

Desperation → Focus Action Plan

- Circle 3 non-negotiables at work and at home that deserve your best focus.
- Identify one distraction you need to cut or delegate this week.
- Protect one rhythm (family dinner, prayer time, staff collaboration) as untouchable.
- Ask yourself: If I only had 90 days left in this role/season, what would I prioritize most? Then act on it.



Desperation → Focus *Reflection Question*

If everything else fell apart, what 3 things would you fight to keep?



**Lead Full
Circle**

