



# THE BEACON

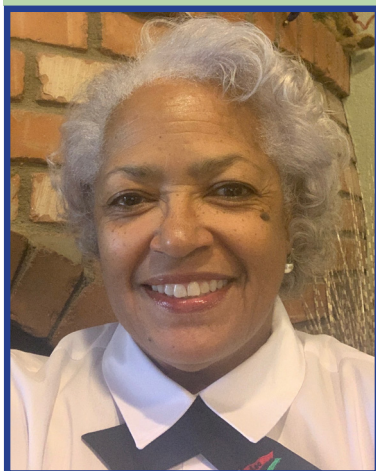


EBONY BOAT CLUB

FEBRUARY 2022

VOL. 28, NUMBER 2

## EBC Proudly Celebrates Womens History



**Jennifer Duhon**  
*Commodore*

Continuing last month's theme of *"We Are Our History"*, I would like to give a shout out to the women who have led our club with grace and courage.

### Linda Overall

The lone female founder of the Ebony Boat Club



**L**ast month we celebrated Black History Month and now on its heels is Women's History Month. What is this celebration and when did it begin? In the month of March we celebrate the accomplishments of all women famous and the not so famous.

Women's History Month was initially Women's Day and commemorated the February 28, 1909 meeting of socialist and suffragist in New York. The first International Women's day was celebrated in Europe in 1911 but was not widely celebrated in the United States until 1975.

***"Here's to strong women"***

A California task force created Women's History Week in 1977. This was an effort to get schools to embrace the new Title IX law. In March 1980, Jimmy Carter declared that March 8 would be the start of the National Women's History Week. By 1987, a Congressional declaration made the entire month of March Women's History Month. Every year since then, The President of the United States has declared the month of March Women's History month. This year in 2022, the theme is "Women providing healing and promoting hope"

- |                 |                |
|-----------------|----------------|
| Marilyn Brock   | Commodore 2005 |
| Eddie Jo Mack   | Commodore 2008 |
| Ann Dukes       | Commodore 2012 |
| Ann Dukes       | Commodore 2013 |
| Carol Whitehead | Commodore 2017 |

***"Here's to strong women. May we know them. May we be them. May we raise them."***

*Amy Rees Anderson*

This month we are also celebrating Mardi Gras with our first cruise in. Come out and celebrate with us March 18-20.

I hope to see you there.  
Jennifer Jo Duhon  
Commodore

# A PROCLAMATION ON WOMEN'S HISTORY MONTH

THE WHITE HOUSE BRIEFING ROOM  
FEBRUARY 28, 2022 \* PRESIDENTIAL ACTION

Every March, Women's History Month provides an opportunity to honor the generations of trailblazing women and girls who have built our Nation, shaped our progress, and strengthened our character as a people.

Throughout our history, despite hardship, exclusion, and discrimination, women have strived and sacrificed for equity and equality in communities across the country. Generations of Native American women were stewards of the land and continue to lead the fight for climate justice. Black women fought to end slavery, advocate for civil rights, and pass the Voting Rights Act. Suffragists helped pass the 19th Amendment to the Constitution so that no American could be denied a vote on the basis of sex.

Standing on the shoulders of the heroines who came before them, today's women and girls continue to carry forward the mission of ensuring our daughters have the same opportunities as our sons. Women of the labor movement are achieving monumental reforms to help all workers secure the better pay, benefits, and safety they deserve. LGBTQI+ women and girls are leading the fight for justice, opportunity, and equality — especially for the transgender community. Women and girls continue to lead groundbreaking civil rights movements for social justice and freedom, so that everyone can realize the full promise of America.

But despite the progress being made, women and girls — especially women and girls of color — still face systemic barriers to full participation and wider gaps in opportunity and equality. The COVID-19 pandemic has exposed and exacerbated those disparities which have disproportionately impacted women's labor force participation, multiplied the burden on paid and unpaid caregivers, and increased rates of gender-based violence. The constitutional right to abortion established in *Roe v. Wade* is facing an unprecedented assault as States pass increasingly onerous restrictions to critical reproductive health care and bodily autonomy. Workers contend with gender and racial wage gaps that can amount to

hundreds of thousands of dollars denied over the course of their lifetimes. The Congress sent the Equal Rights Amendment to the States for ratification 50 years ago and it is long past time that the principle of women's equality should be enshrined in our Constitution.

My Administration has made this issue a top priority from day one. Through historic Executive actions, my Administration launched Government-wide efforts to advance gender equity and equality, racial equity, and LGBTQI+ equality. Through the American Rescue Plan, my Administration delivered immediate relief to women and families, funded domestic violence and sexual assault services, supported child care providers, and invested in care workers — who are disproportionately women of color. Through the Bipartisan Infrastructure Law, we are working to ensure equitable access to good-paying jobs, particularly in sectors where women have historically been underrepresented. We have taken critical steps to end the scourge of gender-based violence and advocate for the long overdue reauthorization of the Violence Against Women Act — legislation that I was proud to author and champion as a United States Senator. We are confronting the epidemic levels of violence that transgender women and girls continue to face. We are working to expand access to health care, including reproductive health care for all people regardless of their gender, race, ethnicity, income, or zip code. We are fighting to lower the costs of child care and provide access to free preschool for all three- and four-year olds. We issued a call to action to eliminate racial disparities in maternal health care, which disproportionately impact Black and Indigenous women. And my Administration established a Gender Equity and Equality Action Fund to advance the rights and economic security of women and girls around the world.

This work is being led by the most diverse and gender-balanced Cabinet in American history, including the first woman — and woman of color — to serve as Vice President, Kamala Harris; the first woman ever to serve as Treasury Secretary and Director of National Intelligence; the first Native American woman to serve as a Cabinet Secretary;

# A PROCLAMATION ON WOMEN'S HISTORY MONTH

women leading the Departments of Commerce, Energy, Housing and Urban Development, along with the Small Business Administration and the Office of Management and Budget; and women of color representing America on the world stage as United States Ambassador to the United Nations and the United States Trade Representative as well as leading my Council of Economic Advisers in the White House. In addition, I established the first White House Gender Policy Council to advance gender equity across the Federal Government and released the first-ever national gender strategy to support the full participation of all people — including women and girls — in the United States and around the world.

This Women's History Month, as we reflect on the achievements of women and girls across the centuries and pay tribute to the pioneers who paved the way, let us recommit to the fight and help realize the deeply American vision of a more equal society where every person has a shot at pursuing the American dream. In doing so, we will advance economic growth, our health and safety, and the security of our Nation and the world.

NOW, THEREFORE, I, JOSEPH R. BIDEN JR., President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim March 2022 as Women's History Month. I call upon all Americans to observe this month and to celebrate International Women's Day on March 8, 2022, with appropriate programs, ceremonies, and activities. I also invite all Americans to visit [www.WomensHistoryMonth.gov](http://www.WomensHistoryMonth.gov) to learn more about the vital contribution of women to our Nation's history.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of February, in the year of our Lord two thousand twenty-two, and of the Independence of the United States of America the two hundred and forty-sixth.

JOSEPH R. BIDEN JR.

*Information retrieved from :*  
*proclamation women's history month*  
*whitehouse.gov*

## Nomination to the Supreme Court of the United States



In early 2016, the [Obama administration](#) officials vetted Jackson as a potential nominee to the [U.S. Supreme Court](#) to fill the vacancy left by the death of [Antonin Scalia](#).<sup>[70][71][72]</sup> Jackson was one of five candidates interviewed as a potential nominee for the vacancy.<sup>[73]</sup>

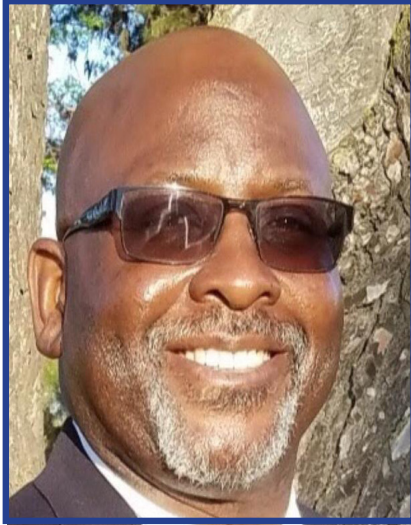
In early 2022, news outlets speculated that Biden would nominate Jackson to the U.S. Supreme Court to fill the seat vacated by Stephen Breyer.<sup>[74][75][76][77]</sup> Biden pledged during the [2020 United States presidential election](#) campaign to appoint a Black woman to the court, should a vacancy occur.<sup>[74]</sup> Jackson's appointment to the [D.C. Circuit](#), considered to be the second most influential federal court in the United States, behind only the Supreme Court, was viewed as preparation for a potential promotion to the Supreme Court.<sup>[78]</sup>

Jackson's potential nomination to the Supreme Court has been supported by civil rights and liberal advocacy organizations.<sup>[12]</sup> *The Washington Post* wrote that Jackson's experience as a public defender "has endeared her to the more liberal base of the Democratic Party".<sup>[79]</sup> While her supporters have touted her history as a public defender as an asset, during her 2021 confirmation hearing, Republicans showed that they might cast her public defender work as a liability.<sup>[21]</sup>

On February 25, 2022, Biden announced that Jackson was his nominee for associate justice of the Supreme Court.<sup>[4]</sup> On February 28, 2022, her nomination was sent to the Senate.<sup>[80]</sup> Her nomination is pending before the [Senate Judiciary Committee](#).

*Information retrieved from:*  
*[https://en.wikipedia.org/wiki/Ketanji\\_Brown\\_Jackson\\_Supreme\\_Court\\_nomination](https://en.wikipedia.org/wiki/Ketanji_Brown_Jackson_Supreme_Court_nomination)*

A Message From :  
**THE REAR COMMODORE**



**KERRY DAVIS**  
*Rear Commodore*

the derby. They will be going out on the same boat, the Tigerfish, on April 2. To reserve your spot on this trip, please call 510-652-3403 and fish on!

Opening Day on the Delta will be on April 9th and will be sponsored by the Stockton Yacht Club. EBC members are encouraged to participate in the boat parade to represent EBC, and there will be an event at the Stockton Yacht Club following the parade.

The EBC spring youth day has been canceled due to COVID restrictions, but we are still on track for having our Juneteenth Celebration on June 18 and our Fall Youth Day Program on October 15.

EBC has a cruise out planned for the Memorial Day Weekend, May 27-29. Let's make plans to go out and represent EBC on this cruise. Make sure that you register to cruise in by boat or by car early so that we can inform Petaluma Yacht Club of our intentions to attend their event. See additional information on page 22.

Thank you family,

Smooth cruising and  
***slide with the tide.***

Kerry Davis  
Rear Commodore

Greetings EBC Family,

I hope this message finds you well.

EBC is looking forward to having our first cruise in of the year to coincide with our Mardi Gras celebration this year. We are expecting several boats and members of the Diablo Yacht Club to join us for a weekend of exciting games, entertainment and good fellowship. Please check in with our Port and Fleet Officer, Reggie Kelley, for docking information if you plan on bringing your boat.

There will be a Leadership Conference, sponsored by PICYA, on March 26, at the Discovery Bay Yacht Club. There is a \$20 fee for lunch and conference material. This conference will be useful to members who wish to learn more about the inner workings of running and promoting clubs, networking with other yacht clubs, and to help ascend the ranks within your own club.

## **UPCOMING** **EVENTS**

The April 2nd charter boat trip to EBC's bi-annual "Cabin Fever Fishing Derby" has been cancelled. However, there are several members who are still participating in



A MESSAGE FROM:  
**THE PARLIAMENTARIAN**



P/C Robert E. Willis Jr.  
*Parliamentarian*

Ebony Boat Club,

The 30th Annual Pacific Inter-Club Yacht Association Change of Watch honoring Commodore Joan Marsh was held March 12 at the Corinthian Yacht Club in Tiburon Calif. What a great time everyone had beginning with great food, a colorful COW ceremony, socializing, great music from a very good live band and continuous dancing all evening long.

Ebony Boat Club member Dolores Williams and PICYA delegates, Glen Williams, Janet Noyd and Ann Dukes were in full attendance and dress to the "T"! EBC member, Sheila George, showed up looking like a "million dollars" in white and black sequins. Janet Noyd and Ann Dukes designed and created the table decorations for the event.

The "Silver Star" is an award presented by the PICYA Staff Commodores to recognize extraordinary service by a Delegate of PICYA and or to their club. The award is based on commitment, dedication and valuable service to PICYA, a delegate's club and to the recreational boating community. There were 5 other past Silver Star winners who attended this COW celebration. Present were Colleen Stauss, Bob Cain, Ed Stetson, David Breninger and Deanna Desin.

I had the honor and pleasure as a PICYA Staff Commodore to present our own EBC member Ann Dukes with this year's coveted PICYA Staff Commodore's Silver Star Award. The entire 160 plus in attendance stood up and gave Ann an extended round of applause. Ann appeared totally shocked and tearful and could barely gather her emotions to accept her award with a faint "thank you" acknowledgement!

Ann's efforts at our Club level and at the PICYA level for years are numerous. She has served in every Flag position at EBC including Commodore twice. She is Chairperson for the EBC "Youth Activity Days". Ann donates food, clothing and medical expertise to the homeless of Stockton and beyond. In PICYA she has been a Delegate for over 10 years, has served on and is presently chair of the PICYA Scholarship and Sunshine Committees. Ann has served on the Wheelchair Regatta for years and was co-chair in 2019. She has served on the COTY committee and was COTY chairperson in 2014. Ann has served for years on the PICYA Commodore's Ball Committee.

Whenever there is work to be done and to go the extra mile, Ann has always been there to help. Congratulations, Ann Dukes!

Robert E. Willis  
Parliamentarian-Ebony Boat Club  
Staff Commodore- PICYA



A Message From:  
**THE PORT/FLEET CAPTAIN**



**Reggie Kelley**  
*Port/Fleet Captain*

*Greetings fellow boaters.*

**5G HAS COME TO THE EBC CLUBHOUSE.**

I've been asked by several what is the advantage of 5g and how it effects EBC.

5G networks are cellular networks, in which the service area is divided into small geographical areas called cells. All 5G wireless devices in a cell communicate by radio waves with a cellular base station via fixed antennas, over frequency channels assigned by the base station. The base stations, termed gNodeBs, are connected to switching centers in the telephone network and routers for Internet access by high-bandwidth optical fiber or wireless backhaul connections. As in other cellular networks, a mobile device moving from one cell to another is automatically handed off seamlessly to the current cell. 5G can support up to a million devices per square kilometer, while 4G supports only one-tenth of that capacity.[citation needed]

Several network operators use millimeter waves called FR2 in 5G terminology, for additional capacity and higher throughputs. Millimeter waves have a shorter range than microwaves, therefore the cells are limited to a smaller size. Millimeter waves also have more trouble passing through building walls. Millimeter-wave antennas are smaller than the large antennas used in previous cellular networks. Some are only a few centimeters long.

The increased speed is achieved partly by using additional

higher-frequency radio waves in addition to the low- and medium-band frequencies used in previous cellular networks. However, higher-frequency radio waves have a shorter useful physical range, requiring smaller geographic cells. For wide service, 5G networks operate on up to three frequency bands – low, medium, and high.

5G can be implemented in low-band, mid-band or high-band millimeter-wave 24 GHz up to 54 GHz. Low-band 5G uses a similar frequency range to 4G cellphones, 600–900 MHz, giving download speeds a little higher than 4G: 30–250 megabits per second (Mbit/s).[4] Low-band cell towers have a range and coverage area similar to 4G towers. Mid-band 5G uses microwaves of 2.3–4.7 GHz, allowing speeds of 100–900 Mbit/s, with each cell tower providing service up to several kilometers in radius. This level of service is the most widely deployed, and was deployed in many metropolitan areas in 2020. Some regions are not implementing the low band, making Mid-band the minimum service level. High-band 5G uses frequencies of 24–47 GHz, near the bottom of the millimeter wave band, although higher frequencies may be used in the future. It often achieves download speeds in the gigabit-per-second (Gbit/s) range, comparable to cable internet. However, millimeter waves (mmWave or mmW) have a more limited range, requiring many small cells.[5] They can be impeded or blocked by materials in walls or windows.[6] Due to their higher cost, plans are to deploy these cells only in dense urban environments and areas where crowds of people congregate such as sports stadiums and convention centers. The above speeds are those achieved in actual tests in 2020, and speeds are expected to increase during rollout.[4] The spectrum ranging from 24.25–29.5 GHz has been the most licensed and deployed 5G mmWave spectrum range in the world. [citation needed]

The industry consortium setting standards for 5G is the 3rd Generation Partnership Project (3GPP). It defines any system using 5G NR (5G New Radio) software as "5G", a definition that came into general use by late 2018. Minimum standards are set by the International Telecommunication Union (ITU).

*From Wikipedia, the free encyclopedia*

A Message From:  
**THE TREASURER**



**OTIS BROCK**  
*Treasurer*

If you are interested in assisting the foundation, you can make a donation directly to the Ebony Youth Foundation by taking a picture of our QR Code and following the instructions.



You can make a donation directly to the Ebony Youth Foundation at 1253 Yuba Avenue San Pablo Calif. 94806. Or online at Network For Goods. Click on Ebony Youth Foundation and follow their instructions. We are listed on the Eligible Organization List as 814228897.

<https://www.networkforgood.org/donate/>

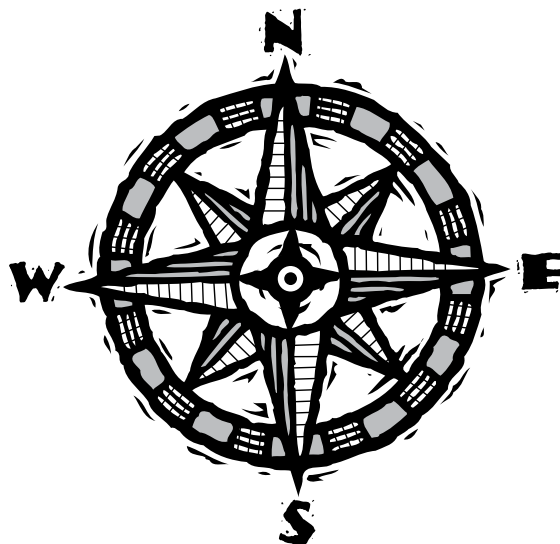
Thanks and Safe Boating  
Treasurer, Otis Brock

Hello fellow Ebony Boat Club Members:

If you are planning to visit the club by land, I would like to remind you that the marina changed its parking policy. They require a parking placard to park in the close parking spaces. You can park in the first four spaces near the street without a parking placard. We noticed that the parking enforcement officers patrol the parking lot every day around 2pm and citing the vehicles without parking placards. Contact me if you want me to send you one.

We normally receive US mail at our P.O. Box 796 Stockton, Calif. 95201. You may use this address for future correspondence with your club. Please send me an email if you are having a problem receiving your treasurer's reports. We may have an old E-mail address. We will be sending out the current membership information this month.

The Ebony Youth Foundation is a 501(C)(3) charitable organization registered with the Internal Revenue Service. This means that you can deduct contributions to the Foundation under Internal Revenue Code Section 170.



A Message From:  
**THE SECRETARY**



**DELORES WILLIAMS**  
*Secretary*

Ahoy EBC members,

My, how time flies! January and February are gone.

Glen and I ended February at a Toast to Black Wineries and Diverse Art event in Berkeley. We will present our findings to the EBC Board to see if this networking could be beneficial to EBC's Jazz & Wine Festival in June and/or the Ebony Youth Foundation.



Moving right along, March *came in like a lamb* with lovely, early spring weather. Consequently, EBC boats are coming out of storage and/or being tuned up in anticipation of EBC's Mardi Gras cruise-in scheduled for March 18<sup>th</sup> -20<sup>th</sup>. I am looking forward to the festivities: masks, beads, music, and of course Ann Dukes' jambalaya to name a few items.

Yes, spring is definitely in the air. However, I hope March *goes out like a lion* with a rainstorm to help mitigate the drought.

I am looking forward to April showers (*except for any of the opening days on the bay or delta*).....

Anchors aweigh,  
Dolores Williams  
Secretary

*"Laissez les bon temps rouler"*

Come join your  
EBC Brothers and Sisters  
as we sit back, relax, and  
view the

***OPENING DAY  
ON THE DELTA***

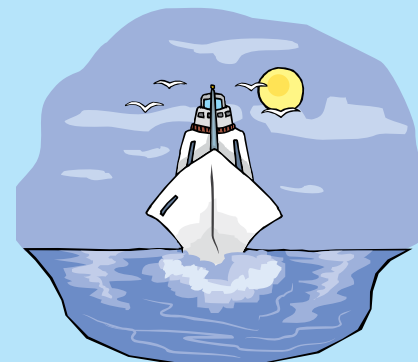
from the comfortable  
confines of the  
EBC Club House.

***Food, Beverages and Fun  
(basically a party)***

**April 9, 2022**

**705 W Weber Ave**

**Stockton, CA 95203**





A Message From :  
**SAFETY & TRAINING OFFICER**

## California Law for Life Jackets

When was the last time you put on your life jacket? Does your life jacket fit? Will your life jacket keep your head above water? I can go on and on with these questions, but as a boater, you should be properly prepared for any boating event that may occur. Please take some time to review the following information from the California Division of Boating and Waterways ([Division of Boating and Waterways \(ca.gov\)](http://www.dboating.ca.gov)) for up-to-date life jacket law.

## LIFE JACKETS AND THE LAW

Under California law, every child under 13 years of age on a moving recreational vessel of any length must wear a Coast Guard-approved life jacket in serviceable condition and of a type and size appropriate for the conditions and the activity. The law does not apply to children under 13 years of age who are:

- ▶ on a sailboat and are constrained by a harness tethered to the sailboat
- ▶ in an enclosed cabin
- ▶ on a vessel engaged in an emergency rescue situation

## FIT FACTS

### If a life jacket fits properly...

- It will help keep your head above the water.
- If it's too big, the life jacket will ride up around your face.
- If it's too small, it will not be able to keep your body afloat.
- Life jackets designed for adults will not work for children!

### Try it on for size!

- Check the manufacturer's label to ensure that the life jacket is a proper fit for your size and weight.
- Make sure the jacket is properly fastened.
- Hold your arms straight up over your head.
- Ask a friend to grasp the tops of the arm openings and gently pull up.
- Make sure there is no excess room above the openings and that the jacket does not ride up over your chin or face.

- For the best fit, try the life jacket in shallow water under safe and supervised conditions. For more information on the new life jacket labels, please visit [www.WearItLifeJacket.com](http://www.WearItLifeJacket.com).

## ADULT UNIVERSAL

User Weight: >40 kg (>88 lbs)  
Chest Size: 76-132 cm (30-52 in.)

70











- Drowning hazard if not worn.
- Must be fastened and properly adjusted to float the wearer.

Choose and wear the device which fits you and your activity, visit [www.wearitlifejacket.org](http://www.wearitlifejacket.org).  
Read and keep the owner's manual and tags for info such as rearming, wear, and care.

---

Company Name  
Company Address  
Company website if available  
Made in XXXXX

**USCG Approved 160.064/XXXX/X**  
**TC Approved XXXXXX-X**  
**ANSI/CAN/UL 12402-5**

Model: XXXX      Style: XXXX  
Lot No. XXXX

Approval conditions state that this device must be worn to be counted as equipment required by vessels meeting Transport Canada or USCG regulations.

Lab  
Certification  
Mark

Certifying Lab  
Identification

**Use:**

- Fasten all closures and adjust for a snug fit.

**Inspection:**

- Inspect your life vest before each outing. Do not use if your life vest shows signs of weathering, damage, or rot.

**Care and Storage:**

- Dry thoroughly after each outing.
- Store in a dry, cool place out of direct sunlight.



A Message From :  
**SAFETY & TRAINING OFFICER**

## **Dockwalker Program**

**Let us help keep our bays clean by training other boaters through education. Dolores and I attended the Dockwalker training on March 5<sup>th</sup>. It was an excellent training session. Learning about fueling bibbs and e-flares which was a plus for Dolores and me. I purchase the E-flares today and requested the makers of the fueling bibbs displayed in class. These bibbs catch excess fuel when pumping gas at the docks. There is still time to register for additional Dockwalker Program training sessions. Please review the information below from the California Coastal Commission and register. Let's get EBC on the Dockwalker Hall of Fame list. Also, the more participation the more PICYA points Ebony Boat Club can earn.**

### **PROMOTING CLEAN BOATING THROUGH EDUCATION**

One of the most effective methods for providing information to boaters is word of mouth. In 1999, Save Our Shores (SOS) started the Dockwalker program to provide one-on-one outreach in local harbors to help boaters appropriately discard used oil, share best clean boating practices, and waste products. In 2000, the Boating Clean and Green Program borrowed the Dockwalker name and general concept, with permission from SOS, and developed a statewide Dockwalker program.

The **California Dockwalker** program is led by the **California Coastal Commission** and the **California Division of Boating and Waterways' Boating Clean and Green Program** and is implemented in partnership with **The Bay Foundation**. Many organizations have made this program successful including Save Our Shores, the U.S. Coast Guard Auxiliary, and the US Power Squadrons. Other partners include Lake Berryessa Partnership, San Mateo County, Pacific Inter Yacht Club Association, the City of Newport Beach, Humboldt Baykeeper, the Clean Marinas California Program, West Marine, among others.

A Message From :  
**SAFETY & TRAINING OFFICER**

## 2022 Dockwalker Training

### Become a 2022 Partner Dockwalker by taking one of our training!

In 2022 we are offering a hybrid model combining *virtual and some in person* Dockwalker training. During the virtual training (through the Zoom video conferencing system) the instructor will be live and participants will be able to ask questions! A reminder to current Dockwalkers if you were trained 3 years ago **it is time to get recertified**. Please register for one of the following training:

#### **NORTHERN CALIFORNIA**

**10:00 a.m. to 12:45 p.m.**

[Saturday, April 2, 2022 - Virtual Training](#)

[Saturday, April 30, 2022 – In-Person Training - Oakland Yacht Club](#) *\*\*If we don't meet our*

*targeted registration this meeting will be virtual. You will be notified by Wednesday, April 27th, 2022 and a link for the virtual training will be provided to you.\*\**

[Saturday, May 7, 2022 – In-Person Training - Sacramento Marina](#) *\*\*If we don't meet our*

*targeted registration this meeting will be virtual. You will be notified by Wednesday, May 3rd, 2022 and a link for the virtual training will be provided to you.\*\**

[Saturday, June 18, 2022 - Virtual Training](#)

#### **Refresher Training**

[Saturday, April 23, 2022 - 10 a.m. to 11:30 a.m.](#)

[- Virtual Training](#)

[Thursday, May 12, 2022 - 5:30 p.m. to 7 p.m. -](#)

[Virtual Training](#)

Download the flyer and registration form [here](#).

#### **SOUTHERN CALIFORNIA**

**10:00 a.m. to 12:45 p.m.**

[Saturday, March 26, 2022 - Virtual Training](#)

[Saturday, April 16, 2022 – In-Person Training - Silver Gate Yacht Club](#) *\*\*If we don't meet our*

*targeted registration this meeting will be virtual. You will be notified by April 13th, 2022 and a*

*link for the virtual training will be provided to you.\*\**

[Saturday, May 14, 2022 - Virtual Training](#)

[Saturday, June 11, 2022 - Virtual Training](#)

#### **Refresher Training**

**10:00 a.m. to 11:30 a.m.**

[Saturday, March 19, 2022 - Virtual Training](#)

[Thursday, April 28, 2022 - Virtual Training](#)

Download the flyer and registration form [here](#).

## How to Register

### WHAT WE NEED FROM YOU

Please select a training date and California region above, click on the training date, you will be directed to the registration site. Please provide the required registration information, then you will receive a registration email. A few days before the training date we will be sending you the disclaimer you need to complete and send back via email and an email reminder with the training files. If you have any questions about the registration process, please contact Vivian Matuk at [vmatuk@coastal.ca.gov](mailto:vmatuk@coastal.ca.gov) or (916) 764-0989.

### WHAT YOU WILL NEED FOR THE VIRTUAL TRAINING

A computer with internet access and a microphone or a telephone to call in. Please note you do not need a Zoom account or to download the system to attend a Zoom video conference meeting; once registered, you will receive a link to join the meeting along with instructions to join and a few additional files.

### Dockwalker Hall of Fame

Every year, the California State Parks Division of Boating and Waterways and the California Coastal Commission's statewide Boating Clean and Green Program, in partnership with The Bay Foundation thanks and honors the Dockwalkers for their hard work and support during each boating seas

Information provided by Glen Williams.

## A MESSAGE FROM: YOUTH SCHOLARSHIP CHAIR

### Scholarships Support Students Pursuing Health Care Careers



Health care scholarship recipient Aleya Garcia Rivas celebrating her graduation from Oregon State University.

**With our Health Equity Scholars Program, we're helping students achieve their dreams of going to college while increasing diversity in health care.**

When Aleya Garcia Rivas was a high school senior, she applied for as many scholarships as she could to help with upcoming college costs. One of the scholarships she received was the Health Care Career Scholarship from Kaiser Permanente, which provided Garcia Rivas, a first-generation undergraduate college student who wanted to pursue a career in public health, money and support for living and learning expenses while attending Oregon State University.

“The scholarship I received through Kaiser Permanente was a huge help. Not having to worry about how to pay for tuition and books was something that enabled me to focus on my studies,” said Garcia Rivas, who also worked about 20 hours a week throughout her entire undergraduate career.

The scholarship program Garcia Rivas participated in is now part of a new, broader effort funded by Kaiser Permanente in partnership with the Hispanic Scholarship Fund and the United Negro College

Fund. The grant provided by Kaiser Permanente enabled HSF and UNCF to award \$1.26 million in scholarships to 252 high school seniors in 2021 in California, Colorado, Georgia, Hawaii, Maryland, Oregon, Virginia, Washington, and Washington, D.C.

“Grants and scholarships are powerful and preferable ways to ease financial burdens on low-income students,” said UNCF executive vice president of development Maurice Jenkins. “Even small scholarships that can cover immediate learning and living expenses can improve graduation rates and support students in their persistence throughout higher education.”

### Addressing education's unequal financial burden

Student debt is a growing crisis in the United States, affecting people of all races and a broad range of income levels. However, the burden of debt is not carried equally across the nation. According to the Roosevelt Institute, between 2000 and 2018 the median student debt for white borrowers nearly doubled — from \$12,000 to nearly \$23,000. For Black borrowers, that number quadrupled, increasing from \$7,000 to \$30,000.

As debt looms, career path choices become more limited for students who need to make loan repayment a priority over pursuing a more purposeful career path. Those limited choices can have life-altering consequences.

“We believe that if we can help promising students emerge from colleges and universities with less debt, we can decrease the likelihood that they will suffer from the ensuing financial strain and accompanying chronic stress that can contribute to poor health,” said Bechara Choucair, MD, senior vice president and chief health officer at Kaiser Permanente. “In the long term, we believe these scholars will improve conditions for health in their communities and help innovate the health care system.”

## A MESSAGE FROM: YOUTH SCHOLARSHIP CHAIR

Our Health Equity Scholars Program supports students with backgrounds that represent the country's diversity in race, ethnicity, national origin, sexual orientation, and gender identity. In addition, 71% of the recipients are first-generation college students. They bring their diverse perspectives to the colleges they attend and to the health care field they plan to enter.

### Building healthier communities

In addition to financial support, we and our partners provide additional support and opportunities for scholars to help them stay in school and gain career exposure and work experience in the health care industry.



Garcia Rivas graduated from Oregon State University in 2020 — debt-free. She now works for PacificSource Health Plans as a health equity and diversity liaison for Marion and Polk county coordinated care organizations, partnering with community-based organizations and internal teams to ensure that health equity needs are being met.

The national scholarship program is one of the latest efforts we have supported to increase diversity across the health care field and bolster economic opportunity in the communities we serve. It follows announcements to [provide paid fellowships](#) to public health graduate students; our partnership with Service Employees International Union-United Healthcare Workers.

West to [establish Futuro Health](#), a nonprofit organization dedicated to growing the largest network of certified health care workers in the country; and our commitment to waive tuition for the first 5 classes entering [the Kaiser Permanente Bernard J. Tyson School of Medicine](#).

Applications for scholarships are accepted by:

[The Hispanic Scholarship Fund](#); accepting next round of applicants beginning early 2023 [The United Negro College Fund](#); deadline May 31



Information provided by Janet Noyd

## MESSAGES FROM OUR MEMBERS



**Ann Dukes**  
*Past Commodore  
PICYA Delegate*

Good Morning My EBC Family,

It will feel good to be back in our clubhouse again! I miss the hugs and smiles of my EBC family.

We are planning a cleaning day of the clubhouse on Wednesday, March 16th at 10am to get ready for the Mardi Gras Cruise in from Diablo Yacht Club. Our Mardi Gras cruise in event starts on Friday, March 18th with the Mardi Gras party on Saturday evening, March 19th. The event concludes with our big breakfast Sunday morning, March 20th. We plan to have our small dinghy boat race Saturday afternoon, March 19th following the continental breakfast. Please come out and enjoy our first in-house event of the year. Let us know if you plan to attend this event or if you have invited guests, so we'll have enough food. I do not plan to over buy as we do not want leftovers or to cut into our profits.

The Spring Youth Day scheduled for Saturday, April 23rd has been canceled due to time constraints and state mandates concerning COVID-19. However, I am moving forward with planning our Juneteenth celebration scheduled for Saturday, June 18th. I am targeting older youths, who are vaccinated, to attend

this year's Juneteenth celebration. If anyone has a group of teenagers that you would like to invite to this event, please provide me with their contact information at your earliest convenience. Our Fall Youth Day Program is scheduled for Saturday, October 15th and hopefully will be back on track, to invite kids of all ages.

I introduced Glen Williams and Janet Noyd as the new delegates from Ebony at the March 7th PICYA meeting held at the Pittsburg Yacht Club. Robert Willis is now a delegate-at-large from our club. The PICYA Change of Watch is being held on Saturday, March 12th. I understand several Ebony members will be attending. We do get COTY points for members attending the Change of Watch. Although we will not get COTY points for our contributions or donations for the Change of Watch, we do get recognition for it in the program. Currently our contributions and donations are at the Diamond recognition level.

It is good to have the mask mandates removed by the Governor, but we still need to be careful. Prayerfully that means as a state we are moving in the right direction and hopefully we can be mask free by our Juneteenth event on Saturday June 18th. I personally like to keep my mask on when in crowded spaces, especially when I am outside my comfort circle. We will continue to take temperatures at the front door during our events and require mask in-house.

*SEE YOU ON THE WATER!*

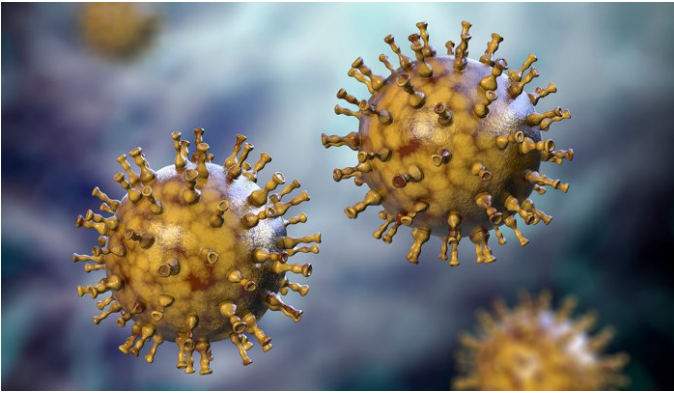
With Love and Prayers,

Ann Dukes  
Past Commodore  
Youth Program Chairperson

## Common but Misunderstood: 6 Myths About Shingles

Here are the facts behind the painful disease, including how you can help escape its wrath

by Jeanette Beebe, AARP



KATERYNA KON/SCIENCE PHOTO LIBRARY / GETTY IMAGES

### Myth 1: Shingles is the same as chickenpox

It's true that shingles is the result of the same virus that causes chickenpox (called varicella zoster virus), but they're not that similar — more distant cousins than siblings. For most people, chickenpox is a childhood annoyance, ever so itchy but usually not too serious, although complications can occur. Shingles usually pops up later in life, and it's more than merely annoying. It's painful for most, and the disease's complications — from long-term nerve pain to hearing issues to brain inflammation — can seriously hurt your health, sometimes for months or years. If you've ever had chickenpox — and you probably have; according to federal data, more than 99 percent of Americans born before 1980 have had it — you are at risk for shingles. The reason? After a person recovers from chickenpox, the virus stays dormant in the body. But it can reactivate, typically later in life. "Our natural [immune function](#) decreases with age, putting older patients at risk of varicella zoster virus reactivation," explains Anisha B. Patel, a dermatologist at the University of Texas MD Anderson Cancer Center in Houston.

### Myth 2: Shingles can't be prevented

Not true. [You can get a shingles vaccine](#). The Centers for Disease Control and Prevention recommends the two-dose [Shingrix vaccine](#) for most people 50 and older, including adults who have chronic health conditions, although it's always important to consult with your doctor first. You can get vaccinated at a doctor's office or pharmacy; just be sure to return between two and six months later for your second shot. Shingrix is approximately 90 percent effective with two shots and stays 85 percent effective for four years, the CDC says. And since the shingles vaccine became available in 1995, hospitalizations and deaths due to the virus have dropped significantly: 93 percent and 94 percent, respectively. Had shingles in the past? Even if that's the case, Patel says, "the vaccine can help keep you from having subsequent reactivation." "Note that Zostavax, another shingles vaccine, is no longer available in the U.S. The so-called live vaccine was approved by the Food and Drug Administration in 2006 and discontinued in November 2020. The CDC recommends that individuals who received Zostavax in the past get Shingrix.

### Myth 3: If you think you have shingles, it's best to wait it out

On the contrary, it's important that you get to a health care provider as soon as you suspect you have shingles. Your doctor can prescribe antiviral medications that can significantly lessen your pain, and these drugs are most effective when taken as soon as possible. "That's really, really important. We really want to emphasize [that]," says Lisa Garner, a dermatologist with 35 years of experience in private practice in Clearwater, Florida. "If a patient called my office and said, 'I think I have the shingles,' I always worked them in the same day. And still do."

### Myth 4: Shingles isn't that serious

Shingles isn't usually mild. Though the disease may run its course relatively quickly (for many, the outbreak is gone within a month), a red rash isn't the worst of it. In most cases the blisters

## HEALTH AND SAFETY

come with deep pain that can be debilitating, reducing a person's ability to go about their day."What some people don't realize is how terrible the pain associated with shingles can be and how long it can last," Garner says. After the rash is gone, burning, stabbing, throbbing pain can reappear as a chronic condition, called postherpetic neuralgia (PHN). It occurs where the rash was and can continue for months, even years. As the most common complication of shingles, PHN can usher in more problems, including depression, fatigue, loss of appetite, and trouble with sleeping and concentrating.



WILDPixel / GETTY IMAGES

According to the CDC, between 10 and 18 percent of people with shingles develop PHN. That's roughly 1 or 2 people out of every 10. Your risk for developing PHN increases with age. Also, the more pain you experienced during your shingles outbreak, the more likely you are to develop PHN. This part is important: If your shingles rash appears on your face, it can be serious, [especially if it's near your eyes](#). "This is particularly urgent, and the patient should also be evaluated by an ophthalmologist," Patel says, as it can pose a risk to vision and result in corneal scarring and, rarely, blindness. "We consider that an ophthalmological emergency," Garner adds. Shingles pain and PHN are more common among older people and those who didn't act quickly and took antiviral medication 72 or more hours after noticing the red rash — yet another reason to talk with a health care provider as soon as you suspect shingles. The disease has also been associated with [pneumonia](#), brain

inflammation (encephalitis), meningitis, hearing issues and even death, though the link isn't well established and may be rare.

### **Myth 5: Shingles looks like one thing: a red rash**

A red rash that occurs on one side of the body is typically what you should look for. Still, some people experience pain without a red and blister-filled rash. Or they may get the rash only after a few days. Most of the time, though, sufferers experience burning and tingling on one side of the body, often on the back, chest or stomach. Then the painful, itchy red rash with small blisters develops, scabbing in a week to 10 days and fully clearing up within two to four weeks. "It can occur from the top of your head to the bottom of your toes. I don't think there's any part of skin that I have not seen it occur in over many, many years," Garner says. Shingles can also cause fever, chills, bad headaches, muscle weakness and other pain.

### **Myth 6: You don't need to worry about being contagious**

Shingles, as a disease, isn't contagious — in other words, you can't get shingles from someone who has shingles. But the virus that causes it is quite contagious and can be spread easily by way of droplets dispersed in the air when, say, someone talks or breathes. It can also spread if someone comes in contact with the virus-causing skin blisters, which is why, if you have shingles, it's important to keep your rash covered. If someone hasn't had chickenpox or isn't vaccinated for it, they can get infected with the virus if they come in contact with the ooze from the lesions (via clothes, sheets or towels). People with shingles cannot spread the virus before rash blisters appear or after the rash crusts, the CDC notes.

Finally, you can get shingles more than once (though it's rare) if your immune system is strained. So take care of yourself: Minimize stress, [get enough sleep](#), eat good-for-you [foods](#), and stick to an [exercise routine](#). And if you think you have shingles, get yourself to a doctor as soon as possible.



## HEALTH AND SAFETY

### Consumer Reports Just Found Arsenic, Lead and Cadmium in Some Popular Spices

**Here's what you need to know—plus some suggestions to work around the risk of heavy metals.** By Leah Goggins

It's no secret that some spices can have serious health benefits (and turn a flavorless meal into something to write home about). We love the anti-inflammatory power of turmeric and the blast of flavor that a sprinkle of chili powder or garlic powder offers—but a new investigation from Consumer Reports is making us think twice about the spices we use each day.

Consumer Reports tested bottles of 126 dried herbs and spices for the presence of arsenic, lead, cadmium, mercury and salmonella. The assorted spices included multiple brands of basil, black pepper, chili powder, coriander, cumin, curry powder, garlic powder, ginger, oregano, paprika, saffron, sesame seed, thyme, turmeric and white pepper. While none of the bottles tested positive for mercury or salmonella, several bottles had concerning levels of heavy metals.

Those findings may especially concern those who cook for young children. As our sister publication Parents reports, any amount of cadmium, lead or arsenic is toxic to children's brains. While it's not feasible to eat a completely contaminant-free diet, those cooking for children may want to stick to the spices on this list that were free of heavy metals (more on that later).

The investigation found that no one brand was immune from containing heavy metals—the brands tested included popular brands such as Spice Islands, Target, Whole Foods, Trader Joe's, Badia, Walmart, Costco, Tone's and McCormick, among others. Organic spices also tended to test positive at the same rate as typical herbs and spices.

The spices could land in four categories, ranging from "no concern" to "high concern." All of the thyme and oregano tested was worthy of at least "some concern" based on the Consumer Reports thresholds. Basil and ginger only had one brand in the "no concern" category—in both cases, the brand Simply Organic got the green light from investigators. (You can view the full list here.)

The good news is that cooks can sub in fresh ingredients for those four dried spices—just pick up an herb plant from your local store to replace some of that thyme, oregano or basil flavor in your next herbaceous recipe. And you can typically find fresh ginger in the produce section at the grocery store. (You could even make a project out of drying those herbs yourself!)

Certain herbs and spices are critical to enjoying your favorite foods—think about the delicious pinch of oregano in your carnitas rub or the coriander in your favorite masala spice blend. Just aim for spice brands that scored well during Consumer Reports' investigation, like Simply Organic and Penzeys, to stay on the safer side.

This story originally appeared on [eatingwell.com](http://eatingwell.com)

## RECIPES FROM THE GALLEY



### CORN PUDDING

3 EGGS WELL BEATEN  
CUPS CORN KERNELS FRESH OR FROZEN  
2 TABLESPOONS MELTED BUTTER  
1 CUP MILK  
1 CUP CREAM  
¼ CUP PLAIN FLOUR  
½ TEASPOON  
¼ TEASPOON PEPPER

Preheat oven to 325 degrees. Fill 9x12 baking dish with 1 inch water. Combine all the ingredients mixing well. Pour into a greased casserole dish. Place inside the water bath. Bake uncovered for 78 minutes or until knife inserted in the center comes out clean. Nice side dish warm or room temperature.

Recommended by Ann Duke



### FREMONT FIREFIGHTER'S HOT DELITE

Serves 4-6 healthy appetites. A healthy, quick and easy meal that can be prepared ahead and heated later just in case you get called away.

#### Ingredients

8 ounce bag of mozzarella cheese  
4 ounces of Feta cheese  
1 bunch of fresh Spinach  
1 box Barilla Penne Pasta  
1 jar of Classico Pesto Sauce  
28 ounce can of diced tomatoes  
Mild turkey sausage  
Onion  
Garlic

#### Directions

Crumble the feta cheese put aside. Cook penne pasta, and drain and put aside. Brown turkey sausage and chopped onions, minced garlic and tomatoes in a pan. Simmer mixture for 20 minutes. Place a layer of pasta, then layer of spinach and layer of sausage in pan. Mix ½ jar of Pesto sauce with crumbled feta cheese toss together top with mozzarella and bake until cheese melts. ENJOY!!!

Recommended by Janet Noyd

# DATES TO REMEMBER



**March 1 - 31, 2022**

## PICYA 2022 CALENDAR



- March 12 - C.O.W. Corinthian Yacht Club
- March 21- Board of Directors Meeting
- March 26 - Spring Leadership Conference
- April 4 - Delegates Meeting
- April 24 - Opening Day on the Bay

## EBONY BOAT CLUB

✉ P.O. Box 796 Stockton, CA. 95201  
📍 705 W Weber Ave, Stockton CA. 95203  
📧 [EBC@ebonyboatclub1987.com](mailto:EBC@ebonyboatclub1987.com)  
🌐 [www.facebook.com/ebonyboatclub](http://www.facebook.com/ebonyboatclub)

### THE BEACON NEWSLETTER EDITORIAL STAFF

Reggie Kelley - [reggiekelley@cox.net](mailto:reggiekelley@cox.net) or (408) 628-2185  
Jennifer Duhon - [jduhonsfo@yahoo.com](mailto:jduhonsfo@yahoo.com) or (415) 290-7053  
Carol Whitehead - [cwhitehead107@gmail.com](mailto:cwhitehead107@gmail.com) or (925) 915-9549

To be added to our email list or if you have questions.  
Please contact us at one of the numbers listed above.

## 2022 EBC CLUB INFORMATION

The General Membership Meeting will be held at the EBC Clubhouse on Saturday, March 26th at 12pm. The monthly agenda and reports will be emailed to all EBC members prior to the meeting.

Exec. Board Meeting - Thursday, March 24th via ZOOM @ 7:30pm, the agenda and monthly reports will be emailed prior to the meeting

*Commodore Jennifer Duhon*



*Happy Birthday To*

*Otis Brock*

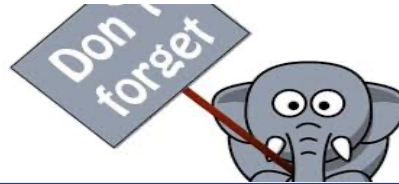
*Glen Williams*

# DATES TO REMEMBER

Mardi Gras Cruise-In Weekend  
**MARCH 18th-20th**



Membership Meeting  
**March 26, 2022 @ 12pm**  
EBC Clubhouse - 12pm



Stockton Yacht Club's  
Opening Day Parade  
**APRIL 9, 2022**



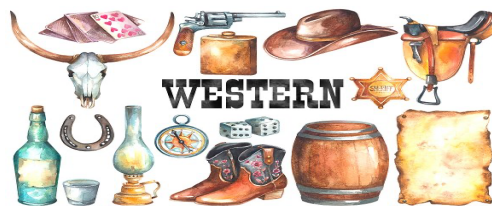
**OPENING DAY ON THE BAY**  
**SUNDAY, APRIL 24, 2022**



General Membership Meeting  
**APRIL 30th - 12pm**



**WESTERN NIGHT CRUISE IN**  
**MAY 13th - 15th**



ZOOM Membership Meeting 2022  
**MAY 28th - 12pm**



Meeting  
Reminder

**CRUISE OUT to PETALUMA YC**  
**MAY 27th-MAY 30th**



# DATES TO REMEMBER



## Official Cruise for Opening Day on the Bay Sunday April 24 2022



### OFFICIAL START OF SAN FRANCISCO'S 2022 BOATING SEASON

Join the Officers and Directors of PICYA for the 104th Annual Opening Day Cruise on the Luxe Cruises' vessel, Cabernet Sauvignon. She provides spectacular views of the parade and beautiful San Francisco Bay. During our cruise we will enjoy a fabulous buffet lunch by the Luxe Cruises' chefs with a no host bar and a front row view of the parade. You do not have to be a yacht club member to attend.

**Boarding: 09:15 hours returning at 14:45 (9:15am-2:45pm)**

**Depart: 2394 Mariner Square Drive, Alameda, CA 94501**

**AMPLE FREE PARKING**

The "Opening Day on the Bay" Decorated Boat Parade, hosted by the Pacific Inter-Club Yacht Association (PICYA), representing over 100 yacht clubs in Northern California celebrates the official beginning of the 2022 boating season on San Francisco Bay.

This year's theme is "San Francisco Bay - Leading the Way" The parade will feature over 100 historic workboats, fireboats, tow boats, classic and contemporary craft decorated to the theme. There will be both power and sailboats competing for best decoration honors.

**Early Registration Admission before 4/09/22**

**\$95 Adults/\$55 Children (3-11)**

**Reserve a Table of 10 for \$900**

**Admission Includes: Continental Breakfast & Buffet Lunch**

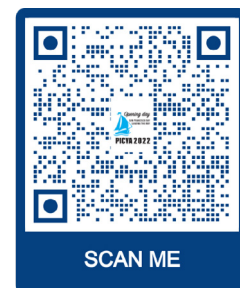
**Register by mail or via website [www.picya.org](http://www.picya.org) or scan QR Code**

**Send Check to: PICYA**

**C/O Sec/Treasurer Colleen Stauss**

**1001 Bridgeway PMB #450**

**Sausalito, CA 94965**



Number of reservations: Adults \_\_\_\_\_ Children ages 3-11 \_\_\_\_\_ Veg \_\_\_\_\_ Dairy Free \_\_\_\_\_

Passenger Name(s): \_\_\_\_\_

Yacht Club/Organization: \_\_\_\_\_ Email/Telephone: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_ I would like to be seated with: \_\_\_\_\_

(Please Make Checks out to PICYA)



# DATES TO REMEMBER



~Petaluma Yacht Club~  
Memorial Weekend  
May 27-29, 2022



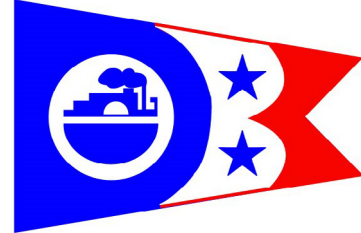
*Ahoy Me Hearties!*

~Plot Yer Course ~ Hoist Yer Sails & Yer Jolly Roger~  
Join Us For Some Swashbuckling Fun!  
Weigh Anchor in Petaluma  
Turning Basin.  
Call the Wench for Reservations!!!!  
Gail Swift  
(415)847-4775

**PLEASE DO NOT CALL THE NUMBER ABOVE!**

**If You Are Interested In Attending This Cruise Out, Please Contact EBC's Port/Fleet Captain Reggie Kelley at [reggiekelley@cox.net](mailto:reggiekelley@cox.net)**

# PICYA NEWS



## SPRING LEADERSHIP CONFERENCE Saturday, March 26, 2022 9:00 am - 3:00 pm

Discovery Bay Yacht Club

5871 Marina Blvd

Discovery Bay, CA 94505

Registration begins at 9:30 am. Conference begins at 10:00. Conference materials will be provided for all pre-registered participants. A continental breakfast will be served in the morning and lunch will be served at noon. The cost is \$20 per person.

**CONFERENCE AGENDA WILL COVER A HOST OF CURRENT YACHT CLUB TOPICS. SPEAKERS TO BE ANNOUNCED AT A LATER DATE.**

**REGISTRATION DEADLINE IS MARCH 22ND!**

**Conference Questions? Contact PICYA Rear Commodore Jan Lucas, (916) 276-5670 or [j\\_lucas\\_searay\\_sundancer@hotmail.com](mailto:j_lucas_searay_sundancer@hotmail.com)**

**Yes, please accept my registration for the 2022 Leadership Conference**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Yacht Club or Association: \_\_\_\_\_

Club Office/Committee: \_\_\_\_\_

Birds of a Feather: Topic Suggestions \_\_\_\_\_

Do you have any questions P.I.C.Y.A. can help you answer? \_\_\_\_\_

Please make check out to P.I.C.Y.A. or pay via Paypal [picya.org@gmail.com](mailto:picya.org@gmail.com) or website [www.picya.org](http://www.picya.org)

Send Check to: PICYA

C/O Treasurer Colleen Stauss

1001 Bridgeway PMB #450

Sausalito, CA 94965



# EBONY'S MONTHLY THOUGHTS & PRAYERS

 WARD  
TANNEBERG



## CELEBRATE

[1]

“Do not cast me away when I am old ...”

### SOME YEARS AGO

Dixie and I spent our Sunday afternoon in a neighborhood home with a gathering of older adults, the youngest probably in their 70s. With paper plates and plastic forks, we enjoyed Costco's finest turkey wraps, chips and ice cream bars, and dropped a few dollars in the basket to help with the cost. We were like 'Junior Highers' with girls at one large table, boys around smaller card tables, as we ate and caught up on life together.

### THEN WE ADJOURNED

to the sitting room near a grand piano where Ron played, joined by Harry on the clarinet and Dorothy on the violin. We sang the old hymns, interspersed with a couple of spontaneous 'specials,' and listened to comments about “how much more theology there is in these songs than the ones we tried to sing earlier today in church.” Then more singing. Not tepid half-hearted singing, but lusty and robust, a full sound of God-praise in a room full of story-singers, all of whom were nearer the last verse and a final chorus of their own sacred hymn than one might think if you'd been there, listening, watching, experiencing them like we were.

### I SAT CLOSE ENOUGH TO DOROTHY

to be mesmerized by the graceful movement of her hands. There was a simple elegance about them, one hand guiding the bow, the other behaving as it had been taught to do for many years, fingers supple and long and dancing over strings with effortless grace, submissive to their master's will, having done this so many times in lonely rooms and crowded churches and even concert halls. Popular songs, classics, hymns. These hands, lined and spotted with age, had played them all before. Could she fiddle as well, I wondered? Here they were again. Making music in a different world. A room in a house filled with elderly voices singing on key, off key, sometimes lacking in unison but always in one accord. Harry, who could still dream of hot notes on a Saturday night. Ron, who never missed a note on the pipe organ on Sunday mornings. And Dorothy. Surrounded by these wonderful saints, we found something transcending. A feeling of *joie de vivre*, of zest and exuberant delight. Not just in them. In us, too. An unforgettable Sunday afternoon. The celebration of life!

### YOU HAVE TO LOVE

Forty-nine year olds bemoaning the 'Big 5-0,' lurking like some Stephen King monster over their future. They tear up the unwelcome AARP card that arrived unsolicited in the mail, reminding them of the passing of years, of getting old. Spoken or unspoken, they know. It's “all downhill from here!”

### BUT NOT WITH THE ONES

gathered in this room. Slower of pace, still young at heart, these are people with more mountains to climb and they are still climbing. A bit slower than before. Stopping more frequently to catch their breath. Needing a little extra help in the hardest places. Less pretentiousness. More open in delight. They grace the room like Michelangelo masterpieces.

### IT IS TIME

for followers of Jesus everywhere to rethink attitudes about aging, about Life's Third Age. It is time for the Church to rethink what other meanings may lay hidden in the term 'ancient-modern,' what future hopes are aroused when served well by memories past. Go ahead. Ask some 'ancient-modern(s)' you've noticed lately at church if they'd like to join you for lunch. Ask questions. Listen to their stories. Be surprised. Celebrate what life was like in days gone by and what it can be for you and them in days still ahead.

May Jesus keep us close.

[1]

Psalm 71:19

(Article recommended by Past Commodore Eddie Jo Mack)

Please keep your fellow Club brothers and sisters in your Prayers,  
and continue to Pray for PEACE around the WORLD!





# Ebony Boat Club

□ P.O. Box 796 Stockton, CA. 95201 📍 705 W Weber Ave, Stockton CA. 95203  
 🌐 [EBC@ebonyboatclub1987.com](mailto:EBC@ebonyboatclub1987.com) 📄 [www.facebook.com/ebonyboatclub](http://www.facebook.com/ebonyboatclub)



## 2022 ACTIVITY SCHEDULE

Date	Description of Event	Contact	Location
Dec 31 - Jan 2	Open For Use		
Jan 7 - Jan 9	Open For Use		
Jan 14 - Jan 16	Open For Use		
Jan 29	Monthly Club Meeting - VIA ZOOM	EBC Membership	EBC CLUBHOUSE
Feb 4 - Feb 6	Open For Use		
Feb 11 - Feb 12	Open For Use		
Feb 13	Super Bowl Party & Chili Cook-Off - CANCELED	Otis Brock & Jim Mack	EBC CLUBHOUSE
Feb 18 - Feb 22	Open For Use		
Feb 26	Monthly Club Meeting - VIA ZOOM	EBC Membership	EBC CLUBHOUSE
Feb 26	EBC Black History Month Program - VIA ZOOM	Eddie Jo Mack	EBC CLUBHOUSE
March 5	EBC Paint & Sip Party - CANCELED	Beth Hunt	EBC CLUBHOUSE
Mar 18 - Mar 20	Mardi Gras Cruise In - Diablo Yacht Club - Mike	Ann Dukes	EBC CLUBHOUSE
March 26	PICYA Leadership Conference	PICYA	Discovery Bay
March 26	Monthly Club Meeting - VIA ZOOM	EBC Membership	EBC CLUBHOUSE
April 2	Opening Day on the Delta - Antioch/Pittsburg		Antioch/Pittsburg
April 2	EBC Fishing Derby-Deep Sea Fishing	Frank Whitehead	Emeryville, CA
April 9	Opening Day - Stockton Yacht Club	Stockton Yacht Club.	Stockton, CA
Apr 15 - Apr 17	Open For Use		
April 23	Spring Youth Day - CANCELED	Ann Dukes	EBC CLUBHOUSE
April 24	Opening Day On The Bay Boat Parade	PICYA	San Francisco
April 30	EBC Opening Day Boat Parade & Fish Fry		
April 30	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
May 6 - May 8	Pappy's Family Day Carnival & Cruise In	Carol Whitehead	SF Bay
May 13 - May 15	EBC Western Night Cruise In	Robert Willis &	EBC CLUBHOUSE
May 21	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
May 27- May 30	EBC Cruise Out - Petaluma Yacht Club	Reggie Kelley	Petaluma, CA
Jun 3 - Jun 5	Jazz & Wine Festival Cruise In	Carol Whitehead	EBC CLUBHOUSE
June 11	Open For Use		
Jun 18	Juneteenth Community Celebration	Ann Dukes	EBC CLUBHOUSE
June 25	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Jul 1 - Jul 4	Open For Use		
Jul 8 - Jul 10	Open For Use		
Jul 15 - Jul 17	Open For Use		
Jul 22 - Jul 24	Open For Use		
July 30	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Aug 5 - Aug 7	Open For Use		
Aug 12 - Aug 14	Annual White Party Cruise In		EBC CLUBHOUSE
August 20	EBC Paint & Sip Party	Debra Duhon	EBC CLUBHOUSE
August 27	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Sept 2 - Sept 5	Open For Use		
Sept 9 - Sept 11	Open For Use		
September 17	Monthly Club Meeting & Nomination	EBC Membership	EBC CLUBHOUSE
September 17	Coastal Clean Up	Kerry Davis	Stockton Marina
Sept 20 - Sept 27	EBC Cruise Out - Down Bay Cruise	Otis Brock	EBC CLUBHOUSE
September 24	Margot Brown Wheelchair Regatta	PICYA	Encinal YC
October 1	PICYA Leadership & Management Conference	PICYA	TBD
Oct 7 - Oct 9	Oktoberfest Cruise In	Marshall Wattel	EBC CLUBHOUSE
October 15	Fall Youth Day Program	Ann Dukes	EBC CLUBHOUSE
October 22	Annual Golden Gate Fields - Day At The Races	Tony Petit	Golden Gate Fields
October 29	Club Meeting & Election Results	EBC Membership	EBC CLUBHOUSE
Nov 4 - 6	Open For Use		
Nov 11 - Nov 13	Open For Use		
November 19	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Nov 25 - Nov 27	Open For Use		
December 3	Lighted Boat Parade Antioch & Stockton	Stockton Yacht Club	Stockton
December 10	EBC Change of Watch - Luncheon		EBC CLUBHOUSE
December 17	EBC Holiday Party & Community Service Day	Ann Dukes	EBC CLUBHOUSE
Dec 23 - Dec 25	Open For Use		
Dec 30 - Jan 1	Open For Use		

BLUE = OPEN USE OR CRUISE IN/OUT DATES      PURPLE = LET'S TALK ABOUT IT      GREEN = SCHEDULED EBC EVENT  
 RED = MONTHLY CLUB MEETINGS      BLACK = MISC OTHER EVENTS WE ATTEND      **UPDATED 03/13/2022 @ 12:01am**

# Ebony Boat Club BUSINESS CORNER



## FRANKIE III ENTERPRISES LLC

FRANK WHITEHEAD II  
itsallgoodfw@gmail.com

Fully lic & insured equipped to handle all of your auto trans needs

925 219-5987

Albert R. Harris

ROUND  
TOP  
RANCH

(707) 678-4802  
(510) 685-0822

ahgemini48@yahoo.com



LAND & CATTLE CO.  
DIXON, CA



Tee Shirts  
Jackets • Aprons  
Heat Transfers  
Mugs & Jerseys

# Arcus

Embroidery & Custom Prints

415 290-7053



## Franchena Rosebud

LIFE CHANGER

510.672.2791  
cheena.rosebud27@gmail.com  
Linktr.ee/Official\_rOsebud

Tyrica Owens  
510.685.1162  
Tyrica.Owen@live.com  
tyricaowen.shootproof.com



tyrica owen  
PHOTOGRAPHY

## A.C. Motorsport



170 Glenn Way, Suite 5  
San Carlos, CA 94070  
Alfonzo Curry II  
(650) 730-7510  
acmotorsport@yahoo.com

## B\_diff3r3nt Custom Made Pieces

DRE WASHINGTON

Owner

(678) 699-6025  
Drendrewashington222@yahoo.com



PLACE YOUR ADVERTISEMENTS IN THE BEACON  
Contact Carol Whitehead @ (925) 915-9549

# Ebony Boat Club

## BUSINESS CORNER



**Marilyn Brock**

*Past Commodore  
Boatique Manager*

Type [smile.amazon.com](https://smile.amazon.com) into your browser to generate donations with AmazonSmile from any device. Or click on the Amazon Smile link above. Find your charity and that's it.

I look forward to seeing you. May God keep you surrounded in his Love.

***"FORGETTING" frees the MIND while  
"FORGIVING" frees the SOUL!"***

Marilyn L. Brock  
Boatique Manager,  
Past Commodore

Hello EBC

I pray this newsletter finds you all healthy and well.

OMG! Spring is almost here. We at the Brock house are so ready. We can't wait to get on the water in warm weather.

We have been so Blessed as a club. I was reflecting back on where we have come from, to where we are today. We are the little club that just does. Wow!

The Boatique is bringing back some designs from our beginning. I am very excited about this and can't wait to see what you think. I know that some of the styles may not be for everyone and that's ok. Voice your opinion on what you would like to see.

The Mardi Gras Cruise In is March 18th through March 20th. The Boatique has Mardi Gras t-shirts for sale for the low price of \$15.00. I know some of you are saying, "I'm not able to attend this event. But I sure would like to have one of those t-shirts." Just text or call me and I will make sure that you get your t-shirt in your size. This year the shirts are featured with both Diablo Yacht Club and Ebony Boat Club Burgees.

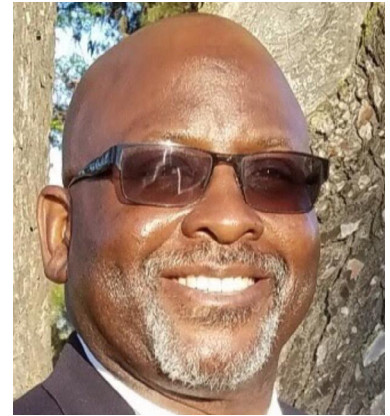
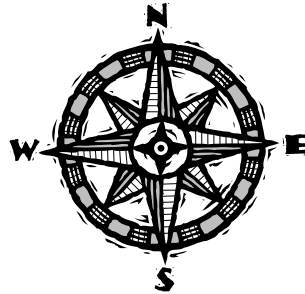
Did you know that Amazon Smile is free to all Amazon members, and they donate free to 501(C)(3) charities? For Otis and I, that's EYF (Ebony Youth Foundation) which is our favorite charity. Here's what to do.



# 2022 EBONY BOAT CLUB OFFICERS



**COMMODORE**  
JENNIFER DUHON



**REAR COMMODORE**  
KERRY DAVIS



**PORT/FLEET CAPTAIN**  
REGGIE KELLEY



**PARLIAMENTARIAN**  
ROBERT WILLIS



**SAFETY TRAINING OFFICER**  
GLEN WILLIAMS



**SECRETARY**  
DOLORES WILLIAMS



**TREASURER**  
OTIS BROCK



**STAFF COMMODORE**  
DANE MCCOY

# 2022 SCHOLARSHIP APPLICATION



## EBONY YOUTH FOUNDATION SCHOLARSHIP APPLICATION INSTRUCTIONS



The objective of the scholarship program is to encourage and assist students in advancing their education. The awards are aimed at providing a source of financial support for graduating high school students OR students currently enrolled in an accredited post-secondary institution. Relatives and associates of Ebony Boat Club members are also eligible for an Ebony Youth Foundation (EYF) scholarship if they meet the following requirements:

- **Applicant must be a High School Senior, have applied or have been accepted at a qualifying post-secondary institution (Accredited College, University or Trade School) or currently attending a qualifying post-secondary institution, and must have at least a 2.00 (C) GPA.**
- **All applicants must submit a **COMPLETE** (all questions answered and signed) Ebony Youth Foundation (EYF) Scholarship Application and include the following in your packet:**
  1. **Letter of Acceptance** from a qualifying post-secondary institution (accredited college or university);
  2. **At least three (3) Letters Of Recommendation** describing the applicant's personality, integrity and leadership potential;
    - **1 must be from an active EBC member**
    - 1 school official or community leader
    - 1 mentor/community advisor
  3. **Applicant must submit an OFFICIAL transcript**
  4. **A **photograph** suitable for publication is required. *If you are selected as a recipient of an Ebony Youth Foundation (EYF) Scholarship Award your picture will be used on the Inaugural Ball Program, the Ebony Boat Club's Beacon Newsletter and other publications to promote the Ebony Youth Foundation (EYF) Scholarship Program.***
- **Completed application is to be submitted electronically by July 15, 2022 by 12 Midnight, No hardcopies will be accepted.**

For further information, please contact:  
Janet V. Noyd, Scholarship Chair at (510) 366-4045

Applications must be submitted electronically by email to:  
Janetjakrabit@aol.com

**Ebony Youth Foundation (EYF) Scholarship Application**

# 2022 SCHOLARSHIP APPLICATION

PLEASE TYPE

Name (Last, First, Middle) \_\_\_\_\_ Last 4 digits Social Security No. \_\_\_\_\_

Address (Number, Street, City, State, Zip Code) \_\_\_\_\_ Birth Date \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell/ Message Phone \_\_\_\_\_ email address \_\_\_\_\_

Name of High School / Accredited Post-Secondary Institution \_\_\_\_\_ Address (Number, Street, City, State, Zip Code) \_\_\_\_\_ GPA \_\_\_\_\_

Parents Name \_\_\_\_\_ Have you ever received an EBC or EYF scholarship?  
No  Yes  If Yes What Year \_\_\_\_\_

Name of Accredited Post-Secondary Institution of Acceptance \_\_\_\_\_ Admissions Phone Number \_\_\_\_\_

Accredited Post-Secondary Institution Address (Number, Street, City, State, Zip Code) \_\_\_\_\_

Field of Emphasis / Intended Major \_\_\_\_\_

List any other awards received or acknowledgements (List \$\$ if monetary and year received)  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please answer each of the following questions (1-7), in twenty-five (25) words or less:

# 2022 SCHOLARSHIP APPLICATION

1. Skills, Special Talents and Leadership Roles. Please cite specific examples:

---

---

---

---

---

2. Community Activities and/or Work Experience:

---

---

---

---

---

3. What are your career goals and how do you expect to achieve your goals

---

---

---

---

---

4. What is your 5 year plan?

---

---

---

---

---

5. How do you plan to maintain and/or increase your GPA?

# 2022 SCHOLARSHIP APPLICATION

---

---

---

---

---

6. How will this award benefit you?

---

---

---

---

---

7. Please share other facts not covered that you feel are important.

---

---

---

---

---

8. Please respond to the following essay question: How has the Coronavirus pandemic affected life in California? The essay should contain the applicant's original research, conclusions and a Reference list. Limit 500 words.

**APPLICATIONS MUST BE EMAILED BY JULY 15<sup>TH</sup>, 2022 - BY 12 MIDNIGHT.**

---

Applicant Signature

Date

## REFERENCES



# 2022 SCHOLARSHIP APPLICATION

List a minimum of three (3) references and include (3) letters of recommendations

---

Name: \_\_\_\_\_ Relationship \_\_\_\_\_  
Address (Number, Street, City, State, Zip Code) \_\_\_\_\_ Telephone number \_\_\_\_\_

---

Name: \_\_\_\_\_ Relationship \_\_\_\_\_  
Address (Number, Street, City, State, Zip Code) \_\_\_\_\_ Telephone number \_\_\_\_\_

---

Name: \_\_\_\_\_ Relationship \_\_\_\_\_  
Address (Number, Street, City, State, Zip Code) \_\_\_\_\_ Telephone number \_\_\_\_\_

---

By my signature I attest to the information provided by me in this application to be factual and true.

Signature \_\_\_\_\_ Date \_\_\_\_\_

.....  
.....  
**❖ DID YOU:**

- ANSWER ALL QUESTIONS ON THE APPLICATION
  - INCLUDE ESSAY
  - SIGN & DATE THE APPLICATION
  - INCLUDE A COPY OF YOUR LETTER OF ACCEPTANCE
  - INCLUDE AN EBONY BOAT CLUB MEMBER LETTER OF RECOMMENDATION
  - INCLUDE ONE LETTER OF RECOMMENDATION FROM MENTOR OR COMMUNITY ADVISOR
  - INCLUDE ONE LETTER OF RECOMMENDATION FROM SCHOOL OFFICIAL OR COMMUNITY LEADER
  - INCLUDE OFFICIAL TRANSCRIPT
  - INCLUDE ONE PHOTOGRAPH SUITABLE FOR PUBLICATION
- .....



**THIS SECTION IS FOR OFFICIAL USE ONLY**

# 2022 SCHOLARSHIP APPLICATION

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Name (Scholarship Committee Chairperson) Authorized Signature Date

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Name (Scholarship Committee Chairperson) Authorized Signature Date

Amount of grant recommendation: \$\_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Name (EBC Commodore) Authorized Signature Date

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Name (EBC Treasurer) Authorized Signature Date

Denial: Reasons for non-selection of applicant based on related selection criteria  
Scored % specifically low in the following areas:

- \_\_\_/20 POINTS WRITTEN COMMUNICATION SKILLS
- \_\_\_/15 POINTS SKILLS, SPECIAL TALENTS, LEADERSHIP ROLES
- \_\_\_/10 POINTS COMMUNITY ACTIVITIES
- \_\_\_/15 POINTS CAREER GOALS & HOW TO ACHIEVE THESE GOALS
- \_\_\_/10 POINTS WHAT IS YOUR 5 YEAR PLAN
- \_\_\_/10 POINTS HOW WILL THIS AWARD BENEFIT YOU
- \_\_\_/15 POINTS ESSAY
- \_\_\_/ 5 POINTS GPA