Pre-Treatment Advice Botulinum and Botox injection



- Avoid taking Non steroidal anti inflammatory Drugs (NSAIDS) such as Ibuprofen. Naproxen. Diclofenac and etoricoxib...
- Void Blood thinners such as Aspirin. Apixaban and vitamins including Tumeric. Ginger. Vitamen E and any other blood thinning Vitamens at least 7 days before your treatment to avoid bruising. If you are taking blood thinners for medical reasons please let your technician know.
- ✓ To help aid discomfort you may take pain relief I hour prior to your appointment.
 - 7 Days prior to the treatment avoid...



Saunas, Hot tubs & steam rooms

Direct sun and tanning beds



Wait 24 hours before drinking alcohol



Exfoilating the skin



Avoid Coffee the day of treatment



Applying products to the treated area, including Retina-A

In order to achieve desired results ensure you follow the Pre- Treatment advice.

If you have any questions please do not hesitate to contact us.

Aftercare Information Botulinum and Botox injection

After treatment it may take 2-3 days to see changes in your appearance. It can take up to 14 days to see the full effect of the Botox treatment

After full effect has taken place you can expect the results to last anywhere between 3-4 months

After the treatment avoid...



Rubbing and laying on your face



Do not partake in any strenuous exercise



Touching or Scratching the treated area



Hot baths and showers



Wait 24 hours before drinking alcohol



Blood thinners



Direct sun and tanning beds



Facial treatments

In order to achieve desired results ensure you follow the aftercare advice. If you experience any reactions please seek medical assistance