

PSYCHOSOCIAL ASSESSMENT

INMATE COPY

IDENTIFYING INFORMATION

Name:

MULLIN, Herbert

CDC No.:

B-51410

DOB:

4/18/47

Race:

Caucasian

Sex:

Male

Marital:

Single

DOE:

7/26/01

Offense Date:

11/72-2/73

Arrest Date:

11/12-21

Sentencing Date:

2/13/73 9/18/73

Crime:

Murder, First, 2 Counts

Murder, Second, 9 Counts

Sentence:

5 Years to Life

Mr. Mullin is a 54-year-old Caucasian male serving five years to life for eleven separate murders. He is a slight man, appearing older than his stated age. He is soft-spoken and missing some front teeth. The inmate was cooperative with the evaluator.

SOURCES OF INFORMATION

The inmate's Central and Medical Files were reviewed, and he was interviewed on 7/26/01.

DEVELOPMENTAL HISTORY

Mr. Mullin did not report any unusual early childhood events or traumatic experiences. However, he indicated that he had had a difficult relationship with his father who he stated bullied him. He believed it was significant that his father had served as a drill sergeant in the Marines.

EDUCATION

According to Mr. Mullin, he has an associates degree from Cabrillo Community College. However, he subsequently attended classes at San Jose State University, but did not graduate. He reported that while in CDC he has completed courses on vocational baking, vocational landscaping and gardening and vocational mill and cabinet making.

FAMILY HISTORY

The inmate comes from an intact family. Both parents are now deceased, but he has a surviving older sister. He reports that he has had no contact with his sister since 1976. According to the inmate he broke off all contact with his sister and his parents in 1976 because he believed his family relationships were unhealthy for him. He said he did this with the support of his therapist. He stated that he still did not wish to have contact with his sister. The inmate denied any problems with substance abuse, sexual abuse, or violence in the home when he was growing up. He stated that he had no family criminal history. He said his father was hospitalized after World War II with shell shock, but that there was no other family history of psychiatric problems or treatment.

PSYCHOSEXUAL DEVELOPMENT & SEXUAL ORIENTATION

Mr. Mullin said he is heterosexual. He indicated that he had his first heterosexual intercourse at age 20 and thereafter had occasional, one-time encounters, but no significant relationships. He acknowledged a period of homosexual behavior over approximately one year when he was age 21. He said he had sexual contact with three or four different partners during that time. He indicated that these contacts occurred once or twice per month.

He initially denied any subsequent homosexual activity. When confronted with the fact that his records contain a disciplinary report for homosexual behavior, he acknowledged this activity, but denied any homosexual urges or interest. He simply said that he foolishly agreed to the sexual contact when the other inmate solicited his participation.

MARITAL HISTORY

The inmate has not been married and does not have any children.

MILITARY HISTORY

Mr. Mullin has not served in the military. As a young man, he applied for and received conscientious objector status, which he said was a source of considerable conflict with his father. He changed his mind, and later attempted to enlist during the period of time when he was committing his offenses.

EMPLOYMENT/INCOME HISTORY

The inmate has a history of several different employment situations in the community; however, all were at a substantially lower level than would be expected from his education. He said he believed he was naïve and immature when living in the community, and that his lack of a stable job history was related to this immaturity and the use of LSD and marijuana. The inmate reported that his longest employment was as a truck driver at Goodwill Industries between 1970-71.

SUBSTANCE ABUSE HISTORY

According to the inmate, he first used alcohol at the age of 15 and continued thereafter on an occasional basis. He said he began using marijuana when he was in college and used it on weekends with friends. He indicated that he used marijuana only occasionally after the age of

21. He initially said he had taken LSD approximately three times a year between 1967 and 1972. When asked about his earlier reports that he had purchased and used 50 doses of marijuana during the period when he committed his offenses, he acknowledged the purchase and consumption of these drugs, but said that the LSD was of poor quality. He denied using any other drugs.

PSYCHIATRIC & MEDICAL HISTORY

According to Mr. Mullin, he was first hospitalized at Mendocino State Hospital in 1969 when he was 21. He said he was also treated on an outpatient basis at Santa Cruz County Mental Health from 1969 to 1971 and hospitalized for approximately three weeks in San Luis Obispo sometime in 1969 or 1970. He could not provide any information as to the cause of the symptoms he was experiencing which precipitated this treatment, except he recalled that his first hospitalization at Mendocino State Hospital was precipitated by the onset of echolalia when he was having dinner with his family. He said he began repeating the words and actions of family members and that his family had him hospitalized.

Mr. Mullin was a participant in CCCMS from 11/4/96 until 3/23/98. He was typically seen only once every three months. His CDC records indicate that he was placed on CCCMS to prevent decompensation. No symptoms were reported or treated. He was not prescribed psychotropic medication.

He is not currently in treatment and is not taking any medication. His mental health records indicate that his psychiatric status was considered stable prior to his discharge from CCCMS.

On his own initiative he has participated regularly in Narcotics Anonymous and also in the Stay Out of Prison Program at Mule Creek State Prison. The latter is a self-help program.

PLANS IF GRANTED RELEASE

Mr. Mullin reported that he has approximately \$18,000 in savings and investments as a result of an inheritance from his father. He stated that in addition to these funds, if paroled, he will go to an employment agency and find a job. He did not expect to have any difficulty despite his many years' absence from the job market. He cited his good work record in CDC as justification for this confidence. He also believed that the Narcotics Anonymous organization would provide him with assistance in obtaining housing and job placement as well as a high level of emotional and logistic support in coping with day-to-day problems. He does not plan to establish contact with his sister. He stated that he did not have any friends outside of prison.

CLINICAL ASSESSMENT

CURRENT MENTAL STATUS/TREATMENT NEEDS

The inmate was oriented and alert. Affect was appropriate. He denied any current psychological symptoms. He acknowledged that he experienced auditory hallucinations during the period of his offenses and visual hallucinations while under the influence of LSD. He said the auditory hallucinations included communications from his victims telling him to kill them and also communication from his father telling him to kill others.

He denied any experience of depression, either while incarcerated or previously. He stated he had never attempted to commit suicide. He said he did not have any difficulty with anxiety symptoms.

Mr. Mullin denied any aggressive behavior or impulses. He stated that he had learned to manage his anger by accepting his life situation. He said in addition, he had learned to count to ten and use affirmations to manage anger. He also said he kept in mind "who I'm dealing with" (i.e.) the fact that he is at a level three prison.

He stated that he had suffered from undifferentiated Schizophrenia in the past, but believed he had healed himself from that disorder. He said he enjoyed his day-to-day life and received gratification from conversations with other inmates.

DIAGNOSTIC IMPRESSIONS (DSM IV)

DSM IV)		
Axis I	292.12	Hallucinogen-Induced Psychotic Disorder
	305.90	Polysubstance Abuse by History
Axis II	301.9	Personality Disorder NOS with Antisocial Features
Axis III		None known
Axis IV		Incarceration
Axis V		Global Assessment of Functioning (GAF) = 65

REVIEW OF LIFE CRIME

Mr. Mullin's version of his offenses was consistent with that given in the CDC records. He stated that he was remorseful for his offenses. However, he also said that they took place as a result of delusional beliefs, i.e., he believed that he had to kill some of the victims to prevent a terrible earthquake from devastating San Francisco. He said about three to four months after he was arrested, he realized that those ideas were delusional. He was unable to offer any insight into the emotional impact of this realization. When discussing his offenses, he was serious, but matter-of-fact. Although he stated he was remorseful, there was no affective response as he talked about his history.

ASSESSMENT OF DANGEROUSNESS

Within the Department of Corrections, Mr. Mullin has been a well-adjusted prisoner. He has no disciplinary reports for violent or aggressive behavior. In fact, there are only two disciplinary reports in his chart, both from early in his incarceration. One of these occurred in 1986 and involved the possession of exacto knives and needles which he told this evaluator he used in craft projects. He stated that he used the bird parts which were found in his possession at the same time for religious ceremonies. His only other disciplinary report was in 1983. This was for what was apparently a mutually consenting sexual contact with another inmate.

The inmate's mental illness seems to be in stable remission and has been for a significant period of time without treatment. There is no indication in his CDC records that he has abused substances during his incarceration. In short, it appears that within the controlled and structured environment of CDC, he can function without presenting a danger to himself or others.

If released to the community, he is not likely to receive the level of support he expects from members of Narcotics Anonymous. He has no other community support, having discontinued his contact with family members. He appears to be a somewhat dependant individual who probably requires a highly structured environment in order to function best. He is not likely to find it easy to reenter the work environment at the age of 54 with no significant employment history in the community. Frustration with his reception in the free world is likely to increase his risk for future acting out. Mr. Mullin lacks insight into factors other than drug abuse and his mental illness which may have been involved in his lethal behavior. He tends to project some of the blame for his acting out onto his relationship with his father. In this relationship he sees himself as a victim.

CLINICAL OBSERVATIONS/COMMENTS/RECOMMENDATIONS

If paroled he should be closely monitored for substance abuse and provided with mental health treatment and support services.

Respectfully Submitted,

Wee Strafe Pin

Dee Shafer, Ph.D.

Contract Psychologist

Psy 7540

DS:vk

Orig: C-File

cc: Med. File

C & PR

BPT

CC I

Inmate