

# **Boys & Girls Clubs of Elko**

## **2024 Youth Volleyball**

### **Volleyball Rules**

1. Teams will consist of 10 players. Every player will have equal playing time.
2. Six players will play on the court at one time. Teams may play with less than six if they are short players.
3. Teams will play three games with rally scoring to 21 points. (Do not have to win by two). Team standings will be kept. Team standings will determine end of season tournament seeds.
4. Three service lines will be utilized to maximize success. There will be a 10' line, 20' line, and 30' line. Players may start serving at the 10' service line on each possession. Players will be asked to move back to the next line if they successfully serve two in a row. The goal is to give each player serving success while challenging them to keep moving farther away. A server will get a second chance to serve if they miss their first attempt for any reason including a foot fault.
5. Players only get five serves in a row. After five successful serves, the offensive team must rotate and the next player on that team will begin serving.
6. A player will get a retry if they miss on their first serve for any reason.
7. Rotations will stay the same throughout all three games. Serving team will rotate to start 2<sup>nd</sup> and 3<sup>rd</sup> game even if the server from the last game has remaining serves left from the five serve maximum. Players will rotate clockwise and will be substituted after serving.
8. Players may not use their feet.
9. The volleyball net will be set at 6'6".
10. Regulation volleyball size will be used.
11. Knee pads are recommended.
12. Uniforms – First team listed on the schedule is the home team and wears white. The second team listed is the visitors and wears dark.
13. Regulation high school volleyball rules will apply.