

FROM THE PRESIDENT

Welcome to the first edition of the PSJ United monthly newsletter! We are excited to introduce this new way of keeping our families informed about club news, upcoming events, and important updates throughout the season. Speaking of which, our volunteers are already hard at work preparing our fields, facilities, and training plans for an exciting fall season! As always, I am available to answer any questions or hear your feedback. Please feel free to contact me at psjunited.president@gmail.com. Everyone have a safe summer and we look forward to seeing you back out on the pitch!

THE DOC CORNER

As we kick off another year, I want to extend a warm welcome to all returning families and a special welcome to those joining our club for the first time. Each season brings new opportunities for growth, development, and competition across all ages and levels of play. At the heart of our club is a commitment to long-term player development, with a focus on building complete players. Competitive team practices are already underway, and in just a few short weeks we will welcome our recreational players. You may contact me at psjunited.doc@gmail.com. Enjoy the World Cup!

UPCOMING EVENTS

July 24, 2026

Recreational Registration Fee Increases by \$25—SIGN UP EARLY

August 1, 2026

Coach Training & Meeting

August 1-2, 2026

Field Setup

Two volunteers needed per team

August 9, 2026

Referee Training Camp

Sign Up: Matthew.Sterling@PSJUnited.referee@gmail.com

August 15, 2026

Coach Training & Meeting



TRAINING TIP OF THE MONTH

Train with intention, not just repetition. Every touch in training should have a purpose; whether it's your first touch, pass, or decision under pressure. Instead of just completing drills, challenge yourself to execute each action as if you are in a game.

A few reminders for players:

- **First touch:** Take it away from pressure, not just "control it"
- **Passing:** Play with accuracy and timing, not just speed
- **Scanning:** Look before the ball arrives so you can make quicker decisions
- **Effort:** Train at game speed, even when no one is watching

Players who focus on quality habits in training will always improve faster than those who simply go through the motions.

REFEREE REPORT

Rule Highlight: Handball

Not every ball that touches a player's hand is a handball. A handball offense occurs when a player deliberately touches the ball with their hand or arm, or when their hand/arm makes their body unnaturally bigger and blocks the ball.

Referees consider factors like hand position, reaction time, and player movement before making a decision. Accidental contact alone is not automatically a foul.

Remember: Players are expected to accept the risk when placing their arms in positions that are not a consequence of normal body movement.

COMPETITION UPDATES

Welcome to the start of a new competitive soccer season! Training sessions are already underway for our competitive teams. Coaches are working to establish team identity, playing style, and individual development goals.

Early-season training will focus heavily on ball mastery, decision-making under pressure, and building strong team habits that will carry through the season. Congratulations to Coach Stolp's team for a great finish last season. Well Done!

August 14, 2026

Schedule Release: GCF Senior Teams

August 28, 2026

Schedule Release: GCF Junior Teams

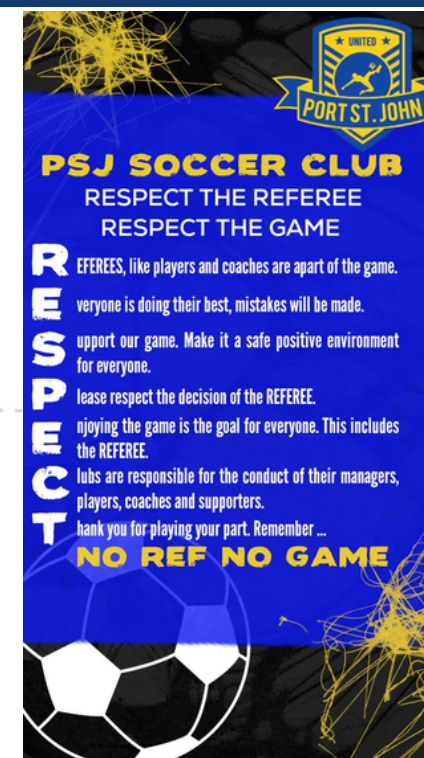
August 29, 2026

GCF Season Start: GCF Senior Teams

September 01, 2026

GCF Season Start: GCF Senior Teams

CLUB REMINDERS



RECREATION UPDATES

Let's Play... Recreation registration is still open! Sign up by July 23 to avoid the \$25 late registration fee. Practice will start mid-August with two practice days per week (exact days TBD). <https://psjunitedsoccer.com/registration>

What's needed to play... Soccer ball, shin guards, and cleats. And, don't forget that H2O—you'll need 32oz per practice!

How can to get ready? Attend our camps! We also have goalkeeper specific training available. For more information contact Stormy Young at psjunited.recdirector@gmail.com.

PSJ United Soccer Club

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Send team or player(s) photos to
psjunited.communications@gmail.com

Here are some important dates and To-do's
06/17/2026 Blackout dates for game due
06/22-25 Brazilian Way Soccer Elite Camp
06/28/2026 3v3 Live Tourney & Keeper Clash
07/10/2026 Staff to complete Heads up, Safe Sport
07/13-16/26 Coerver Coaching Summer Camps
07/24/2026 Black Out Dates for GCF
08/01/2026 Coaches Training and Meeting (TBD)
08/01/2026 Field Set up (2 adults per team)
08/02/2026 Field Set up (2 adults per team)
08/14/2026 Schedule Release (GCF Senior Teams)
08/15/2026 Coaches Training and Meeting (TBD)
08/28/2026 Schedule Release (GCF Junior Teams)
08/29/2026 Games start for Senior Teams
09/01/2026 Games start for Junior Teams

July 10, 2026

Staff to complete Safe Sport & Heads Up Training

August 14, 2026

Schedule Release: GCF Senior Teams

August 28, 2026

Schedule Release: GCF Junior Teams

August 29, 2026

GCF Season Start: GCF Senior Teams

September 01, 2026

SGCF Season Start: GCF Senior Teams

4 game minimum

[Details to follow soon](#)

PSJ United Soccer Club
PO Box 237233 Cocoa, FL 32923
*A Not-for-Profit 501(c)(3) Organization
Run by Parent Volunteers*

[Rule Highlight or Certification Notice]

A quick reminder on sportsmanship and game environment: PSJ United is committed to a supportive environment emphasizing respect for all match officials.

Interested in becoming a certified referee or expanding your game intelligence? Reach out to our referee coordinator or visit the referee section on our website.