

NASSBT 2026 TOURNAMENT RULES

1. **REQUIREMENTS** – At the time of bowling you must be at least 60 years of age for males and 50 years of age for females.
2. **DUES** – A \$25. Annual Membership Fee is required at your first tournament. The cost of each regular event is \$110. August Doubles and December's Year End Tournament entry fees are \$135. \$5.00 from each regular tournament entry is applied to the Year End Tournament.
3. **QUALIFYING FORMAT** – This tournament consists of 5 games of qualifying, moving pairs of lanes after each game. Should a tie occur after 5 games of qualifying, a 9th & 10th frame roll-off will determine the winner. If another tie occurs, the process will be repeated until a winner emerges.
4. **SCORING CHANGES** – Only by Tournament Director or Center staff member. All participants will be responsible for their own re-cap sheets. All scores must be verified by another bowler crossing on your pair of lanes; and submitting them to the tournament office. Any incorrect scores recorded on your re-cap will be subject to disqualification.
5. **DRESS CODE** – REQUIRED to wear a shirt with your name on the back; dress slacks, dress shorts, capris, skirts or skorts. **NO** hats or headbands, jeans, t-shirts, sweats or cut-offs.
6. **EQUIPMENT** – All bowling equipment must meet USBC regulations. New releases must be available to the general public.
7. **APPRECIATION** – Show respect to each host center. Any issues with lane conditions or the center in general, will be addressed to the Tournament Director.
8. **RE-RACKS** – Only 2 re-racks are allowed per game, more than that requires director's approval.
9. **CHECK IN** - Saturday tournaments start checking in at 8:00 – 8:30 am. Late entries will receive **ZERO** for any frames missed.
10. **LANE ASSIGNMENTS** Assigned at the time of check-in. Announcements will be conducted prior to start time. Practice will be allowed for 15 minutes prior to scoring. **NO** altering of approaches is allowed. Bowling ball surface work must be completed during practice. **NO altering of balls once competition begins!** Violating these rules is subject to disqualification.
11. **ACCEPTANCE** – NASSBT reserves the right to accept or reject anyone from membership in their organization or participating as a non-member.
12. **RULES** – Governed by USBC rules. The Tournament Director has final say on all disputes & interpretation.
13. **QUALIFYING** – A one out of four ratio for qualifying will be used in this tournament. For **every four** 70+ (SSS) below the cutline, the single highest of the four will be placed into match play; women 60+ will be included in this category unless there are four women bowling in the qualifying round. If four women are bowling in the qualifying round, any female bowler 60+ will not be included in the SSS category and will be using one out of four ratio for placing into match play.
14. **ELIGIBILITY** – * **NO** PBA National Tour Titleholders are eligible. No current members of the PBA/WPBA will be permitted to bowl. *Anyone, having won \$10,000.00 or more in a single event will be ineligible to bowl until 10 years have passed since that win. Anyone having won a PBA/WPBA regional event will be ineligible to bowl until 10 years have passed since that win was achieved. All NASSBT Bowlers will be limited to 4 titles or \$5,000 in winnings from **regular** tournaments during the 2026 calendar year. *This does not include Doubles, Tournament of Champions, 70 & Over events or the Year End Tournament. **2** Tournaments are required for eligibility to bowl in the Non-Champion's Tournament and **3** Tournaments * during the current year are required to be eligible to bowl in the Year End Tournament.

* Refer to USBC Rule 319.

RULES ARE SUBJECT TO CHANGE - 2026