

November 2022



153 8th St

Men's Resource Centre of Brandon

204 727 1696 ext 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Winners Circle AA 9:30a		1 Open Resource 9:30-11:30a Men's Connections 4:30 – 6:30p COMMUNITY MENTAL HEALTH WORKERS Michelle & Rebecca Smart Recovery 7:00p	2 CO-ED CrossRoads WK 1 4:30-6:30p Winners Circle AA 7:30p	3 Open Resource 9:30 – 11:30a Hands - On Skills 4:30 – 6:30 pm Wood Working @ Makers Space	4 CLOSED	5 BFC AH&W Mindful Walking Program Brandon Hills 10:00am
Winners Circle AA 9:30a	7 Men's Group INVITED GUESTS for SHARING CIRCLE 4:30 – 6:30p	8 Men's Connections 4:30 – 6:30p Smart Recovery 7:00p	9 CO-ED CrossRoads WK 2 4:30-6:30p Winners Circle AA 7:30p	10 Hands - On Skills 4:30 – 6:30 pm Wood Working @ Makers Space	11 CLOSED	12 CLOSED
Winners Circle AA 9:30a	14 Men's Group THE INTERNATIONAL DAY OF PEOPLE IMPACTED BY SUICIDE LOSS @ WESTMAN CENTENNIAL AUDITORIUM 5:30 – 7:00p	15 Open Resource 9:30-11:30a Men's Connections 4:30 – 6:30p COMMUNITY ADDICTIONS WORKER Rob Shinke Smart Recovery 7:00p	16 CO-ED CrossRoads WK 3 4:30-6:30p Winners Circle AA 7:30p	17 Open Resource 9:30 – 11:30a Hands - On Skills 4:30 – 6:30 pm Wood Working @ Makers Space	18 CLOSED	19 International Men's Day
Winners Circle AA 9:30a	21 Men's Group BEADING 4:30 – 6:30p	22 Open Resource 9:30-11:30a Men's Connections 4:30 – 6:30p FREE YOGA with LUNA MUNA YOGA Smart Recovery 7:00p	23 CO-ED CrossRoads WK 4 4:30-6:30p Winners Circle AA 7:30p	24 Open Resource 9:30 – 11:30a Hands - On Skills 4:30 – 6:30 pm Wood Working @ Makers Space	25 CLOSED	26 CLOSED
Winners Circle AA 9:30a	28 Men's Group CARDS & COFFEE 4:30 – 6:30p	29 Men's Connections 4:30 – 6:30p POST INCARCERTAIION SUPPORT GROUP Smart Recovery 7:00p	30 CO-ED CrossRoads WK 5 4:30-6:30p Winners Circle AA 7:30p			

