

**Boys & Girls Clubs of Elko**  
**7<sup>th</sup> – 8<sup>th</sup> Grade Youth Volleyball**

**Volleyball Rules**

1. Six players will play on the court at one time. Teams may play with less than six if they are short players.
2. Teams will play the best out of three games with rally scoring to 25 points. (Teams must win by two). Team standings will be kept.
3. It is highly recommended that every player play in every game regardless of skill level. A coach may elect not to play a player if they are not attending practices.
4. The volleyball net will be set at 7'4 1/8"
5. Regulation volleyball size will be used.
6. Knee pads are recommended.
7. A team jersey will be provided. Players are responsible for shorts.
8. Regulation high school volleyball rules will apply.