

SEP 2024

WEDNESDAY - FRIDAY OPEN
FOR PRIVATE APPOINTMENTS
10:00AM-5:00PM

SATURDAYS OPEN FOR
PRIVATE APPOINTMENTS
10:00AM-3:00PM

HALINA WARRA

S	M	T	W	T	F	S
1 CLOSED	2 CLOSED ON MONDAYS	3 CLOSED ON TUESDAYS	4 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	5 5:00PM - REST Sound Bath 6:30PM - Qi Gong + Yin Yoga + Sound: Settling the Mind by Nourishing the Spleen	6 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	7 3:00PM - RESET Sound Bath 4:00PM - MANIFEST Sound Bath 5:00PM - REST Sound Bath
8 CLOSED	9 CLOSED ON MONDAYS	10 CLOSED ON TUESDAYS	11 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	12 5:00PM - REST Sound Bath 6:30PM - Qi Gong + Yin Yoga + Sound: Settling the Mind by Nourishing the Spleen	13 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	14 3:00PM - RESET Sound Bath 4:00PM - MANIFEST Sound Bath 5:00PM - REST Sound Bath
15 CLOSED	16 CLOSED ON MONDAYS	17 CLOSED ON TUESDAYS	18 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	19 5:00PM - REST Sound Bath 6:30PM - Qi Gong + Yin Yoga + Sound: Settling the Mind by Nourishing the Spleen	20 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	21 3:00PM - RESET Sound Bath 4:00PM - MANIFEST Sound Bath 5:00PM - REST Sound Bath
22 CLOSED	23 CLOSED ON MONDAYS	24 CLOSED ON TUESDAYS	25 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	26 5:00PM - REST Sound Bath 6:30PM - Qi Gong + Yin Yoga + Sound: Settling the Mind by Nourishing the Spleen	27 5:00PM - RESET Sound Bath 6:30PM - REST Sound Bath	28 3:00PM - RESET Sound Bath 4:00PM - MANIFEST Sound Bath 5:00PM - REST Sound Bath
29 <u>MANIFEST I</u> <u>WORKSHOP</u> 12:00PM - 1:30	30 CLOSED ON MONDAYS	CLOSED ON TUESDAYS				