

Boys & Girls Clubs of Elko

5th – 6th Grade Youth Volleyball

Volleyball Rules

1. Six players will play on the court at one time. Teams may play with less than six if they are short players.
2. Teams will play three games with rally scoring to 21 points. (Do not have to win by two). Team standings will be kept. Team standings will determine end of season tournament seeds.
3. Two service lines will be utilized to maximize success. There will be a 20' line and a 30' line. Players may start serving at the 20' service line on each possession. Players will be asked to move back to the next line if they successfully serve three in a row. The goal is to give each player success while challenging them to keep moving farther away.
4. Players only get five serves in a row. After five successful serves, the offensive team must rotate and the next player on that team will begin serving.
5. Rotations will stay the same throughout all three games. Serving team will rotate to start 2nd and 3rd game even if the server from the last game has remaining serves left from the five serve maximum.
6. Players may not use their feet.
7. The volleyball net will be set at 6'6".
8. Regulation volleyball size will be used.
9. Knee pads are recommended.
10. Regulation high school volleyball rules will apply.