



# THE BEACON



EBONY BOAT CLUB

SEPTEMBER 2021

VOL. 27, NUMBER 9

## A MESSAGE FROM THE HELM



Dane McCoy  
*Commodore*

Hello Ebony Boat Club,  
If you haven't been to the clubhouse lately, we miss you and you've been missing out on a lot.  
Our annual Jazz and Wine Festival was outstanding! We had great music by Jazzbeau and Friends and a ton of wine!

Friday, July 30, 2021, Discovery Bay Yacht Club cruised in with about 10 boats. We had good food and drinks, fun and games! Then on Saturday, July 31, 2021, George "Jazzbeau" Spencer and Friends put on a fabulous, and unforgettable show!

Thank you Rear Commodore Jennifer Duhon, Wine and Jazz Chairperson Carol Whitehead, and your amazing team for providing Ebony Boat Club and friends with the perfect weekend of entertainment!

On August 14, 2021, Ebony Boat Club had a Paint and Sip Party. Much fun was had by all in attendance! On August 22, 2021, Ebony Boat Club hosted the International Order of The Blue Gavel (IOBG) District 19 (Delta) Nomination and General Membership meeting and cruise in. This was the first time we hosted IOBG! It was an honor, and everyone had a great time. Hats off to Otis Brock, Ann Dukes, James Mack and Carol Whitehead for making this event a great success.

September 7-8, 2021 Tony Petit, our Site and Construction Manager and a handful of EBC members, made repairs and improvements to the clubhouse. Swing by to see how great it looks!

Don't forget our next club meeting will be Saturday, September 18, starting promptly at 12PM. During that meeting, the Nomination Committee will be gathering in-person nominations to the Executive Board. You can also mail your nomination to Ebony Boat Club, P.O. Box 796 Stockton, CA. 95201. If you have a person in mind for any position on the Executive Board, first ask them if they are willing to accept the position. If they advise you that they would like to be nominated, you must do so prior to the end of the September 2021 meeting. Nominees will be added to the ballot only if they are a member in good standing, and meet the requirements cited under By-Law 7.2 Qualifications of Officers which reads:

"The Commodore, Vice Commodore of Administration, and Rear Commodore of Events shall be regular members in good standing for a period of twelve (12) months or more and shall have, previously held one (1) elective Club office. Other officers shall be regular members in good standing for a minimum of six (6) months. While in office, it is preferred that no Officer of EBC serve as an officer of any other yacht/boat club." Please don't forget, all nominations must be received by mail or in person by the end of our Membership Meeting, September 18, 2021. Thank you for your continued support of Ebony Boat Club.

*Unity – "We don't all come from the same place, but we want to move in the same direction."*

*~President Barack Obama~*

It's a pleasure to serve Ebony Boat Club,  
Dane McCoy, Commodore

## A Message From : THE VICE COMMODORE



**Sheila George**  
*Vice Commodore*

Hello EBC,

August was a very very busy month. It was an even better month financially for Ebony Boat Club. We are doing good on every level. We are working together and having fun together. Most of all, we are building back our finances up.

We had a great time at the Jazz and Wine event. We had a lot of people who came out to support us. The food was good, the band was fantastic, they were in rare form. My hat goes off to the band featuring our very own, George Spencer and Kerry Davis. The band Jazzbeau & Friends was phenomenal.

I attended my first International Order of the Blue Gavel (IOBG) is an organization for past yacht club commodores. Their meeting and luncheon were held at the EBC clubhouse. Several IOBG members cruised in for the weekend. A barbecue meal was prepared thanks to EBC's Past Commodores Otis Brock and James Mack who provided top notch service at the bar for the weekend. A special thanks to the Ladies of EBC for their support and help in the kitchen. Special thanks also to Commodore Dane McCoy and to all Past EBC Commodores in attendance, Ann Dukes, Robert Willis, Carol Whitehead and Kerry Davis.

EBC had our first paint and sip party. Those in attendance had a good time and can't wait for the next scheduled paint and sip event. It was fun and so relaxing. I hope to see you at our next paint and sip party.

***"Just saying"***

*One hundred years from now, it will not matter: what kind of house I lived in, or how much was in my bank account, or what my clothes looked like. I hope the world may be better because I passed through.*

Sheila George, Vice Commodore

## A Message From : THE REAR COMMODORE



**Jennifer Duhon**  
*Rear Commodore*

Hello EBC Family,

We are now in the beginning of the "ber" months. Summer will end and fall starts this year on September 22. There is still warm weather fun to be had. On September 18, 2021, we will have our Coastal Clean Up at the Stockton Marina, our monthly membership meeting and the EBC Open House afterwards. Please plan on participating. This is our chance to show prospective members what our club is about and what a great group of people we are.

Our cruise out for this year is our Annual Down Bay Cruise on September 23-October 2, 2021. Normally, this would include the PICYA's Margo Brown Wheelchair Regatta but that event has been officially canceled. If you are interested in cruising with the group, contact Otis Brock at 510 685-3370 as soon as possible.

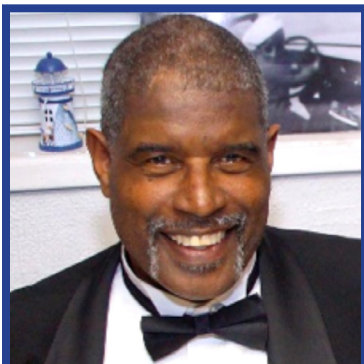
EBC also stands for Every Body's Club. The clubhouse is available to all members. If you want to host a private party or have an idea for a Club gathering or cruise out, now is the time to reserve a date and offer suggestions for next year's calendar. The Club's yearly Event Calendar is being worked on and will be presented at the September 18, 2021 membership meeting. All ideas are welcomed. Due to COVID-19, The 4th Annual Golden Gate Fields Day At The Races scheduled for October 23, 2021 has been canceled.

Don't forget to save the date of the White Party. This year it is rescheduled to October 9, 2021. Join us for an elegant night of delicious hors d'oeuvres, great music and dancing to Jazzbeau & Friends. Proceeds from the White Party helps to fund our yearly scholarship and youth day programs.

I hope to see you at the clubhouse,

Jennifer Jo Duhon,  
Rear Commodore

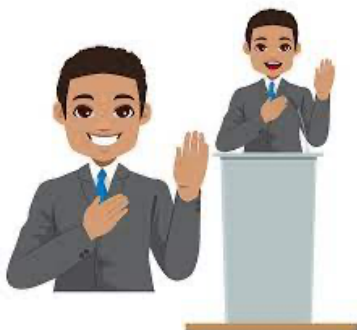
## A Message From : **THE STAFF COMMODORE**



**Frank Whitehead**  
*Staff Commodore*

Hello EBC Family and Friends,

I hope everyone is staying safe. We are heading into the fall season and looking forward to the Down Bay Cruise September 23rd to October 2nd, the Annual White Party-October 9th, Ghouls, Goblin and Grown Folks Masquerade Party-October 30th and on Saturday, December 11th we will celebrate our 32nd Annual Installation of Officers at our Inaugural Dinner Dance. Our last function of the year is our EBC Christmas Holiday Party and Community Service activity on Saturday December 18th. Please add these dates on your calendar and come out to support your club.



The swearing in of new club members is always an exciting time for the club. On Saturday, September 18th three new members will be sworn in by Commodore Dane McCoy during our General Membership meeting. It would be nice for all EBC

members to attend and to welcome our new members James Williams, Debra Duhon and Danielle Curry. Please join us to show your support.



2020 Youth Day Coastal Clean Up at the Pittsburg Marina

Also on Saturday, September 18th, starting at 10am. EBC will be participating in the Annual Coastal Clean Up. Please come dressed to get a little dirty. Water, gloves and trash bags will be available to assist us in the cleaning of the Stockton Marina area. If you have any questions, please contact Kerry Davis at 415-309-5129.

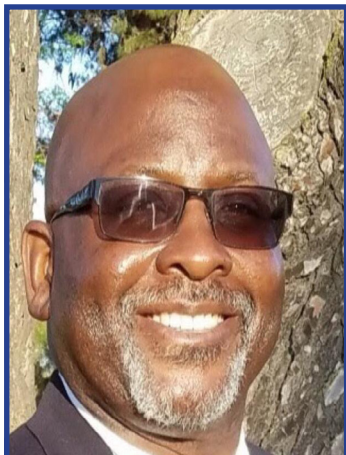


The fall Cabin Fever Fishing Derby will be a rock cod and crab combo trip. More details to be announced in November. So, let's continue to reach out and invite folks to come and experience EBC out on the ocean while fishing, they're guaranteed to have a blast!

Thank you for allowing me to be of service,  
Frank Whitehead, Staff Commodore



## A Message From : **SAFETY & TRAINING OFFICER**



**KERRY DAVIS**  
*Safety & Training Officer*

Hello EBC,

I hope everyone is doing well and have been enjoying the excellent boating weather we've been having.

It's training time again. This month's tips are on the maintenance of your boat

and trailer. I hope this information is helpful and that all boat owners are following both maintenance upkeep and safety factors of boating at all times.

Stay safe and smooth sailing,  
Kerry Davis, Safety & Training Officer

### **Boat And Trailer Maintenance Checklist**

Take care of the boat, trailer, and engine and the chances of a problem occurring on the water or the road will be minimized. Here's what you need to know.



Whether you do it yourself or leave it to the pros, routine maintenance is essential to keep your rig in tip-top shape

So you're a new boat owner. Your pristine center-console sits proudly in your driveway, the outboard shining brightly in the sun, and even the trailer is sleek and polished. How can you keep it at least close to looking and performing as it does now? Maintenance is the key.

But if you're not mechanically inclined, how can you properly care for your new rig? If you're all thumbs, budget in some bucks for dealer maintenance. In this case, it's probably best for both you and your boat if you leave the mechanical details to the pros. You can, however, perform all the tasks that don't require technical expertise. Such tasks as keeping fittings and moving parts lubricated, cleaning and waxing the finish, checking the drive lubricant and engine oil, making sure that fishing line isn't wrapped around the prop shaft — these are all examples of simple skills a responsible boater should learn, especially to protect his or her investment. While boats have never been cheap, they seem to be more expensive than ever when compared to the average paycheck, so it's smart ownership to make sure that all is up to snuff.

To help you out, we've created a simple Timeline and Maintenance Chart, one that works for DIYers and tech-savvy boaters alike. Refer to the chart to check maintenance items before every outing and at every 20, 50, and 100 hours of use. Seasonal boaters should consult the chart before every layup. With our chart as your guide, your rig will stay like new for longer and command top price at resale or trade-in time, particularly if you keep records of what you've done and when. The chart is the suggested schedule, although some boats may require more frequent checks. If in doubt always follow the manufacturer's recommendations for your particular boat, engine, and trailer



## A Message From: THE PORT/FLEET CAPTAIN



**REGGIE KELLEY**  
Port/Fleet Captain

Greetings EBC Mates,

I'm excited and looking forward to our Down Bay Cruise September 21-Oct 2, 2021. Cruising with my fellow mates is why I joined the club. With our successful Grand Re-opening Western Night and the Jazz and Wine Cruise In, we have been working hard and deserve some fun!

Leaving on Tuesday, September 21, our first stop on our itinerary is Point San Pablo Yacht Club. On Wednesday, we will head to Richmond Yacht Club. Thursday and Friday we will be staying at South Beach Marina for two nights and finish up with three nights at Encinal Yacht Club.

Our group consists of Marilyn and Otis (Enchantment), Jim Mack (Mikayla) and Jennifer and I (Kickin' Back II). James Williams on his 41' Bayliner will be joining us at South Beach. Ann Dukes will also be joining us for dinner at South Beach.

If you would like to join us, there is still time. Otis will be fishing for the big one with his new high tech reel (it does everything but squeeze the lime in your margarita) and you won't want to miss it! Otherwise, I'll see you back at the clubhouse to share a beer and talk about our adventure!

The 2022 Calendar of events has lots of open dates. If you would like to captain a cruise out, a boating event or would like us to plan one let me know. Let's fill up our 2022 calendar with lots of boating fun!

Reggie Kelley, Port Fleet Captain

### COMMUNICATING ON THE WATER and the VHF Marine Radio

Communication on the water can be as simple as finding the local fishing hole, to responding to a life and death situation where time is of the essence.

Ensuring others understand what you are attempting to communicate is of the utmost importance.

#### Some do's and don'ts on the water.

- Never leave shore without a working VHF Radio.
- Make sure you are aware of the working channels in your area. Channel 16 is for the Coast Guard and emergency use only and *not for boater conversation*.
- When initiating a call to another boat, **repeat the name of the boat you're calling three times** then broadcast your vessel name and finish with "over".
- Respond to another boat who has called you, by stating their name, then your name and the phrase "over".
- When you are finished with the conversation, state your vessel name and the phrase "out."
- "OVER" and "OUT" are never used at the same time, since their meanings are mutually exclusive.
- **Mayday calls** are for emergency situations requiring immediate assistance. The proper etiquette here is to not abuse the use of a mayday call. Use it as a last resort only! **If you hear a mayday call and are close enough to respond, you must do so!**

#### PHOENETIC ALPHABET

Alfa	Juliett	Sierra
Bravo	Kilo	Tango
Charlie	Lima	Uniform
Delta	Mike	Victor
Echo	November	Whiskey
Foxtrot	Oscar	X-ray
Golf	Papa	Yankee
Hotel	Quebec	Zulu
India	Romeo	

## A Message From: THE TREASURER



**OTIS BROCK**  
*Treasurer*

Hello fellow Ebony Boat Club Members:

I would like to thank everyone that supported our Jazz and Wine and Blue Gavel Cruise Ins last month. We had a great time hosting both of those events. We introduced our annual fund raiser which will culminate at the Change of Watch in December. See our flyer in the Beacon for the details. If you have any additional ideas, please bring them to our next club meeting.

The Stockton Marina will be installing a new system for entering the marina. Please follow the information below, for installing the access control system to your cell phone. The new system starts Thursday, September 16, 2021. Please turn in your old gate cards to me Otis Brock, we have requested a refund for them from the Marina.

### **New Access Control System**

A new CCTV system and Access Control system has been installed in the marina. Beginning on Thursday of next week the new lock system for the marina gates and restrooms will be activated and the existing access cards will no longer be functional. You will now be able to use your Android or Apple smartphone to open the dock gates and restroom doors.

In order to use the new system you will need to install the Salto JustIn Mobile app onto your smartphone. This app can be found either at the App Store or Play Store depending on your smartphone.

Once the app is installed on your device it will guide you through the set-up. See below for links to the App Store and Play Store. Follow the instructions for downloading the app on your phone.

[JustIN Mobile - Apps on Google Play](#)

<https://apps.apple.com/us/app/justin-mobile/id960998088>

Once you have installed the app you will receive an access key code from the server. If you have any issues please contact the Stockton Marina at 209-462-4200.

Recently I changed the format for the monthly Treasurer's Report. If you having any problems opening or not receiving the report, please contact me.

The Ebony Youth Foundation is a 501(C)(3) charitable organization registered with the Internal Revenue Service. This means that you can deduct contributions to the Foundation under Internal Revenue Code Section 170.

If you are interested in assisting the foundation, you can make a donation directly to the Ebony Youth Foundation at 1253 Yuba Avenue San Pablo Calif. 94806 or online at Network For Goods. Click on Ebony Youth Foundation and follow their instructions. We are listed on the Eligible Organization List as 814228897. Another way that you can help is to list Ebony Youth Foundation on your Facebook page as your non-profit Fundraiser.

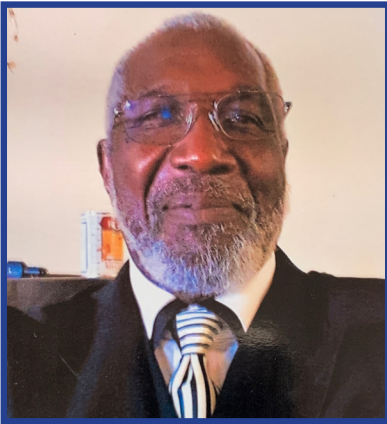
You can do this by going to your Facebook settings and register. Your Facebook settings are at the top right corner of your Facebook page. You can also forward this information to your E-Mail Text and Facebook friends.

<https://www.networkforgood.org/donate/>

Thanks, and Safe Boating

Treasurer, Otis Brock  
Otis@sfrom.com

A MESSAGE FROM JAMES MACK:  
**PARLIAMENTARIAN / BAR MANAGER**



**JAMES MACK**  
*Parliamentarian*  
*Bar Manager*

Hello EBC Family,

I Pray that this month's Newsletter finds you and your family in the very best of health and security. We have our Executive Board Elections coming up as well as planning our calendar of events and fund raisers for next year. In order to keep this club running it's going to take all hands on deck. Below is the list of the Executive Committee positions.

**EBONY BOAT CLUB**  
**EXECUTIVE COMMITTEE POSITIONS**

THE OFFICERS OF THE CLUB SHALL BE A:

***Commodore***

***Vice Commodore of Administration***

***Rear Commodore of Events***

***Secretary***

***Treasurer***

***Parliamentarian***

***Training & Safety Officer***

***Staff Commodore***

***Port & Fleet Captain***

***This information can be found in the EBC By-Laws  
Page 6 article 7.6.1 - 7.6.9***

In order to prepare for the election of our 2022 Officers it's important to publish each position and the duties of that position, so that each voting club member has the opportunity to nominate the person you feel will provide the best leadership to help move this club forward. It is your responsibility as a member to ask your potential nominee if they have the commitment and leadership for the position. So please don't take your responsibility lightly for who you choose to nominate nor should those being nominated take their position lightly.

Each elected Executive Officer must and should take their job responsibilities seriously. Your fellow club members are depending on you. Make sure you attend meetings, events regularly and make suggestions and or recommendations that will help to improve the functionality of the Club. Be an active Executive Officer by recruiting new members and getting current members interested in joining an event committee to help grow our club and to make it prosper.

If you feel you need additional information or have a question about being a nominee, please don't hesitate to call me or speak to one of the many Past Commodores available to assist you or call on one of the current Executive Officers for assistance.

After you have spoken to your nominee concerning the position you would like to nominate them. Complete the Nomination form located in this month's Newsletter. Be sure to turn it in by the end of the Saturday, September 18th General Membership Meeting.

The nomination forms will then be tallied and the election forms will then be mailed out with the newly nominated names. Complete your election form and return it in the self-stamped addressed envelope. Final election results will be announced at our October General membership

Meeting.

Make your vote count! James Mack, Parliamentarian



## A Message From : THE SECRETARY



**Carol Whitehead**  
*Secretary*

Hello EBC Family and Friends,

I pray that all is well with you and your loved one. This is the time of the year that I just adore. Summer is coming to an end and fall is just around the corner. The change of season from summer to fall and the beautiful colors, does wonders for the heart.



As we prepare for the Annual White Party, I would like to remind folks as to why we have the White Party. It's not just for us to get dressed up in white clothing and party. For every ticket that is sold, every item purchased during the live auction or the donations left in the scholarship tip jar, proceeds from the White Party are donated to the Ebony Youth Foundation Scholarship & Youth Day Program Fund. The funds are used to pay for the Spring and Fall youth day programs, the Juneteenth Community Celebration and depending on how much we raise during the year, the funds are also used to provide a scholarship to a deserving high school graduate who's looking to further their education. During this year's White Party you will have the opportunity to meet a few of the past scholarship recipients and to

hear their story as to how our scholarship program has enriched their college experience. With you attending this year's White Party, we're hoping to fund two to three scholarships for next year. The Ebony Youth Foundation is a 501(C)(3) charitable organization registered with the Internal Revenue Service. This means that you can deduct contributions to the Foundation under Internal Revenue Code Section 170. All donations, big or small will be greatly appreciated. I look forward to seeing you at the White Party.

Since Frank and I joined the club back in 2012, I have served on the Executive Board of the Ebony Boat Club for eight of the nine years as a member of the Club. I will be taking a break in 2022, which means I will not be on the nomination list for any position on the Executive Board for next year. I will still be a very active member working on several projects that haven't been completed over the years. I will be putting the program books together for the various events, updating the Ebony Boat Club history file so it can be seen on our website, updating our Standard Operation Procedure Manual and probably much, much more. I will miss being on the Executive Board, but I think my absence will help to move other capable members into the leadership ranks. I will look forward to assisting and supporting our incoming 2022 Executive Board Officers and Commodore. I see 2022 being a fantastic year for Ebony Boat Club, with incoming new members and our finances coming together after the COVID-19 crack down in 2020 and 2021. EBC is a survivor and it's all due to the EBC Family. Thank you for the many years of support, but you have not seen the last of me. As the terminator would say "I'll Be Back"!

Love you all more than you know!

Sincerely,  
Carol Whitehead, Madame Slash, Secretary(3)  
Past Commodore, Past Staff Commodore  
Past Vice Commodore, Past Rear Commodore(2)

## MESSAGES FROM OUR MEMBERS



**Ann Dukes**  
*Past Commodore  
PICYA Delegate*

Commodore is Joan Marsh of Pittsburg Yacht Club. All EBC club members are invited to attend. The PICYA Change of Watch committee are hoping for a sellout event. Please stay tuned for addition information about this celebratory event.

LOVE AND PRAYER  
Ann Dukes,  
PICYA Delegate,  
EBC Past Commodore

## COMING EVENTS

Good evening EBC Family,

It is so strange not to be at the club or on a cruise out for the Labor Day holiday weekend. It has been a long time, but I am tired and glad to be home. Now having said that, I am still working behind the scenes for the club. The entire committee is searching for items to be used for this year's White Party. While the menu is pretty much set, the decorations and other articles are still needed. It is like a treasure hunt. So much to do, so little time. If it is anything like the last event, it will be well worth all the work.

The White Party is always a beautiful event and I am sure this year will be no different. Jennifer and Janet have wonderful ideas and it will be fun to see the transformation of the club for this elegant event. I am praying every EBC member and their invited guests will come out and support the White Party. Proceeds from this event helps to support the Ebony Youth Foundation, The Foundation in turn provides support for the Ebony Boat Club's scholarship program and other EBC youth day activities.

The Pacific Inter-Club Yachting Association (PICYA) Fall Leadership Conference has been canceled and the PICYA COTY Committee are working on adjusting the point system for yacht clubs earning their star ratings for 2021. We need at least 15 points to maintain our 5-star status!

The PICYA Change of Watch will be held in January 2022 at Corinthian Yacht Club in Tiburon, CA. The incoming

A Halloween-themed flyer for The Ebony Boat Club. The background is dark with a large, faint spiderweb. The text is in various colors and fonts. At the bottom right, there is a black cat standing next to a carved jack-o'-lantern. The text on the flyer reads:

**THE EBONY BOAT CLUB**  
*hereby invites you  
to join them in celebrating*

**GHOULS, GOBLINS &  
GROWNUPS!**

*an evening filled with  
celebration, mischief,  
festive beverages, tasty hors d'oeuvres,  
fun door prizes  
and so much more that we couldn't fit it all on this tiny little flyer.*

**EBC CLUBHOUSE**  
705 West Weber Ave ~ Stockton, California  
Saturday ~ October 31, 2021  
6:30 pm till bewitching hour or until grownups get tired  
\$10 covers the tasty hors d'oeuvres / costumes requested but not required.

For more information contact:  
Carol Whitehead @ (925) 915-9549

## MESSAGES FROM OUR MEMBERS



P/C Robert E. Willis Jr.  
*Staff Commodore PICYA*

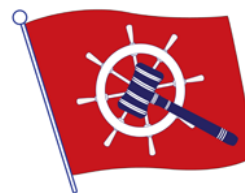
Ahoy EBC!

The August 14th "Paint & Sip Party" was a real gas! Believe it or not, I really enjoyed the "Painting by Numbers Kit" that I purchased on Amazon. There was a straight 90 minutes of concentration and some serious "attention to detail" centered on my painting, and all the while sipping my favorite beverage and spreading "unverified praise" about my masterpiece.



Pacific Inter-Club Yachting Association (PICYA) Delegate and Ebony Boat Club (EBC) Past Commodore (P/C) Ann Dukes chaired the Scholarship Committee for PICYA Commodore Patti Mangan this calendar year. The six member committee awarded three \$2,500.00 scholarships to recipients at our August Assembly of Delegates Meeting held at South Beach Yacht Club. As PICYA Junior Staff Commodore, I want to thank Ann and her Committee for the hard work of rating and selecting the applicants. By the way, Ann graciously accepted the Scholarship Committee Chair after I recommended her to the PICYA Board during my term as 2020 PICYA Commodore. P/C Ann Dukes, Vice Commodore (V/C) Sheila George and EBC member Janet Noyd to name a few, supported me

100% plus while serving my term as PICYA Commodore.



I had a great time seeing some of my old friends who happen to be Past Commodores (P/C) at the International Order of the Blue Gavel (IOBG) election meeting held at the EBC Clubhouse, August 20 thru August 22. The event included a cruise in by the group, an election and a BBQ dinner prepared by IOBG members and P/C of EBC Otis Brock,. Beverages were served by EBC P/C Jim Mack. The feast was presented and served by P/C Carol Whitehead, P/C Ann Dukes, V/C Sheila George, EBC members Janet Noyd and Glen and Delores Williams.

Finally don't forget to get out and enjoy this beautiful paradise, I call the Delta.



California Delta photo from [istockphoto.com](https://www.istockphoto.com)

Be safe and smooth cruising,

P/C Robert E. Willis  
Jr. Staff Commodore  
Pacific Inter-Club Yacht Association



# HEALTH AND SAFETY



## 12 Household Items That Need Extra Attention After You've Been Sick

By Annie Campbell - November 13, 2019

Whether it's the flu, a stomach virus, or strep throat (a personal nemesis of mine), chances are you've encountered some sort of illness in your home this cold and flu season.

If you're not careful to scour even the most unassuming corners and crevices of your home with disinfectants, you might be at war with those germs all over again (not to mention, infect other folks in the meantime). Germs can live on surfaces for up to 24 hours, which is a pretty large window to encounter them when you're living in close quarters with others. Be on the safe side and regularly clean these 12 items to avoid a sickly holiday season. More than likely, your kitchen was probably due for a deep clean anyway. And remember— disinfectant wipes used incorrectly can just as easily turn into germ bombs.

### 1. Countertop

Your gorgeous, cook-friendly countertop can be a breeding ground for infectious germs, and if it's granite or patterned, you might struggle to detect even visible messes like crumbs and spills. You don't even want to know how much invisible gunk is plastered on there too. To clean, use a store-bought disinfectant spray or mix up a cleaning solution with ½ cup of bleach per gallon of cold water (p.s. never mix anything with bleach besides water!). Let this solution sit on the surface for five minutes after spraying, then wipe with a wet cloth or let air dry. And no, bleach won't ruin your granite countertops.

### 2. Silverware

All dishes, but especially those that come in direct contact with your mouth, should be sanitized in a dishwasher so they can reach bacteria-killing

temps. If you don't have one, wash your utensils with soap and hot water (at least 110° F), then soak in a chlorine bleach bath (made with one part bleach to 10 parts warm water), rinse, and allow to air-dry.

### 3. Dish Towels

There's no telling how many times (and by how many people) those cute, handy dish rags are touched every day. Try to quit your habit of drying your hands on conveniently-located dish towels—unless they're replaced daily—and reach for paper towels instead. When you do wash dish towels, change the washer setting to hot to make sure all germs are killed off.

### 4. Knobs/Handles

Pantry, oven, fridge, and dishwasher handles should all be considered suspect when making a post-illness clean sweep. Make sure to disinfect them (using the bleach solution noted above!) all around the house, not just in common areas.

### 5. Sponge

Bacteria love to multiply in environments that are moist and warm—i.e. the state of your kitchen sponge 90% of the time. Microwave your sponges for a minute to kill germs, or buy a new pack altogether. Researchers from a 2017 study suggest replacing your sponges weekly regardless.

### 6. Faucet Handles

Sinks should be a safe zone because they're where you wash your hands, right? Unfortunately, the germy hand you turn on the faucet with isn't clean just yet. And even if your hands are clean when you turn off the nozzle, the damage is already done. Your sink handles—and basin—should be sanitized with a bleach solution at least once a week, according to an expert.

### 7. TV Remote

The same spots that dust and grime can build up between your remote controls' buttons, germs are likely creeping. Give it a wipe down after it's fought over by your kids, spouse, or visiting relatives.

# HEALTH AND SAFETY

## 7 Foods That Can Cause Food Poisoning

Food-borne illnesses from disease-causing germs pose greater danger as you age.



by Aaron Kassraie,

AARP, October 12, 2020

**En español** | Catching an intestinal illness from something you eat is unpleasant at any age, but the stakes grow higher the older you get, the U.S. Centers for Disease Control and Prevention (CDC) warns. "Older adults in general are more likely to have severe illness [from food poisoning] that could land them in the hospital," says Patricia Griffin, M.D., chief of the CDC's Enteric Diseases Epidemiology branch, which tracks foodborne illnesses. Nearly half of people 65 and older with a confirmed foodborne illness caused by [salmonella](#), [campylobacter](#), [listeria](#) or [E. coli](#) end up hospitalized, according to the CDC. As you age, your immune system slows down, curbing its ability to fight off germs. You're also more likely to develop a chronic health condition, such as diabetes or heart disease, when you're older. Both factors increase the risk of getting food poisoning and developing a serious illness from it. Even otherwise healthy older adults who take stomach-acid reducers may be creating a dangerous situation for themselves, Griffin adds, because stomach acid helps kill harmful germs found in foods.

"Many older adults are quite healthy and don't think of themselves as having increased risk," she says. "But they should recognize that as we all age, our immune system becomes a little more sluggish, and we need to take more precautions to prevent

ourselves from getting sick." A [top precaution from the CDC](#) is to cook food until it reaches its safe internal temperature, to kill any harmful bacteria, viruses or parasites that may be present. Other safety measures include washing your hands with soap and water for 20 seconds before preparing food, rinsing fresh produce under running water before eating it and avoiding cross-contamination in the kitchen — in particular, raw meat, poultry, seafood and eggs — when preparing meals.

Here are seven types of foods that the CDC warns can cause intestinal illness, along with the most common disease-causing germs associated with each and safety tips to avoid them.

### 1. Chicken, beef, pork and turkey

Undercooking and cross-contamination are the two biggest risks posed by meats. Wash your hands; keep raw meat away from other ingredients; and cook chicken, beef, pork and turkey to safe temperatures. The CDC recommends using a cooking thermometer, though Griffin acknowledges that not everyone has one or uses it regularly.

"You have to rely often on getting something steaming hot that looks to you well cooked," she says. "A thermometer is best. But cooking your meat products really well is very important."

**Common foodborne germs:** *Campylobacter*, *Clostridium perfringens*, *E. coli*, *salmonella*, *Yersinia*

**Safety tips:** Ignore recipes that advise rinsing raw meats with water. The practice doesn't make your food any safer, and splashed water can spread germs from the raw meat to other food, utensils and surfaces. Always make sure your meat is sufficiently cooked. Older adults who prefer the taste of rare beef or pork are taking a risk, Griffin says. Leftovers should be refrigerated at 40 degrees or colder within two hours of preparation. Large cuts of meat should be portioned into small quantities to cool fast enough and prevent bacteria from growing.

### 2. Fruits and vegetables

Produce can pick up germs anywhere along the way, from the farm where it was grown to the store where

## MESSAGES FROM OUR MEMBERS



**Marilyn Brock**  
*Past Commodore*  
*Ass't Boatique Manager*

event and the I.O.B.G (BBQ & Meeting) so successful. The Boatique is doing very well. We're excited about some of the new things we have in mind for the upcoming

Greetings EBC Family,

I pray this news article finds you all and your families well.

The month of August was an extremely busy and profitable month for us. Thanks to everyone that worked so hard to make the Jazz & Wine

year. If you have ideas on merchandise you would like to see the Boatique carry, please share. We welcome your ideas.

The Boatique has a few Jazz and Wine t-shirts available for purchase. Reserve yours today by calling, texting 510-619-6791 or emailing me at [marilyn@sfrem.com](mailto:marilyn@sfrem.com).

*"Sometimes when things are falling apart they may be actually falling into place!"*

May God continue to keep you all safe, healthy and well.

Marilyn Brock  
Past Commodore  
Ass't Boatique Manager



[dreamstime.com](http://dreamstime.com)

# Annual White Party

Featuring Live Music By

*Jazzbeau & Friends*

Saturday, October 9, 2021 - 5pm





A MESSAGE FROM:  
**YOUTH SCHOLARSHIP CHAIR**



**Janet Noyd**  
*Scholarship Chair*

She was on the Deans list multiple quarters and plans to attend the Kaiser PERMANENTE Bernard J. Tyson School of Medicine and specialize in Pediatric Oncology once she graduates. Her EBC sponsor is Reverend Thelma Johnson.

Hello EBC members and family,

This year's Ebony Boat Club and the Ebony Youth Foundation's Scholarship recipients are representing UCLA and Harvard Universities. Here are pictures of both of the recipients so that we may put a face with their excellent achievements thus far. Congratulations to our 2022 Scholarship Recipients.

Janet Noyd  
Scholarship Committee Chair



**Mr. Milo Clark**

The second applicant is Milo Clark, he is a sophomore at Harvard University majoring in Mechanical Engineering and he has a 3.716 GPA. He was Valedictorian at Wakefield High School and is a recipient of an Air Force ROTC Scholarship. After graduating from Harvard, he will fulfill his obligation to the Air Force and plans to become a fighter pilot. His EBC sponsors are Richard and Lenora Clark.



**Ms. Mika Millan**

The first applicant is Mika Millan she is currently attending UCLA. She is sophomore at UCLA majoring in physiological science with a 3.8 GPA.



## A MESSAGE FROM: YOUTH SCHOLARSHIP CHAIR



The Dock Walker program promotes maintaining our natural water habitat. Congratulations to EBC we currently have three members, Jennifer Duhon, Sheila George and Janet Noyd, who have completed the certification course and have presented the materials at EBC meetings and events. A large majority of our membership close to 70 percent has reviewed the Dock Walker power point presentation and received the latest information on LED flares and changes to legal fines that affect the boating community.



# DOCKWALKER

[dbw.parks.CA.gov](http://dbw.parks.CA.gov)

## PROMOTING CLEAN BOATING THROUGH EDUCATION

One of the most effective methods for providing information to boaters is word of mouth. In 1999, Save Our Shores (SOS) started the Dockwalker program to provide one-on-one outreach in local harbors to help boaters appropriately discard of used oil, share best clean boating practices, and waste products. In 2000, the Boating Clean and Green Program borrowed the Dockwalkers name and general concept, with permission from SOS, and developed a statewide Dockwalker program.

The **California Dockwalker** program is led by **California Coastal Commission** and the **California Division of Boating and Waterways' Boating Clean and Green Program** and is implemented in partnership with **The Bay Foundation**. Many organizations have made this program successful including: Save Our Shores, the U.S. Coast Guard Auxiliary, and the US Power Squadrons. Other partners include: Lake Berryessa Partnership, San Mateo County, Pacific Inter Yacht Club Association, the City of Newport Beach, Humboldt BayKeeper, the Clean Marinas California Program, West Marine, among others.





## RECIPES FROM THE GALLEY



### BAKED EGGS

I decided to prepare a special breakfast for Sunday after the Jazz and Wine Festival event. Here's the list of items served.

Baked Eggs	Fried Apples	Crisp Bacon
Hot Biscuits	Buttery Grits	Sausage and Gravy
	Coffee	

Preparation for breakfast was a little late getting started, but our guests ate well. None of our guests had eaten baked eggs before and it was a major hit. The directions for trying this delicious recipe at home are as follows.

#### INGREDIENTS

2 eggs per person	1 cup milk
½ stick of butter	Salt if desired
Pepper	Cupcake pan

#### INSTRUCTIONS

Heat oven to 350 degrees. Coat each cup in cupcake pan with butter. Place 1 teaspoon of milk in each cup. Add 1/2 pat of butter to each cup. Add an egg to each cup and sprinkle with salt and pepper (to taste). Bake for 15-30 minutes. Remove with a spoon and keep warm until served. If you like your yolk soft cook, remove egg after 15 min, if you like your eggs hard cook longer. Test the yolk with a toothpick, Enjoy!

From Our Chef Extraordinaire - Ann dukes



### 3-Ingredient Baked Pork Chops

Exciting news—you're just three ingredients away from a magnificently meaty main dish! This crispy, oven-baked pork chop recipe works just as well for boneless, center-cut pork chops, simply check them after 10-15 minutes and be sure not to let them overcook.

### Ingredients

2 large eggs  
4 (6- to 8-oz.) bone-in center-cut pork chops  
Salt and pepper (optional)  
1 cup Italian-seasoned breadcrumbs

### Directions

Step 1 Preheat oven to 400°F. Scramble eggs in a shallow dish. Sprinkle pork chops with salt and pepper, if desired. Dip pork chops in eggs, and allow excess to drip off. Coat pork chops in breadcrumbs.

Step 2 Place pork chops on a baking rack lightly coated with cooking spray, set rack in a rimmed baking sheet. Bake in preheated oven until a thermometer inserted in thickest portion registers 150°F, 20 to 25 minutes. Let rest 5 minutes before serving.



# DATES TO REMEMBER

## *Save The Date*

Saturday, December 11, 2021

For  
Ebony Boat Club's



Inaugural Dinner Dance  
&  
Installation of The 2022 Officers

An invitation is extended to all  
members of the Ebony Boat  
Club and their guests.



*Stay Tuned For Additional Information*

## *Save The Date*

Saturday, December 18, 2021

For The  
Ebony Boat Club's

*Christmas Party*  
&  
*Community Service Project*



Join us for an afternoon of  
fun, laughter and wonderful  
food, our famous EBC style  
Pot Luck.



Stay tuned for additional  
information

# DATES TO REMEMBER

## PICYA 2021 CALENDAR



Visit the PICYA website for information on  
their events and upcoming meetings

[PICYA.com](http://PICYA.com)

## EBONY BOAT CLUB

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www.facebook.com/ebonyboatclub

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Carol Whitehead - [cwhitehead107@gmail.com](mailto:cwhitehead107@gmail.com) or (925) 915-9549

To be added to our email list or if you have questions.

Please contact us at one of the numbers listed above.

## 2021 EBC CLUB MEETING DATES

Our September General Membership Meeting will be held in the Clubhouse on Saturday, September 18th at 12pm. Executive Board Meeting will be held on Thursday, September 16th at 7pm via ZOOM.

*Commodore Dane McCoy*



To Our September  
Birthdays

Wayne Phillips  
George Spencer  
Bill Washington  
Marshall Wattel



Enjoy Your Special Day!

## DON'T FORGET!

EBC's Club Photo Day



Saturday, September 18th

You're Invited to Ebony Boat Club's  
*Annual White Party*

Featuring Live Music By  
*Jazzbeau & Friends*

Saturday, October 9, 2021 - 5pm

Ebony Boat Club, Clubhouse  
705 W. Weber Ave., Stockton, CA  
Cost: \$50 in advance - \$55 at the door



*Come join us for an elegant evening of fun and excitement under the stars and on the water. With music to dance to, mouthwatering hors d'oeuvres, or just sit back relax and socialize.*

*"White Attire Required"*

*Tickets can be purchased at:* <https://ebcwhiteparty.brownpapertickets.com>

*Hors d'oeuvres will be served from 5pm to 7:30pm*

*\*Proceeds from this event to benefit the Ebony Youth Foundation\**

**EBC Entry Protocol - Proof of vaccination must be shown  
before entry into the clubhouse. **NO EXCEPTIONS!****



# EBONY'S MONTHLY THOUGHTS & PRAYERS

## *Intense Prayer*

"She [Hannah] wept and did not eat ... She made a vow and said, 'O Lord of hosts ... if You will ... give Your maidservant a male child, then I will give him to the Lord all the days of his life.'" – 1 Samuel 1:7, 11 NKJV

Some prayers are long; others are short. Some are casual; others are more formal. But Hannah demonstrated serious and intense prayer. Unable to bear children, she felt like a failure. When her husband's other wife mocked Hannah, she reacted with strong emotions, weeping so intensely that she could not eat. But the real turning point came when she prayed!

Hers was a prayer without any inhibitions. She didn't care how she appeared or what others thought. She poured out her soul, praying with such intensity that "Eli thought she was drunk" (v. 13). She was determined to seek God and get an answer. Demonstrating the seriousness of her prayer, she vowed that, if she had a son, he would be dedicated to God. Hannah received an answer to her prayer. And God gave her a son who would become a great prophet.

The Bible makes it clear: God honors those who seek Him with urgency! He honors those who ask and keep asking, seek and keep seeking, knock and keep knocking (Matthew 7:7). He honors those who are like the widow who beseeched an "unrighteous judge" until he answered her petitions. "Will not God bring about justice for His elect who cry to Him day and night" (Luke 18:6-7).

Do you have serious needs? Questions? No matter what you face, don't give up! Get serious with God! Pray with passion. Knock on Heaven's door with a sense of urgency.

### **Prayer**

Father, I commit these issues to You: \_\_\_\_\_. I believe You for the answers I need. In Jesus' name, amen.

### **Extended Reading**

1 Samuel 1

### **Let's Keep Our Members In Prayer For Improved And Continued Healing**

Member Gayla McCoy, Member Thelma Johnson, Member Ann Dukes,  
Members Jim & Eddie Jo Mack, Member Frank Whitehead, Member Dane McCoy,  
Member Randy Harris, Members Glen & Dolores Williams, Members Tony & Gloria Petit,  
Member Reggie Kelley, Member Candlyn Woods & Past Member Kimberly Romes

## EBONY'S MONTHLY THOUGHTS & PRAYERS

*In Loving Memory Of*



*Kendall "Pappy" Ray Simmons*

*May 12, 1940 - September 13, 2021*

We mourn the passing of EBC member Kendal "Pappy" Simmons on Monday, September 13, 2021. The private services for Pappy were held on Tuesday, September 28, 2021. Rest in peace, our dear friend. **REST IN PEACE!**

If you would like to leave a memorial tribute on his ***Lasting Memories Home Page***, copy the link listed below. Please keep our beloved member's family in your thoughts and prayer.

<https://www.lastingmemories.com/memorial/kendall-pappy-ray-simmons>



# Ebony Boat Club

□ P.O. Box 796 Stockton, CA. 95201 📍 705 W Weber Ave, Stockton CA. 95203  
 🌐 [EBC@ebonyboatclub1987.com](mailto:EBC@ebonyboatclub1987.com) 📄 [www.facebook.com/ebonyboatclub](http://www.facebook.com/ebonyboatclub)



## 2021 ACTIVITY SCHEDULE

<b>May 29</b>	<b>Monthly Club Meeting</b>	EBC Members	EBC Clubhouse
<b>May 28-31</b>	<i>Memorial Day</i>		
<b>June 4-6</b>	<b>Grand Reopening- Western Night Cruise In</b>	Sheila George	EBC Clubhouse
<b>June 11-13</b>	<b>Cabin Fever Fishing Derby &amp; Charter Fishing</b>	Frank Whitehead	
<b>June 18-20</b>	<b>Grand Reopening #2 Cruise In - Juneteenth</b>	Ann Dukes	EBC Clubhouse
<b>June 26</b>	<b>Monthly Club Meeting</b>	EBC Members	EBC Clubhouse
<b>July 9</b>	<b>EBC Drive Thru To - Discovery Bay Yacht Club</b>	Reggie Kelley	Discovery Bay YC
<b>July 24</b>	<b>Monthly General Club Meeting</b>	EBC Members	EBC Clubhouse
<b>July 30-Aug 1</b>	<b>Jazz &amp; Wine Cruise In-Discovery Bay Y.C.</b>	Carol Whitehead	EBC Clubhouse
<b>Aug. 14</b>	<b>EBC Member's Paint &amp; Sip Party</b>	EBC Membership	EBC Clubhouse
<b>Aug. 20-22</b>	<b>IOBG Cruise In &amp; Member's Bar-B-Que</b>	Otis Brock	EBC Clubhouse
<b>August 28</b>	<b>Monthly Club Meeting &amp; Open House</b>	EBC Membership	EBC Clubhouse
<b>Sept. 3-6</b>	<b>Labor Day Weekend</b>		
<b>Sept.18</b>	<b>Monthly Club Meeting &amp; Election Nomination</b>	EBC Members	EBC Clubhouse
<b>Sept. 18</b>	<b>Coastal Clean Up</b>	Kerry Davis	Stockton Marina
<b>Sept 23 - Oct 2</b>	<b>EBC Cruise Out - Down Bay Cruise</b>	Otis Brock	Bay Area Cruise
<b>Sept. 25</b>	<b>Margot Brown Wheelchair Regatta-CANCELED</b>	PICYA	Encinal YC
<b>October 2</b>	<b>PICYA Leadership &amp; Management Conf.</b>	PICYA	TBD
<b>October 8-10</b>	<b>Annual White Party Cruise In</b>	Carol Whitehead	EBC Clubhouse
<b>October 23</b>	<b>4th Annual GG Fields Horse Race</b>	Tony Petit	Emeryville
<b>October 23</b>	<b>Monthly Club Meeting &amp; Election Results</b>	Aleta Davis	EBC Clubhouse
<b>October 30</b>	<b>Ghouls/Goblins/Grownups Cruise In</b>		EBC Clubhouse
<b>November 20</b>	<b>Monthly Club Meeting</b>	EBC Members	EBC Clubhouse
<b>December 4</b>	<b>Lighted Boat Parade - Stockton YC</b>	Stockton YC	Stockton YC
<b>December 11</b>	<b>EBC Change of Watch Dinner</b>	EBC Members	EBC Clubhouse
<b>December 18</b>	<b>EBC Community Service &amp; Holiday Party</b>	EBC Members	EBC Clubhouse

**BLUE = OPEN CRUISE IN/OUT DATES      \*\*BLUE = CRUISE IN DATES WITH AN EBC EVENT**  
**PURPLE = EBC CRUISE OUT DATE      GREEN = SCHEDULED EBC EVENT**  
**RED = CLUB MEETING      BLACK = MISC OTHER EVENTS WE ATTEND      UPDATED 8/4/2021**



# Ebony Boat Club BUSINESS CORNER

## PLACE YOUR ADVERTISEMENTS IN THE BEACON

Are you interested in placing a business ad, a personal birthday, anniversary wish or a congratulatory ad in the EBC Beacon Newsletter, then look no further!

### Personal Ads

Personal Business Card Size Ad

1 month for \$5

**Larger Personal 2X's Business Card**

1 month \$10

### Business Ads

Business Card Size Ad

12 month Ad for \$25

**Larger Business Ads**

prices may vary

*For more information please contact Carol Whitehead at (925) 915-9549*

*\*All Ads are subject to EBC Executive Board Approval\**



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*tyrica owen*  
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Albert R. Harris

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TOP  
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# 2021 EBONY BOAT CLUB OFFICERS



**COMMODORE**  
DANE MCCOY



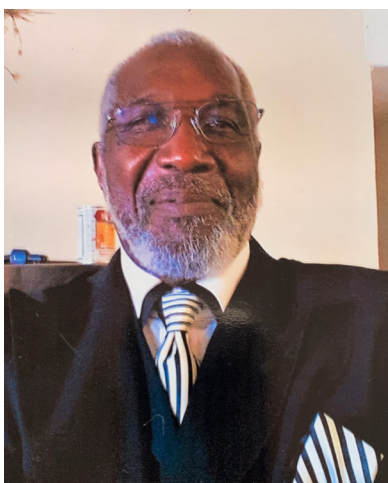
**VICE COMMODORE**  
SHEILA GEORGE



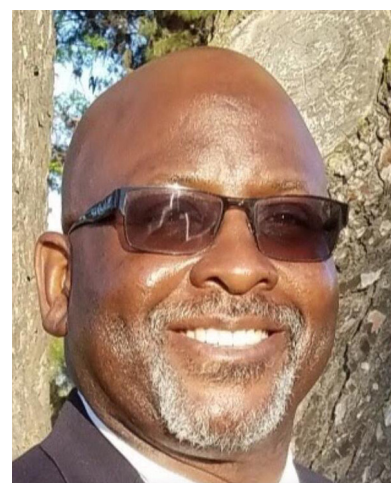
**REAR COMMODORE**  
JENNIFER DUHON



**PORT/FLEET CAPTAIN**  
REGGIE KELLEY



**PARLIAMENTARIAN**  
JAMES MACK



**SAFETY TRAINING OFFICER**  
KERRY DAVIS



**SECRETARY**  
CAROL WHITEHEAD



**TREASURER**  
OTIS BROCK



**STAFF COMMODORE**  
FRANK WHITEHEAD