

Law of Attraction

EXERCISE – sit
comfortably



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Strategic Visualizing

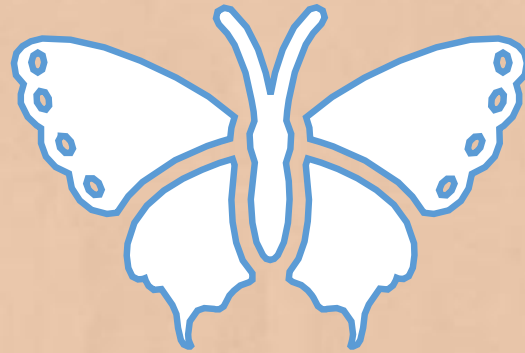
HOW ?

1. Find a quiet place where you can practice
2. Focus on **ONE** thing that you want the most at the present time.
(put this mental image at the very center and dwell on it)
3. **FEEL IT AND JUMP INTO IT** as if you already have whatever is depicted in the mental image.

VISUALISE
UNLIMITED
ABUNDANCE

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Law of AttrACTION



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Alignment with the Universe

Change IS THE ONLY CONSTANT FACTOR IN THE EQUATION – and it is this constant factor that makes the law of attraction that much more powerful.



**Remind yourself that everything you want is already pouring in
and you just have to catch everything
because your life is filled with abundance and grace.**

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Law of Attraction is for ANYONE



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A Simple Way of Purging Negativity

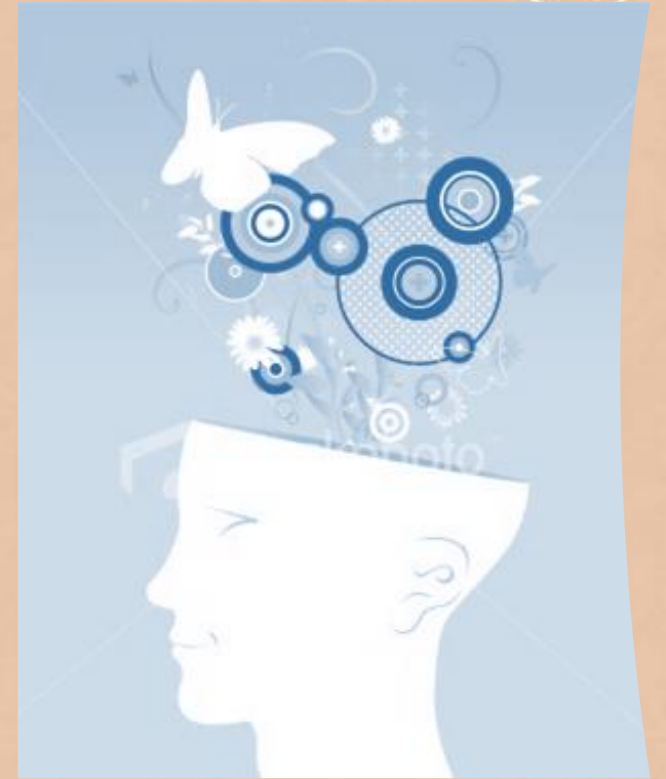
When one LOVES, it is impossible for anything negative to arise



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DO NOT
UNDERESTIMATE THE
POWER OF YOUR
THOUGHTS -



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Wants

Not the

NOT WANTS



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BELIEVE

TIME + ENERGY + ACTION

= determination



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activation ?

ACT  VATE



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un – learning:



*There must be conscious
learning and a complete
DISCARDING of old beliefs*



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Releasing the ...

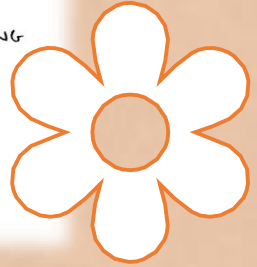
LIMITING BELIEFS

THE
sky
IS
THE
LIMIT

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Mastering your thoughts

requires mastery of your emotions as well .



Embrace your emotions and try to find out why you are feeling that way. This way, real-life obstacles and problems can also be resolved easily.

:WARNING:



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EMOTIONS are our internal guiding mechanism

CHANGE the FREQUENCY



TRANSMIT
AFFIRMATIVE
THOUGHTS and
POSITIVE
EMOTIONS
simultaneously.



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Shifting Frequencies of Attraction



- (1) Memory-Based Affirmative Cues
- (2) Activity- Based Affirmative Cues

AFFIRMATIVE CUES

- The goal: avoid Dwelling on negative emotions and thoughts

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Embrace the Goodness of the Universe itself



The UNIVERSE is here to help you
and
work WITH you

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It is time to re-learn : MAKE-BELIEVE

Most of us have lost this skill as adults. Make-believe allows a person to widen his own imagination. Make-believe also increases one's *belief* in something because the mind has something to hold on to. **BE PERSISTENT IN BELIEVING THAT YOU HAVE ALREADY RECEIVED WHAT YOU WANTED. BE PERSISTENT IN REMINDING YOURSELF THAT THE UNIVERSE HAS ALREADY HEARD WHAT YOU "ORDERED" AND IS DOING EVERYTHING TO DELIVER WHAT YOU ASKED IN A TIMELY MANNER.**

All your stress, anger and frustrations will begin to melt away

Doubts and anxieties will also evaporate

attrACTION



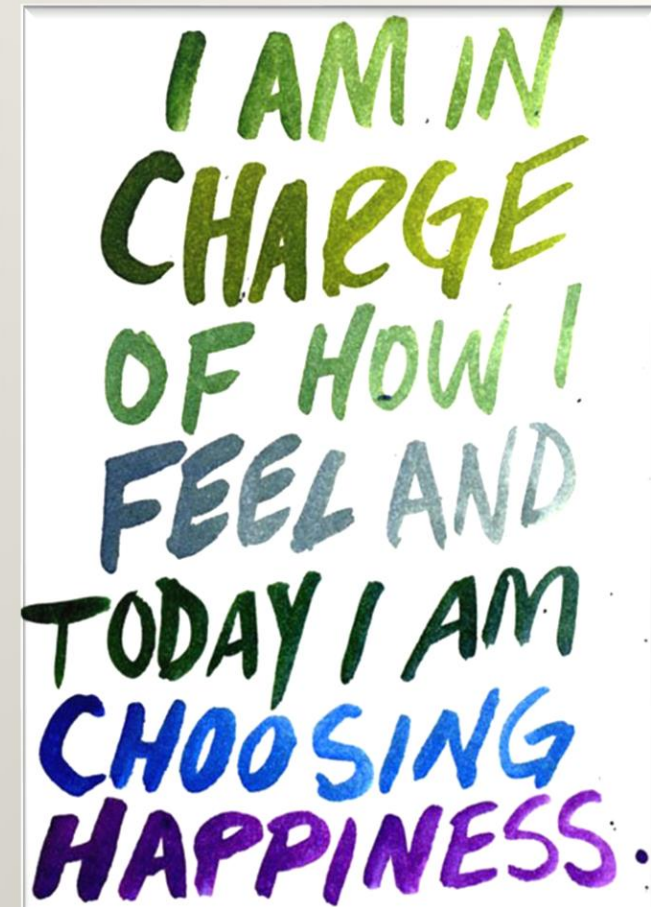
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BUILD EXPECTATION

When you are expecting a positive outcome, all the negativity disappears and you instantly create a bond with what you want.

EXPECTING GOOD THINGS TO HAPPEN WILL HELP ALTER THE SIGNALS THAT YOU ARE SENDING OUT TO THE UNIVERSE.



I AM IN
CHARGE
OF HOW I
FEEL AND
TODAY I AM
CHOOSING
HAPPINESS.

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The Universe and YOU – your relationship



- ▶ You must establish a one-to-one relationship first
- ▶ If you wish to receive something, you must first ask sincerely

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How to Work the Law of Attraction - recap

1. Thought Awareness
2. Emotional Awareness
3. Fine-tuning the internal guiding mechanism
4. Correcting transmitted frequencies
5. Simultaneous transmission of affirmative thoughts and emotions
6. Creating and using affirmative cues to maintain an affirmative frequency
7. Aligning with the Universe

Do NOT SKIP ANY OF THESE STEPS

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THANKFULNESS –
are you thankful?

there is
ALWAYS
something to
BE GRATEFUL
for

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The ROLE of FORGIVENESS in Manifesting

Non-Forgiveness is a limiting condition

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Healing the Energy Channels

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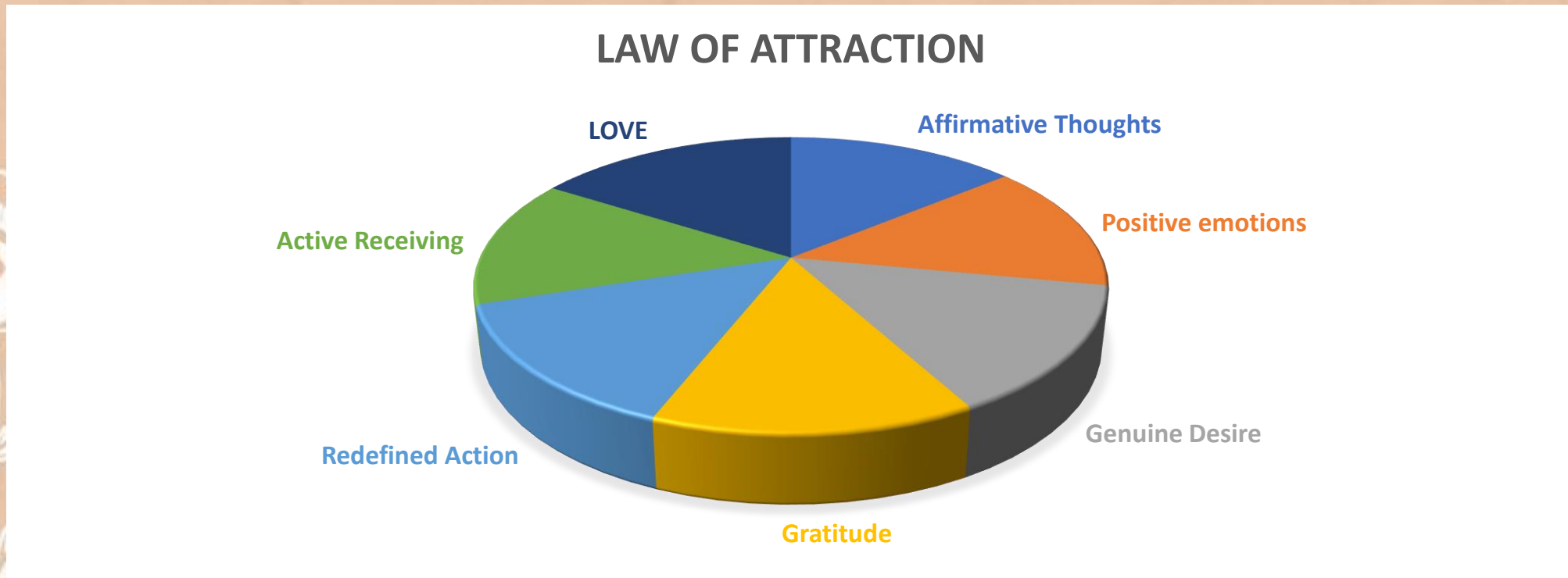
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How to Remove energy channel blockages

1. Find a quiet place to lie down.
2. Close your eyes and take deep breaths. Each breath should be between five to ten seconds long. Feel the stress and anxieties evaporating with each breath..
3. Imagine that you are able to see within your body. Find areas on your body that are experiencing tension or pain.
4. Once you find an affected area, what do you see? (this can be 3dimensional objects or areas of color)
5. Hold an internal dialog with the affected area. Ask why the area is there and acknowledge its presence.
6. Ask yourself : are you willing to release this affected area now? Visualize releasing the area of tension
7. Ask yourself: is there something that might help me release this affected area?

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How to MANIFEST AUTOMATICALLY



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Life-changing transformations
begin with a single step – this
step involves your OWN
INTENTIONS in life

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