

thrive! Newsletter

Central Baptist Ladies Ministry

October, 2013

Fall is in the air and our Fall Festival on Saturday, Oct. 26th is fast approaching!

Ladies, this is your chance to get involved, be creative, and have fun! The **thrive!** Ladies Ministry will be welcoming our community and church family with an information table about our ministry and events.

Throughout the Fall Festival we will be giving away donated gift baskets and we need your help! Our goal is to have a tableful of beautiful baskets to bless women and teen girls who come to the event. Would you consider making a basket full of useful and beautiful goodies? Some baskets could include nail products, baking supplies/cookbooks, spa/bath items, scrapbooking, coffees/teas, exercise items, etc. Independent Consultants are welcome to donate and use this as a marketing opportunity.

Don't forget to include your business card and current catalog. Merchant gift cards from your hair dresser, nail salon, favorite grocery store or restaurant are also great ways to share in the giving.

Theme your baskets for "Fall" and allow your creativity to flow. Please turn in baskets, individual basket items or gift certificates by Sunday Oct. 20 to Jessica Brohman or Julie Kimmins.

Please visit the **thrive!** Ladies Ministry tables at Central's Fall Festival on Saturday, October 26th. Sign up to win gift baskets to be given away throughout the day and look for our Book Sale bins benefiting our Mission Dolls. Also, stop by our other sponsored tables for important health information:

- Parish Nursing will have a booth set up to check vital signs
- Flu shots will be given at the Cannon Pharmacy booth for a \$25 cost
- Murdoch Research Study will have a booth explaining their cholesterol study and asking for volunteers to participate

This is a wonderful opportunity for us to show our love and care for one another and to share God's blessings with those around us.

October Calendar

Linda Pigg— CFCHN Program (a.m. service)	13
Fall Festival	26

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WHITE CHILI CHICKEN

1 1/2 lbs. boneless, chicken breasts
 2 15 oz. cans great northern beans
 1 diced red pepper
 1 1/2 cups frozen corn
 1 envelope taco seasoning
 1 4 1/2 oz. can chopped green chiles
 1 can cream of chicken soup
 1 cup chicken broth
 1/2 cup sour cream (goes in at the very end)
 Monterey jack cheese, cilantro for garnish
 Tortilla chips
 Place chicken in slow cooker.
 Top with beans, zucchini, pepper

and corn.

In a medium bowl combine taco seasoning, chiles, soup and chicken broth. Pour over chicken and vegetables.

Cover and cook on low 8 hours or high 4 hours.

Just before serving break up the chicken and stir in sour cream.

Top with cheese and cilantro and serve with chips.

Karen's version: Cooked dried white beans. Boiled chicken. Sautéed 1 zucchini and 1/2 red pepper in a little butter in big pot. Shredded chicken added along with the rest of the ingredients and simmered for 1 hour.



EASY FUN FALL RECIPES



BROWN RICE

1 stick margarine
 2 cans Campbell's beef consommé
 1 cup rice
 Preheat oven to 350 ° F

In casserole dish combine rice, consommé and margarine.

Bake covered for 1 hour stirring once after 30 minutes.



CANDY CORN AND PEANUT MIX



1 cup candy corn
 1 cup salted peanuts

Mix the candy corn and peanuts together.

Serve in a bowl.

Christmas Festival of Tables

Saturday, November 16, 2013

6pm FLC

Tickets - \$8

New! Do you love beautiful Christmas decorations and helping a worthwhile cause? Mark your calendar and plan on joining your girlfriends at Central for the *Christmas Festival of Tables*, a festive evening of amazing Christmas tablescapes, delicious food, and great fellowship benefiting our Toy Drive. Please see Julie Kimmins to host a table or purchase tickets.

Central's Faith Community Health Nursing program will kick off on Sunday, October 13th during the AM service with Linda Pigg, the CMC-NE representative, sharing the purpose and history of Parish Nursing with our congregation. Our Parish Nurse and Health Promoters will be available for appointments beginning Wednesday, October 16th from 5:30pm – 7:00pm in the Sunday School office near the quilt. Office appointments can also be made on Sundays from 4:00pm – 6:00pm. Please contact the office at 704/933-8006 to schedule an appointment.

Is the Bible the Word of God?

By Julia A. Pope

Each person has to answer this question for themselves at some point or another in their lifetime. Your answer determines more than just your theology or ideology – it determines your destiny.

Consider these facts:

- The Bible is still the most popular book in the history of publishing with an estimated three billion printed.
- The US judicial system is unquestionably founded on biblical principles and Judeo-Christian values.

The moral code in the US is based on the Bible and its standards. How would we know it is wrong to kill, steal, or murder if we did not have the Bible? (II Timothy 3: 16 & 17)

Four undeniable reasons to believe the Bible is the Word of God:

1. **Testimony of Jesus:** In Matthew 6:17 and 18 Jesus says He came to fulfill the law and the prophets (OT) and all would be fulfilled. Jesus believed the OT was inspired of God. (Luke 24:27,44,45; John 10:34,35;15:25) Jesus also told the writers of the NT (the Apostles) that He would guide them into the whole truth. (John 16:12-15) Jesus said the NT was inspired by God. (John 14:26)
2. **Testimony of Unity:** All 66 books of the Bible are in agreement although there were 35-40 different writers. “Word of the Lord” or “The Word of God” is mentioned 3,808 times claiming the Bible is the Word of God. We also see Unity in Jesus being the central figure of the Bible. He is seen in every book of the Bible.
3. **Testimony of Science:** Stars cannot be numbered. (Jer. 33:22) The life is in the blood. (Lev.17:11; Gen 9:4) Earth is suspended by gravity. (Job 26:7) Missing 24 hours are found in the Bible. (Joshua 10:13,14) All of science agrees with these statements of the Bible.

Testimony of a Changed Life: (11 Cor. 5:17 and 1 Peter 1:23) We are born-again by the word of God. Our faith comes by hearing the Word of God. (Romans 10:17) If a person does not have a changed life, they have probably been deceived and are not really saved. True believers have passed from death to life and are totally new ‘creatures’. Our changed lives are a testimony that God’s Word is true and powerful.

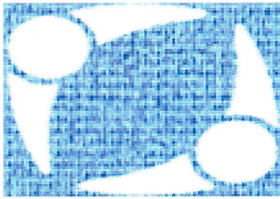
So, yes! The Bible is the inspired Word of God! Read it for yourself and be radically transformed!

Take control of your health, and reduce your cancer risk.

- Stay away from tobacco.
- Stay at a healthy weight.
 - Get moving with regular physical activity.
- Eat healthy with plenty of fruits and vegetables.
- Limit how much alcohol you drink (if you drink at all).
 - Protect your skin.
- Know yourself, your family history, and your risks.
- Have regular check-ups and cancer screening tests.

For information on how to reduce your cancer risk and other questions about cancer, please call us anytime, day or night, at 1-800-227-2345 or visit us online at

www.cancer.org.



Hospice & Palliative CARE CENTER

ROWAN
COUNTY

Save The Date – Tuesday, Nov. 12, 2013

*“Conversations Today or Crisis Tomorrow:
Planning Ahead for Life’s Final Journey”
Learn from physicians, clergy and experts about
how to begin these challenging conversations.*

Who Should Attend? Everyone . . . healthcare providers, individuals and families, faith and community leaders, and anyone needing to know how to begin conversations about end of life care wishes.

Location: Crystal Lounge, Catawba College, 2220 West Innes Street, Salisbury, NC

**Complimentary breakfast and lunch. For inquiries, call (704) 637-7645
Starts at 9:00 am**

Have You Scheduled Your Mammogram?

Mammograms are available at Breast Health Center
1045 NorthEast Gateway Court, NE Concord
or on the **Mobile Mammogram Unit** in your community.



Go to: <http://www.carolinashealthcare.org/cmcc-northeast-mammography-mobile-coach>

To find out where they will be.

Call 704-403-1729 to schedule an appointment.

