# A Message from the Helm



Dane McCoy

Commodore

Ahoy Ebony Boat Club!

I hope you are all doing well and enjoying the perfect boating weather we've been blessed with. Pam and I certainly have. I can hardly wait to cruise out with my EBC family!

COVID-19 rules are still in effect although Several Yacht Clubs are open with

restrictions, including some in San Joaquin County. I look

forward to the opening of our clubhouse and keeping with the San Joaquin County regulations. Keep in mind that county restrictions are fluid. A county can be in one tier and change tier levels in a day's notice. We as a club will continue to monitor the changes and together determine when will be the appropriate time to open. I must say, with all the vaccinations being administered and COVID-19 infection numbers going down I'm very optimistic about opening soon.

Pam and I have a favorite tradition of toasting a good trip with a beer upon safely arriving to any port. On the following morning, I like to have a Bloody Mary which is a favorite eye-opener of mine. I would like to share my favorite Bloody Mary recipe with you:

See page 20 for receipe

# PAST EBC SCHOLARSHIP RECIPIENT GRADUATES FROM ASU WITH HIGH HONORS

On Monday, April 19, 2021 a virtual ceremony was held via ZOOM for the 2021 graduating class of Arizona State University (ASU). Past Ebony Boat Club & Ebony Youth Foundation Scholarship recipient LeeAndra Sarah Denise Romes-Matthews received a number of accolades for her academic achievements during her two years of study at ASU. Here's her summary of her two years at Arizona State University, what her future endeavors are and the awards she received that evening.



Those who are familiar with my story, know that I transferred to ASU with the best intention yet with little hope. I had \$27 dollars in my pocket and vision. I had left everything I had ever known, person or place for a dream I was yet certain I could accomplish. The first few days of attendance I felt like an outsider, alone, and unsure of myself. I knew that I needed to find a community that I could feel accepted. One day, during a class announcement I was referred to join the NLASA by Logan Mitchell. This day changed my life for the better.

Since joining the program I have learned so much about myself as a student, a leader, and overall individual. I have been tested, nearly forced to come out of my comfort zone in many cases but I would not have had it any other way. I have learned over the past few years how to be vulnerable in my actions, how critical thinking is one of the best strategies to use toward service-learning, and most importantly to me, I learn that my story, background, and mission are valid, that I am enough. I can't

# PAST EBC SCHOLARSHIP RECIPIENT GRADUATES FROM ASU WITH HIGH HONORS

express the overwhelming joy that comes over me when I think of the opportunities, challenges that I've experienced.

I have assisted in planning and executing the logistics of a large-scale event. My team and I raised over 30k for 13 students to attend the AMI conference in Kansas City, MO where I unconsciously invited the keynote speaker to have a seat next to me; we talked for some time, having what felt like a once in a lifetime conversation before they'd announced her presence and invited her to the stage. I got the pleasure of presenting strategic planning strategies for marketing to the CEO and VP of the BBB (Better Business Bureau). A sense of community has always been important to me so I would say the greatest takeaway from my experiences thus far is that I was able to share them with a group of amazing world changers, people I am so blessed to now call friends. Networking is an amazing connection that can be beneficial for one's career plans but I know that I have made lifelong friends. Friends that I have had late-night study sessions with, both laughed and cried with, and shared unforgettable, life-changing experiences with. My time within this program has been anything but simple and I would do it all over again if I got the opportunity to feel the way I do today accomplished, developed, and forever appreciative.

### **Spring 2019**

- I completed my first semester at ASU. I found a much-needed sense of community far away from home
- Presented an idea at the first ASU Change the World event
- The Change the World Showcase and Competition, celebrates the many ways Arizona State University students are making a difference through their art, entrepreneurship, and good works.
- Joined a certification course and became an active member of the following student engagement programs.
  - BSU: Black Student Union The BSU (DPC) cultivates community amongst
    African and African-American students. We host inclusive cultural and social events, provides
    scholarship, volunteer, and leadership opportunities, and encourages networking among black students,
    faculty, and alumni.
  - Trio: a set of federally-funded college opportunity programs designed to motivate and support first-generation, low-income students with disabilities and veterans in pursuit of a college degree.
  - NLASA (Nonprofit Leadership Alliance Student Association): The NLASA focuses on developing nonprofit management and leadership skills through the practical application of the CNP Competencies. The CNP helps students gain leadership experience outside of the classroom and build a network of professional contacts. **Appointed as a member of the events committee**

#### Fall 2019

- NLASA: Recruit and Retention Committee
  - Conducted the annual AMI (Alliance Management Institute) campaign, raising over 30k to assist in the traveling cost of attending the annual conference.
  - • Participated as a member of the environmental committee for the Iron Man Triathlon.
- BSU: Appointed as the Treasurer
  - o Conducted a variety of culturally inviting, student engagement events from 2019-2020

#### **○ Spring 2020**

- NLASA: Communications and Marketing Committee
  - Attended AMI in Kansa City, MO
  - • Completed over 250 service hours.

# PAST EBC SCHOLARSHIP RECIPIENT GRADUATES FROM ASU WITH HIGH HONORS

• BSU: Treasurer duties continued. Voted most innovative and most active group on campus.

#### **Fall 2020**

- NLASA: Communications and Marketing Committee
- Dean appointed liaison for Downtown to establish a sister circle, a collaborative effort of BSU and Zaria to create a safe space where women of color are supported and challenged to grow and better themselves mentally, academically, and emotionally. Planned and executed discussions based on topics of importance to the student

#### **Spring 2021**

- ASU graduate with honors (3.90 GPA) B.S in Nonprofit Leadership and Management and CNP (Certified Nonprofit Professional)
  - Received a medal of completion from the Trio S.T.A.Rs program: Strategic Techniques for Academic Retention and Success

#### **Summer 2021:** What is next for me?

- I will complete a summer internship remotely with the Umoja Scholars Program of Los Medanos College in Pittsburg, CA.
- I will be moving back to California to reconnect with my very missed family and friends.

  I will be taking a year off of school to focus on self-care, practice mindfulness, and evaluate my current personal and professional plan.
- Recruits have recently approached me regarding a 2-year opportunity to work with the Teach For America program. I informed them of my current plan and said that I would finalize my answer before the next training session begins. I seek to attend graduate school as a double major in sociology and law.



Nu Lamda Mu, Honor Society (Webpage Link)

The mission is to advance the study of nonprofit organizations and their function in society and to promote scholarly achievement among those who engage in these academic pursuits. I met all the requirements of the society including my current GPA: 3.90.

# PAST EBC SCHOLARSHIP RECIPIENT GRADUATES FROM ASU WITH HIGH HONORS

### George F. Miller Outstanding Student Award, Scholarship (Webpage Link)

The purpose of this award is to honor the outstanding student of the Nonprofit Leadership Alliance (formerly American Humanics) program each year with monies to support the ongoing pursuit of their degree or, if a graduating senior, to support expenses of becoming established as a nonprofit professional. The selection of the student recipient of this award is made through an annual "secret" ballot process coordinated through the Nonprofit Leadership Alliance program office. Students in good standing who are enrolled in the NLA/ASU program are eligible to vote. This honor was a complete surprise to me and was made even more valuable based on the fact that they allowed my friend and mentor to announce me as the winner.

#### Certified Nonprofit Professional (Webpage Link)

The Nonprofit Leadership Alliance's national certification and CNP credential program provide hands-on opportunities such as internships, co-curricular activities, and classroom learning to help students achieve certification competencies. I received the graduation cords for my CNP certification. I will receive my official certificate upon completion of my internship over the summer.

### Nonprofit Leadership Alliance, Career Development Award, Scholarship (Webpage Link)

This program was developed to support students in completing their Certified Nonprofit Professional (CNP) credential. The financial award from the Nonprofit Leadership Alliance Endowment is \$2,000.

Participants must be enrolled at an actively affiliated Nonprofit Leadership Alliance campus program. Have an active online CNP Profile. Be a junior, senior, post-baccalaureate, or graduate student. Have completed or scheduled to complete nonprofit-specific coursework, including introductory nonprofit sector coursework prior to beginning the internship. Complete an internship during the calendar year 2021 that meets the requirements of both the Certified Nonprofit Professional credential and those of your individual campus program. Be committed to finishing all CNP credential requirements and earning your CNP immediately upon graduation with your Bachelor's degree or completion of graduate-level requirements.

#### What's next for me?

I have accomplished yet another goal on my list but in doing so I have neglected self-care. "What is next?" many have asked. For me, it is to take some time to mindfully evaluate myself, address some health concerns, and plan the best strategies for what I desire in the future.

"The first and most practical step in getting what one wants in this world is wanting it. One would think that the next step would be expressing what one wants. But it almost never is. It generally consists in wanting it still harder." ~ Gerald Stanley Lee

# $\begin{array}{c} \text{A Message From:} \\ \text{THE VICE COMMODORE} \end{array}$



Sheila George *Vice Commodore* 

Hello EBC,

I hope all is well with my EBC Family, I hope those that have gotten the vaccine are all doing well and ready to get back to living.

As club house manager, it gives me great pleasure to say Jim Mack, Marshall and Marian Wattel and myself went to Home Depot and got figures on what it would cost for us to renovate our clubhouse. A week or so ago, Otis Brock e-mailed everyone a copy of the EBC Building Maintenance Project Wish List survey form. Please review this form, prioritize the projects and return it to Otis as soon as possible.

I would like to thank all of you who have signed up to help monitor the clubhouse. The list of members who have volunteered to check the club house once a week for a month are:

April - Frank & Carol Whitehead
May - Glen & Dolores Williams
June - Melvin Huff
July - Robert Willis
August - Ann Dukes
September - Robert Willis
October - Ann Dukes
November - James & Eddie Jo Mack
December - Kerry & Aleta Davis

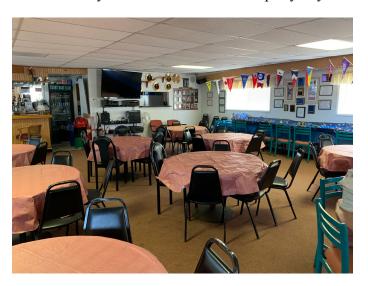
The checklist to ensure the Clubhouse remains afloat has been simplified to cover the 4 main areas:

• Check the yardstick (rear left corner of the Club House). It should be completely out of the water.

- The power cords should be securely plugged into the marina dock tower and the building outlets.
- The water to the Club House should be turned off when leaving. This can be verified by ensuring the handle to the right of the clubhouse door is in the off position.
- Make sure the door is locked. Close the door then push down on the handle, then push the door to make sure it's locked. If the door opens turn the knob inside to lock the door. Repeat the process to make sure the door is locked.

If you are unable to commit to your assigned month please let me know.

I want to thank Carol, Ann for assisting me in cleaning up the club house, it's starting to look great! We still need to do more to get it ready for opening back up. I would like everyone's support in this endeavor. Stay tuned for our next work party day.



Just saying:

Surround yourself with the dreamers and doers, the believers and the thinkers, but most of all surround yourself with those who see greatness within you even, when you don't see it yourself.

Sheila George, Vice Commodore

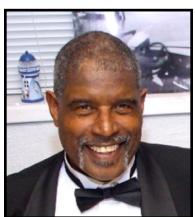
# A Message From : THE REAR COMMODORE

# A Message From : THE STAFF COMMODORE



**Jennifer Duhon** *Rear Commodore* 





Greetings Fellow Members,

Reg and I have received our second shots with a feeling of relief. As more of our members receive the vaccination, we will be moving closer to opening up our clubhouse for activities. As of now May activities are canceled but we may be ready for Jazz and Wine in June.

Two weeks ago we brought our boat, Kickin' Back ll to West Coast Canvas for new flooring. We hope to have her back in time for the June Jazz and Wine event.

In the mean time we have been camping in the Delta and Half Moon Bay before returning home to Arizona. Our first campsite was Brannan Island State Park. Campsite 104 was lovely and peaceful and right in front of the "closed until further notice" docks. No one at the camp knew when or if they would reopen. They looked very forlorn and abandoned with weeds growing over the docks. This made me think about Governor Newsom's proposal to raise boat registration fees 250%. To add to the insult, boating fees now goes to the Park and Recreation with very little of it benefitting boaters. We need to speak up as soon as possible as they are considering this action soon. Contact your Senator and Assembly Member directly or you can go to the RBOC website rboc.org and send your message from there.

I hope to see all of you soon, take care until then. Jennifer Jo Duhon Rear Commodore Hello EBC Family,

As always let us keep in Prayer those who are dealing with financial, medical and personal challenges. As more and more of us are getting vaccinated which means hopefully we can get back to some level of normality.

Rock cod season opened on April 1st, Carol and I took the Tiger Fish out of Emeryville last weekend and we both got our limits on the first stop, and the average size was 5 to 8 pounds. We had so much fun that we will probably go again in a month or so. We will send out an invite to see if we can't get a group of us together and go out and have a blast!

We have to replace the starboard engine in "Jencarro." Hopefully it comes in time for us to install it and make the PICYA Opening Day on the Bay Parade. Keep your fingers crossed!

Stay safe and God Bless

Thank you for allowing me to be of service, Frank Whitehead, Staff Commodore

# A Message From:

# THE TREASURER



Otis Brock
Treasurer

#### **Hello fellow Ebony Boat Club Members:**

Thanks to all of the members that have paid their 2021 dues. With the March Treasurer's report, I included the current membership list. Please review your information and advise me of any changes that you would like me to make. We receive mail at:

P.O. Box #796 Stockton, Calif. 95201.

Please use this address for future correspondence with your club. Please let me know if you are having a problem receiving your treasurers reports via email.

We recently sent you a survey via e-mail which requested your input for prioritizing the improvements of our facility. We have extended the date for returning your response via e-mail to one day after the date that we publish the Beacon. We will tabulate the returns and present them at the next club meeting.

If you are planning to visit the club by land, I would like to remind you that last year the marina changed its parking policy. They require a parking placard to park in the close parking spaces. You can park in the first four spaces near the street without a parking placard. We noticed the parking enforcement officers patrolling the parking lot every day citing the vehicles without parking placards. Contact me if you want me to send you one.

The Ebony Youth Foundation is a 501(C)(3) charitable organization registered with the Internal Revenue Service. This means that you can deduct contributions to the Foundation under Internal Revenue Code Section 170.

If you are interested in assisting the foundation, you can make a donation directly to the Ebony Youth Foundation at 1253 Yuba Avenue San Pablo, Calif. 94806 or online at Network For Goods. Click on Ebony Youth Foundation and follow their instructions. We are listed on the Eligible Organization List as 814228897. Another way that you can help is to list Ebony Youth Foundation on your Facebook page as your non-profit Fundraiser. You can do this by going to your Facebook settings and register. Your Facebook settings are at the top right corner of your Facebook page.

You can also forward this information to your e-mail, text and Facebook friends.

https://www.networkforgood.org/donate/

Thanks and Safe Boating, Treasurer, Otis Brock Otis@sfrem.com



# A Message From:

# THE PORT/FLEET CAPTAIN



REGGIE KELLEY
Port/Fleet Captain

**Greetings Mates!** 

In order to keep our boats tuned and operating at top efficiency, we need to do some preventive engine maintenance. Top on the maintenance list is changing the oil in the engines. If you change your engine oil yourself, do you know where to dispose of the used oil? Do you know what to do in case of an oil spill?

Below is important information on preventing oily discharge, using oil absorbents and recycling used oil and oil filters. This information is taken from the Dockwalker Boater Kit provided by the California State Parks Division of Boating and Waterways, the California Coastal Commission's Boating Clean & Green Program and The Bay Foundation. The boater kits mentioned in the tips are provided free through the California Dockwalker program and are available at the clubhouse. Vice Commodore Sheila George and Rear Commodore Jennifer Duhon are certified Dockwalkers and can answer questions about this subject.

Oil absorbents are the least expensive method boaters can use to control oily discharges and are available at most marine supply stores (like the pillow found in the kit). Oil absorbents absorb oil while repelling water and come in many shapes and sizes (i.e. sheets, pads, "diapers", pillows, and socks). If boaters have an extremely oily bilge, they may consider using a bilge pumpout service that properly disposes of the wastewater. Check the absorbents often and dispose of them as hazardous waste at a marina or nearby collection center.

Proper disposal options include:

- 1. Oil Absorbent Exchange Centers: This service is offered by some marinas and fuel docks that actively distribute and collect oil absorbents for free. Ask your marina operator about local resources to properly dispose of saturated absorbents.
- 2. Bring your used oil absorbents to your local household

hazardous waste collection center. For locations call 1-800 —CLEANUP or visit www.earth911.org.

If you receive the Northern California Boater Kit, please check the Northern California Tidebook (pages 62-65), San Francisco Bay Area map and/or the Delta map for oil absorbent exchange centers. If you receive a Southern California Boater Kit, please check the Southern California Tidebook and the "Southern California Boater's Guide"

Report oil, chemical and sewage spills by calling both (800) OILSQ11 and (800) 424-8802 (For more information refer to the following boater kit items: Oil absorbent and its wrapper, the Boater kit binder card, and ABCs of Boating Law P:47-48). Notify your marina.

#### 2. Spill-proof your oil changes and fueling

If you change your boat engine oil, be sure to use a closed system (such as a portable oil-change pump) available at marine supplies stores and always have an oil absorbent handy. Drain the used oil into a container that can be closed to prevent spills. Fuel up your tank slowly and use absorbents to catch spills. Do not top-off or overflow your fuel tank, and leave 10% of your tank empty to allow fuel to expand as it warms. Dispose of saturated absorbents and fuel bibs at a hazardous household waste facility. Recycle your used oil and oil filters. For recycling locations near you, ask your marina operator, call 1-800-CLEANUP or visit www.earth911.org (For more information refer to following Boater Kit items: the Binder Card and ABCs of Boating Law P:47-48).

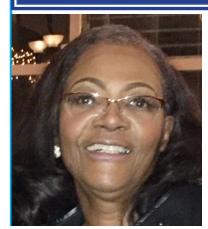
#### 3. Do not add soap –

Never use soap to disperse fuel and oil spills. It is harmful to the environment, and it is illegal. Avoid using bilge cleaners as they may get discharged overboard. (For more information refer to following boater kit items: The Binder Card and the brochure "Environmental Boating Laws Every Recreational Boater Should Know").

Stay safe on the water! Reggie Kelley Port/Feet Captain

### A Message From:

# THE SECRETARY



Carol Whitehead
Secretary

Hello EBC Members, Family and Friends,

I hope that this newsletter finds you safe, healthy and feeling optimistic as we make our way out of this pandemic. Frank has had his second shot and I'm scheduled for my second shot on May 1st.....Yeah!

We are looking forward to returning to our beloved clubhouse. Sheila, Ann and I have been working hard at cleaning up the clubhouse and it's almost ready. We still have the kitchen to clean up as well as both restrooms. Other than that, the clubhouse is waiting for our RETURN, and I can't wait to see everyone!



At our January General Membership Meeting Kendall "Pappy" Simmons suggested as a fund raiser, for all EBC members to start a "Tip Jar." For every drink we had or served at home, money was to be collected in a jar for a donation to the Ebony

Boat Club. Well, Frank and I have been busy tossing loose change in the jar held by our Butler Jeffery......LOL. We are proud to report that we have collected a total of \$35.91 to donate to the Ebony Boat Club. I would like to thank my daughter-in-law Terrice Hampton for contributing most of the

change that's in the jar. Every time I rode with her, I collected all the change that was on the floor of her car. As the money in the jar grew, she stopped allowing me to ride in her car. We also had other family members and friends drop money into the jar. This was by far a good conversation piece to have in the living-room.



Jeffery the Butler

Do not take lightly small good deeds, believing they can hardly help. For drops of water, one by one in time can fill a giant pot. By Joseph Goldstein

Frank and I were unable to attend this year's Opening Day Parades, "Jencarro" is still down and in need of a new engine. The engine is in route and should be delivered sometime next week, we hope! I'm so ready for a cruise out and to see all of my EBC family!

# A Message From James Mack: PARLIAMENTARIAN / BAR MANAGER

Greetings EBC Members, family and friends,

I pray that you and your loved ones are all healthy and doing well.

This month I decided to switch it up and give you a little history on what our World Leaders like to drink. I hope you enjoy reviewing this information and possibly finding a new drink to try. Don't forget to work on your EBC "Tip Jar" which was suggested by EBC member Kendall "Pappy" Simmons in January as a Club fundraiser. For each drink you have at home, you were to drop a tip into a jar for the Club. Our first reporting of these funds will be recorded at the end of April and will appear in the May newsletter. As alway, drink responsibility and don't drink and drive.

Stay Save, you matter to me, James Mack, Bar Manager & Parliamentarian

### **How to Drink Like a World Leader**

By Nicholas Mancall-BitelPublished on 4/14/2017



#### **Barack Obama Brews His Own Beer**

Joining the elite ranks of booze-producing American presidents, which even includes George Washington, Obama became the first president to <u>brew beer in the White House</u>, forever cementing himself as a true <u>drinker's president</u>. To his credit, Obama also enjoys beverages beyond his own ale and porter, <u>like a Martini that outdoes James Bond's</u>.



#### **Queen Elizabeth Pregames Lunch**

The fortified wine called Dubonnet was around long before Queen Elizabeth II, but she made it (and her go-to <u>Dubonnet Cocktail</u>) trendy. The Queen picked up the habit from her own mother and mixes two parts Dubonnet to one part <u>gin</u>, with a slice of lemon for garnish. Elizabeth is so committed to the beverage, she drinks one as an <u>aperitif</u> before lunch every single day. It's good to be the queen.

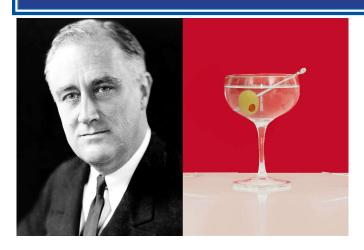




# **Bill Clinton Goes to the Dark Side of British Booze**

Clinton got bit by his favorite drink, the Snakebite, during his time studying at Oxford. The mix of half lager and half cider is so notorious that many bartenders in the U.K. refuse to make it, even for a former president. Given Clinton's reputation as a freewheeling president, we'd love to have shared a dubious pint with him back in his college days.

# A Message From James Mack: PARLIAMENTARIAN / BAR MANAGER



#### **FDR Shook the First Dirty Martini**

Yeah, yeah, he helped win WWII. He led America for an unprecedented four terms. He revived the American worker after the Depression with the New Deal. But in our books, Roosevelt's greatest accomplishment was inventing the <u>Dirty Martini</u>. He mixed up a batch of the briny Martinis at the Yalta Conference, a meeting with Churchill and Stalin (hearty drinkers in their own right), using a coffee pot.



#### **JFK Drank Frozen Daiquiris**

Kennedy may have had a mixed relationship with Cuba, but he was clear about his feelings for the country's signature drink, the <u>Daiquiri</u>. Going against Camelot's classy reputation, the Daiquiri served in the White House in 1960 was not the most refined variation. <u>Jackie Kennedy's own recipe</u> called for a slushie blender-full of rum, lime, frozen limeade and falernum.



#### Winston Churchill Watered Down His Whisky

In the face of immeasurable military odds and international chaos, Churchill maintained his stiff upper lip by remembering the good things in life. The essentials of life, according to the PM, are "Hot baths, cold Champagne, new peas and old brandy."

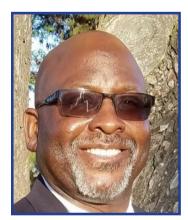
While he gained a reputation for high liquor tolerance, his daily booze of choice was actually pretty watered down. His children noted that Churchill's daily Papa Cocktail consisted of Johnnie Walker Red topped with ice and water, which he would sample throughout the day.



### **Margaret Thatcher Kicked Back with Scotch**

While she may have been known as the Iron Lady for her steely, business-first attitude, Thatcher still liked to unwind with a glass of the hard stuff. At public events, the former PM enjoyed Cointreau, but after a hard day's work, she liked to kick off her shoes with a good Scotch and Soda.

# A Message From : SAFETY & TRAINNING OFFICER



Kerry Davis
Safety & Training Officer

Hello EBC Members.

inally the pandemic is loosing its grip and more boaters are starting to hit the waterways to enjoy what looks like a wonderful 2021 Boating Season.

As we embark upon this year's boating season, please make sure that your boat is ready and equipped with all of the necessary safety equipment.

Check to make sure everything is running properly before hitting the waterways. This months training will be on knot tying. Practice makes perfect, they say. Knowing how to tie a few knots is an essential skill that anyone can learn.

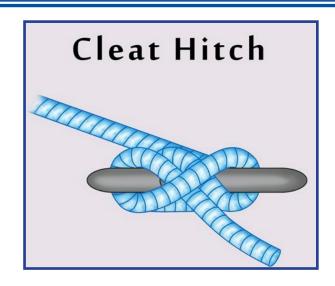
There's a lot of knot tying books on the market withliterally hundreds of knots from the obscure to the downright practical.

The Ashley Book of Knots has been the standard work on knots and rope work. It's a fun book to have, to use it to learn all the brilliant ways mariners have secured their working boats throughout the ages.

(Word above from BOATUS)

To make the process of learning knot tying easier, just click on the website provided. Make sure to have at least 3 to 5 feet of line to practice with and practice until you have the knot made perfect!

Yes, you can do it! Please let me know how you're doing and update me on your progress.



Click on the photo above to view the video

Safe boating, Kerry Davis Safety & Training Officer

### A MESSAGE FROM KENDALL "PAPPY" SIMMONS

Most of you know me as the wise old knowledgeable senior member "Pappy." Every year in the month of May, I try to do something to help support our club like supporting Family Day or other events. This year with the uncertainty of our calendar of events, I thought that it would be great if our members could make a modest donation of \$35 as a gift for Mother's Day and for those funds to be used to help offset our May Marina slip rent. I made this proposal at the January club meeting. I want to thank all of our members that have made a donation to this fund raiser. We still have time for anyone to be included in making a donation to this fund raiser. You can do so bysending a check to:

Ebony Boat Club at P O Box796 Stockton Calif. 95201.

Thanks for your support, Kendall "Pappy" Simmons

# A Message From : SAFETY & TRAINNING OFFICER

# What Happens If You Eat Mold?

So you accidentally ate mold. Here's what to do. By **Corey Williams** Updated February 19, 2020

There's a strong likelihood that <u>you've just</u> <u>eaten mold</u>. Whether this was an accidental act or a willful one, I have no way of knowing—but here's what you need to know:



We at MyRecipes are not scientists. It's times like these that we turn to the USDA's Food and Safety Inspection Service for reliable information about food science:

"Molds are microscopic fungi that live on plant or animal matter," according to FSIS. "No one knows how many species of fungi exist, but estimates range from tens of thousands to perhaps 300,000 or more. Most are filamentous (threadlike) organisms and the production of spores is characteristic of fungi in general. These spores can be transported by air, water, or insects."

Mold, which thrives in warm and humid conditions, comes in a wide variety of shapes and sizes. It can be any combination of fuzzy, furry, dusty, black, green, yellow, gray, or white.

### I Accidentally Ate Mold-Should I be Worried?



Probably not. If you've eaten a bite of moldy food, you'll most likely be absolutely fine.

Heck, mold is even supposed to be on some foods (certain cheeses, for instance).Let's Say I Do Get Sick, Though. What Would Happen?



If you do get sick from eating mold, you likely have **mycotoxins** to blame. Mycotoxins are invisible compounds that are naturally produced by certain types of molds. When your immune system is working well, a small amount of mold probably won't cause any health issues. However, if your immune system is weakened, ingesting fungal spores can negatively affect the digestive tract, upper respiratory tract, and even the brain.

Look out for food poisoning-like symptoms like nausea, vomiting, and diarrhea. Individuals who suffer from asthma or other respiratory issues should watch for signs of an allergic reaction. If you've consumed moldy food and are concerned about your health, contact your doctor immediately.

# A Message From : SAFETY & TRAINING OFFICER





U.S. Coast Guard Changes Certificate of Documentation to 5 Years New rule will spare some boaters a yearly task

SPRINGFIELD, Va., April 14, 2021 -- Of the nation's nearly 12 million registered recreational boats, those owners who <u>federally document their vessels</u>, or about 165,000 boats, will be spared the hassle of renewing their U.S. Coast Guard Certificate of Documentation every year as a result of recent rule change that now makes documentation valid for five years. The move was the result of Coast Guard cost-saving efforts and <u>requirements set forth in the Frank LoBiondo Coast Guard Authorization Act of 2018</u>.

"The change to a five-year documentation period will be a time-saver," said BoatUS

Manager of Government Affairs David Kennedy. Kennedy notes the new rule also eliminates some options that were formerly available.

"Going forward, the five-year Certificate of Documentation is the only option available for recreational vessels as the 2018 Act did not allow for alternatives," added Kennedy.

Formerly, documentation was \$26 per year and boaters could select the number of years, from one to five. The new five-year documentation cost for is fixed at \$130. Additional fees apply for initial documentation as well as exchanges. The Coast Guard will not issue refunds if an owner chooses to cancel documentation before its five-year expiration or if a vessel is sold during the renewal period.

Boat owners generally choose to federally document vessels with the U.S. Coast Guard versus the more common practice of state registration, for one of two reasons: the boat was purchased with a bank loan and the lender required it or the owner plans to travel beyond U.S. waters. A Certificate of Documentation is internationally recognized and makes it easier for American vessels to enter and leave foreign ports.

Documented vessels must also be a minimum of 5 net tons, which is about the size of a 26-foot boat. BoatUS notes that net tons are more about (cargo) volume, than weight.

In a related issue, BoatUS continues to advise boaters to be vigilant when renewing U.S. Coast Guard vessel documentation as official-looking vessel documentation renewal notices can lead to confusion and higher costs. Some BoatUS members have received notices that are not from the Coast Guard but rather third-party companies whose name or return addresses may appear similar to that of the official U.S. Coast Guard National Vessel Documentation Center (NVDC).

For more information on documentation go to BoatUS.com/Documentation.

# HEALTH AND SAFETY

# **CDC** Center For Dease Control



Key Things to Know About COVID-19 Vaccines Updated Apr. 27, 2021

# **Key Things to Know**

- COVID-19 vaccines are <u>safe and</u> <u>effective</u>.
- You may have <u>side effects</u> after vaccination, but these are normal.
- It typically takes two weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. You are not fully vaccinated until 2 weeks after the 2nd dose of a two-dose vaccine or two weeks after a one-dose vaccine.
- COVID-19 vaccines are more widely accessible. Everyone 16 years and older is now eligible for a COVID-19 vaccination. Find a COVID-19 vaccine.
- People who have been fully vaccinated can start to do some things that they had stopped doing because of the pandemic.

NY COVID-19 VACCINE VACCINE Injection only

# What We are Still Learning

 We are still learning how well vaccines prevent you from spreading the virus that causes COVID-19 to others, even if you do not have symptoms.

- We're also still learning how long COVID-19 vaccines protect people.
- We are still learning how many people have to be vaccinated against COVID-19 before most people can be considered protected (population immunity).
- We are still learning how effective the vaccines are against new variants of the virus that causes COVID-19.

### Effectiveness - What We Know

- COVID-19 vaccines are effective at keeping you from getting COVID-19.
- After you are fully vaccinated, you may be able to start doing some things you had stopped doing because of the pandemic.

Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19. Getting a COVID-19 vaccine will also help keep you from getting seriously ill even if you do get COVID-19.

COVID-19 vaccination is an important tool to help us get back to normal. Learn more about the benefits of getting vaccinated.

# Find a COVID-19 Vaccine

if you are among those currently recommended to get vaccinated.

COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19. It typically takes two weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. That means it is possible a person could still get COVID-19 before or just after vaccination and then get sick because the vaccine did not have enough time to provide protection. People are considered fully protected two weeks after their second dose of the Pfizer-BioNTech or Moderna COVID-19 vaccine, or two weeks after the single-dose Johnson & Johnson's Janssen COVID-19 vaccine. You should keep using all the tools available to protect yourself and others until you

# HEALTH AND SAFETY

are fully vaccinated. After you are fully vaccinated, you may be able to start doing some things you had stopped doing because of the pandemic. Learn more about what you can do when you have been fully vaccinated.







Stay 6 Feet Away



Wear a Mask



Wash Hands Often

### What We Are Still Learning

- Scientists are still learning how well vaccines prevent you from spreading the virus.
- We're also still learning how long COVID-19 vaccines protect people.

Although COVID-19 vaccines are effective at keeping you from getting sick, scientists are still learning how well vaccines prevent you from spreading the virus that causes COVID-19 to others, even if you do not have symptoms. Early data show the vaccines do help keep people with no symptoms from spreading COVID-19, but we are learning more as more people get vaccinated. We're also still learning how long COVID-19 vaccines protect people.

For these reasons, people who have been fully vaccinated against COVID-19 should keep taking precautions in public places, until we know more, like wearing a mask, staying 6 feet apart from others, avoiding crowds and poorly ventilated spaces, and washing your hands often.

# Safety What We Know

 COVID-19 vaccines are <u>safe and</u> effective.

- These vaccines cannot give you COVID-19.
- You may have side effects after vaccination, but these are normal.

Millions of people in the United States have received COVID-19 vaccines, and these vaccines have undergone the most intensive safety monitoring in U.S. history. This monitoring includes using both established and new safety monitoring systems to make sure that COVID-19 vaccines are safe. These vaccines cannot give you COVID-19. Learn more facts about COVID-19 vaccines.

CDC has developed a new tool, v-safe, to help us quickly find any safety issues with COVID-19 vaccines. V-safe is a smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines. Learn how the federal government is working to ensure the safety of COVID-19 vaccines.



You may have side effects after vaccination, but these are normal. After COVID-19 vaccination, you may have some side effects. These are normal signs that your body is building protection. The side effects from COVID-19 vaccination, such as chills or tiredness, may affect your ability to do daily activities, and they should go away in a few days. Learn more about what to expect after getting vaccinated.

Availability of Vaccines

What We Know

- Vaccines are now more widely accessible in the U.S.
- Everyone 16 years of age and older is eligible to get a COVID-19 vaccination.

Vaccines more widely accessible in the U.S. The federal government continues to work toward making vaccines widely available for

# HEALTH AND SAFETY

everyone at no cost. Learn more about <u>how COVID-19 vaccines get to you</u>.

Many doctors' offices, retail pharmacies, hospitals, and clinics are now or will soon be able to offer COVID-19 vaccinations. Your doctor's office or local pharmacy may contact you with information about their vaccination plans. Find a COVID-19 vaccine.

### Cost of Vaccines What We Know

The federal government is providing the vaccine free of charge to all people living in the United States, regardless of their immigration or health insurance status.

COVID-19 vaccination providers cannot:

- Charge you for the vaccine
- Charge you any administration fees, copays, or coinsurance
- Deny vaccination to anyone who does not have health insurance coverage, is underinsured, or is out of network
- Charge an office visit or other fee to the recipient if the only service provided is a COVID-19 vaccination
- Require additional services in order for a person to receive a COVID-19 vaccine; however, additional healthcare services can be provided at the same time and billed as appropriatePopulation Immunity

to the vaccine. The percentage of people who need to have protection to achieve population immunity varies by disease.

# What We Are Still Learning

We are still learning how many people have to be vaccinated against COVID-19 before most people can be considered protected.

As we know more, CDC will continue to update our recommendations for both vaccinated and unvaccinated people.

# New Variants What We Are Still Learning

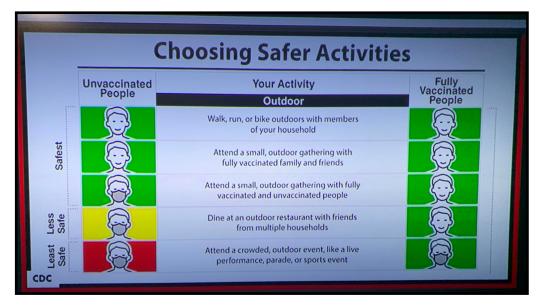
We are still learning how effective the vaccines are against new variants of the virus that causes COVID-19.

Early data show the vaccines may work against some variants but could be less effective against others. We are learning more each day about the characteristics of new variants. CDC will share updates as soon as they are available. Learn more about COVID-19 vaccines and new variants of the virus.

# What We Know

Population immunity means that enough people in a community are protected from getting a disease because they've already had the disease or because they've been vaccinated.

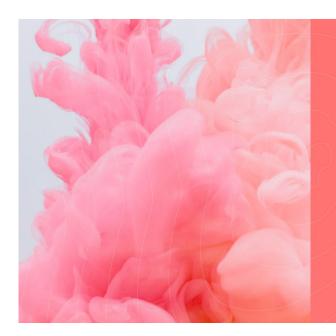
Population immunity makes it hard for the disease to spread from person to person. It even protects those who cannot be vaccinated, like newborns or people who are allergic



# EBONY'S MONTHLY THOUGHTS & PRAYERS

# IQ DAILY INSPIRATION

inspiringquotes.com



Love takes off the masks that we fear we cannot live without and know we cannot live within.

James Baldwin

James Baldwin's landmark essay "Letter From a Region in My Mind" was published half a century ago, two years before the 1964 Civil Rights Act was signed into law, but the great writer's formidable insights are as relevant today as they were then. A solution to racial inequality in the United States, Baldwin suggested, lay not just in ending segregation, but in "releasing" white Americans from their "un-admitted — and apparently... unspeakable — private fears and longings." Love, for Baldwin, depends on letting go of fear: "I use the word 'love' here not merely in the personal sense," he wrote, "but as a state of being, or a state of grace... in the tough and universal sense of quest and daring and growth.

# PLEASE KEEP THE FOLLOWING PEOPLE IN YOUR THOUGHTS AND PRAYERS

EBC Member Thelma Johnson recovering from illness

EBC Member Frank Whitehead for reoccurring health issues

Keep EBC Member Sheila George's grandson Daron Maxie in your prayers

Keep EBC Members Tony & Gloria Petit in prayer, both suffering from health issues

Say a special prayer for EBC Member Vera Labat, Roy Booker and family for their brother Junior

Please pray for the tremendous loss of lives and the many families affected by the Covid-19 crisis. If you know of someone you would like to add to the prayer list, please contact the Newsletter Editorial Staff.

# EBONY'S MONTHLY THOUGHTS & PRAYERS

Answers on Page 28

# **INSPIRING QUOTES & IQ GAME**

See Page ?? For Answers

Who said, "To love oneself is the beginning of a lifelong romance"?

Virginia Woolf

**Betty White** 

**Oscar Wilde** 

Williams Shakespeare

Who said, "Hate cannot drive out hate; only love can do that"?

Martin Luther King Jr.

Anne Frank

Mahatma Gandhi

**Saint Augustine** 

Who said, "The best way out is alway through"?

Maya Angelou

**Ralph Waldo Emerson** 

**Desmond Tutu** 

**Robert Frost** 

What First Lady said, "Make decisions based on what should happen, not what shouldn't"?

**Eleanor Roosevelt** 

Jacqueline Kennedy

**Betty Ford** 

Michelle Obama

Who said, "It's kind of fun to do the impossible"?

**Marie Curie** 

Dr. Seuss

**Elon Musk** 

**Walt Disney** 

Fill in the blank: "\_\_\_\_ is part of human nature. It can only be untaught."? - Ai Weiwei

**Kindness** 

Creativity

Hope

Instinct

Who said, "The most difficult thing is the decision to act, the rest is merely tenacity"?

Winston Churchill

**Bill Gates** 

Susan B. Anthony

Amelia Earhart

Who said, "If people were silent, nothing would change"?

Malala Yousafzai

**Bono** 

**Kamala Harris** 

Malcolm X

# RECEIPES FROM THE GALLEY

#### Con't from page 1



#### **Bloody Mary from Scratch**

Simple Homemade Mix: Begin by stirring together tomato juice or V8 juice Worcestershire sauce, celery salt, garlic salt, black pepper, and Tabasco sauce in a large pitcher.

Salt rim 8-ounce glasses with a mixture of celery salt and kosher salt.

Fill the glass with ice and add 2 ounces of vodka and top it off with the Bloody Mary mix you prepared.

Add your favorite garnish. Some of my favorites are sliders made with a 2 ounce patty of ground chuck or a piece of smoked filet mignon on a small grilled slider bun, one jumbo shrimp, and a green olive or a gherkin pickle on a wooden skewer. I like to make a meal of my Bloody Mary.

Season with salt and pepper, grill the ground chuck for about 7 minutes over medium-high heat. Toasting the buns helps keep the sliders on the skewers. Grill the Jumbo Shrimp for 4 minutes.

Enjoy! Dane McCoy, Commodore

If a man is to be obsessed by something. I suppose a boat is as good as anything. Perhaps a bit better than most! ~E B White~

Spring is here, EASTER/RESURRECTION SUNDAY has passed. We are still shut in but the grocery stores are providing more spring veggies.

Try this as a spring lunch or dinner.

#### **SPRING SAUTE' SALAD**

1 lb. ground meat (Italian sausage, sliced sausages) also work

2 med zucchini squash

2 med yellow squash

1 med/large thin sliced red pepper

1 med/large thin sliced green pepper

1 med/large thin sliced orange pepper

1 large thin sliced red onion

1 large thin sliced white onion

1 cup bean sprouts

1 large garlic bulb peeled and sliced

1 tablespoon Italian seasoning

Salt and pepper

2 tablespoons olive oil

1 lb. thin pasta cooked

In a wok or deep frying pan heat the oil

Brown the ground meat

Remove from pan

Add the veggies to the pan and sauté until tender.

Add meat back, add Italian seasoning and continue to cook for 2 min or until veggies are tender.

Season to taste. Serve over pasta with crusty bread.

Fresh red crushed pepper can be added as desired.

Enjoy Ann Dukes, Past Commadore

# Messages From Our Members

**Ann Dukes**Past Commodore
PICYA Delegate



Hello EBC

I attended the PICYA Delegates meeting and sent the Opening Day Boat Parade information to the Executive Board for review. The rules for Opening Day has changed due to the pandemic but there are still going to be parades in the Delta, Pittsburg and the Bay. The vessel used in the San Joaquin Delta parade will be photographed and entered into the Opening Day on the Bay per the new rules. Robert Willis volunteered his boat "Auri Ana" to participate in the parade which is being sponsored by the Stockton Yacht Club. The Pittsburg Yacht is also hosting a parade on Saturday, April 10th as well. The Discover Bay Yacht Club will host an opening day parade on Saturday, April 18th. To locate additional yacht clubs hosting an Opening Day Parade, please visit the PICYA website for a list of clubs. Several boats are planning to attend the Opening Day on the Bay Parade scheduled for Sunday, April 25th. If you're interested in joining the cruise out to San Francisco on Friday, April 23rd and staying at the South Beach Marina, give Frank Whitehead a call. In order for us to earn COTY points we need members to participate in these Opening Day Parades. We are going for the maximum of 50 COTY points.

Opening Day on the Delta was a blast. Captain Robert Willis allowed the team of Shelia George, Ann Dukes and led by Janet Noyd to "have at it." The theme was Disney on the Delta. Janet chose Loony Toons. We had posters of various Disney cartoon characters. The rail was decorated in EBC colors of red, green and black. Green crepe chains were wrapped around the rails. The cartoon posters were added then red and black crepe balls were added along with multicolored wind fans. We

decorated both sides of the vessel. It was pretty and definitely Loony toon. We reinforced the posters but we did not prepare for the winds. We lost some of the posters on the left but the ones on the right held up until we passed the judges. We were still loony toned. A great day on the water. There was a dinner at the Stockton Yacht Club, but Janet and I were unable to stay.

Several clubs are trying to open up within the guidelines. We need to be certain that when Ebony opens we follow ALL the rules and regulations. We do not want to be cited, under any questions about our operations and we certainly do not want to be shut down. So please, let's slow down and get our club ready for a GRAND OPENING! I am praying that you all have gotten your vaccination as that may be one of the criteria for our reopening.

In the meantime, the work we have planned will help make us look good. I will do my best to keep the Executive Board abreast of the County's changes so they can make the best decisions for our club. Looking forward to being together again.

#### LOVE AND PRAYER ON THE WATER

Ann Dukes, Past Commodore & PICYA Delegate





# Messages From Our Members



**Robert E. Willis**Past Commodore

Marilyn Brock
Past Commodore
Ass't Boatique Manager



Ahoy!

We had a great time representing Ebony Boat Club on Saturday April 10 in celebrating the "Opening Day on the Delta Boat Parade" sponsored by Stockton Yacht Club. The event took place on our own San Joaquin River starting at Windmill Cove and parading by boat to our Downtown Stockton Marina directly past our EBC clubhouse and dock.

There waiting on our dock to cheer us on with big enthusiasm, taking photos and waving at my boat and crew were, P/C Marilyn Brock, P/C Otis Brock, R/C Jennifer Duhon and Port/Capt. Reggie Kelly. On board my vessel "Auri Ana" was crew V/C Sheila George, P/C Ann Dukes and my decorating guru member Janet Noyd. "Auri Ana" was decorated by my crew to the Boat Parade theme "Disney on the Delta". The decorating was outstanding. I was very thankful for the privilege of my crew's time, energy and effort in beautifying my boat!

"Opening Day on the Delta" ,"Opening Day on the Bay", "the EBC Jazz Festival" and our "Annual White Party" (which was created in 2016 under my watch as Commodore) are just a few of the events I look forward too participating and contributing in as a EBC member. As a recreational boater I love this beautiful Paradise we call the California Delta.

See you on the water.

Robert E. Willis Past Commodore Ebony Boat Club

Hello EBC

I pray this newsletter finds you and your families in good health.

I have a couple of orders that are still incomplete. I just want to let you know that you are not forgotten, this has been more challenging than I thought it would be. I am finding that a lot of items like outerwear, are on back orders. Companies are having a problem restocking. But know, that I am on the job. I appreciate your patience and support.

I am still receiving cards and phone calls with well wishes. I thank you all for uplifting mother and I in prayer. It means a lot to know you are loved.

"Lord, please make my day USEFUL my nights RESTFUL, and my efforts FRUITFUL!."

#### Marilyn Brock

Past Commodore
Ass't Boatique Manager

# **PICYA NEWS**





# **Opening Day on the Bay**

PICYA Opening Day on the Bay April 25th 125 Years of PICYA Making History

PICYA cordially invites you to join in our annual tradition of launching the boating season in spring style along the spectacular San Francisco City Waterfront

# PLEASE REGISTER NOW

PARADE is at NOON, Sunday, April 25th Plus plan to pass by for the Blessing of the Fleet in Raccoon Straits at 10:30am. Then join us at Anita Rock after the blessing and line up according to your assigned parade number.



OUR 2021 GRAND MARSHALL
Captain Marie Byrd

Can't make it? Tom Ehman & Bob Skye, courtesy of St. Francis Yacht Club will broadcast a livestream with Emcees Joe Lerer & Say DeLuca.

Details to be provided in our next notice.



#### LIMITED EDITION

PICYA 125th ANNIVERSARY BURGEE AVAILABLE NOW!

\$30.00 EACH PLUS \$8.00 SHIPPING In person pickup available in San Rafael Order Now By Calling! Matt Byers at 415235-8187

# Dates to Remember



Sunday, April 4, 2021

### PICYA 2021 CALENDAR



Visit the PICYA website for information on their 2021 Calendar of Events and upcoming scheduled ZOOM meetings

#### **EBONY BOAT CLUB**

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EBC@ebonyboatclub1987.com
f www.facebook/com/ebonyboatclub

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To be added to our email list or if you have questions. Please contact us at one of the numbers listed above.

#### **2021 EBC CLUB MEETING DATES**

All Club House meetings have been suspended. Monthly meetings will be conducted via ZOOM. The monthly agenda and reports along with the ZOOM meeting connection information will be emailed to all EBC members prior to the meeting.

STAY TUNED FOR ADDITIONAL INFORMATION

Commodore Dane McCoy



Happy Anniversary To Anthony & Gloria Petit



Glen & Deloris Williams

# EBONY BOAT CLUB'S WESTERN NIGHT CRUISE-IN & HORSE RACE





Howdy partner, come join us for the Western Night-EBC Style! There will be plenty of food, fun and enough laughter to make your horse Giddy-Up across the finish line!

Friday, June 4th – June 6th, 2021 Ebony Boat Club – 705 West Weber Avenue, Stockton

Breakfast: \$7 to \$10 each Dinner: \$20 to \$25 each

Breakfast Starts @ 9am Dinner Starts @ 6pm

Race Time: Friday, June 4th at 7PM



For more information

Call Jennifer (415) 290-7053

# EBONY BOAT CLUB'S WESTERN NIGHT CRUISE-IN & HORSE RACE

# Reservation Form

Name	Phone #	
Cruise in Date	Arrival time	
Please contact the Stockton Marina	for over night docking accommodations at 209-462-4200	

# Try our Signature drinks "THE WRANGLER or R. I. P."

MEAL #1 - Friday Night Dinner, June 4th - Chili, Rice, Salad, Corn Bread, Dessert and Sarsaparilla

MEAL #2 - Saturday Breakfast, June 5th - Continental Breakfast - Boiled Eggs, Yogurt, Fruit, Pastries, Tea and Coffee

MEAL #3 - Saturday Dinner, June 5th - BBQ Chicken, Veggies, Baked Beans, Salad, Rolls, Dessert and Sarsaparilla

MEAL #4 - Sunday Breakfast, Oct. 22nd- Western Omelet, Grits, Bacon, Biscuits, Fruit, Tea and Coffee



# Weekend Vittles Here's My Vittles Order



Meal #1 - Dinner	\$20 X person(s) = \$
Meal #2 - Breakfast	\$7 X person(s) = \$
Meal #3 - Dinner	\$25 X person(s) = \$
Meal #4 - Breakfast	\$10 X person(s) = \$

TOTAL DUE \$\_\_\_\_



Please make check payable to Ebony Boat Club

Thank You!



# **EBONY BOAT CLUB'S**





# ANNUAL

# CABIN FEVER FISHING DERBY WEEKEND

Friday, June 11th thru Sunday, June 13, 2021 Starting at 6am Friday ending Sunday at 5pm

For those interested, we have Chartered a Fishing Boat going out from Emeryville on Saturday, June 12th aboard the vessel "Tigerfish." Tickets are \$150.00 per person and we have a capacity onboard for 20 people. Call Otis ASAP! at 510-685-3370 if you're interested.







#### "RULES"

- 1. Registration fee is a donation to any charity, food bank or organization of your choice.
- 2. Monitor VHF 68
- 3. Fish anywhere lake, Delta, ocean, swimming pool or bathtub.
- 4. Take a picture of your fish along side of a ruler or tape measurer and send it to EBC Staff Commodore Frank Whitehead at 925-219-5987 or email me at itsallgoodfw@gmail.com.
- 5. Entry must be logged in by 5pm on Sunday, June 13th.
- 6. Winners to be announced via VHF 68 and pictures of winning fish will be posted on the Ebony Boat Club website, Facebook page and in the Beacon.
- 7. First Place winner will receive a Gold Medal and 2 tickets to the Ebony Boat Club Jazz & Wine Festival scheduled for Saturday, July 30 through Sunday, August 1, 2021. Second and Third Place winners will receive a bronze or silver Fishing Derby Medal.

<sup>\*</sup>Call Staff Commodore Frank Whitehead at 925-219-5987 or email me at itsallgoodfw@gmail.com to register and for any questions. Please be sure to leave a message if I do not answer.

# Answers - Inspiring Quotes and IQ Game

Continued From Page 19)

#### Oscar Wilde

In Oscar. Wilde's famed novel "The Picture of Dorian Gray," the main character bargains for physical beauty while his soul rots away. Wilde's work often touched on how important it is to be in touch with our inter selves, and for that self to be someone we are proud to know, even if that goal is something we spend a lifetime working to achieve.

#### Martin Luther King Jr.

Martin Luther King Jr.'s civil rights activism was grounded in his belief in nonviolence and empathy. He was committed to advocating from a place of compassion, even faced with violence from white supremacist institutions, and his resolve to fight hatred with love remains a guiding beacon for the waves of social change society continues to face today.

#### **Robert Frost**

It can be tempting to run away or freeze up when faced with a difficult situation - poet Robert Frost himself was known for taking long walks when musing over his next steps. But this line from Frost's poem "A Servant to Servants" emphasizes that avoidance will not solve a problem; only by facing it head on can you break through to the other side.

#### Michelle Obama

Michelle Obama's time as First Lady was marked by a spirit of optimism and change, and her speeches inspired millions of people. With this quote, the former First Lady advises us not to be ruled by fear, but instead to make choices based on hope, and faith in our endless possibilities.

#### Walt Disney

Time and again, Walt Disney did what had never before been done: He legitimized animation and innovated on it, building not only an entertainment empire, but also a fantasy world that ignited the imagination of generations of children. His success encourages us to pursue dreams that may seem out of reach, because we never know what magic may happen along the way to make them come true.

#### Creativity

A social activist as well as an artist, Ai Weiwei's insistence on creative freedom has often put him into conflict with the Chinese government. With this quote he challenges social education systems that stifle unique thinking. Having produced works of art in everything from visual art to architecture to documentary filming, his path is a testament to the flexibility of our creative minds.

#### **Amelia Earhart**

As a young woman in the early 1900s, Amelia Earhart worked numerous small jobs to save up the small fortune it cost to take flying lessons. But in sticking to her path, she became the first woman to fly solo across the Atlantic Ocean. Earhart's encourages us to take the first step, no matter how overwhelming it may seem. By just deciding to begin, we get that much closer to what we want.

#### Malala Yousafzai

From a very young age, activist Malala Yousafzai began advocating for women's education around the globe. Malala is known to be an eloquent speaker, and this quote reflects that; it should resonate with anyone who chooses to incite change by speaking their truth. Even though there will always be those who seek to silence dissenters, every voice has power - especially if it encourages thousands of others to join in.



### **Ebony Youth Foundation Scholarship**



The objective of the scholarship program is to encourage and assist talented students. The awards are aimed at providing a source of financial support for graduating high school students OR students currently enrolled in an accredited post-secondary institution. Relatives and associates of Ebony Boat Club members are also eligible for an Ebony Youth Foundation (EYF) scholarship if they meet the following requirements:

- Applicant must be a high school senior, have applied or have been accepted at a qualifying post-secondary institution (accredited college or university) or currently attending a qualifying post-secondary institution, and must have at a minimum a 2.00 (C) GPA.
- All applicants must submit a typed (all questions answered and signed)
   COMPLETE EYF application and include the following in your packet:
  - Letter of acceptance from a qualifying post-secondary institution (accredited college or university);
  - 2. At least two (2) letters of recommendation describing the applicant's personality, integrity and leadership potential;
    - 1 must be from an Ebony Boat Club member
    - o 1 school official or community leader
  - 3. Applicant must submit an OFFICIAL transcript in a sealed envelope.
  - 4. A photograph suitable for Inaugural Ball Program. If you are selected as a recipient of an Ebony Youth Foundation Scholarship Award your picture will only be used in the Inaugural Ball Program and the Ebony Boat Club's Beacon Newsletter.
- Completed application must be POSTMARKED BY JUNE 1, 2021
- All <u>FINALIST(S)</u> must participate in an <u>oral interview</u> with the Scholarship Selection Committee.

For further information, please contact: Janet V. Noyd, Scholarship Chair at (510) 366-4045

> Applications must be submitted to: EYF SCHOLARSHIP COMMITTEE P.O. BOX 796 STOCKTON, CA. 95201

**EBONY YOUTH FOUNDATION SCHOLARSHIP APPLICATION** 

# **EBONY YOUTH FOUNDATION SCHOLARSHIP APPLICATION**

#### PLEASE TYPE

Name (Last, First, Middle)			Social Security No.
Address (Number, Street, City, Stat	ie, Zip Code)		Birth Date
Home Phone	Message Phone	Have you ever received an No Yes	EBC scholarship? If Yes What Year
Name of High School / College	Location	Telephone	GPA
Parents Name and Occupation			
Total Family Gross Annual Income:	\$ 0.0 - \$ 44, 000  \$ 45,000 - \$7	74,999	
Do you have a relative or friend ass	sociated with the Ebony Boat Cub?	Yes No	
If yes Please provide the name of t	he person or persons.		
Name of College/ University of Acc	eptance	City, State	<del></del>
			Fie
d of Emphasis / Intended Major			
List any other awards received or a	cknowledgements (List \$\$ if monetary an	d year received)	

Plea shee	se answer each of the following questions, in twenty-five (25) words or less (use additional ets as needed, numbering each answer accordingly):
1.	Skills and Special Talents / Leadership Roles:
2.	Community Activities and / or Work Experience:
3.	What are your career goals?
4.	How do you expect to achieve your goals?

J.	Please share other facts not covered that you feel are important.
2	Please share other facts not covered that you feel are important
2.	How will this award benefit you?

#### References

List a minimum of three (3) references and attach (2) letters of recommendations

Name:	Relationship
Address	City / State
Name:	Relationship
Address	City / State
Name:	Relationship
Address	City / State
By my signature I attest to the information pro	ovided by me in this application to be factual and true.
Signature	Date

# \*DID YOU:

- ANSWER ALL QUESTIONS ON THE APPLICATION
- SIGN & DATE THE APPLICATION
- INCLUDE A COPY OF YOUR LETTER OF ACCEPTANCE
- INCLUDE AN EBONY BOAT CLUB MEMBER LETTER OF RECOMMENDATION
- INCLUDE ONE LETTER OF RECOMMENDATION FROM SCHOOL OFFICIAL OR COMMUNITY LEADER
- INCLUDE OFFICIAL TRANSCRIPT IN A SEALED ENVELOPE
- INCLUDE ONE PHOTOGRAPH SUITABLE FOR INAUGURAL BALL PROGRAM AND BEACON NEWSLETTER.

rint Name (Scholarship Committee Chairperson)	Authorized Signature	Date
int Name (Scholarship Committee Chairperson)	// Authorized Signature	//
nount of grant recommendation: \$		
int Name (EBC Commodore)	// Authorized Signature	//
rint Name (EBC Treasurer)	/ Authorized Signature	//
Denial: Reasons for non-selection of ap	plicant based on related selection o	criteria



# **Ebony Boat Club**

□ P.O. Box 796 Stockton, CA. 95201 🚣 705 W Weber Ave, Stockton CA. 95203





# 2021 ACTIVITY SCHEDULE

Date	Description of Event	Contact	Location
January 23	PICYA Commodore's Ball/Installation of Officers	PICYA	TBD
January 30	Monthly Club Meeting	EBC Membership	EBC Club House
February 7	Super Bowl Party & Chili Cook-Off - CANCELED	Otis & Jim	EBC Club House
	Monthly Club Meeting	EBC Membership	EBC Club House
February 27	•	Sheila, Pappy, Ann, Janet	
February 27 March 5-7	EBC Black History Month Program-Via ZOOM		EBC Club House
March 19-21	**Mardi Gras-Cruise In-Diablo YC - CANCELED	Reggie Kelley Ann Dukes	Village West YC EBC Club House
		PICYA	TBD
March 20	PICYA Leadership Conference		
March 27	Monthly Club Meeting	EBC Membership	EBC Club House
April 3	Opening Day on the Delta – Antioch/Stockton	Stockton YC	EBC Club House
April 10	EBC Opening Day Boat Parade - CANCELED	Dane, Carol, Sheila	Stockton Marina
April 17	Spring Youth Day - CANCELED	Ann Dukes	EBC Club House
April 24	Monthly Club Meeting-Membership	EBC Membership	EBC Club House
April 25	Opening Day On The Bay Boat Parade	PICYA	San Francisco
May 1	**Cinco de Mayo Cruise In - CANCELED	Marian Wattel	EBC Club House
May 14-16	**Western Night Cruise In - CANCELED	Sheila George	EBC Club House
May 22	Reno Turn Around Bus Trip - CANCELED	Frank Whitehead	Reno NV
May 29	Monthly Club Meeting	EBC Membership	EBC Club House
May 28-31	Memorial Day		
June 4-6	Grand Reopening- Western Night Cruise In	Sheila George	EBC Club House
June 11-13	Cabin Fever Fishing Derby & Charter Fishing	Frank Whitehead	Any Body of Water
June 18-20	Grand Reopening #2 Cruise In - Juneteenth	Ann Dukes	EBC Club
			House
June 26	Monthly Club Meeting	EBC Membership	EBC Club House
July 9-11	**Mad Hatter Day - Cruise In - Discovery Bay Y.C.	Carol Whitehead & Jennifer Duhon	EBC Club House
July 24	Monthly General Club Meeting	EBC Membership	EBC Club HOuse
July 30-Aug 1	Jazz & Wine Cruise In	Carol Whitehead	EBC Club House
Sept. 3-6	Labor Day		
Sept.18	Monthly Club Meeting & Election Nomination	EBC Membership	EBC Club House
Sept. 18	Coastal Clean Up	Kerry Davis	Stockton Marina
Sept 23 - Oct 2	EBC Cruise Out - Down Bay Cruise	Otis Brock	Bay Area Cruise
Sept. 25	Margot Brown Wheelchair Regatta	PICYA	Encinal YC
October 2	PICYA Leadership & Management Conference	PICYA Leadership	TBD
October 8-10	Annual White Party Cruise In	Carol Whitehead	EBC Club House
October 23	4th Annual Golden Gate Fields Horse Race	Tony Petit	Emeryville
October 23	Club Meeting & Election Results	Aleta Davis	EBC Club House
October 30	**Ghouls/Goblins/Grownups Celebration Cruise	Kimberly Romes	EBC Club House
	In		
November 20	Monthly Club Meeting	EBC Membership	EBC Club House
December 4	Lighted Boat Parade Antioch & Stockton	Stockton YC	Stockton YC
December 11	EBC Change of Watch Dinner	EBC Membership	EBC Club House
December 18	EBC Community Service Day	EBC Membership	EBC Club House

BLUE = OPEN CRUISE IN/OUT DATES \*\*BLUE = CRUISE IN DATES WITH AN EBC EVENT PURPLE = EBC CRUISE OUT DATE GREEN = SCHEDULED EBC EVENT RED = CLUB MEETING BLACK = MISC OTHER EVENTS WE ATTEND UPDATED 04/27/2021

# Ebony Boat Club BUSINESS CORNER

# PLACE YOUR ADVERTISEMENTS IN THE BEACON

Are you interested in placing a business ad, a personal birthday, anniversary wish or a congratulatory ad in the EBC Beacon Newsletter, then look no further!

#### Personal Ads

Personal Business Card Size Ad 1 month for \$5

**Larger Personal 2X's Business Card** 1 month \$10

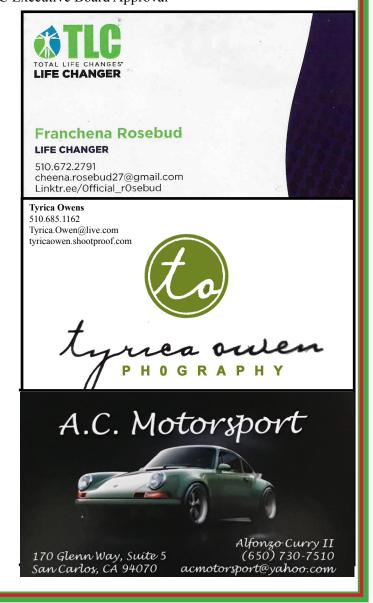
#### **Business Ads**

Business Card Size Ad 12 month Ad for \$25

Larger Business Ads
prices may vary

For more information please contact Carol Whitehead at (925) 915-9549 \*All Ads are subject to EBC Executive Board Approval\*





# 2021 EBONY BOAT CLUB OFFICERS



COMMODORE

DANE McCoy



VICE COMMODORE
SHELILA GEORGE



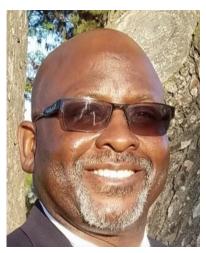
REAR COMMODORE
JENNIFER DUHON



PORT/FLEET CAPTAIN
REGGIE KELLEY



PARLIAMENTARIAN
JAMES MACK



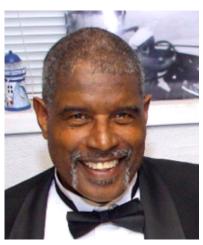
SAFTEY TRAINNING OFFICER
KERRY DAVIS



SECRETARY
CAROL WHITEHEAD



TREASURER
OTIS BROCK



STAFF COMMODORE Frank Whitehead