COME AND SEE

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CENTRAL BAPTIST CHURCH, KANNAPOLIS, NC

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He Hears Me

BY MELANIE ELLIOTT

Have you ever felt like God did not hear you when you prayed? Maybe you did not even know what to say and you felt like God did not even care. Let's search the scriptures to see what God has to say about prayer.

He hears me and delivers me.

"The righteous cry, and the LORD heareth, and delivereth them out of all their troubles." Psalm 34:17

We can have confidence that He hears us..

"And this is the confidence that we have in him, that, if we ask any thing according to his will, he hearth us." I John 5:14

He hears me when I cry.

"I cried unto the LORD with my voice, and he heard me out of his holy hill, Selah." Psalm 3:4

He hearkens unto me.

"Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you." Jeremiah 29:12

His ear is not heavy.

"Behold, the LORD's hand is not shortened, that it cannot save; neither his ear heavy, that it cannot hear:" Isaiah 59:1

He never slumbers nor sleeps.

"Behold, he that keepeth Israel shall neither slumber nor sleep." Psalm 121:4

He watches me and hears me.

"For the eyes of the Lord are over the righteous, and his ears are open unto their prayers: but the face of the Lord is against them that do evil." I Peter 3:12

He will answer me and show me great and mighty things.

"Call unto me, and I will answer thee, and shew thee great and mighty things, which thou knowest not." Jeremiah 33:3

One of my favorite scriptures about prayer is that He even hears me when I don't know what to pray.

The Holy Spirt translates my cries when I don't know what

to pray. "Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered." Romans 8:26

So, based on His word - He hears me and He hears you!





The Captive Mind

BY REBECCA SCOTT-FIELDEN

Our mind is a noisy place, full of distractions. It is a battleground at war for our attention. Our mind is an endless cycle of emotions responding to circumstances and events that shape our thoughts. What follows, are our decisions and behaviors reacting to those thoughts. John 10:10 warns that the thief comes to steal and destroy us, but God's thoughts toward us are of peace; not destruction (Jeremiah 29:11). Who is claiming victory in the battleground of your mind today?

We can literally over-think ourselves into cynicism, irritability, anxiety, depression, feeling victimized or unloved. On the other end of the spectrum, we may have an inflated ego, thinking too highly of ourselves, preoccupied with materialism, self-importance and selfishness. Do any of these lies strike a familiar cord? How many times do we habitually choose to believe what we say about ourselves rather than what God says about us.

We are captives of our own thoughts..

The apostle Paul understood this battle in the mind and how defeating it can be to our faith and trust in God. In Romans 8:5, Paul said that "those who live according to the flesh set their minds on the things of the flesh" and "those who live according to the Spirit set their minds on the things of the Spirit", and instructs us to "take every thought captive to obey Christ" (2 Cor 10:5).

If the mind dwells on the Spirit, it is a mind of life & peace. When you think new thoughts, everything changes!

But, it is impossible take every thought captive!

If you have trusted in Jesus, as your Savior, you have a God given power to choose what you think about. You are a new creation! (2 Corinthians 5:17, Philippians 4:13).

Expose just one of those thoughts today. Just one. Invite God into that thought. "When you submit yourself to God, and resist the devil, he will flee from you" (James 4:7). Dig into His Word, arm yourself by hiding His word in your heart. Learn and believe who you are in Christ; who He says you are, because His Word is sharper than any two edged sword (Hebrews 4:12). And think about things that are honest, just, pure, lovely, and of good report; anything worthy of praise (Philippians 4:8).

When you take captive that one thought, and replace it with God's truth, it will affect how you live. Practice taking that thought captive. You will make mistakes; that's okay. Keep practicing. You are on your way to victory!

Soon, you will recognize other thoughts that need capture. Practice taking every thought captive. Every thought that is a false narrative, negates you or someone else, pause, and ask yourself, "Is that what God says about me; about them?" The mayhem ceases when you deliberately interrupt your thought.

God loves us and thinks highly of us Let's make the decision to see ourselves like God sees us. Let's start living more like the conquerors we are and apply the life-breathing, devil-defeating power available to us in God's Word. Let's take captive our thoughts, align them with His truths and experience peace.

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee" (Isaiah 26:3).

PRAYER:

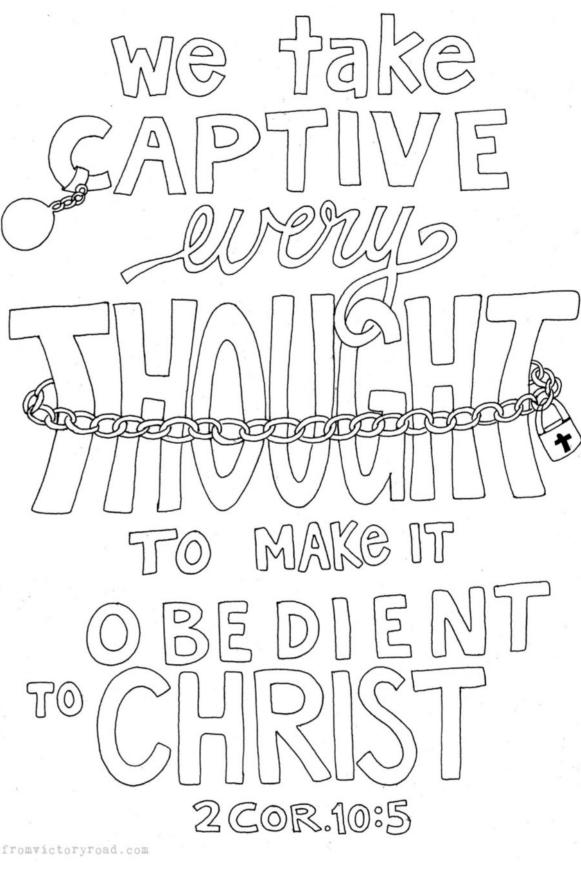
LORD, THANK YOU FOR
MAKING ME A NEW CREATION
SO I CAN CHOOSE YOU.
TODAY, I CHOOSE TO TAKE CAPTIVE,
MY THOUGHTS ABOUT
YOU ARE MORE POWERFUL THAN
MY THOUGHTS, FEELINGS AND
CIRCUMSTANCES.

PLEASE HELP ME TO BE MORE AWARE
OF MY THOUGHTS AND DELIBERATELY
TURN MY MIND TOWARD
YOU AND YOUR TRUTH.
PLEASE GIVE ME THE MIND OF CHRIST.
AMEN.

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2 Corinthians 10:4-5

3 For though we walk in the flesh, we do not war after the flesh: 4 (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds;) 5 Casting downs imaginations, and every high thing that exalts itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ;







A Client & My Calling

BY AMANDA ELLIOTT

I am a CNA at a local retirement home. I have been there for almost two years and I love every minute of it. Since coming on staff with my company, I have had the pleasure of meeting some wonderful clients. I became attached to one client in particular. We'll call him Jim (not his actual name). He passed away on September 3. He touched my life in so many ways and confirmed my calling to the medical field.

I first met Jim about a week before I came on staff. The owner of the company was giving me a tour of the facility and introduced me to some clients. He was the second one I met. Before meeting him, she told me, "I want you to meet this client. You'll fall in love with him instantly." She wasn't wrong. I fell in love with him right away. I continued to care for him for over a year and a half. He was such a blessing to me.

Jim always had a smile on his face and would greet me with fist bumps. His laugh was contagious and his smile lit up the room. He had such an amazing personality and a kind heart. When I put him to bed, he would give me hugs and

would kiss my hand. He absolutely loved when I rubbed his back and would sometimes even try to rub my back. He loved to dance in his wheelchair and when we finished dancing, I would curtsy and he would bow in his chair. Jim loved life!

Then, there was his son. Jim adored his son! When his son would come to see him, his eyes would sparkle and he would be so happy. You could tell that his son was his pride and joy – even in the last few months of his life.

One day, I received the news that Jim had days to weeks to live. My team made every effort to keep him comfortable. I had the honor of being with him as he took his last breath. His family thanked me for taking care of him and told me that I was meant to be in the medical field. This spoke to my heart so clearly.

I will never forget about the times that I had with Jim. He was like a grandfather to me. We made such special memories together that will remain with me as long as I live. He was such a ray of

sunshine and was so loving and kind. I could not help but love him!

After this experience, I genuinely feel that God has called me to the medical field so I can let the light of Jesus shine and help people who may be in the final phase of their life. I am excited to see what God has in store for me next!



Hymn Trivia

Be the first to text your answers to 704-680-2613 for a prize!

- A. What hymn was written during a housewife's busy day?
- B. What hymn was written by a woman after losing her husband in a tragic drowning?
- C. What hymn was written by a housewife during the height of World War II?
- D. Who wrote the hymn "Once for All"?
- E. What famous hymn writer rearranged the letters of his name to read Rian A. Dykes in order to get less publicity?
- F. What hymn was written after reading a gospel tract entitled "Focused"?

- 1. "In Times Like These"
- 2 Ira D. Sankey
- 3. "I Need Thee Every Hour"
- 4. "Turn Your Eyes Upon Jesus"
- 5. "Tis So Sweet to Trust in Jesus"
- 6. Phillip P. Bliss



From the Pastor's Wife...

BY LAURA JANE HUNTER

Have you ever been through a trial and thought, "God, I know I should trust you, so why is it so difficult?" The truth is that we've all been there more times than we would like to admit.

Throughout God's word we are reminded that we need to trust Him. "Trust ye in the Lord for ever; for in the Lord Jehovah is everlasting strength." Isaiah 26:4; "Trust in the Lord with all thine heart; and lean not unto thine own understanding" (Proverbs 3:5).

His word even tells us that those who trust the Lord are blessed! (Jeremiah 17:7, Psalm 40:4). So why don't we trust Him?

There are so many ways to explain this away but the bottom line is that we are human and still have flesh that we fight daily. As humans, it is scary not to be in control. It is scary not to be able to "fix"

something in our life that is broken. It is scary not to know what the future holds. God knows that we feel this way but still He urges us to trust Him.

We see in Mark 9 that a man with a demon-possessed boy had a hard time trusting. He was in desperate need of help for his son. As a father, I'm sure he wanted everything to be alright for the boy. He wanted to "fix" it himself. He finally realized that he couldn't and Jesus told him that all things are possible to him who believes. The father then cried out with tears, "I believe, help my unbelief."

We are so similar to that man. We want to "fix" broken relationships, wayward children, a medical diagnosis, the economy, the country, etc. But when we reflect, we must realize we are not in control. We can, however, believe that the One who is in control will take care

of us. When we realize that ALL things are possible to those who believe, we will be able to trust Him.

God wants us to truly believe that He's in control, He knows what He's doing, and on our own, we can't "fix" it. God expects us to trust and to ask Him to "help our unbelief".



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BACON CHEDDAR POTATO SOUP

4-5 medium potatoes, cut in chunks
3 cans of Campbell's Cheddar Cheese Soup
1 can Campbell's Chicken Broth
1/2 cup of onion, finely diced
1 large clove of garlic (or 2 if small)
5-6 pieces of bacon, cut into small pieces
2 cups of milk
1/2 tsp ground black pepper
Salt
Shredded cheddar cheese for garnish

Boil potatoes in salted water, about 15 minutes. In a heavy bottom pan over medium high heat, brown the bacon until crispy. Remove the bacon, break into pieces and put on a paper towel lined plate, reserving them for the garnish.

To the rendered bacon fat, add in the onion and garlic. Cook for about 2 minutes, until it becomes slightly translucent. Add in the chicken broth, then reduce to medium heat, scraping all bacon residue from the bottom of the pan. Reduce the chicken broth/onion mixture for 5-6 minutes, until it's about 1/4 of the original amount.

While the broth is reducing, in a bowl mix together three cans of Campbell's Cheddar Soup, 2 cups of milk and the black pepper. Once the broth is reduced, add in the Cheddar Cheese Soup mixture to the broth. When the potatoes are cooked, drain and add to the cheese soup mixture.

BAKED OATMEAL CASSEROLE

2 cups All Natural Oats
1/3 cup brown sugar (or Splenda blend)
1 tsp baking powder
1 tsp cinnamon
1/2 tsp salt
1/2 cup chocolate chips
1 cup strawberries
1/3 cup blueberries (continued)

continued...

1 ripe banana 2 cups milk 1 large egg 2 tbsp melted butter (cooled) 1 tsp vanilla

Preheat oven to 375 degrees.

Spray a 10x10 casserole dish generously with cooking spray. In a large bowl, mix oats, brown sugar, baking powder, cinnamon, salt, half the chocolate chips, & half the berries.

Stir well and pour into casserole dish. Add the other half of the berries & chocolate chips to the top of the mixture. Then, slice the banana & add to top

In a separate bowl, combine milk, egg, butter, & vanilla. Whisk thoroughly. Pour on top of oatmeal mixture, making sure the all oats are soaked evenly.

Bake for 30 minutes. Then, remove casserole & add a tablespoon of brown sugar to the top of the casserole for added sweetness (optional.) Bake for an additional 5 or 10 minutes or until the top of the casserole is golden brown.

By: Love of Family and Home

HOT COCOA CHEESECAKE DIP

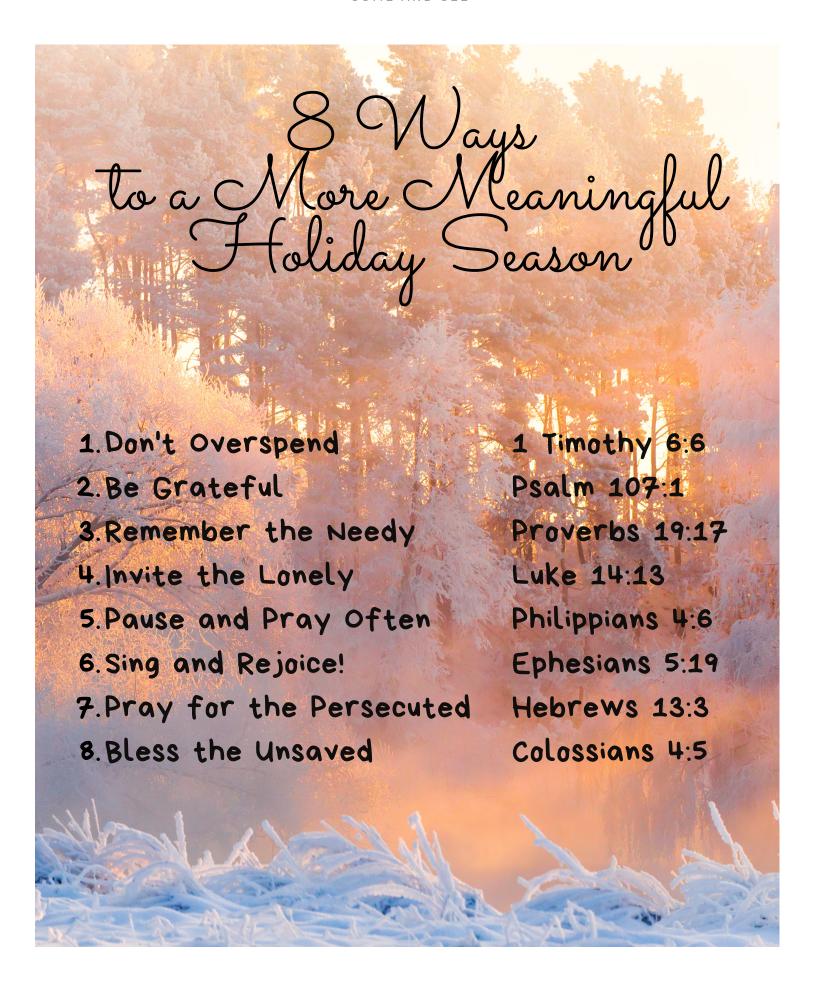
4 (.73 oz) envelopes hot cocoa mix without marshmallows 1 (8 oz.) package cream cheese, room temperature 4 oz. cool whip, thawed 2 -3 T. vanilla mallow bits

In a medium mixing bowl, add in the hot cocoa mix and cream cheese. Mix on medium with a hand mixer until thoroughly incorporated.

Add in the cool whip and continue to beat until combined. Scoop into a serving bowl and top with vanilla mallow bits. Serve with cookies. Store in the refrigerator.

who He says I am DEEPLY LOVED (EPHESIANS 3:17-18) BLESSED (EPHESIANS 1:3) NEW CREATION (2 CORINTHIANS 5:17) FORGIVEN (ACTS 13:38-39) SPIRIT-FILLED (1 CORINTHIANS 3:17) GOD'S MASTERPIECE (EPHESIANS 2:10) SET FREE (ROMANS 8:2) HOLY (EPHESIANS 1:4) GRACE-FILLED (ROMANS 5:17) RESCUED (1 THESSALONIANS 1:10) CHOSEN (1 PETER 2:9) ACCEPTED (EPHESIANS 1:6) COVERED IN RIGHTEOUSNESS (2 CORINTHIANS 5:21) REDEEMED (COLOSSIANS 1:14) HEALED (1 PETER 2:24) SAVED (EPHESIANS 2:5-6) A CHILD OF GOD (1 JOHN 3:2) JUSTIFIED BY FAITH (ROMANS 5:1) ADOPTED (EPHESIANS 1:5-6)

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Notes and Journaling

- Do you apply what you read in the Bible? Or do you sometimes allow your internal dialogue to take over?
- What is the most difficult challenge you are facing right now? Spend some time searching the Bible for verses that will help you apply God's truth so that you will walk in victory.
- **READ** 2 Corinthians 10:4-5.
- **WRITE or DRAW** your thoughts: What thoughts replay in your mind? For every thought, worry or fear you identify, write a scripture detailing a promise of God that counteracts it.

UPCOMING EVENTS

*FESTIVAL OF TABLES - NOV 14TH AT 6PM
(FOR MORE INFORMATION, CALL WENDY
PERRY AT 704-202-3558)
*TOY SHARE - TBA
*THRIVE! MINISTRY FAIR & CALENDAR
MEETING -JAN 11, 2021 AT 6 PM. ALL
WOMEN AND GIRLS ENCOURAGED TO
ATTEND! DINNER SERVED.(FOR MORE
INFORMATION, PLEASE CONTACT JULIE
KIMMINS AT 704-857-5993)

THRIVE! LADIES BOOK CLUB!

MEETS EVERY OTHER SATURDAY @ 10:00 AM THE HOLY GRIND COFFEE SHOP CHINA GROVE, NC

WE WILL BEGIN A NEW BOOK DEC 5TH
"THE WOMEN OF CHRISTMAS" BY LIZ CURTIS HIGGS

*IF YOU ARE INTERESTED, PLEASE CONTACT: REBECCA FIELDEN 704-680-2613.

CENTRAL BAPTIST CHURCH OFFICE 704-933-8006 HTTPS://CBCKANNAPOLIS.COM

CENTRAL BAPTIST CHURCH CHILD DEVELOPMENT CENTER 704-934-2050

DOMESTIC VIOLENCE CVAN HELP LINE 704-788-2826 HTTPS://CVAN.ORG

PREGNANCY SUPPORT CENTER
704-633-7695
HTTPS://PREGNANCYSUPPORT.COM

COUNSELING CENTER AT CONCORD
704-786-9205
HTTPS://WWW.COUNSELINGGCENTERAT
CONCORD.COM

"IF YOU LOOK
AT THE WORLD,
YOU'LL BE DISTRESSED.
IF YOU LOOK WITHIN,
YOU'LL BE DEPRESSED.
BUT IF YOU LOOK
AT CHRIST,
YOU'LL BE AT REST."

-- CORRIE TEN BOOM

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