# thrive! Newsletter

## Central Baptist Ladies Ministry

## Happy Mother's

May, 2013

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### **Spring Cleaning**



At this time of year most of us take stock of our house and sigh at the disaster it has become over the winter months. We feel overwhelmed with what to do with all of our "stuff" and we get into

the mode of spring cleaning. We see the whole picture of our house and what we want it to become or return to.

With one ray of warm sunshine we see beyond the clutter in front of us and gear up to get to the goal of total "clean." We rearrange our rooms, dust all the bunnies away, and clean every corner from top to bottom. Regardless of when or how we do it,

#### Jessica Brohman

we are cleaning up our living environment so that we can enjoy a complete sense of accomplishment and achievement (even if only lasts until nap is over).

What if we did that with our relationship with God? And what if we did it more than just once a year? We need to examine our lives and hearts and spring clean what's inside of us. We need to mop up old grudges,

#### Look Back to Grow Forward!

Sometimes when problems or difficult situations come into our lives our faith may begin to waiver. That is when we can look back to grow

forward. By remembering all the times in the past when the Lord has shown His faithfulness, we can be assured that He will be with us in the

#### **Alisha Plott**

future as well. Those precious memories remind us of His constant and abiding love for us.

One such memory

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with Pastor Dean

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"It motivated me to start making relationships with family and friends around

#### Spring Cleaning (continued from front)

wipe away judging thoughts, and trash the junk in our lives. These things we need to freely donate to God on a daily basis. Everyone around us will see the accomplishments of our self-cleaning because they would see a real difference in us.

Coming from a family of "cleaners", I can relate to what cleaning really does to us and our relationships. Overachieving in the cleaning area can take away precious time and energy from our husbands and families, but if used wisely and correctly it can be a ministry to those around us and to ourselves. Now some of

you are getting excited thinking about all the chores you can forget and I am not saying that, but I do want to stress that if you use your cleaning skills wisely, you can accomplish more than just a clean floor. Knowing when to stop the mop and put away for the next day is a skill that I have struggled with in the past. Realizing what it was doing to my own marriage (and remembering how it ultimately ended my grandparents' marriage) tugged on my heart as a burden to spend more time 'spring cleaning' myself and less time on my house. It motivated me to start making relation-

ships with family and friends around me more important than the ones I had with my laundry, floors and dishes.

God has plans for us to prosper and He has intentions for us to live our life to the fullest. I feel certain that He understands when we have a sink full of dishes or loads of laundry waiting to be done because the cleaning we are choose to do is the cleansing of our souls for His Kingdom!

We need to mop up old grudges, wipe away judging thoughts, and trash the junk in our lives.

These things we need to freely donate to God on a daily basis.

-Jessica Brohman-



#### thrive! What's In the Works?

Two exciting new initiatives are in the works for Central Baptist: Parish Nursing and GriefShare!

Parish Nursing (also known as Faith Community Health Nursing) is a partnership between CMC-NE and local congregations united to improve congregants quality of life by connecting them with pertinent community resources. Lara Fink, BSN, has enthusiastically agreed to be Central's first Parish Nurse and she is currently in training to receive her certification.

Our Parish Nursing Ministry will be rolled out on Sunday, September 8, 2013 with office visits beginning Wednesday, September 11th. Look for more details in the months ahead.

**GriefShare** is a community outreach ministry



#### Look Back to Grow Forward! (continued from front)

was the unfathomable peace I was flooded with when my spouse died suddenly and I was left with two small children. The scripture, "my strength is made perfect in weakness" replayed over and over in my mind and I truly trusted and rested in Him.

Other 'looking back' moments for me occurred when I was told my father- in-law had passed away six months to the day of my husband's death and when I prayed for a child that ended in miscarriage only to realize two weeks later I was amazingly

pregnant again with a wonderful little girl. Realizing God knew I wanted to make a fresh start with my new husband and that He planned a little girl for us who would bring totally different memories and experiences still astounds me!

Maybe like me you remember when your bills were paid on time when business looked bad or work was slow. Or, when the Lord granted you peace to attend a loved one's funeral who courageously battled a terminal illness all the while whispering to you

that you would see them again someday in Heaven.

Looking back always increases my faith for the present situation and I know it will for you.

"Now faith is the substance of things hoped for, the evidence of things not seen." (Hebrews 11:1)

You may not be able to see it now but keep your faith in the Lord and you will always be able to see the evidence later.

Looking back always

increases my faith for the

present situation...



designed to provide biblical grief coaching in a small group DVD and discussion setting.

Julia Pope and her team are in the process of program training and the first GriefShare small group is set to begin the week after Labor Day, 2013.

Please pray for these new endeavors and that the lives they touch will have eternal impact.

Mark your calendars for our **2nd Annual BackPack Blessings** event

scheduled for **Saturday**, **August 17**, **2013** in the FLC. Last year we were touched by the need of local families for school supplies for their children. Your simple gifts of paper, pencils, and other basic essentials ministered to parents and students in a practical yet powerful way.

This year our goal is to have 100 backpacks and the supplies to fill them the week before the event. Watch for information in the summer bulletins. November will mark a brandnew *thrive!* Ladies Ministry first: Christmas Around the World!

This holiday dinner celebration will showcase the decorating talents of the ladies in our church and will serve as the kick-off for our Operation Christmas Child Shoebox collection.

Special guest speakers will top off this festive evening celebrating the joy of Christmas given to the whole world!

# FamilyLIFE Seminar

# College 101 with Pastor Dean

Saturday, May 18, 2013

9am - 12pm

**CBC Fellowship Hall** 

Overwhelmed about everything 'college'? This information-packed seminar will cover the details of preparing and applying for college. Also, our panel of experts from private and public colleges will explain the financial aid process as well as the options available to help you pay for higher education.

Open to the Community.

Interested? Email name and phone# by May 15th to:

office@centralbaptistkannapolis.com

An investment in knowledge always pays the best interest. ~Benjamin Franklin~

