**CODE OF CONDUCT COACHES AND OFFICIALS**

As a Coach/Official of MOMENTUM GYMNASTICSwe ask you to abide by the following club rules:

1. Follow all instructions and guidelines laid down by the Head Coach, Momentum Gymnastics Club and British Gymnastics.

2. Respect the equipment and facilities at all times.

3. Work effectively and professionally within the coaching team and maintain a good working relationship with fellow coaches. This could include displaying a positive attitude towards coaching and the interests of the club, asking for and offering advice, communicating effectively with fellow coaches and Parents/Carers.

4. Consider the well being and safety of participants before the development of performance. ***Safety first, fun and learning.***

5. Develop an appropriate working relationship with performers based on mutual trust and respect and never exert undue influence over performers to obtain personal benefit or reward.

6. Hold the appropriate, valid qualifications and insurance cover. **Do not exceed level of qualification or competence.**

7. Make sure all activities are appropriate to the age and experience of those taking part and ensure all participants are suitably prepared physically and mentally when learning new skills and techniques.

8. Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities.

9. Never consume alcohol immediately before or during any training session, competition or event.

10. Obtain prior agreement from Parents/Carers of performers before transporting them anywhere (training/competitions) and ensure the ‘Safeguarding Policy’ is adhered to.

11. Coaches should not have any performers staying overnight at their home.

12. We strongly advise that coaches, officials and volunteers do not communicate with gymnasts via the internet, general messages should be communicated through the clubs website or facebook page

13. Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in our own safeguarding policy and the BG ‘Safeguarding Procedures’.

14. Never condone rule violations or use of prohibited substances.

15. Make sure that any confidential information is only shared with the Head Coach and/or the Welfare Officer and that this information is not divulged to anyone else unless the individual concerned gives their approval.

16. Promote the positive aspects of the sport (e.g. fair play) and encourage performers to value their performance and not just results.

17. Be familiar with and adhere to MOMENTUM GYMNASTICS Protection, Safeguarding, Equality & Equity, Health and Safety Policies.

18. Know your child! Coaches should be aware of any illnesses, injuries or extenuating factors that may affect performance. Information should be shared on a “need to know” basis and remain confidential at all times.

19. Be aware of first aiders, emergency procedures and location of first aid equipment and fire exists.

20. Ensure there is always a minimum of 2 responsible adults/ Coaches when in the presence of participants. Avoid working alone or unobserved with gymnasts.

21. Demonstrate consistency regarding expectations to avoid a drop in high standards.

22. Coaches should **al**l hold a DBS affiliated with the club when over the age of 18, they should avoid performing tasks of a personal nature for a child which they could do for themselves eg. assistance in the toilet or with dressing/undressing