

thrive! Newsletter

June & July 2016

June Events

Open Your Bible Study

Wednesday 22nd & 29th
@ 6:45 p.m.
(Childcare Provided)

Engage Bible Study

Wednesdays @ 7:00 p.m.

White Rose

Thursday 9th
@ 10:00 a.m.

Grace Ladies

Monday 13th @ 10 a.m.

C3 Bible Study (College age)

Kick off- June 5th @ 5:30 p.m.

July Events

Open Your Bible Study

Wednesday 6, 13, 20 & 27
@ 6:45 p.m.
(Childcare Provided)

Engage Bible Study

Wednesday @ 7:00 p.m.

Grace Ladies

Monday 11th @10 a.m.

C3 Bible Study (College age)

14th & 28th @ 7:00 p.m.

Ladies Night Out

Saturday 16th @6:00p.m.

Abiding

by:Julia Pope

What does it mean to 'abide'?

Abide: to continue, to stay with. Jesus said in John 15:4-5 that He is the vine and we are the branches. In Psalms 1:3 we also learn that the blessed man or the happy man is like a tree planted by the river of water.

Elizabeth George tells of an earthquake in California in 1994. She had a beautiful wall around her home that was torn down. The wall had given the home character. It had beautiful plants and vines with flowers that everyone admired. Her husband rebuilt the wall, but all those plants and vines had to be replanted. After he had worked very hard getting them planted just right, he went out to check and one of the big vines had died. He went and got the shovel to dig it up and as he grasp the vine it surprisingly just came up in his hand. He did not need the shovel because IT HAD NO ROOTS.

This is like our spiritual life. We must nurture the root system because it makes all the difference. Like a plant we either flourish or wither. If we want the abundant life Jesus promised His children, we must take care to anchor our root system deep in Him. *What is the condition of your 'underground' life?*

Read Psalm 1:1-3

The 1st word describes a person that is happy, blessed, one who is flourishing, thriving, and blooming.

How does she approach the word of God? Delighted, joyfully

What does she do with what she finds in God's Word? Meditate

What are the results of spending time in God's Word? Planted like a tree that brings forth fruit.

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When we get alone with God's Word we are nurtured and fed. It is the 'great exchange' time. I exchange my weariness for His strength, my weakness for His power, my darkness for His light, my problems for His solutions, my burdens for His freedom, my frustrations for His peace, my turmoil for His calm, my hopes for His promises, my afflictions for His balm of comfort, my questions for His answers, my confusion for His knowledge, my doubt for His assurance, my nothingness for His awesomeness, my temporal for His eternal, and my impossible for His possible.

Roots serve as a reservoir of what we need. What we store of God's Word will sustain us through the fiery trials, no matter how long they last. Do you have a favorite verse you use when you are going through trouble? My favorites are Jeremiah 33:3 "Call unto me and I will show you great and mighty things, which

thou knowest not." and "I will never leave thee or forsake thee" (Deut. 3:16)

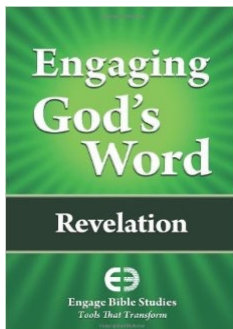
When your reserve is full of the good things of God and you meditate and trust in His Word, you will be like the blessed person described in Jeremiah 17:8 full of spiritual vitality and continual fruitfulness. God will pour out His blessings upon you and cause you to thrive as a well-watered garden (Isaiah 58:11).

Without a well-developed root system we become top-heavy. We have to be tied up, propped up, straightened up...until the next wind comes along and we fall over again. When we have a solid, strong root system we have the strength needed for standing firm in spite of the pressures of life.

Are you abiding daily in God's Word? Won't you purpose in your heart to spend more time near to God's heart by spending more time in His Word?

June - July Bible Reading

June	July
1- 2 Cor. 3	1- Isaiah 16
2- 2 Cor. 4	2- Isaiah 17
3- 2 Cor. 5	3- Isaiah 18
4- 2 Cor. 6	4- Isaiah 19
5- 2 Cor. 7	5- Isaiah 20
6- 2 Cor. 8	6- Isaiah 21
7- 2 Cor. 9	7- Isaiah 22
8- 2 Cor. 10	8- Isaiah 23
9- 2 Cor. 11	9- Isaiah 24
10- 2 Cor. 12	10- Isaiah 25
11- 2 Cor. 13	11- Isaiah 26
12- Ruth 1	12- Isaiah 27
13- Ruth 2	13- Isaiah 28
14- Ruth 3	14- Isaiah 29
15- Ruth 4	15- Isaiah 30
16- Isaiah 1	16- Isaiah 31
17- Isaiah 2	17- Isaiah 32
18- Isaiah 3	18- Isaiah 33
19- Isaiah 4	19- Isaiah 34
20- Isaiah 5	20- Isaiah 35
21- Isaiah 6	21- Isaiah 36
22- Isaiah 7	22- Isaiah 37
23- Isaiah 8	23- Isaiah 38
24- Isaiah 9	24- Isaiah 39
25- Isaiah 10	25- Isaiah 40
26- Isaiah 11	26- Isaiah 41
27- Isaiah 12	27- Isaiah 42
28- Isaiah 13	28- Isaiah 43
29- Isaiah 14	29- Isaiah 44
30- Isaiah 15	30- Isaiah 45
	31- Isaiah 46



If you, like me, have ever feared the study of Revelation, this is the study for you! You will be comforted by the hope that it gives for how Christians will experience victory in Jesus Christ, Lamb of God, Bridegroom, King, and Judge.

Wednesday Nights at 7:00 p.m.
in Grace Ladies Classroom
Facilitator: Glenda Wesson Cost \$15

The War Room

Prayer Column with Gail Beck

The Warrior's Prayer

Heavenly Father,

Your Warrior prepares for battle, today I claim victory over Satan by putting on the whole armor of God!

I put on the *Girdle of Truth!* May I stand firm in the Truth of Your Word so I will not be a victim of Satan's lies.

I put on the *Breastplate of Righteousness!* May it guard my heart from evil so I will remain pure and holy, protected under the blood of Jesus Christ.

I put on the *Shoes of Peace!* May I stand firm in the Good News of the Gospel so Your peace will shine through me and be a light to all I encounter.

I take the *Shield of Faith!* May I be ready for Satan's fiery darts of doubt, denial and deceit so I will not be vulnerable to spiritual defeat.

I put on the *Helmet of Salvation!* May I keep my mind focused on You so Satan will not have a stronghold on my thoughts.

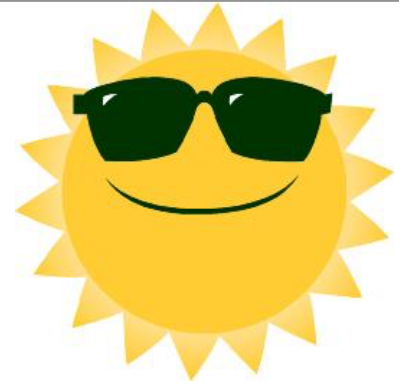
I take the *Sword of the Spirit!* May the two-edged sword of Your Word be ready in my hands so I can expose the tempting words of Satan.

By faith your warrior has put on the whole armor of God!

I am prepared to live this day in spiritual victory!

Amen

~David Jeremiah Ministries



What's Going On? This Summer at CBC:

June - August

*Pastor Appreciation
June 5th (A.M. Service)

*C3 College Ministry Kick off
June 5 @ 5:30 p.m.

*Graduation Sunday
June 12th

*Kid's Camp
June 13-17

*Panama Mission Trip
June 21-27

*Youth Camp
July 11-15th

*Blaze (Wednesdays)
beginning June 29th
until Aug. 17th

*VBS
August 27th 9-3pm

*Back Pack Blessings
August 14th @ 2:00 p.m.

*Awana Registration
August 31st

Fill a Cup, Friend...

by: Marti Tidwell



Someone very dear to me and I had an interesting and somewhat heartbreaking conversation several weeks ago. I can't remember exactly how it came up, but we were talking through the challenging place in life that she finds herself.

To explain, all my friend ever wanted to be was a wife and mom. She left her daddy's house and went straight into marriage at a very early age and, within just a few years, had the only child she would ever be able to conceive. She talks about those years with great fondness. She and her husband now have a very successful business and all the financial security they could ever want, but those years they were scraping pennies and raising their boy were, by far, the years she looks back on with the most fondness. She wrapped her identity around her son, and he became her everything.

It sounds sweet, noble even. Children are so innocent and need our guidance so desperately in those formative years. And it's certainly biblical! Raising and forming our little children into men and women that will soldier and strengthen the body of Christ is one of the highest callings on earth. The problem with raising children, though, is that it has a shelf life... we are eventually called to leave and cleave. My friend's boy grew up, strong and capable, and he left home to start a life of his own. The truth is, she has never really gotten over that. She associated her joy and fulfillment with her child... and that burden is too heavy for anyone to carry.

Only Jesus can carry that load.

I'm certain she isn't the only one, and I am sensitive to the fact that I am speaking of something I know nothing of. I haven't yet held my baby girl in my arms, and been willing to give her my everything and my all. I have not yet poured my heart and soul and energy into raising her well... and then watched her leave. My time is clearly coming though and, believe me, if there are words I need to eat the good Lord will show me! But, the *Truth* is, the Bible does call us to leave mom and dad and cleave to our spouse... which can be a pretty hard journey for Mama Bear.

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Summer family fun

by: Leigh Hollman

Summer is almost here! The weather is definitely getting warmer, school is almost out, and that means your children might be asking you soon for things to do. Are you thinking "Yay!" or "Oh, no!"? Well, get ready to have fun this summer and let CHAOS help you fight boredom and keep your kids active! Each of these five categories list inexpensive, fun activities to do with your family this summer. C (cooking) H (house-something to do around the house) A (art) O (outside - whether it's in your backyard or a bit further) S (science - don't be scared, it's fun).

Cooking - Make strawberry (freezer) jam

No bake cookies (keep kitchen cool)

Make popsicles

No bake snack kabobs (put just about anything on a stick and everyone will eat it)

House - Build a blanket fort

Have a tea party (dress up, include boys, work on table manners)

Have an indoor picnic

Play hide-n-seek INDOORS!

Art - Ice painting

Watergun art

Make play dough

Make a Christmas ornament (get an early start)

Out - Plant a garden (big or little; veggie or flowers)

Go to the library (summer reading programs have some fun incentives)

Visit a new park (each week would be even better!)

\$1 movie summer program

Science - Make paper airplanes (and fly them; see who's can go the farthest, do the most loops, etc)

Make homemade ice cream (in a can or a bag - it's SUPER yummy!)

Turn a white flower into a new color (clear vase, food coloring, and voila!)

Play 'Sink or Float' - use the bathtub, outdoor pool, or even kitchen sink; test as many objects as your children can find

If you assign a letter-a-day you have the weekdays covered! There's enough for four weeks if you do everything mentioned above! If you have older children you can put them in charge of the supplies, set-up, time of day of the activity, or possibly being in charge while you supervise. If you need more ideas to get through the summer, use Pinterest, ask your children for ideas, and/or Google specific themes where you can find almost endless ideas to continue the theme CHAOS or even create a new one (I'm sure it's going to get even hotter so why not have a water day complete with new soaking games!) Have fun, enjoy your children during this precious time, and post some of your photos to the thrive! Ladies Facebook page!



Grilled Chicken Bacon Ranch Pizza

Submitted by: Beverly Butts

Ingredients:

2 cups diced cooked chicken
1/2 cup ranch dressing
1 garlic clove, pressed
1/4 tsp each salt and black pepper
cornmeal for dusting
16oz pizza dough (I buy Pillsbury or make my own)
2 small vine ripe tomatoes, diced
1 cup shredded Colby & Monterey Jack cheese
5 slices of bacon, cooked, drained, and crumbled
2 thinly sliced green onions (if desired)



1. Prepare grill for indirect cooking over medium-high heat. Combine chicken, dressing, pressed garlic, salt and black pepper in medium bowl, toss to coat.
2. Generously sprinkle a pastry mat with cornmeal; place dough onto center of mat. Roll dough onto center of mat. Roll dough to a 12 in. circle.
3. Place dough onto BBQ pizza pan (I purchased mine from Pampered Chef, but you can get them at any kitchen store or Wal-Mart), gently stretch to cover bottom of pan.
4. Top crust with chicken mixture and tomatoes; sprinkle evenly with cheese and bacon.
5. Place pizza on grill. Grill, covered, 18-22 minutes or until crust is deep golden brown, rotating pan occasionally for even grilling. Remove pan from grill. Sprinkle evenly with green onions. Cut pizza.

Yield: 6 servings

U.S. Nutrients per serving (2 slices): Calories 470, Total Fat 26 g, Saturated Fat 8 g, Cholesterol 75 mg, Sodium 880 mg, Carbohydrate 35 g, Fiber 2 g, Protein 26 g



thrive! Ladies Painting Party with The Dilly Dally!

Saturday, July 16, 2016

at 6:00 p.m.

@CBC - FLC

\$37 per lady to custom paint a door or wall hanger. Sign up at the thrive! table or see Beverly Butts.

Fill a Cup, Friend... (continued from Page 4)

My husband is a tad on the high-maintenance side. Not in a clingy way, but his main love language is quality time and he likes to have me nearby... I'm an introvert by nature, and value my alone time. Because of this reality, marriage has been a struggle and an adjustment for me. I am a people-pleaser and I completely adore my man. I want to give him all he wants of me, but I have come to realize that just isn't possible. Recently, I went back on Worship Team at church after taking a hiatus during our courtship and early marriage. I was so excited to get back into the ministry of leading worship, but it would mean some adjustments for us. It would, first of all, mean another night that I wouldn't be home until around 8:00pm... I already lead a Bible Study one night a week that keeps me out a bit late. When I talked it all through with him, he balked a bit. He certainly doesn't want to keep me from doing anything that I love but, again, he likes me home, with him. As we talked through it I explained to him that he rarely comes in the house before 8pm anyway... he's an outside dweller... so very little would change. He would hardly know I was gone! And then, I heard myself say the words, "I have God-given gifts, and I will be a better wife and better Marti if I use those gifts and cultivate them."

It was the Holy Spirit, not me. He showed me the *Truth* even as I spoke the words.

The *Truth* is, if I am going to be my very best for God and my family... and the kingdom of God... I must use and cultivate the gifts God intentionally gave me. I need to nurture friendships that encourage and affirm me in those gifts. We all have them... you have gifts! Show your spouse and your children what using your gifts looks like, and inspire them to do the same! A "me and mine" mentality... only taking care of the needs of you and your own people... has no place in the *Truth* of Scripture. We are called to community, we are called to give ourselves away, to serve our fellow man. Only worrying about ourselves and our own will wear us down over time. We will begin to feel unappreciated and taken advantage of, even resentful of all that is expected of us. Our children may begin to get the idea that since our world revolves around them, the rest of the world should to! And that isn't what we want to teach our kids... it doesn't foster humility and character in them. Let your children see you serve the needs of others in the name and power of Christ, and do it well! Let them see you help those who cannot help themselves. Nothing... nothing... will bring joy and renewal like giving a little of yourself away by utilizing what God has graced you with to help and encourage others, to serve those that God has called us to serve... to do a little something for someone who can do nothing for you.

That will fill a cup, friend. And, BONUS, it will bless and affect your family beyond all your expectations.

As a child, some of my fondest memories are watching my mother do the things that she was called to do. Teaching, singing, admonishing, prophesying... I was never prouder of her and never wanted to be more like her than when I saw her use her God-given gifts. Use your gifts as you are called to do! Ask God to show you an outlet to do so that fits the season you are in right now. Then, when your children are grown and the house seems empty and sad... you have something you have cared for and nurtured in the name of serving Christ to call your own. Your joy and fulfillment will not be a burden that you placed on your family... your joy and your hope will be in the Lord.

And, listen, if you have raised your babies and you're in a later season in life, or if you are single and find yourself in an even different season of life, you aren't off the hook here! If we are living and breathing and walking this earth, God has a plan for us to fulfill. Ask Him to show you a way to recognize and utilize your gifts, and then get after it!

Whatever the season we find ourselves in, blessing others as God has called us to do by sharing our gifts will serve to bless us in return with a more fulfilling and joyful life in Christ.

Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. – 1 Peter 4:10

Ministry Spotlight: Sock Feet Ministry

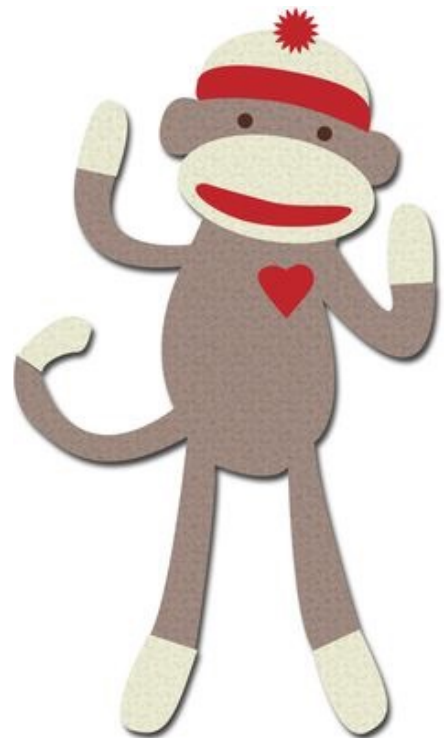
The mission of Sock Feet Ministry is to encourage God's Children of all ages to daily walk and talk so much with Jesus that others will see Jesus in them and decide to follow His footsteps. We are Servants Of Christ the King who Fear God, Exalt God, Enjoy God and Tell God's story to the nations [people]. We dare to be different in our own God given unique ways.

The Sock Feet team travels to Mills Home, the Baptist Children's Home in Thomasville, once a month to minister to single moms and their children. Some of us serve food. Some play games, do crafts and tell Bible stories to young children. Some do the same with teenage children. Some of us tell Bible Stories with the single moms, encouraging them to be godly mothers.

Once a month we celebrate birthdays with residents at Big Elm Nursing home. Some of us also go each Sunday to have church with the residents as well. We encourage them to persevere and remind them that the King has not forgotten them or their service.

Please Join us!

Contact Glenda Wesson for more information.



OPEN
YOUR
BIBLE

JOIN US!

WEDNESDAY'S NIGHTS

THIS SUMMER

BEGINNING JUNE 22ND

FOR 7 WEEKS AT 6:45 PM

STUDY IS BEING LEAD BY MICHELLE RABON

7-SESSION BIBLE STUDY FROM THE WOMEN OF SHE READS TRUTH

LIFEWAY.COM/OPENYOURBIBLE