

WOD #1							
Heat #	Time	Lane	Team Name	Division	Gym	Athlete 1	Athlete 2
Heat 1	8:00 AM	Lane 1	The Comeback Kids	RX Female	Squad & Thoroughbred	Jenna Holland	Caity Schubiger
Heat 1		Lane 2	The A Team	RX COED	Crossfit Squad	Antonio Mujica	Ashley Yokota
Heat 1		Lane 3	The Nunzy's	RX COED	Almazan Construction	Anthony Annunziata	Angie Annunziata
Heat 1		Lane 4	No Bad Hair Days	RX COED	Thoroughbred Crossfit	Ryan Soriano	Sam Infantino
Heat 1		Lane 5	Thrust and Trust PhysioPlus	RX COED	Thoroughbred Crossfit	DaCee Olsen	Devin Szpindor
Heat 1		Lane 6	Renewed Performance	RX COED	The Crossfit Squad	Tag Wilber	Steph Wilber
Heat 2	8:20 AM	Lane 1	WPBFD 9/11 Memorial Stair Climb	RX Male	The Crossfit Squad	Noah Johnson	Jeremy Morganbesser
Heat 2		Lane 2	DRVEN	RX Male	CrossFit561	Nick Penizotto	Steve Caraccio
Heat 2		Lane 3	Liquid Sunshine Thoroughbros	RX Male	Thoroughbred Crossfit	Yannick Feurich	Wilson Bailey
Heat 2		Lane 4	Snatch Attack	RX Male	Triple G CrossFit	Allan Estrada	Dido Balla
Heat 2		Lane 5	Cf squad boys	Intermediate Male	The CrossFit squad	Huston osceola	Markus emerson
Heat 2		Lane 6	Long Warm-Up, Short Shorts	Intermediate Male	CrossFit Wild	Brandon Allard	Michael Eden
Heat 3	8:40 AM	Lane 1	Rep Daddies	Intermediate Male	CrossFit Liger	Alex Zajac	Andrew Moyle
Heat 3		Lane 2	Fear the Beard	Intermediate Male	Thoroughbred Crossfit	Michael Cruciotti	Jorge Savaglia
Heat 3		Lane 3	Me, Myself and Him	Intermediate Male	The Crossfit Squad	Alberto Garcia	Chris Worster
Heat 3		Lane 4	The Squadfather	Intermediate Male	The Crossfit Squad	Matt Zirkelbach	Mike Mahla
Heat 3		Lane 5	Snatch & Rescue	Intermediate Male	Triple G CrossFit	Shane Osborn	Ian Robbins
Heat 3		Lane 6	Cramp Champs	Intermediate Male	FitTown Jupiter	Bo Jahna	Andy Haberman
Heat 4	9:00 AM	Lane 1	Tommie's Pride and Joy	Intermediate Male	Crossfit Wild	Dylan Irigoyen	Brad Compton
Heat 4		Lane 2	Good Vibe Smiles	Intermediate Female	The Crossfit Squad	Colleen Lam	Daniela Malave
Heat 4		Lane 3	LEO SZN	Intermediate Female	Iron Valor CrossFit	Brittany Peerbolte	Jocelyn Belusko
Heat 4		Lane 4	Coastal Crush Chicks	Intermediate Female	Crossfit Triple G	Stefany Moreno	Jordan Luongo
Heat 4		Lane 5	Want Some Get Some	Intermediate Female	Crossfit Squad/Liger	Michele Miller	Jeni Quinn
Heat 4		Lane 6	Blonde con salsa	Intermediate Female	Fittown Jupiter	Jenni Aguilar	Maddie Montgomery
Heat 5	9:20 AM	Lane 1	Barbell Baddies	Intermediate Female	The CrossFit Squad	Maggie Mahla	Kailynn Violette
Heat 5		Lane 2	Cirque du Sore Legs	Intermediate Female	FitTown Jupiter	Rachel Chinchilla	Katie Noll
Heat 5		Lane 3	Join me, maybe?	Intermediate Female	Crossfit Squad	Gaida Zirkelbach	You?
Heat 5		Lane 4	Crackers and Cafecito	Intermediate COED	Peak 360	Lauren King	Paulie Cervantes
Heat 5		Lane 5	Buns and Guns	Intermediate COED	Thoroughbred Crossfit	Christopher Jackson	Leila Hastie
Heat 5		Lane 6	Parental Supervision	Intermediate COED	Independant	Beth Hayne	Yogi Pena

Heat #	Time	Lane	Team Name	Division	Gym	Athlete 1	Athlete 2
Heat 6	9:40 AM	Lane 1	Poppin' Squats	Intermediate COED	Thoroughbred CrossFit	Katie Yska	Matthew LaLonde
Heat 6		Lane 2	Navigate 4 Life	Intermediate COED	Thoroughbred & Gardens	Lauren Fernandez	Jake Wilson
Heat 6		Lane 3	Nothing behind those eyes	Intermediate COED	Thoroughbred CrossFit	Robert Gaumond	Katelynn Stoll
Heat 6		Lane 4	VG Creations	Intermediate COED	The Crossfit Squad	Valentin Garcia	Giselle Garcia
Heat 6		Lane 5	Strictly Business Partners	Intermediate COED	FitTown Jupiter	Austin Bettigrew	Danielle Bettigrew
Heat 6		Lane 6	Booty & The Beast	Intermediate COED	Palm City Crossfit	Anthony Miceli	Dariela Miceli
Heat 7	10:00 AM	Lane 1	Not Fast. Just furious	Scaled COED	Thoroughbred CrossFit	Jessica Hernandez	Mike Pompa
Heat 7		Lane 2	WOD-TANG CLEAN	Scaled COED	Palm City CrossFit	Jaime Venegas	Heather Peck
Heat 7		Lane 3	Snatch You Later	Scaled COED	CrossFit Liger	Courtney Zink	Raphael Sierra
Heat 7		Lane 4	Ballerina Cappucino	Scaled COED	Thoroughbred CrossFit	Brian Sodersjerna	Olivia Sodersjerna
Heat 7		Lane 5	Top Guns	Scaled Female	Thoroughbred Crossfit	Tia Drew	Ava Drew
Heat 7		Lane 6	Liger's Tigers	Scaled Female	Crossfit Liger	Elaina Zajac	Martina Maier
Heat 8	10:20 AM	Lane 1	Bourbon and Beauty	Scaled Female	Thoroughbred Crossfit	Leah Johnson	Sam Zajicek
Heat 8		Lane 2	3 lil pigs	Scaled Female	Hew	Jalisa Cantu	Tyler Gustafson
Heat 8		Lane 3	Pain Is The Plan	Scaled Female	Thoroughbred CrossFit	Marni Greenstein	Gabriela Zuluaga
Heat 8		Lane 4	Boynton Baddies	Scaled Female	Hew Fitness	Nicole Stathopulos	Maddy Veltre
Heat 8		Lane 5	Struggle Bus is Back	Scaled Female	Crossfit IQ	Nichole Ludemann	Tamara Polk
Heat 8		Lane 6	WE FEEL LIKE SHIRT	Scaled Male	The Crossfit Squad	Dillon Steinman	Arnie Braman
Heat 8	10:40 AM	Lane 1	PECPOPPERS	Youth Male	Palm City CrossFit	Jaime R. Venegas	Dmitri Venegas
Heat 8		Lane 2	Part Time Crossfitters	Youth Male	The Crossfit Squad	Stefanos Gunes	Emrah Gunes
Heat 8		Lane 3	Full Throttle TBred	Youth COED	Thoroughbred CrossFit	Lily Zajicek	Kallen Capone
Heat 8		Lane 4	Father and Daughter Reunion	Youth COED	The Crossfit Squad	Sam Almazan	Viviana Almazan
Heat 8		Lane 5					
Heat 8		Lane 6					

WOD #2 - Lane 1 - Male Barbells			
Time	Team	Division	Athlete
11:00 AM	Thrust and Trust PhysioPlus	RX COED	Devin Szpindor
11:04 AM	The A Team	RX COED	Antonio Mujica
11:08 AM	The Nunzy's	RX COED	Anthony Annunziata
11:12 AM	No Bad Hair Days	RX COED	Ryan Soriano
11:16 AM	Renewed Performance	RX COED	Tag Wilber
11:20 AM	WPBFD 9/11 Memorial Stair Climb	RX Male	Noah Johnson
11:24 AM	WPBFD 9/11 Memorial Stair Climb	RX Male	Jeremy Morganbesser
11:28 AM	DRVEN	RX Male	Nick Penizotto
11:32 AM	DRVEN	RX Male	Steve Caraccio
11:36 AM	Liquid Sunshine Thoroughbros	RX Male	Yannick Feurich
11:40 AM	Liquid Sunshine Thoroughbros	RX Male	Wilson Bailey
11:44 AM	Snatch Attack	RX Male	Allan Estrada
11:48 AM	Snatch Attack	RX Male	Dido Balla
11:52 AM	WEIGHT CHANGE - INTERMEDIATE		
11:56 AM	Cf squad boys	Intermediate Male	Huston osceola
12:00 PM	Cf squad boys	Intermediate Male	Markus emerson
12:04 PM	Long Warm-Up, Short Shorts	Intermediate Male	Brandon Allard
12:08 PM	Long Warm-Up, Short Shorts	Intermediate Male	Michael Eden
12:12 PM	Rep Daddies	Intermediate Male	Alex Zajac
12:16 PM	Rep Daddies	Intermediate Male	Andrew Moyle
12:20 PM	Fear the Beard	Intermediate Male	Michael Cruciotti
12:24 PM	Fear the Beard	Intermediate Male	Jorge Savaglia
12:28 PM	Me, Myself and Him	Intermediate Male	Alberto Garcia
12:32 PM	Me, Myself and Him	Intermediate Male	Chris Worster
12:36 PM	The Squadfater	Intermediate Male	Matt Zirkelbach
12:40 PM	The Squadfater	Intermediate Male	Mike Mahla
12:44 PM	Snatch & Rescue	Intermediate Male	Shane Osborn
12:48 PM	Snatch & Rescue	Intermediate Male	Ian Robbins
12:52 PM	Cramp Champs	Intermediate Male	Bo Jahna
12:56 PM	Cramp Champs	Intermediate Male	Andy Haberman
1:00 PM	Tommie's Pride and Joy	Intermediate Male	Dylan Irigoyen
1:04 PM	Tommie's Pride and Joy	Intermediate Male	Brad Compton
1:08 PM	Crackers and Cafecito	Intermediate COED	Paulie Cervantes
1:12 PM	Buns and Guns	Intermediate COED	Christopher Jackson
1:16 PM	Parental Supervision	Intermediate COED	Yogi Pena
1:20 PM	Poppin' Squats	Intermediate COED	Matthew LaLonde
1:24 PM	Navigate 4 Life	Intermediate COED	Jake Wilson
1:28 PM	Nothing behind those eyes	Intermediate COED	Robert Gaumond
1:32 PM	VG Creations	Intermediate COED	Valentin Garcia
1:36 PM	Strictly Business Partners	Intermediate COED	Austin Bettigrew
1:40 PM	Booty & The Beast	Intermediate COED	Anthony Miceli
1:44 PM	WEIGHT CHANGE - SCALED/YOUTH		
1:48 PM	WOD-TANG CLEAN	Scaled COED	Jaime Venegas
1:52 PM	Not Fast. Just furious	Scaled COED	Mike Pompa
1:56 PM	Snatch You Later	Scaled COED	Raphael Sierra
2:00 PM	Ballerina Cappucino	Scaled COED	Brian Sodersjerna
2:04 PM	WE FEEL LIKE SHIRT	Scaled Male	Dillon Steinman
2:08 PM	WE FEEL LIKE SHIRT	Scaled Male	Arnie Braman
2:12 PM	Full Throttle TBred	Youth COED	Kallen Capone
2:16 PM	Father and Daughter Reunion	Youth COED	Sam Almazan
2:20 PM	PECPOPPERS	Youth Male	Jaime R. Venegas
2:24 PM	PECPOPPERS	Youth Male	Dmitri Venegas
2:28 PM	Part Time Crossfitters	Youth Male	Stefanos Gunes
2:32 PM	Part Time Crossfitters	Youth Male	Emrah Gunes

WOD #2 - Lane 2 - Female Barbells			
Time	Team	Division	Athlete
11:00 AM	Thrust and Trust PhysioPlus	RX COED	DaCee Olsen
11:04 AM	The A Team	RX COED	Ashley Yokota
11:08 AM	The Nunzy's	RX COED	Angie Annunziata
11:12 AM	No Bad Hair Days	RX COED	Sam Infantino
11:16 AM	Renewed Performance	RX COED	Steph Wilber
11:20 AM	The Comeback Kids	RX Female	Jenna Holland
11:24 AM	The Comeback Kids	RX Female	Caity Schubiger
11:28 AM	WEIGHT CHANGE - INTERMEDIATE		
11:32 AM	Good Vibe Smiles	Intermediate Female	Colleen Lam
11:36 AM	Good Vibe Smiles	Intermediate Female	Daniela Malave
11:40 AM	LEO SZN	Intermediate Female	Brittany Peerbolte
11:44 AM	LEO SZN	Intermediate Female	Jocelyn Belusko
11:48 AM	Coastal Crush Chicks	Intermediate Female	Stefany Moreno
11:52 AM	Coastal Crush Chicks	Intermediate Female	Jordan Luongo
11:56 AM	Want Some Get Some	Intermediate Female	Michele Miller
12:00 PM	Want Some Get Some	Intermediate Female	Jeni Quinn
12:04 PM	Blonde con salsa	Intermediate Female	Jenni Aguilar
12:08 PM	Blonde con salsa	Intermediate Female	Maddie Montgomery
12:12 PM	Barbell Baddies	Intermediate Female	Maggie Mahla
12:16 PM	Barbell Baddies	Intermediate Female	Kailynn Violette
12:20 PM	Cirque du Sore Legs	Intermediate Female	Rachel Chinchilla
12:24 PM	Cirque du Sore Legs	Intermediate Female	Katie Noll
12:28 PM	Join me, maybe?	Intermediate Female	Gaida Zirkelbach
12:32 PM	Join me, maybe?	Intermediate Female	You?
12:36 PM	Crackers and Cafecito	Intermediate COED	Lauren King
12:40 PM	Buns and Guns	Intermediate COED	Leila Hastie
12:44 PM	Parental Supervision	Intermediate COED	Beth Hayne
12:48 PM	Poppin' Squats	Intermediate COED	Katie Yska
12:52 PM	Navigate 4 Life	Intermediate COED	Lauren Fernandez
12:56 PM	Nothing behind those eyes	Intermediate COED	Katelynn Stoll
1:00 PM	VG Creations	Intermediate COED	Giselle Garcia
1:04 PM	Strictly Business Partners	Intermediate COED	Danielle Bettigrew
1:08 PM	Booty & The Beast	Intermediate COED	Dariela Miceli
1:12 PM	WEIGHT CHANGE - SCALED/YOUTH		
1:16 PM	WOD-TANG CLEAN	Scaled COED	Heather Peck
1:20 PM	Not Fast. Just furious	Scaled COED	Jessica Hernandez
1:24 PM	Snatch You Later	Scaled COED	Courtney Zink
1:28 PM	Ballerina Cappucino	Scaled COED	Olivia Sodersjerna
1:32 PM	Top Guns	Scaled Female	Tia Drew
1:36 PM	Top Guns	Scaled Female	Ava Drew
1:40 PM	Liger's Tigers	Scaled Female	Elaina Zajac
1:44 PM	Liger's Tigers	Scaled Female	Martina Maier
1:48 PM	Bourbon and Beauty	Scaled Female	Leah Johnson
1:52 PM	Bourbon and Beauty	Scaled Female	Sam Zajicek
1:56 PM	3 lil pigs	Scaled Female	Jalisa Cantu
2:00 PM	3 lil pigs	Scaled Female	Tyler Gustafson
2:04 PM	Pain is the Plan	Scaled Female	Marni Greenstein
2:08 PM	Pain is the Plan	Scaled Female	Gabriela Zuluaga
2:12 PM	Boynton Baddies	Scaled Female	Nicole Stathopulos
2:16 PM	Boynton Baddies	Scaled Female	Maddy Veltre
2:20 PM	Struggle Bus is Back	Scaled Female	Nichole Ludemann
2:24 PM	Struggle Bus is Back	Scaled Female	Tamara Polk
2:28 PM	Full Throttle TBred	Youth COED	Lily Zajicek
2:32 PM	Father and Daughter Reunion	Youth COED	Viviana Almazan