



THE BEACON



EBONY BOAT CLUB

NOVEMBER 2021

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PICYA 2021 ANNUAL AWARDS

On Sunday, November 7, the Pacific Inter-Club Yachting Association held its 55th PICYA 2021 Annual Awards and November Delegates Meeting. It was an inspiring afternoon luncheon at the Encinal Yacht Club. The weather was perfect and the water was calm as beginner and experienced sailors maneuvered through the water on this rather warm fall afternoon.

PICYA recognizes our activities both on the water and on land. The storytelling and the very people behind these awards go back 60 plus years. All of the Award winners today have given themselves in exemplary ways. We thank the Clubs who submitted the nominations - a deep and proud reflection of the endurance of 2021. Finally, congratulations to all our Award recipients. Keep up the excellent work for our boating community. Share the good news amongst your members in your newsletter and on your website. Everyone loves a good story, Patti Mangan PICYA Commodore 2021. (Excerpt from Awards' program)

was Ebony Boat Club's sixth year in receiving the prestigious Club of the Year Award.

Congratulations EBC!



Winners of the Individual Meritorious Service Award
Otis and Marilyn Brocks

Continued on page 3

INDIVIDUAL MERITORIOUS SERVICE AWARD

Awarded to any person, regardless of their affiliation, who has performed exceptional acts of rescue and aid in saving of life and or property in the age-old tradition of the sea. This award was presented to Otis and Marilyn Brocks.

CLUB OF THE YEAR (COTY)

Awarded to the club or clubs accumulating the most points for supporting PICYA sponsored events: devoting and maintaining youth programs; community service; boating safety; philanthropy and other boating related activities. This award was presented to three clubs. **This**



EBC Club members celebrating their 6th award for
Club of the Year (COTY)

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A Message From :
THE REAR COMMODORE

PICYA 2021 Annual Awards
Continued from page 1



Jennifer Duhon
Rear Commodore



Hello Club Mates,

I have been privileged to serve as your Rear Commodore for the past two years. I have learned so much about the Club, its members and the hard work involved for having successful events. I look forward to serving as your Commodore for the 2022 season.

The memorial for our long-time member and friend Pappy Simmons will be on November 20, 2021. The membership meeting will begin at 11am and the Eight Bells Ceremony will begin afterwards.

If you will not be on the EBC Fishing Charter on Saturday, December 4, 2021, please consider joining the members at the EBC Clubhouse to watch the Stockton Lighted Boat Parade. Our Ebony Youth Foundation will be the recipient of the proceeds from the parade. Details are on the flyer on page xxx.

We are down to our last event, The Change of Watch Inaugural Ball on Saturday, December 11, 2021. Seating is limited to 60 people. It will be a fun evening of dinner, drinks, music and an exciting vacation auction. Come out to thank the outgoing board and welcome in the 2022 elected officers. Don't miss out. Buy your ticket(s) early!

“Every end is a new beginning” - Author unknown

I'm looking forward to the new beginning,
Jennifer Duhon
Rear Commodore

PICYA Perfect Attendance Award

Awarded to delegates- selected by their club's commodore to serve and represents their club as a delegate with PICYA. This award represent their attendance for the monthly Delegates meetings.

This award was presented to every club that had at least one year attendance. EBC has had perfect attendance for 21 years. Many thanks to Robert Willis and Ann Dukes



Individual Meritorious Service Award from Page 1

While Ebony Boat Club finalized its preparations for their Annual Jazz & Wine Festival event on the weekend of July 31, 2021; Friday morning, July 30, 2021, Otis and Marilyn Brock loaded all the meats and a case of corn on "Enchantment" their 45 foot boat and prepared for the two and a half hour trip to the clubhouse in the Stockton Marina. As Otis prepared the boat Marilyn piloted towards the San Joaquin River. While traveling, Marilyn saw a frantic family on a small boat waving and yelling. Marilyn then proceeded to approach the castaway's vessel as close as she could. Marilyn knew something was wrong and immediately called Otis as she slowed down to take a better look.

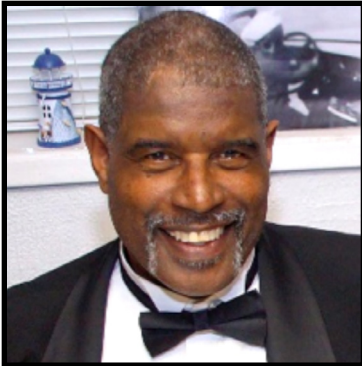
The Stranded family had gotten their attention, they were out of gas and did not have a radio onboard. In the stranded vessel were two children and three adults, all of whom had on PFDs. They were too close to the rocks for Marilyn to take "Enchantment" to them. Otis called for the Sheriff, and they waited with the stranded vessel until help arrived. (So much for a two-and-a-half-hour run.) When the Sheriff arrived, he was able to help the family but did not have extra gas for them. Fortunately, Otis and Marilyn had an extra gallon of gas. It was great that Otis and Marilyn remained with the stranded vessel and family instead of calling the Sheriff and leaving. They gave up their gas and left the Sheriff to finish with the assistance needed.

After a while, Otis and Marilyn were on their way again. About a mile from Windmill Cove, they encountered some cigarette vessels from Discovery Bay, they were flat-out rolling. One passed, then another, the third vessel hit a wake and was airborne and flipped over. The boat capsized, ejecting the two occupants out into the water. Again Marilyn slows down, stops, and proceeds to turn around and goes back. This is an example of why boating knowledge is so important. Marilyn then handed the helm over to Otis. She goes to the bow of the boat, yells to Otis that she does not see anyone. She finally hears someone calling for help and identifies the troubled person. She yells to Otis that she sees someone. Otis is giving the Coast Guard directions to their location. Keeping in mind, if he gets too close, he could suck the person in the water into his props. Otis then turns off the engines as he slowly approaches the person. (It's praying time!). Marilyn is on the swim platform, and with all the strength she had, she grabs onto the man's hand. Otis rushed to the swim platform. By the grace of God, Marilyn was able to get his chest up to the swim platform. Otis took over and was able to get the person out of the water and onto the swim platform. The man then yelled for help to Marilyn that his girlfriend was still in the water. Marilyn searched for her from the helm. Otis was also now at the helm while Marilyn returned to tend to the wounded man and began the emergency assessment. The man was in shock, scared, and in pain. Marilyn covered him with a blanket and placed a pillow under his head. Seeing that he had a broken leg and possibly fractured ribs, Marilyn tried to keep him as calm as possible. The man's name is Steven. Steven had been aboard his vessel with Nancy, his girlfriend, of whom he grew worried about. Marilyn assured Steven that they were looking for her. Meanwhile, Otis continued to look for Nancy. He could not leave the helm, since Marilyn was busy and there was no one else on board to control "Enchantment". Otis called the Coast Guard again, but this time he also called 911 this was not a vessel assist call. The two other vessels missed the third boat and returned so they were able to assist with Steven and for the continued search for Nancy. They all worked together and visually searched for Nancy until the Coast Guard arrived. Steven was air-lifted by helicopter to the hospital.

Otis and Marilyn were asked to stay until the Coast Guard finished their accident report. Finally, "Enchantment" and the Brocks were relieved of their first responder duties, and were underway again. They eventually arrived at the clubhouse about five hours later. What a relief for us who were waiting and anticipating their arrival three hours earlier. We had no idea what they had been through since they did not have the time to call. We were just glad they had finally arrived and were safe.

That Sunday, August 1, 2021, San Joaquin County Sheriff Deputies located the body of a woman submerged in 45 feet of water, 24 hours after a boating accident near Mandeville Island in San Joaquin County. The Medical Examiner's office confirmed the victim as 30-year-old Nancy Cahue of Oxnard, the woman sadly died as a result of the incident. The driver of the boat was listed as being in stable condition. Nevertheless, we would like to thank Otis and Marilyn Brock for being such good examples of responsible responders on the water.

A Message From :
THE STAFF COMMODORE



Frank Whitehead
Staff Commodore

As we look back on the year that was, we give thanks that together we made it through. We should take pride in the fact that we had many challenges and we worked through them for the betterment of our Club. I feel that it made us stronger and reaffirmed that together no wind is too strong that will keep our little boat from making it to a safe harbor.

I would like to congratulate Otis and Marilyn Brock on receiving the Pacific Inter-Club Yachting Association (PICYA) Individual Meritorious Service Award for their assistance in helping a fellow boater in distress. Their action shines a light on who and what EBC is and will always be! This award is presented to any person, regardless of their affiliation, who has performed exceptional acts of rescue and aid in saving of life and or property in the age-old tradition of the sea.

Along with our new members, our expanded outreach to the boating community and our commitment to be of service to those less fortunate, we say “Look out 2022, EBC is coming. Full steam ahead.”

As always, Thank You for allowing me to be of service.

Frank Whitehead, Staff Commodore 2021

My First ‘Best Day’

I dreamed of owning a boat since I was 3 feet tall. But it wasn’t until my 61st birthday before I realized that dream - a used Key West 19-foot center-console. We had recently purchased a week-end home near Colonial Beach, on the Virginia side of the Potomac River. From our front deck we could see Cobb Island, 7 miles across the river in Maryland.

The first few weeks I took the boat out several times but stayed close to shore, maybe going as far as halfway across the river. One Saturday morning, I was talking with my neighbor, Keith, about how I wanted to venture over to Cobb Island but didn’t yet feel comfortable. He offered to go with me as he’d made the trip several times. We agreed to meet the next morning.

The water was choppy than I would have liked, but Keith assured me the boat could handle it. He taught me that once we got past the buoys marking the creek we lived on to steer toward the radio tower across the river, and that would bring us right to the channel markers to the western inlet of Neale Sound, behind Cobb Island. I soon got comfortable in the waves, which, in hindsight, weren’t really that big. I couldn’t help but grin when we passed the marker at the entrance to Cobb Island. Crossing the Potomac and rounding Cobb for the first time was my first best day of the water.

Since Then, I’ve visited dozens of nearby gunk holes, hideaways, and restaurants, and just love exploring new places by boat.

By BoatUS Member Alan Batcheller

A Message From:
THE PORT/FLEET CAPTAIN



FOR IMMEDIATE RELEASE

Press Contact: D. Scott Croft, 703-461-2864, SCroft@BoatUS.com

Photo Available at: https://www.boatus.com/news-room//Images/Releases/GovAffInfrastructureInvestmentandJobsActSignedbyBidenphoto11_05_21.jpg



Photo Caption: Boaters and anglers made gains with today's signing of the Infrastructure Investment and Jobs Act, says BoatUS.

BoatUS: Signing of Infrastructure Bills Good for Recreational Boaters, Anglers

SPRINGFIELD, VA, Nov. 15, 2021 – With President Biden's signing today of the \$1.2 trillion bipartisan Infrastructure Investment and Jobs Act (IIJA), you may have mistakenly thought that only road, bridge, rail, power and water infrastructure, public transit, drinking and wastewater, high speed internet, environmental, and clean energy interests may benefit. The nation's largest advocacy, services, and safety group, Boat Owners Association of The United States ([BoatUS](https://www.boatus.com)), says recreational boaters also made some significant gains on the bill touted as a "[once-in-a-generation investment in our infrastructure](#)."

The biggest payoff for boaters with the IIJA comes the reauthorization of the "Sport Fish Restoration, Recreational Boating Safety, and Wildlife Restoration Act of 2021," which

provides funding for state-based conservation programs, boating safety, aquatic resources education, pump-out, derelict vessel, fisheries management and restoration.

'Sport Fish' also funds recreational boat access, such as local launch ramps, as well as the highly popular [Boating Infrastructure Grant](#) (BIG) program that grows the availability of safe and protected harborage for overnight, transient boaters. A "user pay – public benefit" funding mechanism, Sport Fish's nearly \$650 million trust fund budget comes from boat fuel taxes and excise taxes paid by boaters and anglers purchasing fishing and boating equipment.

"The reauthorization of Sport Fish is the cornerstone of so much of what recreational boaters and anglers connect to while on the water," said BoatUS Manager of Government Affairs David Kennedy. He adds, "BoatUS greatly thanks Sport Fish reauthorization bill sponsors, Senators Maria Cantwell (D-WA) and Roger Wicker (R-MS), and Representatives Debbie Dingell (D-MI) and Garrett Graves (R-LA). Their bipartisanship is a big plus for boaters and anglers."

Sport Fish reauthorization will also pay for a comprehensive study on the growing number of non-motorized paddle-craft, resultant user conflicts, and potential for increased accidents. Kennedy notes that while paddle-craft operators utilize launch ramps and other recreational boating facilities, "they do not currently pay into the trust fund, and we need to look at how to equitably fund waterway access points."

IIJA also provides funds to US Army Corps of Engineers and other water-resource projects, including inland waterways construction, flood control, resiliency, watershed rehabilitation, aquatic ecosystem restoration, invasive species control, marine debris removal, and inland and coastal navigation projects — all good things to any boater's or angler's ear.

A Message From:
THE TREASURER



OTIS BROCK
Treasurer

Hello fellow Ebony Boat Club Members:

You now can purchase tickets for our Annual Fund Raiser which will culminate at the Change of Watch scheduled for Saturday, December 11, 2021. See the flier in this month's Beacon Newsletter for additional details.

We chartered the Tigerfish for a crab and bottom fishing trip on December 4, 2021. We are limiting it to the first 18 persons to sign up. The spots are going fast, we only have 2 seats left. So if you are interested in joining us, you should contact me immediately.

We are working on the 2022 Yearbook. Please review your current information. If you have anything that you want changed, please send it to me before December 10th to get it into the 2022 yearbook.

We now have a limited supply of parking placards which will be needed to park in the close parking spaces. If you want one, send me your refundable deposit of \$25 and I will mail one to you.

I would like to remind you that we have initiated an

deduct contributions to the Foundation under Internal Revenue Code Section 170.

If you are interested in assisting the foundation, you can make a donation directly to the [Ebony Youth Foundation](#) at 1253 Yuba Avenue San Pablo Calif. 94806 or online at [Network For Goods](#). Click on Ebony Youth Foundation and follow their instructions. We are listed on the Eligible Organization List as 814228897. Another way that you can help is to forward this information to your E-Mail friends and your Facebook Page.

[Download Organizations Eligible to Receive Tax-Deductible Charitable Contributions \(ZIP ASCII\)](#)

<https://www.networkforgood.org/donate/>

Thanks, and Safe Boating
Treasurer, Otis Brock



MESSAGES FROM OUR MEMBERS



Ann Dukes
*Past Commodore
PICYA Delegate*

We did good! Several members of Ebony attended the Pacific Inter-Club Yachting Association (PICYA) Annual Awards luncheon at Encinal Yacht Club on Sunday November 7, 2021. This was the end of the year event for PICYA. Otis and Marilyn Brock were awarded the Meritorious Service Award for their first responder activity this past June. This award is presented by the PICYA Safety Committee to recognize any person, regardless of their affiliation, who has performed exceptional acts of rescue and aid in the saving of life and/or property in the age-old tradition of the sea. The letter we submitted is at the end of this article. There were several submissions for this award but none came close to the experience Otis and Marilyn shared. Congratulations to the Brocks.

If you recall you hear S/C Robert Willis and I talk about earning Club of the Year (COTY) points and maintaining our Five Stars status in PICYA. If you look in your yearbook under awards you will see how points are earned. Again, thanks to everyone's efforts and commitments we achieved our goal. Ebony shares the COTY award with two other clubs this year. Congratulation to Ebony.

The lighted boat parade for Stockton is scheduled for December 4, 2021. The parade is hosted by Stockton Yacht Club. There is an entry fee of \$25.00 per vessel. This money is then donated to a community fund. This year the parade committee chose Ebony's Youth Foundation. Usually S/C Robert Willis and team decorates his vessel but this year he will be on the committee boat representing the Foundation. It would be wonderful if someone would step up and be in the parade since we are getting the donations. I am willing to help decorate. Usually the Ebony is open for the parade so we could come up to the club decorate and then watch from the club or cruise in the parade. Let's step up Ebony. Any size vessel can be entered.

Don't forget we will be having a memorial for Pappy at the November 20, 2021 meeting. Please plan to attend.

LOVE AND PRAYER ON THE WATER

Ann Dukes, PICYA Delegate, P/C-EBC



MESSAGES FROM OUR MEMBERS



P/C Robert E. Willis Jr.
Staff Commodore PICYA

Greetings EBC,

I hope everyone will take a moment to reflect on Veterans Day. Many members of our active duty military are still in harm's way. We have many Veterans who have sacrificed their life and limb for our country and now only need a little help from the citizens they signed up to defend.

Congratulations to all the newly elected Executive Committee. Please take a few minutes to congratulate and thank these people for their dedication and commitment. These jobs are time consuming and also require sacrifice.

Jennifer Duhon, Commodore
Kerry Davis, Rear Commodore
Reggie Kelley, Port/Fleet Captain
Glen Williams, Safety & Training
Robert Willis, Parliamentarian
Otis Brock, Treasurer
Dolores Williams, Secretary
Dane McCoy, Staff Commodore

The PICYA Fall Management Conference was a whooping success. The event was participated in via Zoom by 13 Ebony Boat Club members at the Clubhouse. Topics discussed were Yacht Club insurance, Bar Servers' Certification and ABC highlights.



A MESSAGE FROM:
YOUTH SCHOLARSHIP CHAIR



Janet Noyd
Scholarship Chairr

Hello everyone,

The scholarship committee would like to thank everyone who came out to the White Party. We had past scholarship recipients Deja Osborne and LeeAndra Matthews there to give us an update now that they have both graduated from San Jose State University and Arizona State University respectively.

I would like to give you an update on those who were unable to attend. Canaan Baca graduated with his masters' this year. His sister, Eden Baca graduated with her bachelor's in accounting and has started her fellowship in Chicago. Mika Milan is in her second year at UCLA, Kayleigh Simmons has transferred and has started her classes to complete her degree in Nursing and finally Markus Fountaine is now qualified to be a captain of ships up to 1600 tons. We are so proud of our scholarship recipients. I will continue to update the Club as we obtain information on their educational journey and their post-graduate future endeavors.

If any past sponsors have an update on a past scholarship recipient we would love to hear from you.

Thank you,
Janet Noyd, Scholarship Chair



For the Good of the Club:

I just wanted to render a big heart felt *Thank You* one and all, to those who planned and were able to attend the surprise birthday party for me on October 23rd. I was so overwhelmed and had never had the birthday song sung to me so many times in so many different ways. You, my EBC family, had my heart so full of love and happiness it was and still is one of the most memorable days of my life. Again I say **THANK YOU!!!!**

Janet Noyd



MESSAGES FROM OUR MEMBERS



Marilyn Brock
Past Commodore
Ass't Boatique Manager

Hello EBC

Fall is here, pull out the sweaters, boots, scarfs, coats and hats. Cozy up to the fire with popcorn and a glass of wine. God, how I love this time of year. sitting around with friends and family. It just doesn't get any better than this.

It's time to start new life reflections and memories. We have been blessed to make it through COVID-19, and the years 2020 and 2021. Otis and I, pray that you all will continue to stay healthy and safe.

The Boatique is looking good, and we plan for another prosperous year. We still have lots of inventory for sale. Perhaps you should pay the Boatique a visit. You may find that special gift for that special someone. Remember the Boatique accepts all major credit cards and of course cash. A REMINDER to All Executive Board members. Please turn in to me your epaulets, and collar pins at the November 20th General Membership meeting. We need them for the next administration. I thank you in advance. Please note that the Memorial & Life Celebration for our dear friend Pappy is also on November 20th after the General Membership Club meeting.

"Sometimes when things are falling apart they may be actually falling into place!"

May God continue to keep you and your families healthy and safe.

Marilyn Brock
Past Commodore,
Assistant Boatique Manager

Hello EBC Members,

Praying all is well with everyone. After working on the November's newsletter, we were short a half page article. So I decided to do an **EBC FLASH BACK IN TIME!** The date was October 12, 2013.

EBC FASHION SHOW

Partial Article from the November 2013 Beacon Newsletter

If you did not make it to the Fashion Show and Auction fundraiser, which was held on October 12, then you missed a wonderful event. Over sixty of our family, friends and members were out to help support this fabulous fund raising event. The theme for this evening was focused on "Fall Fashion" and the clubhouse was decorated with a fall flare of leaves, pumpkins, scarecrows, while the models from Bay Area Fashion Week (BAFW) including our local two runway models Britnae Johnson and Tea Watkins, wore a collection of garments to celebrate the on slot of the fall season. Several wedding gowns were also presented during the fashion show, to prove weddings are not just a summer time occasion. The local designers in attendance or who made available their line of clothing for the fashion show were Julie Tanner, Billy Berk's, A'Gaci, Camille La Vie and Engracia who showed off her collection of fine jewelry. In closing, the Fashion Show and Auction was an extraordinary event enjoyed by all, thanks to all who helped to make this event a success.



Britnae



Tea

This was truly a fun event and a lot of work as well.

Hope you enjoyed the EBC FLASH BACK!

Past Commodore, Carol Whitehead

HEALTH AND SAFETY



By Jane E. Sung , Olivia Dean, October 18, 2021 10:24 AM

[Congressional Action Needed: Keeping Health Coverage Affordable for Many 50- to 64- Year-Olds](#)

Affordability of health insurance is a [major issue for adults ages 50 to 64](#). And thanks to the American Rescue Plan Act (ARPA) of 2021, individual health coverage has [become much more affordable](#) for older adults. Among other provisions, the law increased financial assistance to help people afford Marketplace health coverage available under the Affordable Care Act (ACA). Coupled with an extended special enrollment period available earlier this year, the expanded financial assistance made available by ARPA has already led to [millions more Americans](#) newly enrolling in affordable health coverage. The Marketplace also [became more racially and ethnically diverse](#), with a greater share of enrollees identifying as Hispanic or Black compared to prior years.

But these coverage gains may be only temporary. The law only authorized this expanded financial assistance for two years – until December 31, 2022. This means that starting in 2023, many older adults will once again face higher premiums – or be forced to drop their coverage – unless the ARPA tax credit changes are extended.

Because of the significant potential impact on health security, AARP commissioned a study to estimate the impact of the current ARPA tax credit expansions on adults ages 50 to 64, as well as what would happen if these provisions expired. [The study](#) underlines the importance of the new tax credit expansion to keeping health coverage affordable, lowering uninsured rates, and closing racial and ethnic coverage disparities.

The study shows extending the ARPA tax credit expansions would mean:

- **50- to 64-year-olds would continue to save as much as \$4,700 in annual health insurance premiums.** Under ARPA, older Marketplace enrollees at all income levels saw premium savings, including those eligible for premium subsidies before the law. Average premiums for enrollees ages 50 to 64 decreased 16 percent, or \$954 per year. In total, older enrollees saved nearly \$4.8 billion in premiums this year. If the ARPA tax credit changes are not extended, adults ages 50 to 64 would face higher premiums starting in 2023.
- Those with incomes between 400 and 500 percent of the Federal Poverty Level (FPL) – \$51,520 to \$64,400 for a one-person household in most states – saw the largest savings under ARPA, as this group was ineligible for any financial assistance pre-ARPA. These savings are especially important for older adults who pay higher premiums because of “age rating,” where insurers can charge older adults up to three times higher premiums than younger adults.

HEALTH AND SAFETY

Continued from previous page

- **2.1 million more older adults would enroll in Marketplace coverage by 2030.** Avalere estimates that 5.9 million adults ages 50 to 64 would be enrolled in Marketplace coverage by 2030, compared to only 3.8 million if the provisions are allowed to sunset. The increased racial and ethnic diversity among 2021 Marketplace enrollees also indicates that further enrollment increases could lead to a narrowing in coverage disparities.
- **Nearly 1 million fewer older adults would be uninsured by 2030.** By the end of the two years that the ARPA provisions were authorized (2021-2022),
- an estimated 400,000 fewer 50- to 64- year-olds are estimated to be uninsured than would have been without tax credit enhancements. An ARPA tax credit extension would mean the trend would continue, with the number approaching nearly one million fewer older adults uninsured by 2030.

Extending ARPA's tax credit expansions would help ensure continued access to affordable health coverage for millions of older adults ages 50 to 64 including early retirees not yet eligible for Medicare, workers without access to job-based coverage, and self-employed adults. Without this assistance, older adults ages 50 to 64 could once again face higher premiums, resulting in higher uninsured rates and potentially [worsening racial and ethnic coverage disparities](#).



New Access Control System

A new CCTV system and Access Control system has been installed in the marina. Beginning on Thursday of next week the new lock system for the marina gates and restrooms will be activated and the existing access cards will no longer be functional. You will now be able to use your Android or Apple smartphone to open the dock gates and restroom doors.

In order to use the new system you will need to install the Salto JustIn Mobile app onto your smartphone. This app can be found either at the App Store or Play Store depending on your smartphone. Once the app is installed on your device it will guide you through the set-up. See below for links to the App Store and Play Store. Follow the instructions for downloading the app on your phone.

[JustIN Mobile - Apps on Google Play](#)

<https://apps.apple.com/us/app/justin-mobile/id960998088>

Once you have installed the app you will receive an access key code from the server. If you have any issues please contact the Stockton Marina at 209-462-4200. **Please complete this process ASAP!**

COVID-19 UPDATE

4 Things You Need to Know About Delta-Plus

As the delta surge ebbs, attention is turning to an offshoot of the highly contagious coronavirus variant by Rachel Nania, [AARP](#), 11/9/21



DIY13 / GETTY IMAGES

Delta's summertime surge is finally abating. New cases of COVID-19 caused by the highly contagious coronavirus variant are nearly half of what they were at their peak in early September. And hospitalizations and deaths are also dwindling. But that doesn't mean delta's power is fading. It still accounts for more than 99 percent of COVID cases in the U.S., according to [data from the Centers for Disease Control and Prevention \(CDC\)](#). What's more, it's giving rise to new versions of the virus, including one, called delta-plus (or AY.4.2), that's captured the attention of experts.

[Here's what we know so far about delta's descendant](#)

1. It's an offshoot of delta

Viruses change and evolve as they replicate — that's expected — and when one or more of these changes sticks, a variant is born. What makes delta-plus

different from the [long list of other variants](#) that have popped up since the start of the coronavirus pandemic, however, is that it's not a variation of the original virus strain. Rather, it's derived from delta, the dominant variant circulating throughout the globe. "You had the original strain, and anytime a new variant came up all it had to do was outcompete that original strain. And then you had several variants all circulating more or less at the same time," explains Richard Kennedy, professor of medicine and co-director of the Mayo Clinic Vaccine Research Group. "Nowadays, almost all of the cases, at least in the U.S. and in the U.K., are delta. So 99 percent of the variants that we're going to see now are going to be variants of delta, not variants of the original strain." Because of this, the CDC refers to delta-plus as a sub-lineage. Other variants, including alpha and gamma, also have sub-lineages that are being tracked.

2. It may turn out to be more contagious than delta

Experts still aren't sure what to make of delta-plus. What we do know is that the delta variant is highly contagious, and some [data suggests](#) it can cause more severe illness than other variants, especially in not fully vaccinated individuals, who account for about 40 percent of the U.S. population. Delta can also evade some of the immune response that's generated after vaccination, although the vaccines are still highly effective at preventing hospitalization and death. "So that means any new variants, if they come from delta, they already have that background," Kennedy says, which "makes it more likely that they're going to be a bigger problem than a variant that shows up that was a variant from the original strain." Preliminary research shows that delta-plus is about 10 to 15 percent more

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transmissible than delta, says Ashish Jha, M.D., dean of the Brown University School of Public Health.

3. Spread of delta-plus has been slow so far

Delta-plus isn't causing too much concern yet, and its slightly higher transmissibility rate isn't alarming in itself, says Jha. By comparison, the delta variant is twice as contagious as other variants, including alpha, which was the previous dominant variant in the U.S. And [information out of the U.K.](#), where delta-plus's presence has been slowly increasing since July, suggests that the vaccines "are holding up just fine" against it, Jha adds, though research is ongoing. Another reassuring trait: Delta-plus shares a few mutations with other variants "that didn't really go anywhere," Kennedy says. "And so the general consensus is that these mutations may not provide much of an advantage to the virus."

Virus strains that are "a little heartier" than their peers — maybe their mutations allow them to replicate faster upon infection, or pack more of a punch when confronted with antibodies — take over and spread. But delta-plus "does not seem to be spreading very quickly," Kennedy points out. In October, delta-plus accounted for about 6 percent of all cases in the U.K.; tracking sites show that number may be around 14 percent now. Only a few cases have been spotted in the U.S. That said, delta-plus is still managing to spread, even with delta in the mix, meaning it likely has an edge on delta. But "it's too early to tell if it's a lot better or not," Kennedy says.

CDC Director Rochelle Walensky, M.D., has said the CDC is "continuing to track lineages and sub-lineages of delta and all other variants," as well as their potential impact on COVID treatments and vaccines. But for now, there is "no evidence" of an immediate threat. "I think of this as a variant of a little bit of concern, but certainly not anything that I

think represents a game changer in terms of our strategy and approach," Jha adds.

4. Vaccines are key to forestalling new variants

The vaccines are crucial to keeping the COVID curve trending in the right direction and to avoid giving rise to new and potentially more destructive variants and lineages, experts say.

The reason? "The only time the virus can create variants is when it's inside a human being, inside a cell creating new viruses," Kennedy says. Though the [COVID vaccines](#) are not 100 percent effective at preventing a coronavirus infection, [studies show](#) that fully vaccinated people are significantly less likely to be infected. "If we can reduce the number of cases significantly, we've reduced the chance of having a delta-plus-plus or whatever we decide to name the granddaughter of delta," Kennedy says. Other precautions can also help stymie the emergence of new variants: Wear a mask when you are in crowded, indoor settings; wash your hands often; and if you're [due for a booster](#), get it. "What you have to do is put multiple layers of protection in place," Kennedy adds.

If you haven't had the COVID vaccine, you can take many steps to reduce your risk of infection.



Wear a mask properly.



Wash you hands frequently.



Maintain social distancing.



Get a flu shot, if you haven't done so already.



Clean and disinfect surfaces.

HOW MUCH DO YOU KNOW ABOUT VETERANS DAY?



- Veterans Day was originally known as?**
 - Armistice Day
 - Flag Day
 - Remembrance Day
 - Soldiers Veterans Day
- Veterans Day is celebrated on Nov. 11 because**
 - That's when the Treaty of Versailles, which ended World War I, was signed.
 - President Woodrow Wilson picked that day from a list of recommendations submitted by the heads of major service organization.
 - Congress wanted the holiday to fall between Labor Day and Thanksgiving.
 - None of the above.
- Who first proposed that Armistice Day be renamed Veterans Day?**
 - Dwight D. Eisenhower
 - Alvin J. King
 - Douglas MacArthur
 - Harry S. Truman
- Veterans Day officially acquired its current name in?**
 - 1954
 - 1956
 - 1958
 - 1960
- What flower is a symbol of Veterans Day?**
 - Forget-Me-Not
 - Lily
 - Poppy
 - Rose
- The motto of the Department of Veterans Affairs is "To care for him who shall have borne battle." Who originally wrote these words?**
 - Smedley Darlington Butler
 - Abraham Lincoln
 - Walt Whitman
 - Woodrow Wilson
- What patriotic song debuted in its current form on an Armistice Day broadcast in 1938?**
 - "America, The Beautiful," by Katherine Lee Bates
 - "God Bless America," by Irving Berlin
 - "Spirit of the U.S.A." by E.T. Paul
 - "The Yankee Doodle Boy," by George M. Cohan
- Which of the following is not true?**
 - The national Veterans Day observance is held annually at Arlington National Cemetery.
 - Flags fly at half-staff on Veterans Day.
 - The original purpose of the holiday included a two-minute suspension of all business activity at 11am
 - Many restaurant and business give discounts to Veterans.

HOW MUCH DO YOU KNOW ABOUT VETERANS DAY?

ANSWERS FOR THE VETERANS DAY QUIZ

1. Armistice Day

Veterans Day was originally known as Armistice Day and was meant to honor the nation's World War I veterans. Armistice Day officially received its name in 1926 through a congressional resolution and became a national holiday in 1938.

2. None of the above

World War I, which was known at the time as "The Great War," officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside Versailles, France. Fighting had actually ended seven months earlier, however, when an armistice between the Allied nations and Germany went into effect on the 11th hour of the 11th day of the 11th month. For that reason, Nov. 11, 1918, is generally regarded as the end of "the war to end all wars."

3. Alvin J. King

In 1953, Alvin J. King of Emporia, Kan., proposed that Armistice Day be changed to Veterans Day to recognize and honor American veterans of all wars and conflicts. King came up with the idea after his nephew, John Cooper, was killed in action during World War II.

4. 1954

In 1954, at the urging of veterans service organizations, Congress amended the 1938 law that created Armistice Day by striking out the word "Armistice" and inserting in its place the word "Veterans." With President Dwight D. Eisenhower's signature, the legislation became Public Law 380 on June 1, 1954.

5. Poppy

The story begins with the famous poem, "In Flanders Fields," written by John McCrae in 1915 ("In Flanders fields the poppies blow / Between the crosses, row on row"). In 1918 Moina Belle Michael, on reading McCrae's poem, pledged to always wear a red poppy as a sign of remembrance. Her idea spread, and in 1924 the Veterans of Foreign Wars launched its "Buddy Poppy" program to help disabled and needy veterans.

6. Abraham Lincoln

The line is from the final paragraph of Abraham Lincoln's second inaugural address, which he delivered on March 4, 1865, as the nation braced itself for the final throes of the Civil War.

7. "God Bless America," by Irving Berlin

In 1938, with the rise of Hitler, Irving Berlin dug out a song he'd written in 1918 for an army camp show, changed a few lyrics, and renamed it "God Bless America." On Nov. 10, Kate Smith sang it as the closing number on an Armistice Day edition of her immensely popular CBS Radio show. In short order it became the "peace anthem" that Berlin had wanted it to be — and Kate Smith's signature song.

8. Flags fly at half-staff on Veterans Day

Veterans Day is a time set aside to celebrate and honor those who have served in the armed services and therefore is not a day to fly flags at half-staff, a symbol of mourning.

Article written by Bill Hogan, AARP

RECIPES FROM THE GALLEY

Yes, fall is here and we need warm smells in the house. This cake smells so good and will have your house smelling delicious as well.



APPLESAUCE CAKE

- ½ cup butter
- ½ tsp. cinnamon
- ¼ tsp cloves
- 1 egg
- ½ tsp nutmeg
- 2 cups flour
- 1 cup chopped nuts (I prefer pecan but walnuts will work)
- 2 tsp baking soda
- 1 cup raisins
- ¼ tsp salt
- 1 cup finely chopped dates
- 1 ½ cups thick, unsweetened applesauce
- 1 1/2tsp vanilla
- 1 tsp lemon extract

Beat butter and sugar until creamy. Add egg. Combine flour, soda, spices, and salt. Add dry alternating with applesauce to creamed butter and sugar. 1 cup at a time mix well between each addition. When all combined mix in nuts raisins and dates. Bake in a 13x9 pan at 350 degrees for 45 min or until done. Check with skewer after 45 min. I grease my pan or use parchment paper. Enjoy. You can shift powder sugar over the cake if you wish.



CHAMPAGNE PUNCH III

Ingredients

- 1 (12 fluid ounce) can frozen cranberry juice concentrate
- 1 (12 fluid ounce) can frozen pink lemonade concentrate
- 1 (6 ounce) can frozen limeade concentrate
- 1 (750 milliliter) bottle white wine, chilled
- 1 liter carbonated water, chilled
- 2 (750 milliliter) bottles champagne, chilled
- 1 lemon - sliced, for garnish
- ½ cup fresh mint, garnish

Directions

In large punch bowl, combine the cranberry juice concentrate, pink lemonade concentrate, limeade concentrate, white wine, club soda and champagne. Garnish with lemon slices and fresh mint leaves. ENJOY!

DATES TO REMEMBER

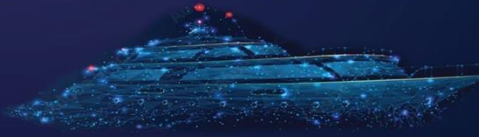
Thankful

We're Back!

Grateful

Lynn Hahn Memorial
**40TH ANNUAL DELTA REFLECTIONS
LIGHTED BOAT PARADE**

SATURDAY, DECEMBER 4TH, 2021



All Proceeds Benefit Ebony Boat Club's Youth Foundation!

5pm start at Windmill Cove

~6:30pm - Parade Enters Downtown Stockton

\$25 Donation to Enter

All Boat Sizes Welcome!

Register at: <https://stocktonyc.clubexpress.com/>

Follow us at:

<https://www.facebook.com/stocktonlightedboatparade>



Hosted by Stockton Yacht Club



DATES TO REMEMBER

PICYA 2021 CALENDAR



Visit the PICYA website for information on their events and upcoming meetings

PICYA.org



To Our November Birthdays

Lenora Clark

Tony Petit

Marian Wattel



Happy Anniversary

John & Gala McCoy

Frank & Carol Whitehead

Enjoy Your Special Day!

EBONY BOAT CLUB

📧 P.O. Box 796 Stockton, CA. 95201
📍 705 W Weber Ave, Stockton CA. 95203
🌐 EBC@ebonyboatclub1987.com
📺 www.facebook.com/ebonyboatclub

THE BEACON NEWSLETTER EDITORIAL STAFF

Reggie Kelley - reggiekelley@cox.net or (408) 628-2185
Jennifer Duhon - jjduhonsfo@yahoo.com or (415) 290-7053
Carol Whitehead - cwhitehead107@gmail.com or (925) 915-9549

To be added to our email list or if you have questions. Please contact us at one of the numbers listed above.

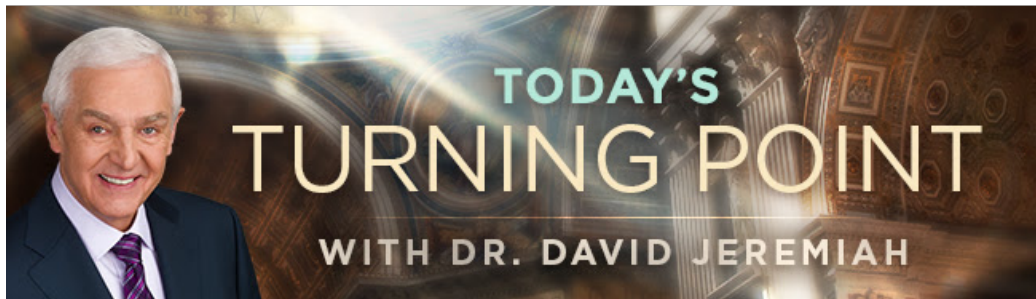
EBC CLUB MEETING DATE

Our November General Membership Meeting will be held in the Clubhouse on Saturday, November 20th at 11am. Pappy's Memorial will start at 1pm. Executive Board Meeting will be held on Thursday, November 18th at 7:30pm via ZOOM.

Happy Thanksgiving
Commodore Dane McCoy



EBONY'S MONTHLY THOUGHTS & PRAYERS



Mother of Peril

But know this, that in the last days perilous times will come: For men will be lovers of themselves.

2 Timothy 3:1-2

These verses give us three layers of truth: (1) There will be a period of history known as the “last days” of earth; (2) these days will be perilous, a word that means dangerous and savage; (3) the most dangerous thing about them will be a pandemic of self-love. When people love themselves, the driving forces for everything become ego, self-admiration, personal ambition, and a disregard for anyone else.

Recommended Reading:

[2 Timothy 3: 1 – 9](#)

Unmitigated selfishness is the mother of peril.

Without the grace and mercy of our Lord Jesus, we are all selfish people, more concerned about ourselves than about anyone else. It's Jesus alone who teaches us to love others, to care for someone besides ourselves, and to humbly obey God's Word: “Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too” (Philippians 2:3-4, NLT).

Sin makes the times perilous. When there is a general corruption of manners, and of the tempers of men, this makes the times dangerous to live in... [But] the coming of perilous times is an evidence of the truth of scripture-predictions.

Matthew Henry

Read through the Bible:

[Luke 11 – 12](#)

PLEASE KEEP THE FOLLOWING PEOPLE IN YOUR THOUGHTS AND PRAYERS

*Rear Commodore Jennifer Duhon, EBC Member Thelma Johnson
Past Commodore Frank Whitehead*

Please pray for the tremendous loss of lives and the many families affected by the COVID-19 crisis. If you know of someone you would like to add to the prayer list, please contact the Newsletter Editorial Staff.

SO YOU THINK YOU KNOW EVERYTHING

February 1865 is the only month in recorded history not to have a full moon.

In the last 4,000 years, no new animals have been domesticated.

If the population of China walked past you, in single file, the line would never end because of the rate of reproduction.

If you are an average American, in your whole life, you will spend an average of 6 months waiting at red lights.

It's impossible to sneeze with your eyes open.

Leonardo Da Vinci invented the scissors.

Maine is the only state whose name is just one syllable.

No word in the English language rhymes with month, orange, silver, or purple.

On a Canadian two dollar bill, the flag flying over the Parliament building is an American flag.

Our eyes are always the same size from birth, but our nose and ears never stop growing .

Peanuts are one of the ingredients of dynamite.

Rubber bands last longer when refrigerated.

"Stewardesses" is the longest word typed with only the left hand and "lollipop" with your right.

The average person's left hand does 56% of the typing.

Now you know more than before!

Stay tuned next month for more of "So You Think You Know Everything."

Suggested by Eddie Jo Mack

IQ Inspiring Quotes

"Step out of the history that is holding you back. Step into the new story you are willing to create. - Oprah Winfrey

There are few things that Oprah says that don't immediately feel quotable. Of the many words of wisdom that she has imported upon her viewers over the years, however, this quote, excerpted from her book, *What I Know for Sure*, encompasses much of what the media mogul stands for. She encourages us to create our own destiny; accept agency into our life; push back against the tug of inevitability. Winfrey, who herself struggled through a troubled childhood, has used her own story as an example of what is possible if only we decide to take control of our own narratives.



Ebony Boat Club

□ P.O. Box 796 Stockton, CA. 95201 📍 705 W Weber Ave, Stockton CA. 95203
 🌐 EBC@ebonyboatclub1987.com 📄 www.facebook.com/ebonyboatclub



2022 ACTIVITY SCHEDULE

Date	Description of Event	Contact	Location
Dec 31 - Jan 2	Open For Use		
Jan 7 - Jan 9	Open For Use		
Jan 14 - Jan 16	Open For Use		
Jan 22	PICYA Commodore's Ball	Corinthian YC	Tiburon, CA
Jan 29	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Feb 4 - Feb 6	Open For Use		
Feb 11 - Feb 12	Open For Use		
Feb 13	Super Bowl Party & Chili Cook-Off	Otis Brock & Jim Mack	EBC CLUBHOUSE
Feb 18 - Feb 22	Open For Use		
Feb 26	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Feb 26	EBC Black History Month Program		EBC CLUBHOUSE
March 5	EBC Paint & Sip Party		EBC CLUBHOUSE
Mar 11 - Mar 13	Open For Use		
Mar 18 - Mar 20	Mardi Gras- Cruise In	Ann Dukes	EBC CLUBHOUSE
March 19	PICYA Leadership Conference		
March 26	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
April 2	Opening Day on the Delta – Antioch/Stockton		
April 9	EBC Opening Day Boat Parade & Seafood Fest		EBC CLUBHOUSE
Apr 15 - Apr 17	Open For Use		
April 23	Spring Youth Day	Ann Dukes	EBC CLUBHOUSE
April 24	Opening Day On The Bay Boat Parade		
April 30	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
May 6 - May 8	Pappy's Family Day Carnival & Cruise In		
May 13 - May 15	EBC Western Night Cruise In		EBC CLUBHOUSE
May 21	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
May 28	Reno Turn Around Bus Trip		
Jun 3 - Jun 5	Jazz & Wine Festival Cruise In		EBC CLUBHOUSE
June 11	Cabin Fever Charter Fishing Derby	Frank Whitehead	TBD
Jun 18	Juneteenth Celebration	Ann Dukes	EBC CLUBHOUSE
June 25	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Jul 1 - Jul 4	Open For Use		
Jul 8 - Jul 10	Open For Use		
Jul 15 - Jul 17	Open For Use		
Jul 22 - Jul 24	Open For Use		
July 30	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Aug 5 - Aug 7	EBC Cruise Out - Village West YC	Reggie Kelley	Village West
Aug 12 - Aug 14	Annual White Party Cruise In		EBC CLUBHOUSE
August 20	EBC Paint & Sip Party		EBC CLUBHOUSE
August 27	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Sept 2 - Sept 5	Open For Use		
Sept 9 - Sept 11	Open For Use		
September 17	Monthly Club Meeting & Nomination	EBC Membership	EBC CLUBHOUSE
September 17	Coastal Clean Up	Kerry Davis	Stockton Marina
Sept 20 - Sept 27	EBC Cruise Out - Down Bay Cruise	Otis Brock	EBC CLUBHOUSE
September 24	Margot Brown Wheelchair Regatta	PICYA	Encinal YC
October 1	PICYA Leadership & Management Conference	PICYA	TBD
Oct 7 - Oct 9	Oktoberfest Cruise In	Marshall Wattel	IEBC CLUBHOUSE
October 15	Fall Youth Day Program	Ann Dukes	EBC CLUBHOUSE
October 22	Annual Golden Gate Fields - Day At The Races	Tony Petit	Golden Gate Fields
October 29	Club Meeting & Election Results	EBC Membership	EBC CLUBHOUSE
Nov 4 - 6	Open For Use		
Nov 11 - Nov 13	Open For Use		
November 19	Monthly Club Meeting	EBC Membership	EBC CLUBHOUSE
Nov 25 - Nov 27	Open For Use		
December 3	Lighted Boat Parade Antioch & Stockton	Stockton Yacht Club	Stockton
December 10	EBC Change of Watch Dinner		EBC CLUBHOUSE
December 17	EBC Holiday Party & Community Service Day		EBC CLUBHOUSE
Dec 23 - Dec 25	Open For Use		
Dec 30 - Jan 1	Open For Use		

BLUE = OPEN USE OR CRUISE IN/OUT DATES PURPLE = LET'S TALK ABOUT IT GREEN = SCHEDULED EBC EVENT
 RED = MONTHLY CLUB MEETINGS BLACK = MISC OTHER EVENTS WE ATTEND UPDATED 11/13/2021 @ 6:44pm

Ebony Boat Club BUSINESS CORNER

PLACE YOUR ADVERTISEMENTS IN THE BEACON

Are you interested in placing a business ad, a personal birthday, anniversary wish or a congratulatory ad in the EBC Beacon Newsletter, then look no further!

Personal Ads

Personal Business Card Size Ad
1 month for \$5

Larger Personal 2X's Business Card
1 month \$10

Business Ads

Business Card Size Ad
12 month Ad for \$25

Larger Business Ads
prices may vary

For more information please contact Carol Whitehead at (925) 915-9549

All Ads are subject to EBC Executive Board Approval



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(510) 685-0822
ahgemini48@yahoo.com



ROUND TOP RANCH
LAND & CATTLE CO.
DIXON, CA

Tyrica Owens
510.685.1162
Tyrica.Owen@live.com
tyricaowen.shootproof.com



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PHOTOGRAPHY


B_diff3r3nt Custom Made Pieces

DRE WASHINGTON
Owner

(678) 699-6025
Drendrewashington222@yahoo.com



A.C. Motorsport



170 Glenn Way, Suite 5
San Carlos, CA 94070

Alfonzo Curry II
(650) 730-7510
acmotorsport@yahoo.com

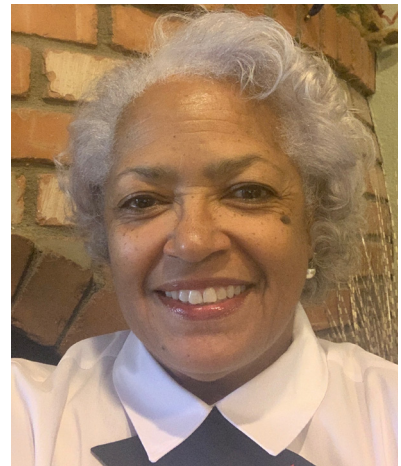
2021 EBONY BOAT CLUB OFFICERS



COMMODORE
DANE MCCOY



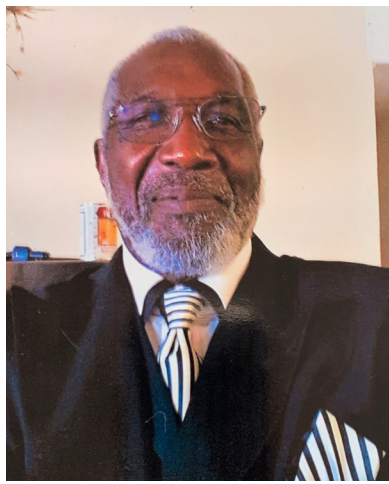
VICE COMMODORE
SHEILA GEORGE



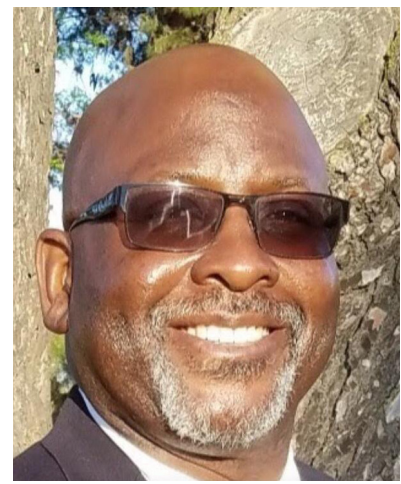
REAR COMMODORE
JENNIFER DUHON



PORT/FLEET CAPTAIN
REGGIE KELLEY



PARLIAMENTARIAN
JAMES MACK



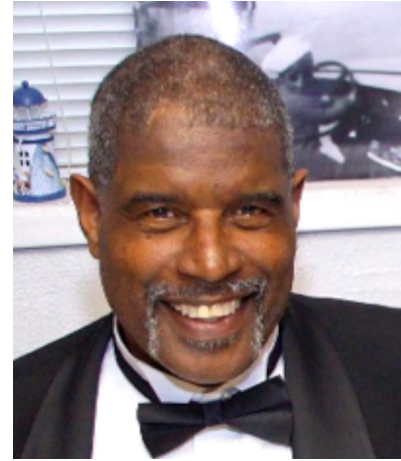
SAFETY TRAINING OFFICER
KERRY DAVIS



SECRETARY
CAROL WHITEHEAD



TREASURER
OTIS BROCK



STAFF COMMODORE
FRANK WHITEHEAD