



thrive! Newsletter

October/November 2016

Oct. Events

Mary Heart Bible Study

Friday - 14 & 28 (10:00 am)

Tuesday - 4 & 18 (6:30 pm)

Wednesday - 5, 12, 19 (7:00 pm)

Engage Bible Study

Wednesdays @ 7:00 p.m.

Grace Ladies Bible Study

Tuesdays - 4 & 18 @ 6:30 pm

White Rose

Thursday 13th @ 10:00 a.m.

Grace Mission Team

Monday 10th @ 10 a.m.

C3 Bible Study (College age)

12th & 26th @ 7:00 pm

Grief share

Mondays - 2:00 - 4:00 & 6:00-8:00

Nov. Events

Mary & Martha Study

Saturday - 9th (10:00 am)

Tuesday - 1, 15, 29 (6:30 pm)

Wednesday - 2, 9, 16, 30 (7:00 pm)

Engage Bible Study

Wednesday @ 7:00 p.m.

Grace Mission Team

Monday 14th @ 10 a.m.

Grace Ladies Bible Study

Tuesdays - 1, 15 (6:30 pm)

White Rose

Thursday 10th @ 10:00 am

C3 Bible Study(College age)

9th & 23rd @ 7:00 pm

Festival of Tables

Saturday 12th @ 6:00p.m.

Psalm 100

Make a joyful noise unto the Lord, all ye lands.

Serve the Lord with gladness : come before his presence with singing.

Know ye that the Lord he is God : it is he that hath made us, and not we ourselves ; we are his people, and the sheep of his pasture.

Enter into his gates with thanksgiving, and into his courts with praise : be thankful unto him, and bless his name.

For the Lord is good ; his mercy is everlasting ; and his truth endureth to all generations. "

Table of Contents

Psalm 100.... pg.1

Bible Reading Plan... pg.2

Fall Bucket List ... pg. 2

Testimony... pg. 3

5 Prayers...pg.4

Book Review ...pg.6

White Rose Update... pg. 6

Lil' Meatloaves Recipe... pg. 7

He is Here...pg. 8

Festival of Tables...pg.8

COUNTRY LIVING
FALL BUCKET LIST

- GO APPLE PICKING AT A LOCAL ORCHARD
- DECORATE YOUR PORCH WITH FALL FLAIR
- TAKE A FALL FOLIAGE DRIVE
- KNIT A FALL SCARF
- STAY IN A B&B WITH VIEWS OF FOLIAGE
- VISIT A LOCAL CANDLE SHOP
- BAKE PUMPKIN BREAD
- BRING FRESH PIE TO A NEIGHBOR
- COOK WITH SQUASH
- SIP WARM APPLE CIDER ON A PORCH
- HANG A PRETTY WREATH ON YOUR FRONT DOOR
- TAKE YOUR FAMILY TO A FALL FESTIVAL
- ADD PUMPKIN TO YOUR CLASSIC RECIPES
- TAKE YOUR FAMILY CHRISTMAS PHOTO
- BUNDLE UP IN YOUR FAVORITE SWEATER, SCARF & BOOTS
- DECORATE YOUR MANTEL WITH SEASONAL TOUCHES
- PICK OUT THE LARGEST PUMPKIN AT THE PUMPKIN PATCH
- MASTER YOUR APPLE PIE RECIPE
- CRAFT WITH FALLEN LEAVES
- OPEN THE WINDOWS TO LET THE CRISP AIR IN
- GO ON A SPOOKY GRAVEYARD TOUR
- GET LOST IN A CORN MAZE
- GO ON A HAYRIDE
- WATCH A SCARY MOVIE UNDER COZY BLANKETS
- GO TO A HAUNTED HOUSE
- GO ANTIQUING FOR COZY DECORATING FINDS
- TOAST PUMPKIN SEEDS
- GO FOR A WALK ON A FOGGY MORNING
- GO FOR A WEEKEND GETAWAY IN THE MOUNTAINS
- CREATE A NEW FALL SCENT FOR YOUR HOME
- MAKE DINNER IN A PUMPKIN BOWL
- TURN SOMETHING UNEXPECTED INTO A PUMPKIN
- USE AN OLD SWEATER AS A CRAFTING MATERIAL
- INFUSE BOURBON WITH APPLE PIE FLAVOR
- HAVE A FALL CANNING PARTY

Oct.-Nov.
Bible Reading

October	November
1- Eccl. 10	1- Hosea 10
2- Eccl. 11	2- Hosea 11
3- Eccl. 12	3- Hosea 12
4- 1 Thess. 1	4- Hosea 13
5- 1 Thess. 2	5- Hosea 14
6- 1 Thess. 3	6- Titus 1
7- 1 Thess. 4	7- Titus 2
8- 1 Thess. 5	8- Titus 3
9- 2 Thess. 1	9- Haggai 1
10- 2 Thess. 2	10- Haggai 2
11- 2 Thess. 3	11- Zech. 1
12- Esther 1	12- Zech. 2
13- Esther 2	13- Zech. 3
14- Esther 3	14- Zech. 4
15- Esther 4	15- Zech. 5
16- Esther 5	16- Zech. 6
17- Esther 6	17- Zech. 7
18- Esther 7	18- Zech. 8
19- Esther 8	19- Zech. 9
20- Esther 9	20- Zech. 10
21- Esther 10	21- Zech. 11
22- Philemon	22- Zech. 12
23- Hosea 1	23- Zech. 13
24- Hosea 2	24- Zech. 14
25- Hosea 3	25- Malachi 1
26- Hosea 4	26- Malachi 2
27- Hosea 5	27- Malachi 3
28- Hosea 6	28- Malachi 4
29- Hosea 7	29- Obadiah
30- Hosea 8	30- 1 Peter 1
31- Hosea 9	

ObeY the Lord and Receive a Blessing

Testimony from: Odell Honeycutt



I did not know Cathy Pennington but I felt lead to send her a get-well card because our church had been praying for her after a massive heart attack. A couple of weeks later the card was returned to me in the mail. Unknown to me, she had been moved to a rehab center from the hospital. Little did I know that God was working in this situation.

One morning, a short time later during my daily Bible Study, I felt a strong sense of the Holy Spirit speaking to my heart. He urged me to go see Cathy at the rehab center. I don't know if I have ever felt God's voice that strong except the night I was saved.

When I arrived at the front desk, no one was there and I had to wait for several minutes... as I waited a woman emerged from the elevator. The first words out the woman's mouth were, "I need prayer, I need prayer right now." The woman told me that her husband was a patient and in need of round the clock care. She was very clearly weary and broken. I placed my arms around her and we bowed our heads there in the middle of the lobby and I prayed for her and her husband. She told me I was an angel sent from Heaven...I am no angel but God sent me there to pray with her.

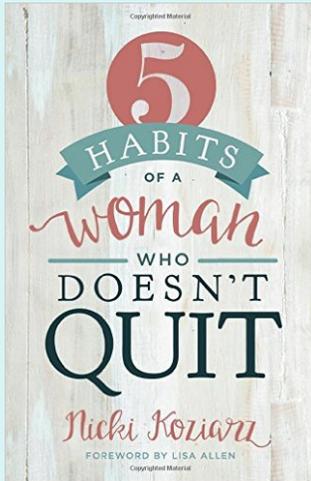
When I walked away and finally found a receptionist, I was informed that Cathy had been released to go home. If I didn't know it before I knew it then God had sent me to minister to that hurting woman. This was when I began to realize and understand the urgency that God had placed on my heart and why I had to wait at the reception desk-I would have missed a great blessing!

Remember God will put you where you need to be for you to receive a blessing. God wants to bless us each day if we will only take the time to listen to Him and being willing to obey.

My prayer is that this story will bless you and will encourage you to be sensitive to the Holy Spirit and obey God's voice when He speaks to you. Don't miss your blessing today.

Book Nook:

5 Habits of a Woman who doesn't Quit



All too often when we are faced with a new and difficult task, we are tempted to quit and walk away. Using lessons from the book of Ruth, the author unpacks incredible habits of this amazing woman and how God used her obedience and willing heart.

These five habits will mess you up in the best possible way...they will help root and plant you in obedience rather than cower from the challenges that we find ourselves in.

The writer gives you an honest look at her journey of being a "quitzilla." Her struggle will encourage you to commit and follow through on what God has planned for you.

I give this book 5/5



5 Prayers of Thankfulness



- 1 Ephesians 3:20 - Lord, I am so thankful that you will do exceedingly more than all I can ask or think.
- 2 Isaiah 49:1 - Lord, I am thankful that you called me by name, formed me and know me.
- 3 2 Corinthians 5:7 - Lord, I am so very thankful that you help me to walk by faith, even when I cannot see.
- 4 Hebrews 13:8 - Lord, I am thankful you are the same yesterday, today and forever...you are unchanging.
- 5 Psalm 62:8 - Lord, thank you for being my refuge and hiding place and for hearing the cries of my heart.

Thankfulness

By: Michelle Rabon

What is the heart of thanksgiving? Not only is it time for family and friends to gather around the dinner table, but it is also the time of the year to stop and express thankfulness to God for His blessings. Thankfulness however, should not be a season, but a way of living.

Our attitude of thankfulness shows gratitude to the Father who made all things possible. I find the word *thankful* taking on new meaning the older I get. It is easy to be thankful when things are going well, but what about when life turns sour? As time goes on we must learn to be thankful even when our circumstances are challenging....Why? **Because without the trying of our faith we cannot grow** (James 1:2).



During the rough patches of life our thankfulness must extend beyond the surface. We have to dig deep and uncover our thankfulness for the messy stuff as well. We can be thankful that God is refining us to be used for His ultimate purpose and that He has placed us in a new circumstances to watch us grow.

{Philippians 4:13} When we express our thanks for what God has done and is doing, it eliminates anxiety, it eliminates fear and it pushes away darkness. Daily thankfulness sets our sights on the bigger God-painted picture.

{Colossians 3:15} Thankfulness unlocks peace. Peace will be nonexistent if we don't have a thankful heart. When we fully trust the Father, we will be thankful no matter the situation.

{Ephesians 2:8-10} Thankfulness should move us to do something for Christ. God did not call us and save us to sit still but to work and serve His kingdom. When we are thankful for how He is faithfully working in our lives, then we are ready to do the work which He has called us..

{1 Thessalonians 5:18} Thankfulness should be done at all times and in all things. Give thanks in all circumstances and at all times, even when it seems there is nothing to thank God for.

When our valley is low we can be thankful He is walking with us. I have found it is easy to be thankful when you are on top of the mountain and the views are beautiful. However, when the valley is dark and lonely and we remain steadfastly thankful because we trust His plan, then we can demonstrate to the world truly being "thankful in all things."

Sincere thankfulness is a continuous attitude of the heart, one we should always strive to cultivate. Make it a habit to be thankful...no matter what.

White Rose Ministry Update:

" Pure religion and undefiled before God and the Father is this, to visit the fatherless and widows in their affliction, and to keep himself unspotted from the world." James 1:27

*Our Purpose: To help widows find God's plan for their life through Bible Study and fellowship and help ease the fears and loneliness of widowhood.

* Bible Study: Meets the 2nd Thursday of each month at 10am in Grace SS class.

* Fellowship Meetings: Every other month. The trips are open to everyone. Our next trip will be on Oct. 20 (a shopping trip to the mountains).

Sign up at *thrive!* table.



Join us!

October 29, 2016

11:00 am - 2:00 pm

**Inflatables, Hot dogs,
Craft Vendors and more!**

**Bring canned goods to
support our food pantry!**

He is Here

Abiding in the Heart
of Christmas

Ladies, do you desire to
abide deeply this
Christmas? Are you
hungering to reset your
heart and focus on our
mighty God who loves
you and sent His
precious Son to be the
greatest gift?

This booklet will be
available

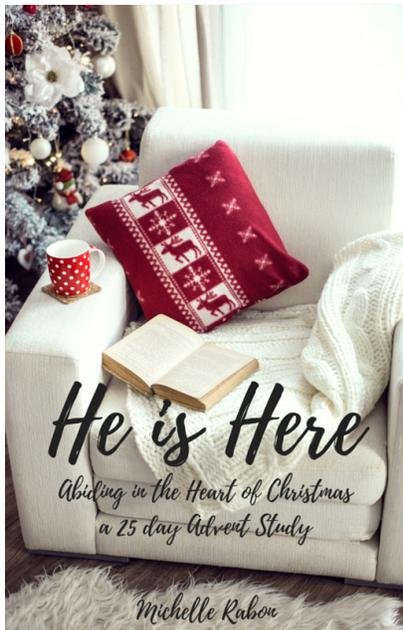
November 12, 2016

at Festival of Tables and on
November 13th at the
information desk
or email

thrive ladiesministry@gmail.com
to pre-order

What a wonderful gift for a friend
or special woman in your life!

\$8.00



Lil' Cheddar Meat Loaves



Ingredients:

- 1 Egg
- 3/4 cup milk
- 1 cup Shredded Cheddar Cheese
- 1/2 cup quick cooking oats
- 1/2 cup chopped onions
- 1 tsp. salt
- 1 pound lean ground beef
- 2/3 cup ketchup
- 1/2 cup brown sugar
- 1 1/2 tsp mustard

Directions:

In a bowl beat the egg and milk, stir in cheese, oats, onion, and salt. Add beef and mix well. Shape into 8 mini loaves or one large loaf, in a casserole dish.

Combine ketchup, brown sugar, and mustard and mix well. Spoon over the loaves/loaf.

Bake @ 350 for 45 minutes or until meat is no longer pink.

Submitted by: Beverly Butts



Christmas Festival of Tables

Join us

Saturday, November 12, 2016

At 6:00 p.m.

Central Baptist Family Life Center

Tickets ~ \$10.00

If you would like to design a tablescape please

contact Jessica Brohman, Wendy Perry

or sign up at the thrive! table.

thriveladiesministry@gmail.com

Purchase tickets online at

www.cbckannapolis.com

