

# RESET 2023 HALE WAPPA AURA

S	M	T	W	T	F	S
					1	2 10:00AM - 10:30AM <u>Keiki &amp; Me Sound Bath</u>  5:00PM <u>REST - Sound Bath</u>
3  CLOSED	4  CLOSED ON MONDAYS	5  CLOSED ON TUESDAYS	6 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	7 5:00PM <u>REST - Sound Bath</u> 6:00PM REST, REFLECT, YOGA + RESTORE Sound Bath w/ Iris	8 5:00PM <u>REST - Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	9 10:00AM - 10:30AM <u>Keiki &amp; Me Sound Bath</u>  5:00PM <u>REST - Sound Bath</u>
10  CLOSED	11  CLOSED ON MONDAYS	12  CLOSED ON TUESDAYS	13 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	14 5:00PM <u>REST - Sound Bath</u> 6:00PM MANIFEST - Sound Bath 7:00PM <u>REST - Sound Bath</u>	15 5:00PM <u>REST - Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	16 10:00AM - 10:30AM <u>Keiki &amp; Me Sound Bath</u>  5:00PM <u>REST - Sound Bath</u>
17  CLOSED	18  CLOSED ON MONDAYS	19  CLOSED ON TUESDAYS	20 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	21 5:00PM <u>REST - Sound Bath</u> 6:00PM REST, REFLECT, YOGA + RESTORE Sound Bath w/ Iris	22 5:00PM <u>REST - Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	23 10:00AM - 10:30AM <u>Keiki &amp; Me Sound Bath</u>  5:00PM <u>REST - Sound Bath</u>
24 1:00 - 3:00  <u>MANIFEST III</u> <u>WORKSHOP</u>	25  CLOSED ON MONDAYS	26  CLOSED ON TUESDAYS	27 5:00PM <u>REST - Sound Bath</u> 6:00 <u>RESET - Sound Bath</u> 7:00PM <u>REST - Sound Bath</u>	28 5:00PM <u>REST - Sound Bath</u> 6:00PM MANIFEST - Sound Bath 7:00PM <u>REST - Sound Bath</u>	29 5:00PM <u>REST - Sound Bath</u> 7:00PM <u>RESET - Sound Bath</u>	30 10:00AM - 10:30AM <u>Keiki &amp; Me Sound Bath</u>  5:00PM <u>REST - Sound Bath</u>