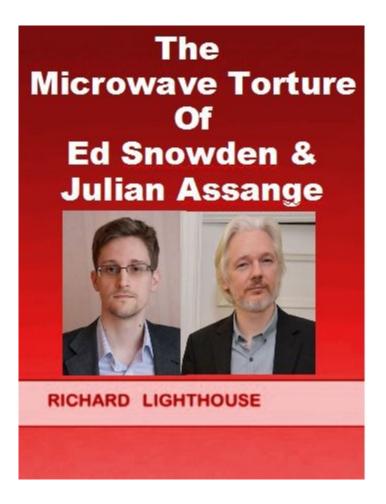
The Microwave Torture of Ed Snowden & Julian Assange



Richard Lighthouse

The Microwave Torture of Ed Snowden & Julian Assange
Published by Richard Lighthouse at smashwords.com
Creative Commons License 4.0, 2017 by Richard Lighthouse. Please acknowledge source.

ISBN: 9781370978953

https://www.smashwords.com/books/view/735306

The CIA and FBI are "behind most, if not all terrorism." - Ted Gunderson, former FBI Chief

Limit of Liability/Disclaimer of Warranty: This ebook reflects opinions of the author. While the

author has used his best efforts in preparing this document, he makes no representations or warranties with respect to the accuracy or completeness of the contents and specifically disclaims any implied warranties or fitness for a particular purpose. No warranty may be created or extended by sales representatives or sales materials. The author shall not be liable for any loss of profit or any other commercial damages, including but not limited to incidental, special, consequential, or other damages. The ebook contains my opinions based on my research.

Original 1C – 9 July 2017 Houston, Texas, U.S.A. Revision 3B – 12 April 2019

"The world will not be destroyed by those who do evil, but by those who watch them without doing anything." - Albert Einstein

TABLE OF CONTENTS

Chapter 1:

Introduction

Chapter 2:

Conclusions

Chapter 3:

References

Abstract

Rev3B - Everything we find horrific about the Nazis, has become the Deep State. The Rockefellers & Rothschilds, the other owners of the Federal Reserve, the Council on Foreign Relations (CFR), the Shadow Government, and the CIA are all involved. But don't take my word for it - read the books and work of Dr Peter Dale Scott, Aaron Russo, Attorney Michael Springmann, Dr Steven Greer, Dr Judy Wood, Dr Morgan Reynolds, Dr David Griffin, Dr

Barrie Trower, Dr John Hall, Dr Katherine Horton, Dr Ewen Cameron, Paul Hellyer, Ted Gunderson, and many others. This author has been investigating satellite weapons and the global microwave torture of thousands of people, since January 2016. This ebook contains some of my latest research into Targeted Individuals. I have referenced a number of credible sources that have videos on youtube including, Dr Barrie Trower, a retired British intelligence agent and microwave expert; Dr John Hall, M.D. In San Antonio; and Dr Katherine Horton, an Oxford scientist. Based on this research, I can state with complete confidence that Ed Snowden and Julian Assange are microwave targets of this illegal program. I urge them to come forward in support of Targeted Individuals, just like William Binney and Kirk Weibe have done.

This is happening to thousands of people all over the world. Their family members are targets of the subliminal messaging program, which is intended to isolate them emotionally and psychologically. These microwave beams are painful and cause permanent damage. It is nothing less than torture, and it is banned under international treaties. It is a serious violation of Constitutional rights, it is defined as a war crime by international treaties, and when conducted against White House cabinets members and top government officials, it is nothing less than TREASON. See my related ebook, "34 Patents on Subliminal Mind Control."

I strongly encourage Ed Snowden and Julian Assange to come forward with their experience as Targeted Individuals and microwave torture. These criminal acts by the CIA will not stop until the public is made aware of it. Julian Assange's mother has come forward and stated that he was being subjected to microwave frequencies in the Embassy. See ActivistPost.com

These satellite frequencies are also being used in a subliminal messaging program against Targeted Individuals and their family members, in an attempt to control their behavior. The microwave and RF technology to alter behavior has been well-documented. I have previously documented the frequencies as follows: Tracking and geolocation: approx. 3600 MHz to 3750 Mhz, and the carrier frequency for the subliminal messaging and harm signals has been measured at 3921 MHz – 3934 MHz. The subliminal messaging is repeated thousands of times each night on the target, until the negative messages "stick." These messages can be simple - "Your husband is crazy." Recall that CIA Doctor Ewen Cameron bragged about using these subliminal techniques to turn an ordinary person into a vicious serial killer – the real Manchurian Candidate, as part of the CIA's MK-Ultra program. Mike Pompeo, current CIA Director is fully aware of these programs. This is obvious from the reorganization of the CIA's field agents, into remote monitoring of targets, which were exposed with the Vault 7 wikileaks files.

The recent Vault 7 files also include emails from the Stratfor Corporation, with employees joking about Microwave Torture – clearly they know what is going on.

The satellites that are being used were launched as part of President Reagan's Star Wars program, and are designed to track and hit ballistic missiles with a microwave beam that disables the missile's navigation system. If these satellite systems can track a missile at 10,000 miles per hour, they can easily track a person on the ground. Technical details of this illegal torture program are provided.

It is important that Mr Snowden and Mr Assange come forward with statements objecting to

these illegal programs. The criminals in the CIA and their supporting organizations can be charged with war crimes and crimes against humanity. The recent release of the Vault 7 files through wikileaks makes it clear that government contractors, such as the Stratfor company in Austin, Texas are also part of this criminal organization. The criminal activities of the CIA are a domestic threat to the U.S. Constitution - the CIA must be defunded and abolished. These government employees work under a sworn oath, defending the U.S. Constitution against all enemies, foreign and domestic - it is time to exercise that oath.

Appendix includes the presentation submitted to the Senate Hearing on "The State of Civil and Human Rights in the United States," December 9, 2014, by Dr. Daniel Lebowitz, M.D.

The CIA and FBI are "behind most, if not all terrorism." - Ted Gunderson, former FBI Chief

Introduction

Julian Assange's mother, Christine, recently told the press, "her son's health concerns include, all of the additional technology (in the embassy) that are emitting various electromagnetic waves." Christine's Twitter account was restricted (no sending, no receiving) in March 2019. Apparently the government criminals were afraid of her opinions...

The following 5 diagrams explain much of the details of the Targeted Individual program:



Figure 1. Overview



Cup your hand over one ear, while in a quiet room.

Hold it for 60 seconds. You will hear the microwave "pops" coming from cell towers – directed at your head.



Figure 2. How the USAF Tracks Everyone. You can hear the microwave "pops," if you cup your hand over your ear, and hold it for 60 seconds.



Figure 3. The Deep State Database, the Terrorist Watchlist, is primarily a list of Targeted Individuals.

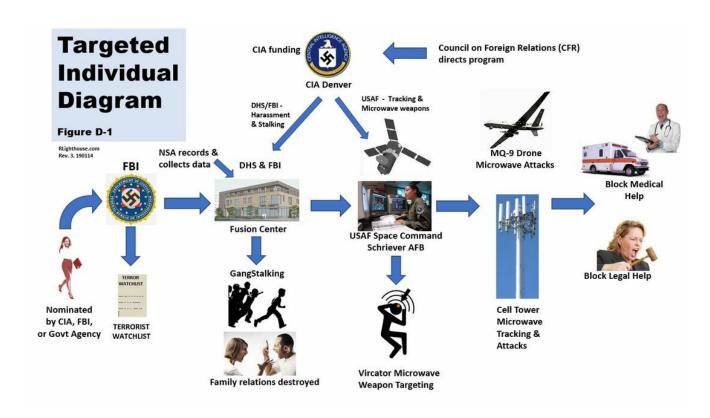


Figure 4. Diagram of a Targeted Individual.



Figure 5. You can feel the microwave pulses on the top-back part of your head. Or use your entire forearm covering this part of your head, and you will feel the pulses.

Shortly after President Trump was elected, on 18 January 2017, the following appeared in Pravda, which is the official government newspaper in Russia:

http://www.pravdareport.com/opinion/columnists/18-01-2017/136653-open letter trump-0

"And, information that seems much stranger than fiction is covered in books and videos such as "Targeted Individuals" by Richard Lighthouse. This book describes modern-day sophisticated attacks against individuals which experts say can cause heart failure and other fatal or debilitating results. Lighthouse bases his book on information and testimony from such investigators as Dr. Barrie Trower, retired British military scientist, author Dr. John Hall M.D., and Oxford-educated scientist, Dr. Katherine Horton, among others. NSA whistleblowers William Binney and Kirk Weibe recently announced their support for "Targeted Individuals." In other words, there are more ways to hurt or kill a President or political leader than by a bullet."

It is clear that the Russians and other intelligence agencies are aware of the CIA's criminal activity, but do not know how to defend themselves. Putin released approx 18 Generals from the military, in my opinion, because he believed they had become susceptible to the CIA's subliminal messaging program.

This targeting of individuals is happening all over the world. In spite of some reports that this is part of an "experiment" - this is the lie and cover story that is used with the U.S. military and Pentagon officials. The targeting is not simply random – it is also used against many people opposed to government policies and agendas, which are promulgated by the Deep State and the Shadow government. These entities are funded and backed by the Council on Foreign Relations (CFR). See my ebook about the hidden assets of the Rockefeller's and Rothschild's.[7]

The Washington Post ran this story in 2007 (before it was acquired by Amazon's Jeff Bezos as a favor to the CIA):

By Sharon Weinberger Sunday, January 14, 2007

IF HARLAN GIRARD IS CRAZY, HE DOESN'T ACT THE PART. He is standing just where he said he would be, below the Philadelphia train station's World War II memorial -- a soaring statue of a winged angel embracing a fallen combatant, as if lifting him to heaven. Girard is wearing pressed khaki pants, expensive-looking leather loafers and a crisp blue button-down. He looks like a local businessman dressed for a casual Friday.

http://www.washingtonpost.com/wp-dyn/content/article/2007/01/10/AR2007011001399.html

Harlan Girard is a Targeted Individual and has spent more than 25 years fighting the government criminals. He may be the first documented case of a Targeted Individual.

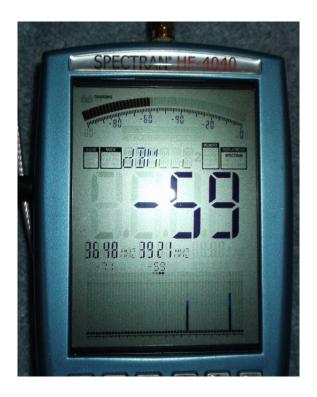


Figure 7. Signal Analyzer - Typical Spectran HF-4040 reading taken in summer 2016. 3648 MHz at -71dbm and 3921 MHz at -59 dbm. There are very few users in this frequency range – so it is easy to identify. 3648 MHz is used for tracking and 3921 MHz is used for the harm frequency and as a carrier wave for subliminal messaging. The FCC table confirms that these frequencies have been reserved for satellite to ground signals. Anyone with a good signal analyzer can measure these frequencies, and use a voltmeter or multimeter to measure the voltage which typically varies between 1 to 10 millivolts. The voltage measured with this Figure was around 0.9 to 1.1 millivolts. Using this voltage and the -59 dbM reading, it may be possible to estimate how much energy the satellite is using to generate the microwave "bullets."

Ed Snowden and Julian Asssange can verify these signals, so they will know what is happening.

A signal generator might be used to jam these frequencies. By using a sweep signal that ranges between 3600 MHz to 4000 MHz, it is possible to jam the tracking frequency and the harm & messaging frequency. One piece of equipment that is an example is the Agilent E8257D. The data sheet for this signal generator states that it has a maximum sweep rate of 400 MHz per millisecond. That means that the entire range between 3600 to 4000 MHz can be swept 1000 times each second – which makes for very effective signal jamming.

Equipment is available that is less expensive than this model, and it is also possible to rent the equipment. By jamming the tracking frequency, they won't be able to follow you and that prevents the harm signal from ever reaching the target. I recommend saving the firmware for the equipment in a separate file, because the government criminals will try to disable it. By re-writing the firmware, it can undo the changes the criminals will try to make. Also save the

firmware on a read-only device.

Another method which is possible, is using acoustic cancellation to block the signal. This is a technique that is used for canceling audio noise in headphones. Basically, it takes the input signal and reverses the waveform, so that it cancels the input signal or significantly reduces it.

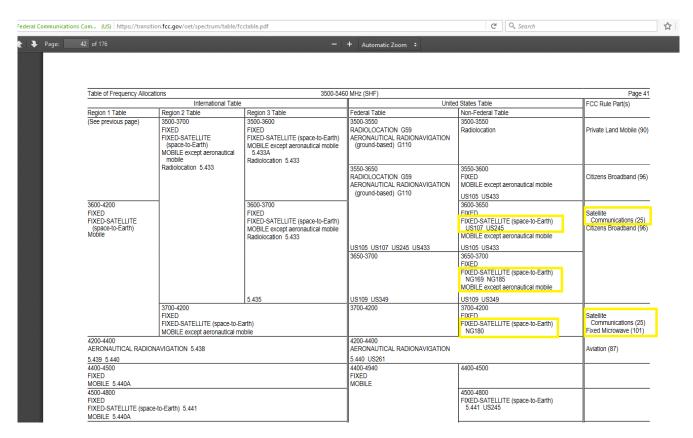


Figure 8. FCC frequency assignments, yellow highlights for the targeting frequencies. Only the Clowns, Idiots, and Assholes (CIA) would establish a written program that identified the frequencies they were using, and then use a Psyop program to deny it. The CIA is the laughing stock of the intelligence world. How can the CIA managers of this program remain employed?

transition.fcc.gov/oet/spectrum/table/fcctable.pdf

The FBI has previously tried to provide disinformation on these frequencies by releasing information suggesting that Extremely Low Frequencies (ELF) are behind the subliminal messaging. This was done with the Aaron Alexis murders, by carving "ELF weapon" into the gun. He had no technical knowledge to suggest this was the correct frequency. Anyone with an advanced degree in physics or engineering can readily explain that an ELF frequency of 1 to 30 Hz, cannot carry a voice signal of 500 to 1000 Hz. It is literally impossible. Only the Clowns, Idiots, and Assholes would use a Psyop explanation that violated the laws of physics.



A close-up photograph of the etchings on the left side of Alexis' shotgun receiver. Photo and caption released by the FBI

Figure 9. According to the FBI, Aaron Alexis etched "My ELF Weapon" on the side of this gun. Aaron complained of microwave harassment. Aaron had no technical training on frequencies or the physics of ELF waves. The only rational explanation is - this weapon was marked by FBI agents. Fabrication and alteration of evidence is a felony crime. The FBI agents did this to provide disinformation on what is causing the microwave voices. The actual frequency that is used, is a carrier wave of approx. 3921 MHz, and it is broadcast from a satellite. ELF waves of 1 to 30 Hz cannot carry a voice signal of 500 to 1000 Hz. It is literally impossible.

Dr Paul Batcho, PhD

http://www.biggerthansnowden.com/batcho.html

Note that the frequencies described here by Dr Batcho can "ride" on the carrier wave at 3921 MHz – this allows the same satellites to carry many different frequencies without changing the hardware. Jamming the carrier wave signal will simultaneously jam these frequencies as well.

"I am a Ph.D. from Princeton University and a former scientist from Los Alamos National Laboratory in New Mexico where I worked within nuclear weapon research teams. I held a Q clearance (top secret equivalent of DoD). I have also worked on DARPA research projects as a senior scientist.

There is a technology transmitting RF signals and communications at the human brain resonant frequency bands, and it is targeting individuals and groups.

These transmissions will cause harmful health affects in the form of enhanced microwave radiation illness. It is imperative that these frequency bands be measured and verified by an official source. These frequency bands do not exist naturally, and there is a technology targeting individuals.

My basic research does indicate that such technology can exist and dates back to the V2K (P300) mind wave technology of the 1970s. This does appear to be a much more advanced version that allows open communication of human mind to mind bridges.

Please forward my email to the appropriate DoD security office and I would like the issue investigated. Human brains appear to transmit and receive at the RF bands around 450MHz and microwave transmissions can be highly damaging in turns of induced bio-effects. Please also forward my email to any CIA or US technology team that may be researching similar technologies. It is very clear to me that such technologies exist.

.....

The technology being used is clearly based on the methods outlined in the following patents based on microwave transmission directed at human brain frequencies. The active technology has been in use for approximately 3 1/2 years, roughly corresponding to the expiry of the 1992 and 1994 patents funded by DARPA,

<u>US Patent # 5,123,844. June 23rd, 1992</u> <u>US Patent # 5,289,438. February 22nd, 1992</u>

These systems stimulate the brain with RF frequencies and wave forms. This is not CDMA 450MHz-470MHz transmissions. There is unlawful use of the various lethal aspects of the technology. The technology is active and civilians are being targeted with harmful health effects. Please investigate the transmission of the various frequency signals in the 450 MHz range. The band from 437MHz to 478Mhz with peaks at roughly 6 MHz intervals appear to have sizable spectral energy components.

Please feel free to contact me. I would be happy the discuss it.

Thank you, Paul F. Batcho, Ph.D. St Petersburg, FL "

The CIA and FBI are "behind most, if not all terrorism." - Ted Gunderson, former FBI Chief

It has been reported by numerous Targeted Individuals that they were promised freedom from the 24 hour, microwave voices, if they would commit an act of violence. If you are a Targeted Individual, ignore everything you are told through this technology. Do not even respond to it. This advice is from Dr John Hall, who has interviewed hundreds of Targeted Individuals.

It has been estimated by one insider that 80% of the CIA and 50% of the FBI are controlled by the Deep State. Unfortunately, there is no reliable methods to confirm these numbers.

In 1995, President Bill Clinton answered a question about a campaign promise he failed to keep – to get to the bottom of the UFO mystery. His answer was, "There is a government within our government, and I do not control it."

John Podesta was President Clinton's Chief of Staff. He also worked in President Obama's administration and under Hillary Clinton when she ran for President. Many of his emails were released through wikileaks, including one which identifies the Shadow Government as operating under the Secretary of State (John Kerry) and having offices on the 7th subfloor of the Truman Building in Washington D.C. The Shadow Government is real and is openly discussed by the White House staff. In my opinion, these people report to the Council on Foreign Relations, where many of them are members, and which was headed for years by David Rockefeller. Rex Tillerson is the current Secretary of State. He was previously CEO of the ExxonMobil Corporation, which was founded by John Rockefeller.

Continuation of FD-302 of Interview of		On_08/19	2015. Page	4
but none were deemed a B(1) exemption. Mo-	st of the items wi	th CIA redac	ctions were en	nails from
Sidney BLUMENTHAL. One item was deem				
closed door meeting attended by the FBI's	and IPS'	a	mong others.	In that meeting,
KENNEDY asked to change the FBI	's B(1) upgrade o	classification	, but	did not change
the FBI's stance. On May 22, it was decided by				de of the one
FBI-related email and the IPS officials sent De				
letter informing him of the results.				
Commence Contracting Contraction Contraction Contraction				
There was a powerful group of very his	ah-ranking STAT	E officials f	hat some refe	rred to as "The
7th Floor Group" or "The Shadow Government				
the FOIA process, Congressional records, and	The state of the s			
inquiries. The known regular attendees includ				
John KERRY, Jennifer STOUT, Deputy Chief				
State for Management and Resources, KENNI				Legislative
Affairs,	Office of the L	CERL ADVISE		
Office of the Legal Adviser overseeing STATI	z s	——⊩		and
Name the solid lanear POTA managers		or partyoni	John J POTA	TOC
Normally, with larger FOIA requests, s				
would schedule a rolling release—that meant e				
approved material would be made public. How				
the release should be done all at once in Januar				
not have control of the release process of the 2				
Benghazi's request, they did have control for ti	he release proces	s for the app	roximately 30	0,000 emails, or
52,455 pages related to the CLINTON FOIA re	equest, and it was	s decided to	be a rolling re	elease.

Figure 10. From FBI.gov – the State Department houses the Shadow Government on the 7th subfloor of the Truman Building in Washington D.C. White House staff openly discuss the Shadow Government. The current Secretary of State is Rex Tillerson, who was previously the CEO of ExxonMobil Corporation. John Rockefeller was the founder of the Exxon Corporation, and the Rockefeller family holds a controlling interest in the company.

Software maker, Adobe, has a new product called VoCo. It is able to mimic any person's voice after providing the program with 20 minutes of a person's voice. Recently, a woman named Miriam Carey was arrested near the White House because she claimed she was hearing microwave voices of President Obama giving her instructions.

From the Adobe marketing website:

"Adobe Voco is an audio editing and generating prototype software by Adobe that enables novel editing and generation of audio. It has been popularly dubbed the Photoshop of voice. As input, the program takes approximately 20 minutes of the desired target's speech and after that it can generate sound-alike voice with even phonemes that were not present in the training material. The software obviously poses ethical concerns as it allows users to steal other people's voices and manipulate them to say anything desired."

http://www.bbc.com/news/technology-37899902

Recall that a woman named Miriam Carey was shot by police in Washington D.C. in October 2013. She claimed that President Obama was giving her instructions. Her boyfriend claimed she was hearing voices. Was this woman framed for violence as part of a criminal CIA program using the Adobe Voco software and sampling President Obama's voice? The technology for placing sound into an individual's head was demonstrated by Dr Nick Begich on a television show with Jesse Ventura – 16 December 2009. He was able to use certain frequencies to remotely place music into Mr Ventura's head that no one else could hear. Combine this with the Adobe Voco software and you have a criminal CIA program. Planting an outside voice into someone's head using microwaves is called the "Frey Effect" and it was discovered by Allan Frey in the 1960's.

The CIA and FBI are "behind most, if not all terrorism." - Ted Gunderson, former FBI Chief

How can we be certain the CIA is behind these criminal acts? Because under Presidential Executive Order 12333, only the CIA may act on foreign intelligence information, such as Julian Assange. He is not a U.S. Citizen, and he is not located in the U.S. Some FBI agents are involved, but the CIA runs the program.

The US Military is prohibited by law from targeting US citizens with PSYOPS within US borders under Executive Order S-1233, DOD Directive S-3321.1 and National Security Directive 130. Again, this further implicates the CIA and FBI.

Government agents may NOT classify information or materials in order to hide their criminal acts. This may have been done under a National Security Letter, in violation of a Presidential Executive Order. Order 13526, section 1.7 specifically states, "In no case shall information be classified...to conceal violations of law, inefficiency, or administrative error; or to prevent embarrassment to a person, organization, or agency." Over 300,000 NSL's (National Security Letters) have already been issued in the United States.

Previous Executive Orders covering national classified information:

Executive Order 10290 (September 24, 1951; Harry S. Truman)

Executive Order 10501 (November 5, 1953; Dwight D. Eisenhower)

Executive Order 11652 (March 8, 1972; Richard Nixon)

Executive Order 12065 (June 28, 1978; Jimmy Carter)

Executive Order 12356 (April 2, 1982; Ronald Reagan)

Executive Order 12958 (April 17, 1995; Bill Clinton)

Executive Order 13292 (March 21, 2003; George W. Bush)

Susan Lindauer, NSA whistleblowers William Binnery and Kirk Weibe announced their support for Targeted Individuals. Keep in mind, when the CIA or FBI target an individual, they also target their entire family and close friends using the same frequencies (at reduced intensity) to bombard the family members with subliminal messages. There are a number of government patents that document the capabilities of these subliminal messaging systems. See my ebook "34 Patents on Subliminal Mind Control." Basically, the targeting is designed to destroy the personal family relationships – in all cases the person is isolated and alienated by the changes in their family. The targeting of the family members starts, even before they begin the microwave torture of the individual. Again, the frequency that is being used for subliminal messaging is about 3921 to 3934 MHz, and the voltage is very low, less than 1 millivolt. The family members are not aware they are being targeted, unless they measure it with a voltmeter. A signal analyzer can be used to determine the frequency. The subliminal messaging usually requires months, until the negative messages "stick". They will even start subliminal messaging of the family members before the Targeted Individual, so the Target is called "crazy" when the microwave attack begins. (This information came from Dr John Hall, M.D. - see his excellent books on Satellite weapons and Targeted Individuals)

The organizational structure of the CIA has been changed. They are removing most field personnel from exposure in international countries. This makes no sense in the intelligence industry because human intelligence gathering has been thought to be a critical piece for any intelligence organization. However, they are using remote technologies - cyber weapons on computers and microwaves to target people on the ground. EEG heterodyning, which is an artificial form of telepathy is also used – more on this in an upcoming ebook. Some of the research for artificial telepathy was done at UC Irvine. The key to this is - All of this technology is done remotely. The technology is real and has been described to me in detail by two credible sources, and discussed in detail by hundreds of people in the notes of John Finch (search for "John Finch" Australia, Targeted Individual). The CIA would have no need for more agents in the field, just more satellites to target people. These methods are now being used by the CIA as an act of TREASON against our own government.

Dr Colin Ross, M.D. is a psychiatrist and the author of "The CIA Doctors." In this book, he describes the grisly and hideous research programs that many doctors did for the CIA. Dr Ross is a expert on Split Personality disorder, which is common for people that have been subjected to these experiments. The CIA has developed the capability to electroshock people without touching them. This is done remotely using microwaves. Split Personality Disorder is called Dissociative Identity Disorder in the DSM manual. The family members of Targeted Individuals will show signs of Split Personality Disorder, which proves they have been subjected to repeated microwave exposure (electroshocks) and subliminal messaging. As Dr Ross explains it, when new ideas or beliefs are forced into an individual's mind, the

personality reacts by separating the new ideas into an area that allows the individual to continue to hold their previous beliefs. The separation creates a secondary personality that is noticeable to family members and people that know them well.

Family members that have been targeted for subliminal messaging may develop a split personality. Some of the symptoms are:

- 1. Sleeping 12 to 15 hours each day (that is when the subliminal messaging is done, as well as the suggestion to sleep more)
- 2. Trigger words that make the person argue or become defensive. These words or phrases can make a person become hostile or defensive. Some examples of trigger words that have been "programmed" with subliminal messages:

CIA
Dr Steven Greer
Dr John Hall
Rockefeller
Rothschild
voltmeter
anything negative about the Clintons
anything watched on youtube

- 3. Arguing in a manner that is out of behavior for the person.
- 4. Beliefs and political views that are inconsistent with the person.
- 5. In general, the secondary personality is more hostile and aggressive than the primary personality.

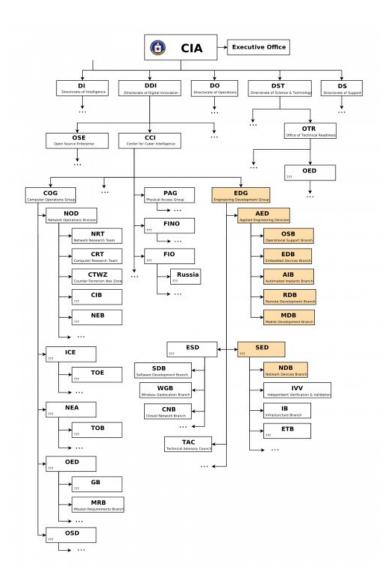


Figure 11. CIA organization chart developed from the Vault 7 wikileaks files. Most of the operations are now done remotely - Computer cyber weapons and microwaves from satellites. They have little need for agents in the field, with this technology. CIA Director Mike Pompeo knows about it. What he does not know – is that his direct reports take orders from the Council on Foreign Relations (CFR), not him.

They are using these technologies to target key government officials, including members of the Senate and Congress, the White House, and the Supreme Court. It is TREASON, pure and simple. The lie that is told to the Pentagon and the military is – this is a technology experiment. The lie is different at every level. The technology is being used to control people and alter their decisions, including the President.

Did you notice the vast change in President Trump's policies that started happening in April 2017? That was 5 months after he was elected. We can deduce that it took 5 months of targeted subliminal messages to get him to adopt some of the policies of the Deep State. It is not simply an experiment. The same thing was done to President Obama. Based on Obama's deep socialist background, there is no rational basis for him to promote and

champion the Trans-Pacific Partnership (TPP) – which was a massive corporate giveaway, benefiting the Rockefellers and Rothschilds. Never in Obama's books or writing has he proposed giving corporate control over state governments. It just doesn't make sense.

The protection from this subconscious assault is simple – because it starts with attacking the subconscious mind. A simple repeated statement at bedtime is particularly effective -"I will only react to constructive suggestions." This programs your subconscious mind to filter and block negative messages.

So how does the technology work? How are they able to find someone to target specific points on their body. It does not require a microchip implant, which was used many years ago to track and target people (just like pets with chip implants).

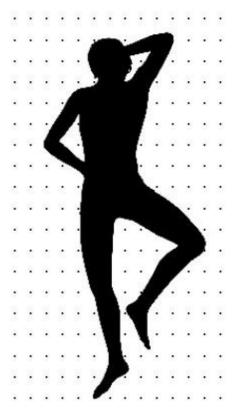


Figure 12. Microwave Targeting. A grid pattern of microwave shots or "bullets" is used and the reflected signal tells them exactly where you are and how you are positioned. Your body is mostly water – and this has a unique reflected signal. Your brain will emit a unique frequency that identifies you among a crowd of people that are being hit with microwaves. This grid scan can be done in a matter of seconds using the satellite, and is particularly easy if the target is still or sleeping. It even works thru many stories in an apartment building – because the reflected signal is very unique when it hits a person. If a mylar sheet is placed above the person, you can actually hear the microwave shots hitting the mylar sheet. (a microphone recording can be made of these microwave "bullets" with the sound amplified.) The satellite's tracking signal can shoot more than 1 million times each second – and the frequency is about 3600 to 3700 MHz. They can track many people at the same time with one satellite. No RF tracking chip implant is needed.

The National Reconnaissance Office (NRO) and the National Geospatial - Intelligence Agency (NGA) are two of the classified agencies that design and build satellites for tracking and locating anything on the ground. These government criminals know exactly what their designs are being used for – and they should be prosecuted for war crimes.

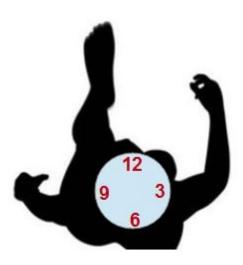


Figure 13. How does it track someone walking around? (This technology is described in general terms here, as the specific capabilities and limits of the tracking are not known) Your skull bone makes an excellent reflector of a microwave beam. Here is one method: The reflected signal can be tracked by using a pattern of the top of your head. The tracking signal frequency at 3640 MHz, bounces a signal off the person's head in 4 or more locations – we will use 12, 3, 6, and 9 as an example. This tracking signal is shot many times each second, so when the person moves, the motion is detected by an absent reflection and the aim is adjusted accordingly. For example, if the person suddenly moves right, then the 9 o'clock position will suddenly reflect a different signal – and the satellite is programmed to move to the right until it recovers all 4 of the signals. The harm signal is always aimed at the center of the last 4 coordinates – so it always stays centered. As a harm signal, the voltage on the head varies from about 1 millivolt to 10 millivolts, with 10 being extremely painful.



Figure 14. Analog multimeter available for under \$10. Attach the ends to a strip of aluminum foil and it will detect voltages in the range of 0.5 to 10 millivolts. (the wire is called a banana plug to alligator clip) There should not be continuous voltage readings like this anywhere on your body, for any reason. A signal analyzer can identify the frequency that is being used. Some signal analyzers are available at aaronia.com (I do not work for, or endorse their products. These devices can be purchased from many different manufacturers.)

A simple analog voltmeter connected to a strip of aluminum foil is all that is needed to detect the voltage of the 3920 MHz frequency, or the 3640MHz tracking frequency – it is typically done at night when the target is sleeping. The voltage for Targeted Individuals will range from 1 millivolt to 10 millivolts, and the voltage for subliminal messaging will be about 0.5 to 1 millivolt, to avoid detection. Again, there is no other reason for these voltages to continuously appear on your body.

I was informed that persons located far north or south, i.e. closer to the poles, are not tracked with the same precision. This is due to the greater distance and angle for the satellite and the atmospheric disturbances. The best isolation from the microwaves is 100 feet (30 meters) or more of concrete or packed dirt, which will effectively block the signal. Underground caves and the subfloors under tall buildings are excellent shields. In the future, I will provide details of electronic shielding that can be constructed using an electric fence charger or large battery charger. Layers are the key for absorbing the microwaves and grounding them electrically. The signals are low voltage, less than 10 millivolts, which make them susceptible to high voltage grounding.

One of the limits of the technology – I am told that if rapid lane changes are made while in a car, the satellite has trouble keeping track. It takes several seconds to recover. Remember that it was designed to track a ballistic missile that does not make rapid movements sideways.

If you are targeted, Dr John Hall recommends using binaural beats or isochronic tones at 7.83 Hz to alleviate some symptoms. The government criminals are using specific tones that are

known to be associated with depression, such as approx. 5 to 6 Hz. These are generally used while sleeping. Isochronic tones are best used in a device that cannot be hacked by the criminals. Anything with a battery or a DC current is easy for the criminals to hack. Old CD players that run on a wall plug are good. I will again emphasize, the best subliminal protection, is to repeat the statement: "I will only react to constructive suggestions." When repeated at bedtime, it is particularly effective.



Figure 15. Prime Minister Benjamin Netanyahu of Israel, recorded at Fink's Bar in Jerusalem, 1990. "America is a golden calf and we will suck it dry, chop it up, and sell it off piece by piece until there is nothing left but the world's biggest welfare state that we will create and control. Why? Because it is the will of God and America is big enough to take the hit so we can do it again and again and again. This is what we do to countries that we hate. We destroy them very slowly and make them suffer for refusing to be our slaves." Courtesy of the Defense Intelligence Agency (DIA). Also recall the 1967 bombing of the USS Liberty ship by Israeli aircraft. It was quite deliberate, and was done so they could blame the Palestinians – another false flag operation.

Former Italian prime minister claims 9/11 was planned and carried out by Mossad

http://proliberty.com/observer/20071209.htm

30 November 2007 - Italian newspaper *Corriere della Sera* reported that former Prime Minister Francesco Cossiga, stated that 9/11 was planned and executed by Mossad and the CIA and the international intelligence community knows it.

"Former Italian President Francesco Cossiga, who revealed the existence of Operation Gladio, has told Italy's oldest and most widely read newspaper that the 9-11 terrorist attacks were run by the CIA and Mossad, and that this was common knowledge among global intelligence agencies. In what translates awkwardly into English, Cossiga told the newspaper *Corriere della Sera*:"

"All the [intelligence services] of America and Europe...know well that the disastrous attack has been planned and realized from the Mossad, with the aid of the Zionist world in order to put under accusation the Arabic

countries and in order to induce the western powers to take part ... in Iraq [and] Afghanistan."

The Rockefellers and Rothschilds are the hidden owners of the Federal Reserve Bank in New York City. There are a number of private companies that own the shares of the Federal Reserve Bank in New York. The Federal Reserve is not owned or controlled by the U.S. government. It is not Federal and there are no Reserves. The money is transferred to private companies in Europe. This is one reason why Senator Rand Paul and Dr Ron Paul want to audit the Fed. This is the source of money for funding the grisly operations & false flags of the CIA. See the report written in 1976 by the Congressional Banking Committee: "Federal Reserve Directors

Other Payment Methods of the FBI

Contractors, spies, and gangstalkers can be paid thru the FBI informant process:

https://theintercept.com/2017/01/31/how-the-fbi-conceals-its-payments-to-confidential-sources/

How the FBI Conceals Its Payments to Confidential Sources. A classified policy guide creates opportunities for agents to disguise payments as reimbursements.

Stratfor Corporation

The Stratfor Corporation is headquartered in Austin, Texas. They were the subject of investigative journalism by Barrett Brown. Many of the employees are former CIA and FBI agents.

From wikileaks.org

"On Monday February 27th, 2012, WikiLeaks began publishing The Global Intelligence Files, over five million e-mails from the Texas headquartered "global intelligence" company Stratfor. The e-mails date between July 2004 and late December 2011. They reveal the inner workings of a company that fronts as an intelligence publisher, but provides confidential intelligence services to large corporations, such as Bhopal's Dow Chemical Co., Lockheed Martin, Northrop Grumman, Raytheon and government agencies, including the US Department of Homeland Security, the US Marines and the US Defence Intelligence Agency. The emails show Stratfor's web of informers, pay-off structure, payment laundering techniques and psychological methods."

The wikileaks Vault 7 files have emails of their employees joking about microwave torture. This is how disturbed these employees have become from working in a system that is so corrupted. See Appendix 2 for the emails joking about microwave torture – some of the discussion comes from officers of the company.

According to corporationwiki.com, these are some of the officers of companies associated

with the Stratfor Company in Austin, Texas:

A. Bryce Miller
Kirk Rudy
Andrew Pastor
Jeff Newberg
David L. Roche
Shea Morenz
Christine Robertson Morenz
George Friedman
Meredith Friedman
Don R. Kuykendall
Kerry Cammack
Colin Chapman
David Marshall

Drones

I have not attempted to cover the drone weapons here, which are just as harmful as the satellite systems. Note that the U.S. Army recently ordered 30,000 drones. Think about that for a minute. Where can you possibly fly 30,000 drones in a war zone? It doesn't make sense. Even if they were used in Afghanistan and Iraq – that many drones would run into each other in the air space. Then you will realize these drones will be used to target civilians all over the world with microwaves.

One of my sources told me a story last year, about a drone aircraft that looked like a miniature fighter jet, following her down the freeway at 65 mph, and hitting her with microwaves. These drones are real and much less expensive than satellites.

<u>Update 30 July 2017</u>

While working on revisions for this ebook, a Houston Police Sergeant, Gwendolyn Manuel, on Linkedin has requested to connect with me. This is unusual. I cannot recall ever having a Police Officer initiate contact with me on Linkedin or email.

Also reference BiggerThanSnowden.com

This website documents organized gangstalking and harassment thru the FBI and local police departments. There are 7 scientists PhD's/professors, 8 former government intelligence agents, and 4 Medical Doctors that all state this is occurring, including:

William Binney, NSA Veteran, Technical Director John DeCamp, U.S. Army Capt. (Ret)., Army Intelligence Officer; Lawyer; Senator Dr. Collin Ross, M.D., Psychiatrist Dr. Corkin Cherubini, Educator; Superintendent; Author Cheryl Welsh, J.D., Investigative Journalist; Lawyer (MindJustice.org)

Mark Phillips, CIA agent

Carl Clark, CIA agent & MI5 Operative

Karen Stewart, NSA agent

David Voigts, Naval Academy Graduate, Former Officer

Dr. John Hall, M.D., San Antonio, Texas

Renee Pittman, Human Rights Advocate, Author

Dr. Doug Rokke, Maj. (Ret.), PhD, Retired US Army Officer, PhD in Physics

Dr. Daniel Lebowitz, M.D., Former FFCHS Board Member, Practicing Physician

Dr. Paul Batcho, PhD, Whistleblower, Former DARPA Scientist

Dr. Nicholas Begich, Researcher, Author

Dr. Terence Robertson, M.D., Activist, Practicing Physician

Dr. Barrie Trower, Physicist, Royal Navy Veteran, Expert on microwave weapons

Jesse Beltran, Paramedic (Ret.); President of ICAACT

William J. Taylor, Marine Corps Veteran; Private Investigator

Mary Gregory, Author; U.S. Customs Officer

Dr. Kathryn Horton, scientist, Oxford University

Kirk Weibe, NSA agent

Dr. Terry Robertson, M.D.

Again, numerous former government intelligence agents from the CIA and NSA are confirming that these illegal gangstalking programs exist. It is a violation of US Constitutional rights and the government agents can be sued under Tort Statutes

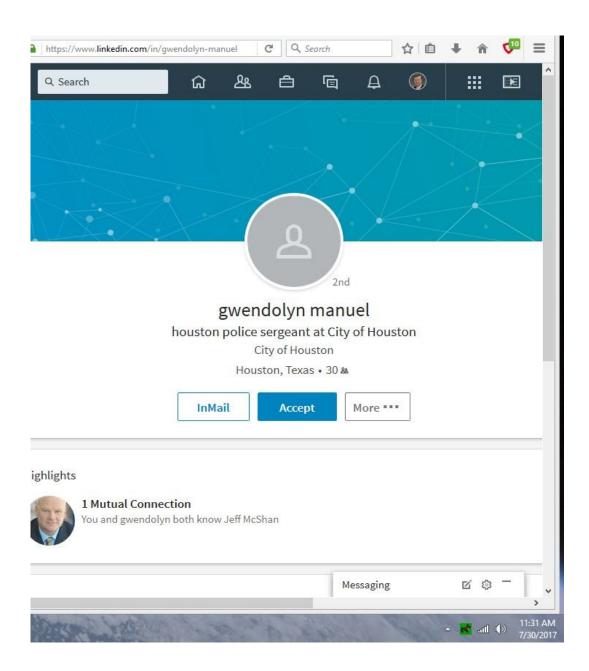


Figure 16. Gwendolyn Manuel

Conclusions

This short ebook has described some of the war crimes and Treason being committed by the CIA. Enough is enough. The CIA should be abolished by terminating all of its funding, and the employees should be banned from working with our government permanently. President Kennedy was correct – the CIA should be splintered into a thousand pieces and scattered to the winds.

It is a reasonable guess that other prominent Whistleblowers have been targeted for microwave torture. In my opinion, this list might include, Jesselyn Radack, William Binney, Kirk Weibe, John Kiriakou, Colleen Rowley, Bob Levin, Peter Forcelli, Dennis Montgomery, and others.

It is also a reasonable guess that many senior advisers to Putin, and even Putin himself, are targeted with these microwaves. They can hide in underground facilities, though, which would block most of the frequencies. And I continue to assert that Putin's recent firing of numerous senior military generals was done because they may have been compromised by the CIA's subliminal messaging program.

A simple analog voltmeter connected to a strip of aluminum foil is all that is needed to detect the voltage of the 3920 MHz frequency, or the 3640MHz tracking frequency – it is typically done at night when the target is sleeping. The voltage for Targeted Individuals will range from 1 millivolt to 10 millivolts, and the voltage for subliminal messaging will be about 0.5 to 1 millivolt, to avoid detection. Again, there is no other reason for these voltages to continuously appear on your body.

If you are a member of the global elite, or the Council on Foreign Relations - do you really think the Rockefellers will share their power and control with you, if they ever obtain it? How naive are you?

If you are working for the CIA, FBI, or NSA – do you really think the Rockefellers will take care of you, if they obtain their goals? Who is the greater fool?

This document is a living document. The author reserves the right to make corrections and changes.

References

- 1. Richard Lighthouse, "More Hacking from the Nazi Stasi Academy (NSA)", 2017, smashwords.com and Rlighthouse.com; ISBN: 9781370749720.
- 2. Richard Lighthouse, "NSA & CIA Blocking Distribution of Ebooks," 2017, smashwords.com and Rlighthouse.com; ISBN: 9781370874576.
- 3. Richard Lighthouse, "Installing & Running Detekt: My Experience," 2017, smashwords.com and RLighthouse.com; ISBN: 9781370440542.
- 4. Richard Lighthouse, "Cell Phone Hacking & the Nazi Stasi Academy" 2016, smashwords.com and RLighthouse.com; ISBN: 9781370681594.
- 5. Dr Judy Wood, "Where Did the Towers Go?," The New Investigation; 2010. DrJudyWood.com

- 6. Richard Lighthouse, "Targeted Individuals" 2016, smashwords.com and Rlighthouse.com;
- 7. Richard Lighthouse, "Rockefeller & Rothschild Dirty Money on the London Stock Exchange" 2016, smashwords.com and Rlighthouse.com;
- 8. Richard Lighthouse, "34 Patents on Subliminal Mind Control" 2017, smashwords.com and Rlighthouse.com;
- 9. Dr Colin Ross, *The Great Psychiatry Scam: One Shrink's Personal Journey* (2008).
- 10. Dr Colin Ross, "The C.I.A. Doctors: Human Rights Violations by American Psychiatrists (2006).
- 11. Dr Colin Ross, Military Mind Control: A Story of Trauma and Recovery (2009).

Acknowledgments: The author gratefully acknowledges Seth, Jane Roberts, and Rob Butts for their significant contributions.

About: The author holds a Master of Science (M.Sc.) degree in Mechanical Engineering from Stanford University and has previously worked for NASA.

Contact:

RLighthouse-at—protonmail dot com

Funding:

This research was generously supported with a grant from the Foundation Opposed to Academic Puffery (FOAP).

APPENDIX

I am a proud government whistleblower – see my ebooks about the criminal acts of the CIA, NSA, and FBI. Readers are advised that the NSA may be blocking or restricting access to some of my ebooks, especially outside the United States. Readers are further advised that digital tracking tags may have been placed in my ebooks. It may be best to download from Apple iBooks, if possible. Note how slowly the jpg's load into the ebook when viewing. The content of some ebooks may have been altered – still trying to monitor this. If you have tried to contact me, it is possible that emails and phone calls are being blocked.

Readers are advised to review the website drjudywood.com which provides compelling evidence about 9-11. http://drjudywood.com/articles/DEW/StarWarsBeam4.html Note Figure 63. Dr Wood spent many years researching this and filed suit against the US Government, along with Dr Morgan Reynolds. Jet fuel does not burn through concrete and steel. The cookie-cutter holes were made by a high-powered laser that rapidly ages material and turned the concrete and steel into dust in seconds. Note Figure 38(a) here: http://drjudywood.com/articles/DEW/StarWarsBeam3.htmlWatch the steel beam turn into

dust while standing vertically. This laser operates at a harmonic of the blinking frequency - which causes rapid aging. Readers are also advised to see the movie "Sirius" by Dr Steven Greer, M.D. It is available for free on Netflix, where it is the #1 documentary, and to watch the youtube videos by the Honorable Paul Hellyer, former Canadian Minister of Defense. He has a book titled, "The Money Mafia."

Also, find my brief educational videos on youtube (Some have been blocked from the search engines).

For more than 6 years, this author has been stalked, harassed, and threatened by US Government agents from the CIA, FBI, and NSA - because of the content of these ebooks. My home has been broken into, repeatedly. In May 2014, my girlfriend was drugged and kidnapped from LaGuardia airport. This is not a joke. My computer, phone, and alarm system have been hacked, including those of my friends and family. It is truly sad and pathetic, these agencies have become criminal organizations. If something happens to me (disappearance, false criminal charges, sudden accident, etc. - my readers can be certain that the FBI and CIA were involved. See my related ebooks identifying the murders of Gary Webb, Michael Hastings, Phil Schneider, William Colby, Dr Eugene Mallove, Stan Meyers, and others. In my opinion, the Council on Foreign Relations (CFR) is behind these criminal acts, as well as some members of the Rockefeller and Rothschild families; David Rockefeller was the CEO and Chairman of the CFR for many years.

Here is my suggestion to all government agents, foreign and domestic, that are opposed to the Deep State: The CIA is obsessed with identifying anyone that is sending my ebooks and information to foreign locations. I have found "transparent objects" that have been placed in my ebooks, without my knowledge, and internet codes placed within the jpg's. If you are aware of an agent that works for the Deep State, simply set them up. Make it appear that they are sending information to a research group investigating time travel, parallel universes, etc. The Deep State will target their own people.

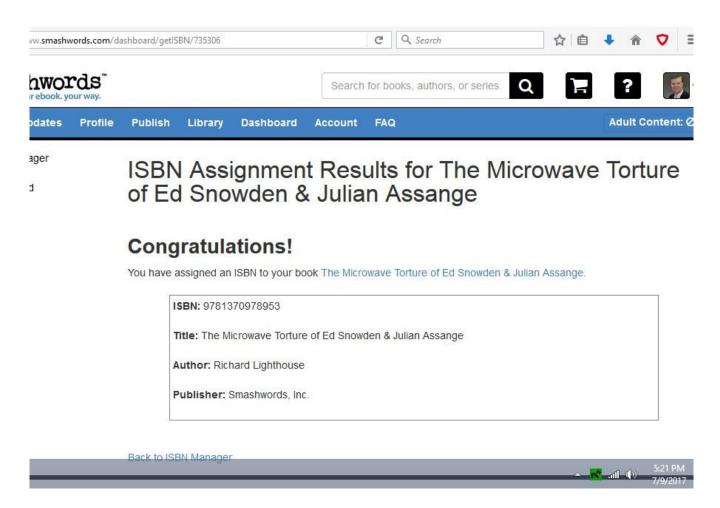


Figure 17. ISBN for this ebook.

Appendix 2.

Stratfor Emails

According to wikileaks "On Monday February 27th, 2012, WikiLeaks began publishing *The Global Intelligence Files*, over five million e-mails from the Texas headquartered "global intelligence" company Stratfor. The e-mails date between July 2004 and late December 2011. They reveal the inner workings of a company that fronts as an intelligence publisher, but provides confidential intelligence services to large corporations, such as Bhopal's Dow Chemical Co., Lockheed Martin, Northrop Grumman, Raytheon and government agencies, including the US Department of Homeland Security, the US Marines and the US Defence Intelligence Agency. The emails show Stratfor's web of informers, pay-off structure, payment laundering techniques and psychological methods."

This is one sample of emails where employees are joking about microwave torture.

https://wikileaks.org/gifiles/docs/21/2162_re-microwave-is-working-again-.html

RE: microwave is working again

Released on 2013-11-15 00:00 GMT

Email-ID

2162

Date

2006-04-12 00:36:54

From

lsimpson@stratfor.com

To

Stratforaustin@stratfor.com, mfriedman@stratfor.com, witters@stratfor.com, gibbons@stratfor.com, gfriedman@stratfor.com, burton@stratfor.com, kuykendall@stratfor.com, parks@stratfor.com, blackburn@stratfor.com

RE: microwave is working again

Ok... As the official keeper of the peeps over the past year, I feel I need to make a statement.

Just because these peeps were brought into this office illegally does not mean that they should be ridiculed and subjected to microwave torture. They are good peeps that quietly assume the roles of office decorations that noone else in the office is willing to do. They have been here a year. This is their home. They deserve.. No.. They have the RIGHT to be here just like the rest of us, and to be offered the same benefits and asylum that we all receive on this side of the office walls.

In fact George, I believe that you should give them jobs!

That is all,

Lee Simpson
Strategic Forecasting, Inc.
Quality Assurance Manager
T: 512-744-4307
F: 512-744-4334
lsimpson@stratfor.com
www.stratfor.com
=20

----Original Message----

From: Don Kuykendall [mailto:kuykendall@stratfor.com]=20

Sent: Tuesday, April 11, 2006 5:27 PM

To: Mike Parks; 'John Gibbons'; 'Robin Blackburn'; George Friedman;

mfriedman@stratfor.com; Fred Burton; Donna Witters;

Stratforaustin@stratfor.com

Subject: Re: microwave is working again

Obviously, I need to return to the office SOON. Sent via BlackBerry from Cingular Wireless

----Original Message----

From: "Mike Parks" <parks@stratfor.com>

Date: Tue, 11 Apr 2006 18:15:46=20

To:"John Gibbons" <gibbons@stratfor.com>, "'Robin Blackburn'"

<blackburn@stratfor.com>, "'George Friedman'"

<gfriedman@stratfor.com>, <mfriedman@stratfor.com>, ""Fred Burton""

<burton@stratfor.com>, "'Donna Witters'" <witters@stratfor.com>,

<Stratforaustin@stratfor.com>

Subject: RE: microwave is working again

(Whispering) I see dead peeps...

----Original Message----

From: John Gibbons [mailto:gibbons@stratfor.com]=20

Sent: Tuesday, April 11, 2006 6:06 PM

To: 'Robin Blackburn'; 'George Friedman'; mfriedman@stratfor.com; 'Fred

Burton'; 'Donna Witters'; Stratforaustin@stratfor.com

Subject: RE: microwave is working again

Ahh. I miss these long mindless rants. I recall them occurring much more frequently in the past. It is nice to see the creativity flowing freely again. Spring!=20

John Gibbons
Strategic Forecasting, Inc.
Customer Service Manager
T: 512-744-4305
F: 512-744-4334
gibbons@stratfor.com
www.stratfor.com
=20

----Original Message----

From: Robin Blackburn [mailto:blackburn@stratfor.com]=20

Sent: Tuesday, April 11, 2006 4:57 PM

To: 'George Friedman'; mfriedman@stratfor.com; 'Fred Burton'; 'Donna

Witters'; Stratforaustin@stratfor.com Subject: RE: microwave is working again

And the Peep, never flitting, still is sitting, still is sitting On the pallid bust of Pallas just above my chamber door; And his eyes have all the seeming of a demon's that is dreaming, And the lamp-light o'er him streaming throws his shadow on the floor; And my soul from out that shadow that lies floating on the floor Shall be lifted - nevermore!

-- Edgar Allan Peep

----Original Message----

From: George Friedman [mailto:gfriedman@stratfor.com]

Sent: Tuesday, April 11, 2006 4:52 PM

To: mfriedman@stratfor.com; 'Fred Burton'; 'Donna Witters';

Stratforaustin@stratfor.com

Subject: RE: microwave is working again

Last night I saw upon the stairs a little peep who wasn't there.=20

----Original Message----

```
From: Meredith Friedman [mailto:mfriedman@stratfor.com]=20
Sent: Tuesday, April 11, 2006 4:50 PM
To: Fred Burton; 'George Friedman'; 'Donna Witters';
Stratforaustin@stratfor.com
Subject: Re: microwave is working again
Found a peep who is not really a peep appears to be a double peep.
Sent via BlackBerry from Cingular Wireless
----Original Message----
From: "Fred Burton" <burton@stratfor.com>
Date: Tue, 11 Apr 2006 16:44:04=20
To:"'George Friedman'" <gfriedman@stratfor.com>, "'Donna Witters'"
<witters@stratfor.com>, <Stratforaustin@stratfor.com>
Subject: RE: microwave is working again
Investigation underway.=A0=20
=A0=20
I am standing on a peep neck=A0and will feed one to my Ridgeback tonight.=
=A0=20
=A0=20
=20
From: George Friedman [mailto:gfriedman@stratfor.com]
Sent: Tuesday, April 11, 2006 4:41 PM
To: 'Fred Burton'; 'Donna Witters'; Stratforaustin@stratfor.com
Subject: RE: microwave is working again
=20
=20
Check the Peeps. One of them may be a plant.
=20
=20
From: Fred Burton [mailto:burton@stratfor.com]
Sent: Tuesday, April 11, 2006 4:41 PM
To: 'Donna Witters'; Stratforaustin@stratfor.com
Subject: RE: microwave is working again
=20
Any suspected peep sympathizers or underground efforts to insert peeps
amongst us will come under intense security scrutiny.=A0=20
=20
=20
From: Donna Witters [mailto:witters@stratfor.com]
```

Sent: Tuesday, April 11, 2006 4:38 PM

```
Subject: RE: microwave is working again
=20
=20
let this be a lesson to today's peepnappers.=A0 the microwave has been
restored to be used for its proper purpose, which does not include any form
of peep abuse.=A0=A0next time anyone considers absconding with=A0any of the=
pastel
refugees located within=A0the borders of the peep protection zone, it could=
much, much worse.=20
=A0=20
=A0=20
=20
From: Jeremy Edwards [mailto:edwards@stratfor.com]
Sent: Tuesday, April 11, 2006 4:23 PM
To: 'Leticia Gonzalez'; Stratforaustin@stratfor.com
Subject: RE: microwave is working again
=20
=20
=20
A black day for the peeps of the world. But very sunshiny indeed for
everyone who needs to heat their lunch up.
=20
=A0
=20
=20
Jeremy Edwards
=20
Strategic Forecasting, Inc.
=20
Writer/Copyeditor
=20
T: 512-744-4321
=20
F: 512-744-4434
=20
edwards@stratfor.com
www.stratfor.com: <a href="http://www.stratfor.com">http://www.stratfor.com</a> = A0
=20
=A0
=20
=A0
```

To: Stratforaustin@stratfor.com

APPENDIX 3

Presentation submitted to the Senate Hearing on "The State of Civil and Human Rights in the United States"

Tuesday December 9, 2014.

My name is Dr. Daniel Lebowitz. I'm a medical doctor. Over the past two years, I have worked with a Human Rights organization called Freedom From Covert Harassment and Surveillance, or FFCHS. People in this organization state that they are being targeted by an illegal and unethical government program that represents a modern version of COINTELPRO and MK-ULTRA combined. These victims call themselves targeted individuals, or T.I.'s.

I have worked with the leadership of FFCHS, and I have worked with the medical committee as well as with the Board of directors. As a result, I have communicated with hundreds of self-described targeted individuals.

Additionally, I have worked with two other activist physicians on behalf of targeted individuals: Dr. John Hall and Dr. Terry Robertson. I have also worked with Dr. Robert Duncan, a scientist turned whistleblower, who states that he has worked on some of the very weapons systems that are used in the remote electronic harassment that many targeted individuals say they experience.

My presentation today is entitled:

Targeted Individuals: Covert Repression in the 21st Century

OVERVIEW

To understand the Targeted Individual phenomenon, you need to understand several things about it. You need to understand the societal and political and human rights trends which allow it to occur. You need to understand what the program is. You need to understand what the goals and the purpose of the program are. You need to understand who gets targeted. You need to understand where the program came from, in other words, compare it to counterintelligence programs and unethical human experimentation of the past. And you need to understand the implications of the program, and what it means for the future. Finally, we'll take a look about what must be done about it.

STATE OF HUMAN AND CIVIL RIGHTS IN THE US: THE EMERGING POLICE AND SURVEILLANCE STATE

In the United States, in short, we are seeing the emergence of a police and surveillance state. Former President Jimmy Carter recently wrote in the *New York Times*, "The United States is abandoning its role as the global champion of human rights." In his article, Carter points out that top US officials are now openly targeting US citizens for political assassination, "disappearance," unlimited surveillance, and other forms of gross human rights abuse. Are people prepared to call a former U.S. President a conspiracy theorist? Or has the U.S. strayed far from its roots as a democracy where rule of law and human rights are uniformly respected?

THE PROGRAM

What is the Targeted Individual program that these people are complaining of? It is many things all at once. It is a discrediting and disruption campaign, similar to COINTELPRO. In some cases (not all) it is a torture/trauma-based brainwashing and mind-control program like MK-Ultra. It is a secret form of repression, persecution and psychological warfare, carried out in the community largely by regular people, along the lines of Stasi or Zersetzen torture. It is a political abuse of psychiatry, as has been carried out in many countries as a way to torture and discredit dissidents. Finally, it is unethical non-consensual human experimentation on unwitting subjects with advanced directed energy and psychotronic weapons systems. Overall, it represents a coming together of the most vicious and effective tools and weapons for covert harassment and political control of dissidents, activists, whistleblowers, agitators, and other so-called "undesirables" that the world has ever seen.

What are the goals and purposes of the program? Again, they are many. But, in a word, the neutralization of the target. Let's start with understanding the mindset of the state. President Obama's information czar, former Harvard Law professor Cass Sunstein, co-authored a paper in 2008 which advocated that the government should "cognitively infiltrate" and "disable" those who have ideas the government finds threatening, for example, 9/11 truth activists. Now, at a minimum, this suggests running illegal COINTELPRO-type disruption campaigns against people. But, more interestingly, let's parse the words carefully: "cognitively infiltrate" and "disable". Cognition refers to the mind, or to thought. Infiltrate means to penetrate with hostile intent. So, literally, this means to penetrate the minds or thought processes of so-called "troublesome" individuals, with the intent to disable them. Fascinating, in light of what targeted individuals say that they experience.

So, more specifically, what are the goals of the program?

- Force the target to stop "unacceptable" activity (whistleblowing, activism, exposing corruption, etc.). Silence the target both about their original activism and about their targeting.
- 2. Subject target to noise campaigns, swarming, colors, or repetitive behaviors as a form of harassment.
- 3. Attack any psychological weaknesses. Cause target to blame themselves for their targeting and as such destroy the will to fight back.
- 4. Create a track record of so-called "mental illness", useful for both discrediting and plausible deniability.
- 5. Discredit the target.
- 6. Isolate the target from all forms of support using secret notifications, slander, and covert harassment carried out largely by regular people.
- 7. Encourage the target to lose hope and lash out in suicidal or homicidal rage secondary to covert harassment, and destruction of the target's life.
- 8. Set target up for possible institutionalization or arrest.
- 9. Damage or ruin the career and/or finances. In some cases, break up the family. In some cases, cause the target to lose their home.
- 10. After breaking the target's will to fight, in some cases, attempt to change the mindset, politics, ethics of the target. Create a mindset more useful to the state. Evaluate the potential for corruption or even recruitment.
- To summarize: the goal is the neutralization of the target. Exactly the goal pursued by the former COINTELPRO.

THE TARGETS

Ok. So, who gets targeted by this program? There's a lot of overlap with COINTELPRO. COINTELPRO targeted "Perceived threats to the Established Political and Social Order". Which, in practice during COINTELPRO meant primarily those pursuing greater social and economic equality, peace activists, dissidents, so-called "unfriendly" politicians, and even non-conformists. In some cases, it can be proven that counter-intelligence operations have been undertaken against those aware of high-level criminality or wrong-doing. Like everyone else, many targets have weaknesses, foibles, flaws, problems, etc. Some have addictions. Any perceived weaknesses (manufactured, real, or exaggerated) are used viciously to aid in the discrediting of the target. Let's learn from some actual examples of people who became targets for covert operations:

- 1. Thomas Drake, NSA Whistleblower: Forced out of his job, blacklisted, financially ruined, forced to defend himself against criminal charges, placed under physical and electronic surveillance.
- 2. Jean Seberg. Actress and civil rights activist. Supporter of the Black Panther Party. Experienced FBI Surveillance, harassment, stalking, break-ins, intimidation, defamation and discrediting. Victim of a false FBI story that she was pregnant by a Black Panther Party member, while married to a white husband. The stress of this caused premature delivery of her baby, which died at 2 days of age. The baby was white. Eventually committed suicide.
- 3. Arnold Lockshin. A Cancer researcher and supporter of socialism. Experienced surveillance, harassment and threats by strangers, break-ins, psychological warfare, implied death threats through the 1970's and 1980's. Eventually sought asylum from Russia and was immediately fired, blacklisted, accused in retrospect of mental instability and deteriorating work performance. Notably, reported that even his children's classmates and his own father had been brought into a Stasi-like campaign against him and his family. Wrote a book about the ordeal in 1988 called "Silent Terror: One family's history of political persecution in the US." The book was never published or distributed in the US. On the web: ArnoldLockshin.Wordpress.com. By the way, his work performance and mental stability in Russia are apparently just fine.
- 4. Adrian Schoolcraft. Blew the whistle on corruption, wrongful arrests, arrest quotas, and the stop and frisk program within the NYPD in 2009. Received on the job harassment and was shunted to the NYPD psychologist. Within 3 weeks after reporting corruption he was involuntarily committed to a psychiatric ward, handcuffed to a bed and prevented from using a telephone. He was portrayed as paranoid during his hospital stay, which lasted 6 days. After discharge, he was suspended from the force without pay. Tapes he had made were eventually reported by the New York Times and others and he has been largely vindicated.
- 5. Dr. Lawrence Doerr. Orthopedic surgeon. As reported in the NY Times, wrote an open letter to fellow surgeons in 2008 warning about a flawed hip prosthesis. Subsequently became the target of a whisper-campaign that questioned his skills and competence as a surgeon.
- 6. Russell Roderick. Insulted a powerful, politically connected firm by refusing continued employment. Unclear if he was aware of high-level wrong-doing. Has been the target of a 25 year, multi-national campaign (you will find that these programs are multinational and follow targets wherever they go) including slander, character assassination, allegations of incompetence, paranoia, drug-addiction, sexual deviance,

- and being "a deranged, suicidal maniac." Has experienced blacklisting, financial devastation, isolation, stalking and overt surveillance, street theather, telephone/computer and mail tampering, Stasi-like manipulation of people into a campaign against him, death threats, intimidation, harassment, and a shut-down of all avenues of support. He refers to this as Zersetzen torture. On the web: Zersetzen.wikispaces.com.
- 7. Greenham Common Women's Peace Protestors. In the 1980's, were protesting the presence of US cruise missiles at an English air force base. Came under microwave weapon attack in 1984. Scientists from Electronics Today demonstrated the presence of electromagnetic waves. Dr. Robert Becker, twice nominated for the Nobel prize, found their symptoms were consistent with exposure to a microwave weapon. Every time a cruise missile convoy was ready to drive by, these women were experiencing severe headaches and unbearable fatigue, etc.
- 8. Andy Lewis and friends. A group of former British soldiers. Became targets of full-on gang stalking in 1996 after attempts to draw attention to what they viewed as an unethical experimental vaccine program that had been given to Gulf War soldiers in 1991. These men have experienced blacklisting, covert harassment, directed energy and psychotronic weapons attacks, overt and covert surveillance, stalking, secret notifications, etc. They have made two excellent websites: targeted-individuals.com and gang-stalking.com.
- 9. A long list of 9/11 truth activists have reported being targeted with electromagnetic weapons and death threats. Some have died under suspicious circumstances. US Army Major Doug Rokke, PhD physics from University of Illinois, former head of the US Army depleted uranium cleanup project after Gulf War I, says these weapons are very real, and commonly used in military circles. He has described how he personally used such weapons on a regular basis while training with Special Forces at US Army facilities: "We had them van-mounted, truck-mounted, plane-mounted, and hand-carried. We would go around zapping each other for fun. This was during exercises, or sometimes just as a practical joke." Rokke further stated that, based on his firsthand knowledge of US military mind-set and capabilities, 9/11 truth activists have undoubtedly been targeted by exotic non-lethal (and lethal) weapons. Remember again Cass Sunstein, who openly advocated cognitive infiltration and disabling of 9/11 truth activists. Is he talking about psychotronic weapons attacks?
- Jill Hansen. Professional surfer, model and entrepreneur. She received wide acclaim for her performance in a TED speech in 2010 about her spiritual values and altruistic beliefs, Entitled "Open Mind, Open Heart". In the talk she espouses values including compassion, honesty, integrity, generosity, belief in God, charity, hope, faith and love. She concludes by stating that the world would be a more beautiful place if we all thought this way. Within weeks after this talk, which received a lot of publicity, she found herself the victim of stalking and electronic harassment. Fast forward a few years. Unfortunately, In May 2014, she was charged with attempted homicide for allegedly running over a woman intentionally with her car. Tl's report that attempting to get them to act out inappropriately with strangers is a common protocol. A couple interesting facts: 1) none of the news stories mention that she considered herself a TI and 2) Interestingly, The local Neighborhood Watch Group's 500 members had been alerted about Hansen—supposedly for reckless driving. A representative of the group was reported as saying, "We need everybody to be on the lookout for her, it's that scary." So here we have someone reporting being a victim of organized stalking, and it turns out that—HELLO—there was a group of at least 500 people deliberately on the

lookout for her.

- Ted Gunderson. Worked for the FBI from 1950 1979. Former head of the Los 11. Angeles FBI, where he was in charge of 700 personnel and had a budget of over 22 million dollars. In 1979 he was one of a handful interviewed for the job of FBI director. which ultimately went to William H. Webster. He retired and started a private investigation firm. He became a whistleblower and eventually filed an affidavit in support of attorney and targeted individual Keith Labella in his FOIA request from the FBI regarding gang stalking. Gunderson explained: "It is my professional opinion based on information, knowledge and belief that the information sought by Mr. Labella in this FOIA suit regarding gang stalking...reasonably describes an ongoing, active, covert, nationwide program that is in effect today and...has been in effect since at least the 1980's...[and] has increased in scope, intensity and sophistication by adapting to new communications and surveillance technology." As a whistleblower, Gunderson was himself targeted. He experienced whisper campaigns, surveillance, phone tapping, computer hacking, poisonings, group stalking, aerial stalking and more. Stated that based on his experience, victims are targeted for a variety of reasons including government and corporate whistleblowers, parties to financial and employment disputes, parties to marital disputes (usually divorced women), and even jilted paramours. Journalists covering controversial issues, and, even attorneys and private investigators representing unpopular clients or interests. Gunderson's affidavit can be viewed on the internet, and in my opinion, is a fascinating read.
- 12. William Binney- An NSA whistleblower. Has stated he is well-aware of mind control technologies.
- 13. There has been a steady increase of mass shootings every year since 2000 from 5 per year until now, about 16 per year. Many of them were complaining of electronic harassment and/or organized stalking, stating that this led them to attack. This is being largely ignored and/or covered up by the media. Does a faction of our government actually want gun violence in the US, perhaps as a pretext to reversing gun rights, or even individual rights in general? Let's discuss 3 mass shooters.
- 14. Jiverly Wong- Chinese Immigrant. Reported being targeted with covert harassment for 18 years. Reported experiencing: stalking, harassment, chemical attacks, nausea, shortness of breath, job harassment and job loss, spreading of rumors, phantom touching at night while sleeping, home entry and theft of funds from his home, vehicular stalking and harassment, electronic body shocks. Became a mass shooter of 14 people including himself. Blamed his harassers for the killings. Paranoid? Or victim of a high-tech covert operation that he could not even begin to understand? Let's not forget that some goals of COINTELPRO included trying to get people to commit suicide (e.g. MLK) or trying to get people to commit serious crimes (e.g. Black Panther Party members) in order to discredit and destroy them.
- 15. Aaron Alexis- Ex-Navy veteran. Navy yard shooter. Contacted FFCHS stating he was under ELF weapons attack and was being stalked and surveilled, and he believed this was at the hands of the Navy. Interesting things about his case. 1) Although he corresponded with FFCHS, thus identifying himself as a TI, and stating his belief that the Navy was attacking him, the FBI after investigating and speaking with FFCHS Board members, insisted that he was a random shooter with no motive. 2) A heavily armed SWAT team was in the vicinity of the Navy Yard when Alexis started his shooting rampage and was on site within 5 minutes. Inexplicably, they were ordered to stand down and leave the area. The shooting rampage subsequently went on for 45 minutes.

16. Myron May. A promising, young black attorney. Worked first for a well-known law firm and subsequently trying to help disadvantaged children. Cared about people and about God. Reported being recently targeted with directed-energy weapons and law enforcement harassment. Decided to draw attention to the abuse by mailing packages of information to 10 people, shooting people, and "suicide by cop". He made his goal clear by ending his letter saying, "what targeted individuals need more than anything is media attention." These packages were confiscated by Federal agents. His suicide note described, "financial, emotional, and psychological pain....a living hell" inflicted upon him as a targeted individual. He stated: "Our government is able to capitalize on [the] lack of knowledge among the general population to curb sentiments toward questioning the mental health of targeted individuals rather than admitting the truth: that there is a system of covert torture of ordinary innocent citizens that is happening within our borders." He believed there was no hope for him and so he stated, "Consequently, I am making a sacrifice so that others in my same position might have a chance at a normal, harassment-free life." He shot three people. None of them died. I wonder if, even when driven to extremes by secret government torture. whether he was still too moral to bring himself to kill...

Ok, so we know who it happens to. We know this is the most sophisticated take-down program the world has ever seen. So, where do all these tactics and techniques come from? Well, as I mentioned before, a look at historical programs is highly instructive here.

RELEVANT HISTORY: COINTELPRO, MK-ULTRA, STASI / ZERSETZEN TORTURE

So- COINTELPRO. Known tactics included: Discrediting, smearing, character assassination. Covert campaigns to destroy interpersonal relationships, Harassment, Conspicuous surveillance (also known as stalking), anonymous letters and phone calls, IRS tax audits, legal harassment, Manipulation or strong-arming of parents, employers, landlords, school officials and others to create problems for targets. Threats, intimidation, surreptitious home searches and "black bag" jobs, vandalism, Constant surveillance.

MK-ULTRA features and goals included: Create a subject who is easier to control and manipulate, create programmed assassins, develop more effective means of torture and interrogation, break down the personality of the subject and insert new belief systems, ethics, politics, personality traits; performed on unwitting and unwilling subjects; manipulate mental states and alter brain function; surreptitious drugging; isolation; verbal and sexual abuse; various forms of torture employed; promote illogical thinking and impulsiveness in the subject so that they will be discredited in public; attempt to produce amnesia for periods of time; surreptitious production of shock or confusion in subject over extended periods of time; attempt to alter the subject's personality to become dependent on the tormentors; attempt to lower the subject's ambition and work efficiency; attempt to impair eyesight and/or hearing; attempt to activate specific behavior by remote means.

Stasi tactics, also known as Zersetzen torture, included such features as: secret persecution. secret methods of control and manipulation, involved even the personal relationships of the target, extensive use of unofficial collaborators--also known as regular people: used the State's influence to turn public and private institutions against the target, psychological attack intended to deprive the target of the ability to mount hostile political action, often causes irreversible damage to the target, attempt to gain influence over the target in in such a way that undesirable attitudes and beliefs would be slowly changed to more preferable traits over time, Attempt to cause fragmentation, paralysis, disorganization and isolation of target, Attempt political and ideological "re-education", used in situations when judicial procedures are not convenient for political reasons, a.k.a. extrajudicial punishment, attempts to frame or entrap targets, slander/character assassination involving some true and some false, but always degrading information, orchestrating a series of social and professional failures in order to damage self-confidence, creation of doubts about future, stimulation of mistrust or paranoia, exploitation of target's personality weaknesses, addictions etc., shaming due to the spreading of rumors to those around the target, overt and covert surveillance, intercepting mail, calls, etc., tampering with property and vehicles, poisoning the food and tampering with medications, entering the residence and leaving traces of evidence in order to threaten or intimidate the target by adding removing or modifying objects.

The items on these lists will sound very familiar to targeted individuals. Nearly all of them apply to the current program. And nearly all of them are reported by Targeted Individuals. I have no reason to not believe them. Now, add in the use of advanced directed energy and neuro-weapons, and you have a very potent takedown program.

THE WEAPONS

Ok so at this point we have a pretty good understanding of the program. But there's one more thing that needs to be understood about this program. The advanced weaponry that is being used.

Evidences/Examples:

- 1) The Moscow Signal: low-power microwave beams were directed into the US embassy for more than two decades, from 1953 until 1976. Discovered in 1962, US scientists studied the signal until the 1970's before finally telling the diplomats it was there, and offering them hazard pay. Many got sick, some died. Was not exposed to the public until 1976 when unearthed by an investigative reporter. This led to DoD's ARPA Project Pandora
- 2) From 1965 through to 1970, Defense Advanced Projects Research Agency (DARPA), with up to 70-80% funding provided by the military, set in motion operation PANDORA to study the health and psychological effects of low intensity microwaves with regard to the so called "Moscow signal". This project was quite extensive and included (under US Navy funding) studies demonstrating the ability to: induce heart stoppage, create leaks in the blood brain barrier, and production of auditory hallucinations. Nervous system function could easily be degraded with properly pulsed signals. Memoranda of Richard Cesaro, Director, DARPA, confirmed that the program's initial goal was to "discover whether a carefully controlled microwave signal could control the mind." Cesaro urged that further studies be made "for potential weapons applications." This was 1970, and very specific neurological and physiological weapons capabilities of microwaves had already been recognized.
- 3) Jose Delgado—the scientist who stopped the charging bull by remote control. Dr. Jose Delgado's secret work in Project Pandora was directed towards the creation of a "psychocivilized" society. In his paper "Intracerebral Radio Stimulation and recording in Completely Free Patients", using radio waves, Delgado observed that: "Radio Stimulation on different points in the amygdala and hippocampus in the four patients produced a variety of effects, including pleasant sensations, elation, deep thoughtful concentration, odd feelings, super relaxation, colored visions (hallucinations), and other responses." Speaking in 1966, Delgado asserted that his research "supported the distasteful conclusion that motion, emotion and behaviour can be directed by electrical forces and that humans can be controlled like robots by push buttons. Delgado stated that EM weapons were "more dangerous than atomic destruction." "With knowledge of the brain, we may transform, we may shape, direct, roboticize man. I think the great danger of the future is that we will have roboticized human beings who are not aware that they have been roboticized." He created a brain transponder that was IN FACT used to roboticize human subjects.
- 4) Dr Ross Adey, formerly of the Brain Research Center at the University of Southern California, worked on the CIA's infamous Pandora project. His research involved inducing of specific behavior modifications by electromagnetic means. In his pioneering work, Dr. Ross Adey determined that emotional states and behavior can be remotely influenced merely by placing a subject in an electromagnetic field. He also demonstrated that EM radiation, properly modulated and pulsed, can induce calcium efflux events to interfere with brain's function—the so-called "confusion weaponry". Again, this is by 1970.

- 5) Lawrence Pinneo, a neurophysiologist and electronic engineer working for Stanford Research Institute (which is a leading military contractor), "developed [in 1974] a computer system capable of reading a person's mind. It correlated brain waves on an electroencephalograph (EEG) with specific commands.
- Dr. Eldon Byrd, a Navy medical engineer with a graduate degree from George 6) Washington University, worked on the Polaris weapon system as an engineer, worked for Naval Surface Weapons Office, was tasked in 1980- 1981 by the US Marine Corps as Project manager to develop non-lethal electromagnetic weapons for purposes including "riot control", clandestine operations and hostage removal. Worked on ELF, non-linear magnetics. worked with Ross Adey, Dr. Elizabeth Roscher, Michael Persinger on the ability to entrain human brainwaves at a distance. And he said, "We accomplished it." 1980. His project went dark after that. It was taken away from him. He had it confirmed from a senator—Senator Pell—confirmed for him that his project went dark. Byrd was guoted in a lecture around 2001 as saying, "Is Mind Control Possible? Absolutely. There is a mountain of evidence." He went on to say that, "Today we know there are technologies that can induce sound into the brain at a distance, can monitor and alter brainwaves at a distance, can alter behavior at a distance, can induce images into the brain at a distance, can target individual organs at a distance. Can disrupt the calcium ions binding on individual cell surfaces at a distance, creating pain and other effects anywhere in the body. Mind control technology exists, without a question." Less than a year later, Dr. Byrd was dead. Maybe it was a coincidence.
- 7) A 1980 NASA document [NASA abstract Report Number: AD-A090426, June 1, 1980] described that one can remotely create the perception of noise in the heads of personnel by exposing them to low power, pulsed microwave.... By proper choice of pulse characteristics, intelligible speech may be created. 1980. Yes, 1980.
- 8) For further documentation, I recommend the following webpage: http://educate-yourself.org/mc/listofmcsymptoms05jun03.shtml. This webpage documents that there is truly a mountain of evidence about these terrifying weapons. Some highlight include the PROVEN capabilities to induce false memories in the brain, Subliminal command implantation into the brain to modify behavior (including suppressing dissidents).
- 9) Finally, In July 1996, the Spotlight, a widely circulated right-wing U.S. newspaper, reported that well-placed DoD sources have confirmed a classified Pentagon contract for the development of "high-power electromagnetic generators that interfere with human brain waves."

Dr. Emery Horvath, a professor of physics at Harvard University, has stated in connection to these generators, "These electronic 'skull-zappers' are designed to invade the mind and short circuit its synapses... in the hands of government technicians, it may be used to disorient entire crowds, or to manipulate individuals into self-destructive acts. It's a terrifying weapon."

To quote José Delgado in his book Physical Control of the Mind: Toward A Psychocivilized Society, p. 116:

Individuals whose brain centers are electrically stimulated believe their evoked actions are their own ideas; their conscious mind rationalizes the evoked actions away. People experiencing this electrical stimulation aren't consciously aware of an external influence.

In summary, these weapons have the ability to mentally and physically torture people, and to influence human psychological behavior. With, or even WITHOUT the target's knowledge or awareness.

SUMMARY OF THE PROGRAM AND ITS IMPLICATIONS

In summary, we have a program which includes the earmarks of past programs including COINTELPRO and MK-Ultra. It also uses collaboration of regular people to carry out much of the harassment, similar to Stasi or Zersetzen torture of the prior East Germany. Furthermore, it uses advanced neuro-weapons to mentally and physically torture victims from a distance-whether in their homes, workplaces, or wherever they may go. The goals of the program are many, but ultimately boil down to torture, control, discrediting, and neutralization--exactly the same goals as the prior COINTELPRO, MK-ULTRA, and Stasi or Zersetzen torture. While some victims may be chosen at random, many cases, upon examination, are shown to be perpetrated against activists, whistleblowers, and those who have spoken out against corruption. The consequences are severe. Most targets lose their jobs, homes, and/or their families. Many end up on dangerous medications or institutionalized. Some end up committing suicide or homicide.

Of course, the implications for humanity are frightening. Is it possible we are heading toward a synthetic reality, where people's thoughts, conversations, hopes, dreams, illnesses, major life events are controlled by supercomputers and handlers, all without their knowledge? Is our society becoming one in which no-one can be trusted, with everyone spying on everyone else? With a large percentage of the population becoming government informants and spying collaborators?

Are we developing a class of people with "less" rights, who can be harassed at will, even as we all slowly have our rights eroded? If so, doesn't that sound like a totalitarian regime such as Nazi Germany?

WHAT NEEDS TO BE DONE ABOUT THE PROGRAM

Several things. First of all, targets must speak out. Especially those who have their wits about them. This program is highly disruptive, and is specifically designed to make even the most solid citizen look as if they have become delusional. Compounding the problem, many targets are either forced to, or willingly take powerful psychiatric medications in hopes of decreasing the severe attacks they are suffering, or to appease skeptical friends and family members. In the case of real mental illness, this should resolve the symptoms. In the case of Tl's, it does not stop the torture and harassment and manipulation of their lives.

So, that leads to the next point. If you know someone who this is happening to—don't count them as crazy. They may be a victim of this program. Recognize that the issues they were speaking about before they got into their current situation are still just as valid now as they were before. In fact, it was probably the very legitimacy of their issues that led powerful forces to want to discredit them so thoroughly. Remember that.

Whistleblowers must come forward who are aware of this program.

Fearless journalists must pursue the story. It was investigative journalists who brought

widespread attention to MK-ULTRA, COINTELPRO, and much of the unethical experimentation that has occurred in the USA.

Targets must come together. There is strength in numbers. Targets should never give up the fight.

Finally, Congress MUST thoroughly investigate the intelligence agencies, DOD research programs, and black operations. The targeted individual program is happening. It's not science fiction. It needs to be EXPOSED AND SHUT DOWN FOREVER. Thank you for your attention.