

## Iceland Suggested Packing List

### General Luggage Tips:

Our guides and drivers will help load and unload luggage from vehicles, but it is each participant's responsibility to take their belongings to and from their accommodations. Please try to keep this in mind when packing for your family. The list below is only a suggestion. Please use your own judgment and pack accordingly.

### General Considerations

#### Luggage to bring:

- A day backpack to bring on the plane/bus and on daily activities (if needed).
- A durable duffel or suitcase to check on the plane.

#### Electronics:

- Bringing electronics can be a risk. There are significant chances of electronics being lost, damaged or stolen. Families and trip leaders should determine which, if any, electronics should be brought along.
- Type F outlet adapter.
- Power converter if needed (often it isn't)

#### Shoes:

- Sturdy sneakers
- Waterproof lightweight hiking shoes

#### Clothing:

- Casual warm clothing for city activities/evenings at the hotel
- T-shirts/short sleeve shirts
- Thermal socks
- Thermal underwear
- Sleepwear
- Fleece/Sweatshirt
- Weather proof jacket/coat
- Snow pants
- Winter gloves
- Swimsuits/Swim shirt
- Warm hat

#### Things to bring in your Backpack on the Plane

- Passports and other required travel documents.
- Electronics (if you choose to risk bringing them)
- Prescription medication
- Glasses/Sunglasses
- Change of Clothes
- Jacket
- Swimsuit
- Refillable water bottle (emptied for security)

#### Toiletries/Personal Care:

- Comb/Brush
- Soap/Shampoo
- Toothpaste/Toothbrush
- Deodorant
- Lip balm
- Lotion/moisturizer
- Hand sanitizer
- Motion sickness medication

#### Other useful Items:

- Small beach towel or quick-dry towel
- Small travel umbrella
- Binoculars
- Small flashlight with extra batteries
- Games/Cards/Books for bus or nighttime
- Notebook or Journal
- Plastic zipper/compression bags (useful for wet clothes or electronics)
- Rain cover for backpack

### Trip-Specific Considerations

- **Weather:** Temperatures can vary throughout the day and night. With various activities, it's important to dress in layers that can be added or subtracted as weather and activity levels change.