

# Pre-Treatment Advice







## Dermal Filler

**AGELESS**  
AESTHETICS LLC



- ⊘ Avoid taking Non steroidal anti inflammatory Drugs (NSAIDS) such as Ibuprofen, Naproxen, Diclofenac and etoricoxib...
- ⊘ Avoid Blood thinners such as Aspirin, Apixaban and vitamins including Turmeric, Ginger, Vitamin E and any other blood thinning Vitamins at least 7 days before your treatment to avoid bruising. If you are taking blood thinners for medical reasons please let your technician know.
- ⊘ Do not get any Dental treatment at least a week before your Dermal Filler appointment
- ✓ If you wish you may take Arnica (herbal supplement) a few days prior to treatment to reduce swelling

Prior to the treatment avoid...

-  Saunas, Hot tubs & steam rooms
-  Direct sun and tanning beds
-  Applying products to the treated area, including Retina-A
-  Do not drink alcohol 24 hours before
-  Exfoliating the skin
-  Avoid Coffee the day of treatment

**In order to achieve desired results ensure you follow the Pre-Treatment advice.  
If you have any questions please do not hesitate to contact us.**

# Aftercare Information

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After treatment results are usually instant with Dermal Filler. however it can take a few weeks for treatment to fully settle into place.

After full effect has taken place you can expect the results to last anywhere between 6- 12 months. In some cases results have exceeded 12 months

Ensure to keep yourself well hydrated after treatment

After the treatment avoid...

-  Rubbing and laying on your face
-  Do not partake in any strenuous exercise
-  Touching or Scratching the treated area
-  Hot baths and showers
-  Wait 24 hours before drinking alcohol
-  Blood thinners
-  Direct sun and tanning beds
-  Facial treatments

**In order to achieve desired results ensure you follow the aftercare advice.  
If you experience any reactions please seek medical assistance**