

Volleyball Rules

1. It is required that every player plays in every game regardless of skill level. A teams' serving rotation must be kept in order, including players on the bench. No player may be skipped and no player may stay on the court when they're meant to exit.
2. No jewelry may be worn below the neck. Stud earrings are okay. Permanent bracelets must be taped.
3. Teams will play three games with rally scoring to 25 points. (Teams must win by two). A third set to 15 points will be played in the case of a tie breaker. Time permitting, a third set will always be played for extra playing time. Team standings will be kept.
4. Six players will play on the court at a time. Teams may play with less than six if they are short players.
5. The volleyball net will be set at 7'4 1/8". Regulation volleyball size will be used.
6. Players must substitute below the 10ft line.
7. Players may not touch the net or travel below the net at any point during play.
8. A serving player is allowed a total of 5 successful serves. The first 2 serves will be behind the 10ft line, the next 2 will be behind the taped line, the final serve will be behind the serving line. After 5 successful serves, the ball will be freely given to the opposing team and play will continue.
9. A ball that touches a surface that is considered part of the ceiling will continue to be in play as long as it remains on your side. Should the ball cross over the net, then it is considered out.
10. Knee pads are recommended. A team jersey will be provided. Players are responsible for shorts.