



Boca Raton • Ft. Lauderdale • Miami

Healing Waters Delray

Sloppy Joes (turkey, peppers, sauce)-Buns for Sandwiches

Green Apple Cole Slaw

Peach Almond Gorgonzola Salad

Strawberry Shortcake



Boca Saturday Lunch

Tacos ... ground turkey & chicken, soft & hard tortillas, lettuce, tomatoes, salsa, cheese, sour cream, onions, diced peppers, and black beans

Green Apple Coleslaw

Peach Almond Gorgonzola Salad

Strawberry shortcake

Dinner Saturday Boca

Chicken Picata

Tuscan Caesar Salad

Angel Hair Pasta w/Garlic & Oil

Green Beans w/Tomato and Basil

Assorted Italian Pastries



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Sunday Delray Lunch

Turkey Chili (cheese, onions, sour cream)

Cornbread

Blueberry Goat Cheese Salad

S'mores Brownies

Sunday Lunch Boca

Turkey Meatloaf

Blueberry Goat Cheese Salad

Roasted Carrots w/Ginger Glaze

Potatoes Lianese

S'mores Brownies