

Nudist philosophy brings a new and deeper meaning to family. The uninhibited atmosphere of the lifestyle removes the fears surrounding maturity and "growing old." The generation gap is transformed into a meeting of hearts and minds that learn from one another. Nudists place emphasis on sharing of self through honest communication; thus, the young nudist woman gleans insight and encouragement from her maturing counterparts' wealth of experience. In turn, the more mature woman draws energy and enthusiasm from the optimism of her younger friends.



In spite of her great loss, Nancy knows that her golden years will be filled with the warmth of these relationships. She need never be alone.

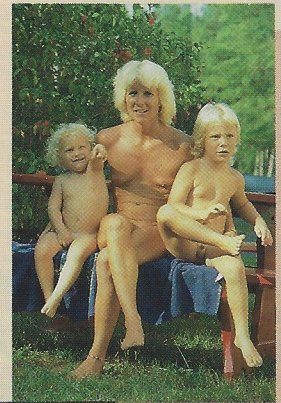
Nancy, a self-assured mother of four, enjoyed a long and intimate relationship with her husband prior to his death. Losing one's life-mate is a sorrowful, lonely experience. Her grieving is made easier with the support and love of many close nudist friends.



A potential Olympic athlete, Charlotte's youthful dreams were shattered when World War II ravaged her homeland. She found and realized new dreams, however, with a post-war move to America and a lifetime commitment to her adoring husband. They have raised six children and sport pictures of several grandchildren. This is a very special time in their marriage. Retired and free of responsibility, it is a time to renew their closeness and enjoy themselves. Their togetherness is enhanced by the freedom they have found and the friendships they have nurtured in nudism.

Maturing women discover renewed vigor in the nude experience. They dance and play, living each day to its fullest with assurance that their tomorrows will be equally fulfilling.

Raising children, as a single parent or with the input of a significant other, comes naturally. Gail and Jerry have been married for 17 years and are raising their two beautiful sons in a clothing-optional environment. Gail, like other nudist mothers, feels a special closeness to her children that she attributes to nudist philosophy.



Sarah and Linda, both single mothers with demanding careers, appreciate the spirit of extended-family they have found within nudism. Sarah's pre-teen sons divide their time between nudist and non-nudist worlds and are at ease in either. Linda finds comfort knowing her six-year-old daughter is safe and secure within their nudist neighborhood. They have many nudist friends to whom they can turn for support and companionship. As the generation gap closes, parent and child alike benefit from caring input from all ages.

Cathy and Kim share the joys and apprehensions of new motherhood. The nurturing and relaxing atmosphere of a clothes-free environment brought them peace of mind during pregnancy. And, without clothing, the breast-fed baby finds cuddly comfort in mother's arms.

