

⚡ EPISODE 14

The Currency of Leadership is Trust

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Action Plan: Building Trust at Work & Home

1. Identify One Promise at Work

- Look back at your calendar, emails, or conversations.
- Write down one thing you've told a student, coworker, or teacher you would do (visit a class, check in, send info).
- Do it this week.

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2. Identify One Promise at Home

- Think of a recent small promise (shoot hoops, help with dinner, watch a show, fix something).
- Write it down.
- Do it before the week ends.

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3. Own Missed Moments

- If you realize you dropped the ball, don't dodge it.
- Say, "I told you I'd do this and I didn't. That's on me."
- Apologies are deposits when they're genuine.

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4. Build Small Habits of Consistency

- At work: Show up on time, follow up on emails, check in with someone you said you would.
- At home: Be present at meals, keep small commitments, limit distractions.