



# Sacred Heart of Jesus Catholic Church Anniston, Alabama

Welcome to all visitors and parishioners!

Reverend John McDonald  
Pastor

## February 9, 2020 Fifth Sunday in Ordinary Time

### Church Location

1301 Golden Springs Road  
Anniston, Alabama 36207

### Mailing Address

PO Box 5010, Anniston, Alabama 36205

### Telephone

256-237-3011 (Office)

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### E-Mail Address

church@sacredheartanniston.org

### Website

www.sacredheartanniston.org

## MASS TIMES

### Saturday

Reconciliation

3:30 - 4:30 PM

Mass

5:00 PM

### Sunday Mass

9:00 AM and 11:00 AM

1:00 PM (Misa en Espanol)

The Rosary begins 30 minutes prior to mass

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### Holy Days

8:00 AM - School, 12 Noon - Church

7:00 PM - Church

For weekday mass, see calendar inside

## Parish Mission Statement

We, the faith community of Sacred Heart of Jesus Catholic Church, in striving to be like Christ, are committed to living the Gospel by participating in the Sacraments, promoting spiritual growth and religious education, and being an example of His Eucharistic love to all.



*Our Lady of Lourdes Healing the Sick*  
Stained glass detail from the Upper Basilica in Lourdes

## White Mass for World Day of the Sick Tuesday, February 11 at 5:30 pm

The tradition of the White Mass in the United States finds its origins in the development of the national Catholic Medical Association in the early 1930s.

The White Mass, so named by the color worn by those in the healing profession of medicine, is held in recognition of the dedicated work of healthcare professionals and to ask God's blessing upon patients, doctors, nurses and caregivers.





## A MESSAGE FROM OUR PASTOR

Dear Parish Family,

The Catholic community throughout the world is known for its outreach and work at a practical level to alleviate suffering and bring education and human flourishing in many places where God's people struggle to get ahead. This has been a singular mark of Catholic identity

for at least 1,500 years, since the monks of St. Benedict went out in the world to provide structure and the light of education in a world that had suffered chaos and discord.

Our Gospel for this Sunday speaks to us about our identity as "salt" and "light." These are two powerful images that Our Lord uses to convince us of the power he has bestowed on each of us to do the work of his kingdom. Salt preserves things from rot and degradation, and keeps them fresh and healthy for human use. Light is also something that purifies, but it also allows us to have deeper knowledge and understanding of the things we experience. There is an ancient piece of wisdom that helps us still: "The one who understands more, forgives more."

Christians are called upon by our Lord to work in this way, preserving all things good and wonderful from being spoiled by the things of this fallen world. We should work to preserve the innocence of children, we should work to preserve the integrity of our holy institutions, and above all, we should work to preserve the holy peace which should be in every Christian household.

Christians also bring light to the world through study and wisdom that comes from our faith, revealed to us in the person of Our Lord Jesus Christ. As a priest, many people bring me good questions that rise up in their minds as a result of their experiences. The answers, however, are to be found in the wisdom revealed in the Scriptures and in the Sacred Liturgy we celebrate. In order to take advantage of that wisdom, we must make ourselves open to reading and meditating on the Word and on our experience of God in the Sacraments. That time of meditation and contemplation is so important in our daily lives. It is as important as eating and drinking, sleeping and working. We must make time for sacred things to enter in and strengthen us with divine grace.

As we let holy things in, unholy and sinful things can fall away. We will be able to more easily remove any malicious speech from our lives and our habits as the Prophet Isaiah urges in our first reading this Sunday. Then we can set out to do the holy things God asks us to do for His kingdom. We are salt and light for his greater glory!

In His Most Sacred Heart,  
Fr. John

### Scout Sunday

**Our scouts will be recognized next Sunday,  
February 16 at the 9 am Mass.**

## Saint Valentine

Saint Valentine of Rome is a third-century Roman saint commonly associated with "courtly love."

He is the Patron Saint of affianced couples, bee keepers, engaged couples, epilepsy, fainting, greetings, happy marriages, love, lovers, plague, travellers, and young people.

He is represented in pictures with birds and roses and his feast day is celebrated on February 14.



## ANNISTON SOUP BOWL Volunteers Needed

Have you ever volunteered to help at the Anniston Soup Bowl during weekday lunches? Serving those in need with basic nourishment is such a rewarding ministry.

The Soup Bowl asks our parish to provide five volunteers two days a month. One to be at the entrance and keep a head count, one to pour drinks (water) into cups and three to dish up the food on trays.

Volunteers must arrive by 11:15 am and are free to leave at 1:00 pm (lunch is served from 11:30 am – 1:00 pm). Anyone who can arrive by 11:00 am will be asked to assist with other tasks such as assembling plastic ware and napkins.

Most volunteers will be standing throughout the lunch service so closed toe comfortable shoes are strongly recommended.

A sign-up sheet will be in the vestibule for our next assigned service dates of **Wednesday and Thursday, February 19 and 20.**

## The Apostolate

Every Catholic is called by virtue of his/her baptism to be part of an apostolic activity. We call this the "apostolate." An apostolate is the way in which we share in the life of the Apostles in going out into the world to share our faith and the life of our Church in such a way that it spreads the Kingdom of Christ on the earth.

Some Catholics have a missionary apostolate to go out and share the faith with those who have no faith of their own, and some Catholics have charitable apostolates by caring for the sick and visiting the homebound and things of this nature. Apostolates can be creative, trying to meet the needs that are presented in a certain time and place. What is most important about an apostolate is that is born the heart of an individual believer, and then is joined to the life of the Church in a sacred way.

Pope St. Pius X was known to have said: "What is the thing most necessary at the present time to save society? Build Catholic schools? No. Multiply churches? No. Increase the numbers of clergy? No. What is most necessary at the present time is to have in each parish a group of laypeople who are at the same time virtuous, enlightened, determined, and really apostolic."

Every Catholic has gifts and talents bestowed on her/him by God which should be placed at the service of the Church. This is how we engage our apostolate: Doing Good in the Name of the Lord Jesus and the Church he gave us.

## UPCOMING SCRIPTURE READINGS

for February 16, 2020

Sixth Sunday in Ordinary Time



Sirach 15:15-20

Psalm 119:

1-2, 4-5, 17-18, 33-34

1 Corinthians 2: 6-10

Matthew 11:25



## PALM LEAVES

Please return your palm leaves to the church by February 15th.

They will be burned and used for ashes for Ash Wednesday.

Baby

Bottle

Boomerang

Did you know your pockets, couches, and floor boards are holding life saving treasures? By simply taking this bottle home and filling it with loose change, cash, or checks, you can truly help save lives of innocent children like me and lead women in our area to eternal life in Christ!

What could be more worthy of your spare change?







### Catholic Schools Week Project

Choir students from Sacred Heart assembled and delivered hygiene kits to the Center of Concern during Catholic Schools Week. Below they are pictured with agency directory Beverly Hill and choir director, Preston Winkles.



### Statistics from the Center of Concern for December, 2019

We are currently compiling statistics for January, but we do have December's numbers to share.

In December of 2019, the Center assisted 264 people. Out of that number, 108 were children and 11 were seniors (age 65+).

Four of the individuals are veterans, 25 are disabled and 13 are homeless (two of the homeless are children.)

ALL of the ones helped in December are living below the Federal poverty level.

The Center is always grateful for volunteers to assist with organizing donations in the clothing room and food pantry. Biggest needs in the pantry are for canned meats, bottled water and most especially peanut butter.

### YOUNG AT HEARTS

Young at Hearts will meet at the school on Thursday, February 13. The Rosary begins at 9:30 am followed by Mass at 10 am.

### Hospital Ministry

- Feb. 3-9 ----- Sharon Anderson
- Feb. 10-16 ----- Kim Presson
- Feb. 17-23 ----- Richard Curtin & David Hopper
- Feb. 24-Mar.1 ----- Rosa Reyes
- Mar. 2-8 ----- Noreen Pettit
- Mar. 9-15 ----- Gina Reaves
- Mar. 16-22 ----- Toni Zinn

### Linen Schedule

- February 8-9 -----Kris Neu
- February 15-16 ----- Bess Valieant
- February 22-23 -----Virginia Gilliland
- February 29-March 1 -----Susan Watson
- March 7-8 -----Ann Morgan
- March 14-15 ----- Lynn Babcock
- March 21-22 ----- Cathy Fockele
- March 28-29 ----- Sally Thornton
- April 4-5 -----Kris Neu
- April 9-10 ----- Bess Valieant
- April 18-19 -----Virginia Gilliland
- April 25-26 -----Susan Watson

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