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| **BODY PART**  *What are the BODY ISSUES?*  **Look for the parts affected.**  Physical health problems can manifest in the body | **BODY PART**  *What are the BODY ISSUES?*  **Look for the parts affected.**  Physical health problems can manifest in the body | **BODY PART**  *What are the BODY ISSUES?*  **Look for the parts affected.**  Physical health problems can manifest in the body | **BODY PART**  *What are the BODY ISSUES?*  **Look for the parts affected.**  Physical health problems can manifest in the body | **BODY PART**  *What are the BODY ISSUES?*  **Look for the parts affected.**  Physical health problems can manifest in the body |
| * **Bones, (**for example, **arthritis)** * **Kidneys (**for example, **stones?),** * **Urinary system (**for example, **UTIs),** * **Genitals (**for example, **groin pain, sexual dysfunction)** * **Reproduction (**for example, **difficulty conceiving)** * **Hearing (**for example, **ringing in ears, ear infections)** * **Head (**for example, H**eadache)** * **Hair (**for example, **hair loss)** | * **Liver(**for example, **cirrhosis,** * **Gall bladder (**for example, **removal)** * **Connective tissue (**for example, **body pain throughout),** * **Ligaments** * **Nails,** * **Eyes (**for example, **pressure, blurred vision)** | * **Heart (**for example, **chest pressure, heart attack),** * **Small intestine (for example, digestion)** * **Blood vessels (**for example, **Constriction resulting in pain)** * **Facial complexion (**for example, **irritation, skin infections)** * **Ears (**for example, **ear ache)** * **Tongue (**for example, **swelling)** | * **Stomach (**for example, **nausea, stomach ache)** * **Spleen** * **Flesh (**for example, **infection)** * **Muscles (**for example, **tightness)** * **Mouth/saliva, mucous production, swallowing (**for example, **sore throat, cold, cold sore)** | * **Lungs (**for example, **difficulty breathing, asthma, COPD),** * **Large intestine (**for example, **digestion),** * **Respiratory** * **Systems (**for example, **cold, Shortness of breath),** * **Nose (**for example, **allergies, cold),** * **Body (**for example, **physical trauma symptoms) , hair (**for example, **loss)** |
| What are the connected EMOTIONS?????? | What are the connected EMOTIONS?????? | What are the connected EMOTIONS?? | What are the connected EMOTIONS????? | What are the connected EMOTIONS????? |
| * **Fear** * **mistrust,** * **timidity,** * **unworthiness,** * **overwhelmed,** * **carelessness** | * **Anger** * **frustration,** * **irritability,** * **resentment,** * **impatience,** * **depression** | * **Lack of confidence** * **anxiety,** * **despair,** * **embarrassment** * **hysteria** | * **Worry** * **indifference** * **obsessive** * **thoughts** * **over sympathy** | * **Grief,** * **longing** * **melancholy** * **sorrow** * **self-pity** |
| **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** | **What’s going on in your head or subconscious?** |
| * **Inability determining wants** * **Difficulty accessing internal will and purpose and set intention or making goals** | * **Difficulty making plans and decisions and setting boundaries** * **Difficulty with spontaneity,** * **Difficulty with insightfulness** * **Inability to express self sexually in a healthy way** | * **Difficulty acting on wants, needs and desires** * **Difficulty with communication,** * **sharing and showing warmth.** * **Inability to be creative and express love** | * **dissatisfaction with self and accomplishments,** * **inability or** * **difficulty self-regulating and settling down as needed,** * **difficulty accepting self and feeling connected with others** | * **Difficulty distinguishing between things healthy and unhealthy** * **Difficulty letting go.** * **Trouble prioritizing** |