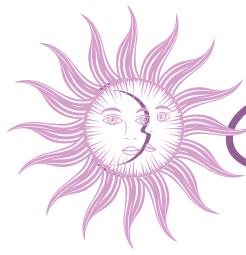


Shadow Work

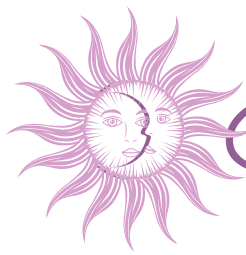




Shadow Work

Things I dislike in Myself:

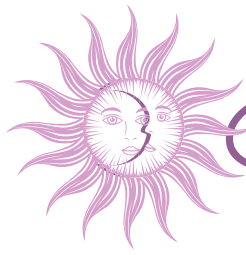




Shadow Work

Things I dislike in Other People :

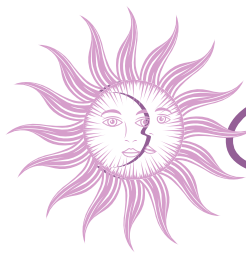




Shadow Work

Things I Complain About :

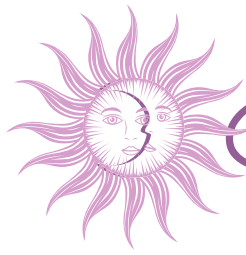




Shadow Work

Things I Criticise in Others :

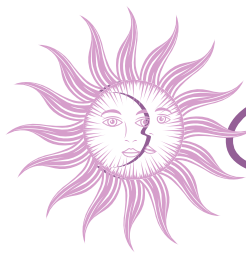




Shadow Work

Things I Struggle with:

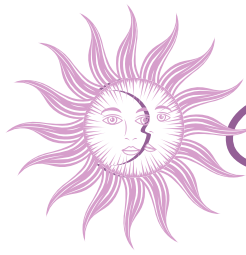




Shadow Work

Things I Envy in Others:



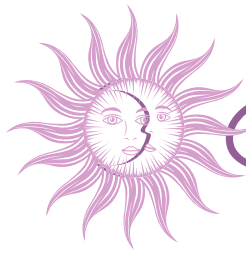


Shadow Work

your shadow mind map

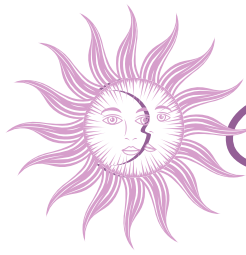
TAKE THE ANSWERS FROM YOUR PREVIOUS PAGES AND MAKE A WEB
OR MIND MAP AND EXPLORE HOW THEY CONNECT TO EACH OTHER





Shadow Work





Shadow Work

