



Joye is in her late thirties. She discovered the nudist lifestyle nine years ago and finds the environment enriching and supportive. A divorced marketing professional, Joye enjoys the freedom of nudism to its fullest extent; she lives in a nudist community. She delights in rising each morning, running a comb through her hair, pouring a cup of coffee, grabbing

her towel, and meandering to the pool. She greets the day and her neighbors as nature intended, wearing simply a warm smile. After all, one's birthday suit is always in style—a timeless original, custom-designed by Mother Nature for ultimate comfort, accented with a strong statement of self-esteem.

Whether playful time (splashing in the pool, spiking a volleyball, sharing a hot tub), or peaceful time (strolling a secluded beach, basking in the sun, walking in the rain), time spent in a nudist environment is quality time. It's a time to escape from the doldrums, the stress, and the roles society imposes upon us all. It's time for you; time to experience a whole new awareness of you. It's time to be yourself among people who accept you—the total you—as you really are.



Whether you have a day, a week, or forever to spare, there are hundreds of ASA nudist opportunities from which to choose. One of them is just right for you.

The First Step . . .

is the most difficult to take.



. . . What should I expect? . . . Will I be stared at? . . . Must I disrobe immediately? . . . I'm overweight; will I be ridiculed if I am hesitant? . . . I have an ugly scar; will others find that offensive? . . . What about my stretch marks? . . . Where should I look?

These are common concerns expressed by women prior to crossing the threshold into a clothing-free world. After that first apprehensive step, however, each concern is answered:

It far surpassed my expectations! . . . No one stared; they smiled and welcomed me! . . . I was allowed to find my level of comfort in my own time; no pressure, no hassles! . . . Nudists accept my physical imperfections, and take interest in the beauty of my soul and my mind! . . . I found myself looking at smiles and happy eyes and, most of all, enjoying the sincerity of others warmth!

The question then becomes . . . *What took me so long?!*

There is so much to explore—so much to do (or not do) in a nudist environment. Adding the element of nudity to recreation brings a whole new dimension to pleasure and freedom.

