

MAY 2023

WEDNESDAY - FRIDAY OPEN FOR PRIVATE APPOINTMENTS
10:00AM-5:00PM

SATURDAYS OPEN FOR PRIVATE APPOINTMENTS
10:00AM-3:00PM

HAIKU MANTRA AURORA

S	M	T	W	T	F	S
CLOSED	CLOSED ON MONDAYS	CLOSED ON TUESDAYS	5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	5:00PM <u>REST - Sound Bath</u> 6:00 <u>MANIFEST-Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
5 <u>Ceremonial Ecstatic Dance</u> 4:00- 6:30	6 CLOSED ON MONDAYS	7 CLOSED ON TUESDAYS	8 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	9 5:00PM <u>REST - Sound Bath</u> 6:30- 8:00 <u>Yin Yoga & Qi Gong: Journey into the Heart</u>	10 5:00PM <u>REST - Sound Bath</u> 6:00 <u>MANIFEST-Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	11 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
12 CLOSED	13 CLOSED ON MONDAYS	14 CLOSED ON TUESDAYS	15 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	16 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	17 5:00PM <u>REST - Sound Bath</u> 6:00 <u>MANIFEST-Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	18 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
19 CLOSED	20 CLOSED ON MONDAYS	21 CLOSED ON TUESDAYS	22 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	23 5:00PM <u>REST - Sound Bath</u> 6:30- 8:00 <u>Yin Yoga & Qi Gong: Journey into the Heart</u>	24 5:00PM <u>REST - Sound Bath</u> 6:00 <u>MANIFEST-Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	25 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
26 <u>MANIFEST I WORKSHOP</u> 12:00PM - 1:30	27 CLOSED ON MONDAYS	28 CLOSED ON TUESDAYS	29 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	30 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	31 5:00PM <u>REST - Sound Bath</u> 6:00 <u>MANIFEST-Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	