

TIC Strategies in Childcare

based on Devereux Florida- Trauma Informed Care Top 10 Tips; <https://ncwwi.org/files/Evidence-Based-and-Trauma-Informed-Practice/Trauma-Informed-Care-top-10-tips.pdf>

In the Right Column: list some specific examples if what you might try:

1. Maximize the child's sense of safety.	
2. Assist children in reducing overwhelming emotion.	
3. Help children make new meaning of their trauma history and current experiences.	
4. Support and promote positive and stable relationships in the life of the child.	
5. Plan activities and experiences that aim to build upon strengths and promote resilience.	
6. Focus on empowerment vs. management and control	
7. Use of person-first language with decreased emphasis upon symptoms, behaviors, etc.	
8. Provide support and guidance to the child's family and caregivers.	
9. Coordinate services with other agencies.	
10. Manage professional and personal stress.	