

Mt. Tabor Lutheran Church

FALL PARISH NOTES

September 11, 2022

This Week at Mt. Tabor...

Today, September 11, Fourteenth Sunday after Pentecost

8:00 am – Matins Service/Holy Communion
9:15 am – ALIVE! Service
10:15 am – Sunday School
9:00 am – Coffee Fellowship
11:00 am – Traditional Service/Holy Communion
12:30-2:30 pm – Confirmation Class/ECR

Monday, September 12

9:30 am - Quilting Ministry/ECR
5:15 pm – Positively Fit/ECR
7:00 pm - Mt. Tabor Ringers

Tuesday, September 13

7:00 am - Men’s Prayer Breakfast Lizard’s Thicket
10:30 am – Staff Meeting
5:30 pm – Pipers Practice/AR
6:00 pm - MT Book Club
6:30 pm – NA Meeting/ECR
6:30 pm - ALIVE rehearsal

Wednesday, September 14

9:00 am – E-News deadline
10:00 am – Bulletin deadline
11:00 am - Bible Study
12:00 pm – Noon Eucharist
3:30 pm – Sing & Celebrate
4:45 pm – Children’s Choirs
6:30 pm – Adult Choir

Thursday, September 15

Tidings Deadline
5:15 pm – Positively Fit/ECR or AR
7:00 pm - 90th Anniversary/ECR

Sunday, September 18 Fifteenth Sunday after Pentecost

8:00 am – Matins Service/Holy Communion
9:00 am – Mt. Tabor Cafe
9:15 am – ALIVE! Service
10:15 am – Sunday School
11:00 am – Traditional Service/Holy Communion

Next Sunday’s Readings

Amos 8:4-7
Psalm 113
1 Timothy 2:1-7
Luke 15:1-13

Love Offering

Lutheran Campus Ministry

God’s Helping Hands Needs

Oatmeal, Mac n’ Cheese, Grits,
Jelly, Fruit Juice, Cookies, Rice

MOBILE GIVING



Mt. Tabor Lutheran Church now offers a mobile version of our online giving page to make it easy for you to give anytime from your smart phone. Simply scan the above image using your phone’s QR code reader. If you do not have a QR code reader app, here is how to get one and make your mobile donation:

- Go to iTunes store or Google Play store.
- Download a free QR code reader app.
- Use the app to scan the above QR code.
- Follow the steps to make your donation.



Don’t forget about our **Blessing Box** by the Park. This box is to be filled with any blessing that someone else could use: food, blankets, water, etc... anything that could communicate God’s love to God’s people. Please bring something to add to our box & may God bless you for it! Please do not donate opened food items or things that will melt.

Join us for Sing & Celebrate!

What is Sing & Celebrate?

Sing & Celebrate is a free of charge Wednesday afternoon program geared towards children. The children will meet weekly from 3:30 to 5:30 for snacks, story time, chapel, lessons, crafts, and choir! Older children will have the opportunity to participate in mini-mission trips.

Who can attend Sing & Celebrate?

EVERYONE – 2 years of age to 5th grade as of September 1, 2022

When is Sing & Celebrate?

The program kicks off September 7 & will follow the Lexington School District Two's calendar.

Where is Sing & Celebrate?

Sing & Celebrate is held in Mt. Tabor Lutheran Church's Assembly Room.

How do I sign up for Sing & Celebrate?

Complete a registration form and return it to the Church Office. Forms can be found on our website, in the weekly E-news, in the Church Office and in the Narthex. Staff will update you with further details once you've registered.



The MT Book Club will meet on Tuesday, September 13, at 6 pm. We will discuss the book *The Letter Keeper* by Charles Martin. For more info, contact Norma Riddell at 803-319-4802 or email her at riddelln@aol.com.

SING & CELEBRATE

is looking for **energetic volunteers** who **enjoy working with children** and who are available to commit to volunteering on a weekly basis.

Roles Available:

Classroom Leads
Classroom Assistants
Snack Time Assistants / Floaters

Time Commitment:

Every Wednesday (3:30-5:30) starting Sept 7.
Schedule follows the Lex 2 School District calendar



National Food Safety Education Month September 2022

National Food Safety Education Month is in September. It is a great awareness movement to educate oneself and others about food safety and about preventing food poisoning. Did you know that there are a lot more foodborne illnesses than you can think of? According to medical professionals, there are more than 250 foodborne diseases, all of which can be traced back to three categories of hazards: biological, chemical, and physical. This is a great time for you to read up on food safety and keep your house safe from deadly foodborne illnesses.

History of National Food Safety Education Month

You are what you eat. Poorly-prepared foods are prime hosts for bacteria, viruses, and parasites. Eating germ-infested food means increasing your risk of foodborne illnesses. Everyone is susceptible to foodborne illness and anyone who eats contaminated food can contract a foodborne illness. Eating contaminated food gives the illness direct access to the stomach. This is why some of us experience diarrhea, vomiting, and dehydration when we have foodborne illnesses.

Technically, germs are excellent at being everywhere all the time. So, when we prepare food, we need to be sure to wash our hands, the kitchen, the utensils as well as the food ingredients if possible. Bacteria and germs are not the only dangerous elements; food contaminated with heavy metals or with naturally occurring toxins can also cause long-term health problems, including cancer and neurological disorders.

If you're a homemaker, you can easily agree that a clean kitchen is a major line of defense between your family and the common cold, flu, food poisoning, and other food-related illnesses. Every household must ensure food safety, especially if there are children under five years old, pregnant women, adults over 65 years, or anyone with medical conditions. So, as consumers, we must be vigilant about food safety and be educated on how to handle food safely.



**Mt. Tabor Lutheran Church
will host Halloween in the “parking” lot!**

**Sunday, October 30, 2022
4:30 PM until 7:00 PM**

Get your Halloween costumes ready and invite your family, friends, and neighbors to join us on Sunday, October 30, 2022 for trunk or treating, games, hot dogs, cake walks, and a bounce house.

Volunteers are needed for the following:

- Host trunks along with a game*
- Bake/provide cakes for the cake walk
- Donate candy (lots of candy)
- Sign up to work at the bounce house

**Due to the fire, many of the games were destroyed.
Therefore, please plan on bringing a game that can be played at your trunk.*

Candy donations can be dropped off at the church office anytime before October 30, 2022.

To sign up please call or text:
Tammv O’Quinn 803-315-6258 or Brennen Hutto 803-514-3690