checkbox"/>	Actor wears the polar fleece balaclava with a ski/snowboard helmet.		
10	Self Pro's Polar Fleece Balaclava is the quality choice.		<input type="checkbox"/>	Continuous shot, in the negative space the black and white Self Pro logo is superimposed.		

Option Select Database	Link: option-select-db.herokuapp.com
Solo Developer	Los Angeles, CA
Owner/Maintainer, All copy and visuals, entire site	Data-driven, fighting e-sports analysis web application

Welcome to

Option Select

"An Option Select is a tactic in which a player takes advantage of certain input priority systems to cover multiple different scenarios at once from the same input." -
Street Fighter Wiki

The Database

Mission

I grew up playing fighting games with my friends, having a blast while executing combos and kicking ass. As I got older, my appreciation of these games grew and I wanted to improve my gameplay and results at local tournaments.

However, it's hard to get a sense of your holistic improvement as a player without data to back up your perceptions. Each game has its own UX that makes it difficult to compare data, if it even has that data in the first place.

My goal with the Option Select Database is to create a semi-centralized, open-source database for fighting game replays and analytics available through the web app or its API, starting with Super Smash Bros: Melee.

.slp Upload

Upload your Slippi Melee files and allow for the server to parse and analyze your games using Slippi-JS.

Search

Search individual Connect Codes, Display Names, and games or get a full list of everything. There's no red tape or secrets: if the file has it, the database has it too.

Analyze

Analyze stats available through the Slippi Launcher with more options such as Head-to-Head matchups coming soon.

TL;DR

Upload and Test It Out

Upload your .slp files and search up whatever you want. The web app is in alpha currently so most of the files are my own. Feel free to scrutinize my lack of improvement in 5 years of playing Melee!

And [check out the GitHub](#).