

Sacred Heart of Jesus Catholic Church

1301 Golden Springs Road, Anniston, AL 36207

Rev. John G. McDonald, Pastor

Twentieth Sunday of Ordinary Time

Aug 16, 2026

Year A



MASS TIMES

Saturday

Reconciliation 2:30PM-3:30PM

Mass 4:00 PM

Sunday

Mass 8:30 AM and 11:00 AM,
1:00 PM (Misa en Español)

WEEKDAY MASSES

Tuesday-Friday 7:00am
First Saturday Mass and
Anointing 8:00 AM

PARISH OFFICE HOURS

Tuesday - Friday 9:00am to 4:00pm

PARISH WEBSITE

www.sacredheartanniston.org

Parish Staff: Phone: 256-237-3011

Deacon Mike Cova, Ext. 104

Laura Pratt, Office Manager Ext. 101

Keila Sevgi, Hispanic Ministry Ext. 103

Kristy Cofield, DRE, Ext 102

Missionary Sisters, Ext 106

Mary Rhodes, Music Director

Mark Proper, Facilities Manager

E-Mail:

church@sacredheartanniston.org

**Sacred Heart Conference of
St. Vincent de Paul Society**
Help Line: 256-485-0275

UPCOMING SCRIPTURE READINGS

- Is 22:19-23
- Ps 138:1-2, 2-3, 6, 8
- Rom 11:33-36
- Mt 16:13-20

Mass Attendance

4:00pm-164

8:30am-257

11:00am- 260

1:00pm- 396



The Canaanite's Daughter (La Chananéenne)

James Tissot (1836-1902)

Parish Mission Statement

We, the faith community of Sacred Heart of Jesus Catholic Church, in striving to be like Christ, are committed to living the Gospel by participating in the Sacraments, promoting spiritual growth and religious education, and being an example of His Eucharistic love.

A Message from our Pastor

Dear Parish Family,

The Canaanite woman in this Sunday's Gospel presents for us a guide for our lives of prayer. We remember that prayer does not have its origin in us, but rather prayer is a free gift given to all humankind by God so that we might enter into a more perfect relationship with our Creator, Sustainer, and Friend. The woman in the Gospel finds herself in a torturous place. Her beloved daughter is tormented, and the suffering of the mother is great because her own child suffers. We also see here a sacred hint in the Scriptures for what the Blessed Virgin Mary will also suffer witnessing the torture of her only child, and then we see what miraculous things can be obtained by a mother's prayer.

For many centuries, scripture scholars and saints have pointed out ten characteristics of the Canaanite woman's prayer that are models for us in our own prayer life:

1. She prays with humility, accepting that she is like the dogs who eat the scraps from under the master's table. She does not position herself in a place of entitlement to anything.
2. She prays with faith, calling Jesus according to His messianic title, "Son of David." She seeks him out in connection to the holy prophecies spoken about him, not as some random healer or talented physician, but rather as God's Blessed One.
3. She prays with modesty, asserting the positive points of the nature of dogs and scraps rather than asserting her own desperate case.
4. She prays with prudence, using Christ's own sacred words, which while at first sounding harsh, open up a dialogue of grace.
5. She prays with reverence, piety, and devotion, kneeling in homage before the Lord, actively seeking out His divine presence rather than staying at home for Him to come to her.
6. She prays with resignation, not demanding a specific solution from Jesus, but earnestly saying only: "Help me."
7. She prays with confidence, because as a non-Jew, she really has no standing in that religious community, but she knows Jesus has the power to save.
8. She prays with passion, saying: "Please, Lord!"
9. She prays with charity, as she is asking for healing for another person, not for herself.
10. She prays with perseverance, as she is at first denied twice by Jesus, but at the third supplication, her cry is heard and answered.

These are gifts God wishes to place in us so that we can pray as we ought to do. Jesus says to the Canaanite woman: "How great is your faith!" God says a similar thing to Mary through the Angel Gabriel: "Hail, full of grace!" The model of our prayer as disciples is to be found in the person of the Blessed Virgin Mary, whose great Feast of Assumption we celebrate every August 15th. As Christians, we must be as open as Mary was to receive these gifts from the Lord, and then return them to him in prayer. Come to worship at Holy Mass with these ten virtues, and then we will all be able to give thanks to God for the many graces and miracles He is working within us and in our world!

In His Most Sacred Heart,

Fr. John

**Immaculate Heart of Mary
Parish Life Center Debt Reduction**

Loan Amount: \$1,424,299.66
Current Loan Balance: \$1,141,660.11
Monthly Payment: \$14,825.18
Total Construction: \$2,665,220.00
Building Fund Collections:
Aug 2nd : \$1,735.00 **Aug 9th** \$6,727.00

Weekly Offertory

Offertory: \$ 9,750.00 **Online:** \$1,726.21 **Total:** \$11,476.21

This week at Sacred Heart

Sunday

8:30am Mass
 11:00am Mass
 1:00pm Misa en español
 5:00pm-COR Mens Group

Monday

10:00am-St. Hildegard's

Tuesday

7:00am-Mass

Wednesday

7am-Mass
 6pm-OCIA

Thursday

7:00 am- Mass

Friday

7:00 am-Mass

Saturday

2:30pm-3:30 pm Reconciliation
 4:00 pm Mass

Sunday

8:30am Mass
 11:00am Mass
 1:00pm Misa en español

Sacred Heart Choir

Are you interested in joining our Sacred Heart Choir? They will begin in September with choir practices on Tuesday evenings. Contact the church office for more information. Representatives will be in the narthex the weekend of September 6th.

Mass in Vietnamese

Xin thông báo: Cha Thanh sẽ dâng thánh lễ cho cộng đoàn Việt Nam vào lúc 5:00pm chiều Chúa nhật ngày 23 tháng 8. Cha sẽ ngồi tòa giải tội từ 4:15pm đến 4:50pm. Gia đình nào muốn ghi danh vào cộng đoàn thì xin liên lạc anh Sỹ 256-225-2247

St. Hildegards

St. Hildegards meets every Monday at 10:00 AM in the Parish Life Center for fellowship and a little healthy inspiration! We share wellness tips and healthy recipes, take walks, and encourage one another along the way.

 Bring your walking shoes and join us—healthy living is better with friends!

Stay healthy 



Anniston Soup Bowl

Sign-up now to help serve at the Anniston Soup Bowl. Our dates to serve this month are Tuesday, Aug 25th and Wednesday, Aug 26th, 11am-1pm. Please sign up in the narthex following Mass.



formed
Forming Catholics for Life.

The Queen Mother | Lectio: Mary | Episode 4

Mary serves as our Queen Mother. What does that mean? Join Dr. Brant Pitre as he explores the scriptural roots of this title.

Our parish has a free Formed subscription for you! Simply scan the QR code or visit formed.org/signup to create your account and select our parish to get free access to this content and much more!



An offering from the AUGUSTINE INSTITUTE

**Registration opens now for our
Parish School of Religion**

New! K-1st grade (Sunday mornings)
 First Communion
 Confirmation
 OCIA in Spanish



COR Men's Group

COR is a Catholic men's gathering rooted in prayer, formation, and fraternity. It's a space where men of the parish come together — not to perform, but to grow. Through honest conversation, shared faith, and brotherhood, Cor calls men to become who God created them to be. Their next meeting is this Sunday, August 16th at 5pm. Their regular meeting schedule is the first and third Sunday of the month in our parish life center. **All men of the parish are invited and encouraged to attend.**

Upcoming Meetings:

August 16th, September 6th,
 September 20th,
 October 4th & October 18th,
 all at 5 pm.

Scan to to be
contacted if interested.



Daily Mass Schedule

Saturday, August 15th

4:00pm-Parish Family

Sunday, August 16th

8:30am-+Juanita Whiten

11:00am-Chris Hill

1:00pm- +Juan Jose Becerra

Tuesday, August 18th

7:00am- +Bobby Yates

Wednesday, August 19th

7:00am- +Fred Nelson

Thursday, August 20th

7:00am- +Mike Griffen

Friday, August 21st

7:00 am- +Fred Nelson

Saturday, August 22nd

4:00 pm- +Lourdes Rodriguez

Sunday, August 23rd

8:30am-- +Jimmy Jones

11:00am- Parish Family

1:00pm- +Gerardo Paredes

Hospital Ministry-

Aug. 17th-Aug 21st Mary Ellen Williams

Prayers Requested

Cathy Little, Kitty Moore, Migdalia Santiago, Jim Roberts, Andrew and Kathy Wackerle, Teresa Atkins, Nan Estes, Isabela Gomez, Telly & Michelle Munn, Robert Pate, Janet Reese, Connie Pollard, Lillian Jennings, Jessica Haas, Benny & Marilyn Holderfield, Gail Foster, Stephanie Velasquez, Judy Myers, Rita Lindsey, Janet Griffin, Elizabeth-Anne Heathcock, Diane Seales, Debbie Buzan, Julianne & Oliver Semmes, Sharon Coverstone, Chris Warden, Michael Ingram, Sandie Pasquinelli, Bob Anderson, Allison Doyal, Sandy Demarois, Sheri Ballard, Cameron Chenard, Samantha Presson, Shirley Koshan, Jim Pierce, Paula and Mark Crews, Jamie and Misty Seehafer, Jane Eldemire, Jim Coverstone, Florence Harvey, Linda Chenard, Paul Gilliland, Pauline Anderson, Tidwell Yates, Mark Scheuring, Paul Guyer, Howard Family, Dian Pepe, Thu Nguyen, Robin Woolsey, Bob Patty, Yessica Ramirez, Noel Glanze, Tony Burgess, Chris Hill, Tasha Carter, Charlie Miller, Katy Fortner, Ellen Tibbetts Hurst, Jorge Vasquez, Cesar Augusto Gonzalez

MINISTER'S SCHEDULE

Aug 22: Twenty-First Sunday in Ordinary Time

Sat, 4:00 PM

Shari Doyal - Lector

Mike Cova- Extraordinary Eucharistic Minister

Jesse Edwards, Ximena Martinez- Ushers

Keila Sevgi & Susan Watson-Sacristan

Kristin Neu- Hospitality

Efe Sevgi, Dean & Evan Lombardi, Charlie Hodges, Enrique Najera-AS

Sun, 8:30 AM (with Choir)

Allen Smith- Lector

Mike Cova- Ordinary Eucharistic Minister

Mary Ellen Williams- Extraordinary Eucharistic Minister (choir)

Thom Pratt, sub requested- Usher

Michelle Proper, Audrey Green- Sacristan

Catherine Rossiter- Hospitality

Henry, Tony & Mateo Mancillas, Givanni Seriana, Piper Moreau-AS

Sun, 11:00 AM (w/o Choir)

Joshua Craft - Lector

Mike Cova - Ordinary Eucharistic Minister

Josh Cofield, Kelle Edwards-Ushers

Judy Myers, Kristy Cofield - Sacristan

Laura Pratt - Hospitality

Andrew & Melanie Cofield, Ella Flores, Caleb Foshee, Juliette Lopez-AS



Grass Cutting Schedule. Aug 16~Aug 29

Team 1 Coordinator-Robbie Morrison

Joe Meier, Mark Proper, Michelle Proper

Britton Proper, Geraldo Mancillas, Henry Mancillas

The flowers at the altar are given in loving memory of Francisco Covarrubias, given by his family



SCAN ME



Online Giving

You can make your offertory gift by scanning the QR code which links directly to our online giving website.

Pope's Prayer Intention August 2026

For evangelization in the city.

Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.