MOMENTUM GYMNASTICS CLUB

HEALTH, SAFETY and WELFARE POLICY

MOMENTUM GYMNASTICS recognises the duties it has under the Health and Safety Acts and Regulations to ensure as far as is reasonably practicable, the safety, health, and well-being of all those who are involved in the club as advised in the guidelines produced by British Gymnastics.

The club recognises its moral and legal responsibilities and will adhere to:

- Ensure the facility is checked for hazards and that risk assessments are carried out
- regularly.
- Ensure equipment is regularly risk assessed for defects.
- Constantly check the assembling, dismantling, transportation, and storage of equipment.
- Ensure that all assistants are familiar with the club's Emergency Procedures.
- Highlight the whereabouts of the club phone and the first aid kit ensuring medical details and contact details of all participants are accessible should an incident occur resulting in the need for further assistance.
- Record any incidents in the annual incident book and complete an accident form if required to do so in the event of an accident.
- Ensure a suitably qualified first aid person is present during all gymnastics lessons.
- Ensuring a qualified coach for each different gymnastics discipline is in attendance throughout all gymnastics lessons.