

JUNE 2024

HALE WAPRA

S	M	T	W	T	F	S
CLOSED	CLOSED ON MONDAYS	CLOSED ON TUESDAYS				1 3:00PM <u>MEDITATION for Global Decolonization</u> 5:00PM <u>REST - Sound Bath</u>
2 CLOSED	3 CLOSED ON MONDAYS	4 CLOSED ON TUESDAYS	5 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	6 5:00PM <u>REST - Sound Bath</u> 6:30- 8:00 <u>Yin Yoga & Qi Gong: Journey into the Heart</u>	7 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	8 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
9 CLOSED	10 CLOSED ON MONDAYS	11 CLOSED ON TUESDAYS	12 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	13 5:00PM <u>REST - Sound Bath</u> 6:30- 8:00 <u>Yin Yoga & Qi Gong: Journey into the Heart</u>	14 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	15 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
16 CLOSED	17 CLOSED ON MONDAYS	18 CLOSED ON TUESDAYS	19 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	20 5:00PM <u>REST - Sound Bath</u> 6:30- 8:00 <u>Yin Yoga & Qi Gong: Journey into the Heart</u>	21 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	22 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
23 CLOSED	24 CLOSED ON MONDAYS	25 CLOSED ON TUESDAYS	26 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	27 5:00PM <u>REST - Sound Bath</u> 6:30- 8:00 <u>Yin Yoga & Qi Gong: Journey into the Heart</u>	28 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	29 3:00PM <u>RESET - Sound Bath</u> 4:00PM <u>MANIFEST- Sound Bath</u> 5:00PM <u>REST - Sound Bath</u>
30 <u>MANIFEST I WORKSHOP</u> <u>12:00PM - 1:30</u>						