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| **BODY PART***What are the BODY ISSUES?***Look for the parts affected.**Physical health problems can manifest in the body | **BODY PART***What are the BODY ISSUES?***Look for the parts affected.**Physical health problems can manifest in the body | **BODY PART***What are the BODY ISSUES?***Look for the parts affected.**Physical health problems can manifest in the body | **BODY PART***What are the BODY ISSUES?***Look for the parts affected.**Physical health problems can manifest in the body | **BODY PART***What are the BODY ISSUES?***Look for the parts affected.**Physical health problems can manifest in the body |
| * **Bones, (**for example, **arthritis)**
* **Kidneys (**for example, **stones?),**
* **Urinary system (**for example, **UTIs),**
* **Genitals (**for example, **groin pain, sexual dysfunction)**
* **Reproduction (**for example, **difficulty conceiving)**
* **Hearing (**for example, **ringing in ears, ear infections)**
* **Head (**for example, H**eadache)**
* **Hair (**for example, **hair loss)**
 | * **Liver(**for example, **cirrhosis,**
* **Gall bladder (**for example, **removal)**
* **Connective tissue (**for example, **body pain throughout),**
* **Ligaments**
* **Nails,**
* **Eyes (**for example, **pressure, blurred vision)**
 | * **Heart (**for example, **chest pressure, heart attack),**
* **Small intestine (for example, digestion)**
* **Blood vessels (**for example, **Constriction resulting in pain)**
* **Facial complexion (**for example, **irritation, skin infections)**
* **Ears (**for example, **ear ache)**
* **Tongue (**for example, **swelling)**
 | * **Stomach (**for example, **nausea, stomach ache)**
* **Spleen**
* **Flesh (**for example, **infection)**
* **Muscles (**for example, **tightness)**
* **Mouth/saliva, mucous production, swallowing (**for example, **sore throat, cold, cold sore)**
 | * **Lungs (**for example, **difficulty breathing, asthma, COPD),**
* **Large intestine (**for example, **digestion),**
* **Respiratory**
* **Systems (**for example, **cold, Shortness of breath),**
* **Nose (**for example, **allergies, cold),**
* **Body (**for example, **physical trauma symptoms) , hair (**for example, **loss)**
 |
| What are the connected EMOTIONS?????? | What are the connected EMOTIONS?????? | What are the connected EMOTIONS?? | What are the connected EMOTIONS????? | What are the connected EMOTIONS????? |
| * **Fear**
* **mistrust,**
* **timidity,**
* **unworthiness,**
* **overwhelmed,**
* **carelessness**
 | * **Anger**
* **frustration,**
* **irritability,**
* **resentment,**
* **impatience,**
* **depression**
 | * **Lack of confidence**
* **anxiety,**
* **despair,**
* **embarrassment**
* **hysteria**
 | * **Worry**
* **indifference**
* **obsessive**
* **thoughts**
* **over sympathy**
 | * **Grief,**
* **longing**
* **melancholy**
* **sorrow**
* **self-pity**
 |
| **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** |
| * **Inability determining wants**
* **Difficulty accessing internal will and purpose and set intention or making goals**
 | * **Difficulty making plans and decisions and setting boundaries**
* **Difficulty with spontaneity,**
* **Difficulty with insightfulness**
* **Inability to express self sexually in a healthy way**
 | * **Difficulty acting on wants, needs and desires**
* **Difficulty with communication,**
* **sharing and showing warmth.**
* **Inability to be creative and express love**
 | * **dissatisfaction with self and accomplishments,**
* **inability or**
* **difficulty self-regulating and settling down as needed,**
* **difficulty accepting self and feeling connected with others**
 | * **Difficulty distinguishing between things healthy and unhealthy**
* **Difficulty letting go.**
* **Trouble prioritizing**
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