



August 2025

Men's Resource Centre of Brandon Programming Calendar
Contact us for more information: Dkennedy@BrandonJohnHoward.ca
204-727-1696 ext. 4 or Text 431-541-7201

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July 28	July 29	July 30	July 31	1	2	3
Community Connections 4-6pm	Men's Group 4-6pm *SMART 6:30pm	RACG 2pm M.A.P. 4-6pm A.A. 7:30pm	Coffee & Princess Park 4-6pm	O.R.B. 4-6pm	MRC Closed	MRC Closed *A.A. 9:30am
4	5	6	7	8	9	10
Community Connections 9-10am Mealtime 10-11am	Men's Group 9-11am *SMART 6:30pm N.A. 8pm	M.A.P. 9-11am RACG Cancelled A.A. 7:30pm	Coffee & Conversations 9-11am	O.R.B. 9-11am	MRC Closed	MRC Closed *A.A. 9:30am
11	12	13	14	15	16	17
Community Connections 4-5pm Mealtime 5-6pm	Men's Group 4-6pm *SMART 6:30pm *N.A. 8pm	RACG 2pm M.A.P. 4-6pm A.A. 7:30pm	Coffee & Princess Park 4-6pm	O.R.B. 4-6pm	MRC Closed	MRC Closed *A.A. 9:30am
18	19	20	21	22	23	24
Community Connections 10-11am Mealtime 10-11am	Men's Group 9-11am *SMART 6:30pm N.A. 8pm	M.A.P. 9-11am RACG 4:30pm A.A. 7:30pm	Coffee & Conversations 10-11am MRC BOCCEE FUNDRAISER 1-3	O.R.B. 9-11am	MRC Closed	MRC Closed *A.A. 9:30am
25	26	27	28	29	30	September 1
Community Connections 4-5pm Mealtime 5-6pm	Men's Group 4-6pm *SMART 6:30pm *N.A. 8pm	RACG 2pm M.A.P. 4-6pm A.A. 7:30pm	Coffee & Princess Park 4-6pm	O.R.B. 4-6pm	Men's Group See poster!	MRC Closed *A.A. 9:30am

August Highlights at the Men's Resource Centre:

For this month, our most exciting event is the **4th Annual Bocce Ball Tournament** on **Thursday, August 21st** at **Stanley Park**, with cash prizes, refreshments, and a fun fundraising goal to help rejuvenate our kitchen space and support next year's programming at the MRC.

We will also continue to focus on our core activities:

- **Men's Group on Tuesdays**
- **MAP (Mission Accomplished Project) on Wednesdays**, our community cleanup initiative.
- **ORB (Open Resource Building) on Fridays**, where guests can build resumes and prepare for employment.
- To wrap up the month, we'll be hosting a **Golf Tournament on Saturday, August 30th**—a free and casual day out for our men to connect, unwind, and enjoy some friendly competition.