



Mt. Tabor Lutheran Church

TIDINGS

February 2023

1000 B Avenue
West Columbia, SC 29169
Phone: (803) 796-5948
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www.mttaborlutheran.org

Staff

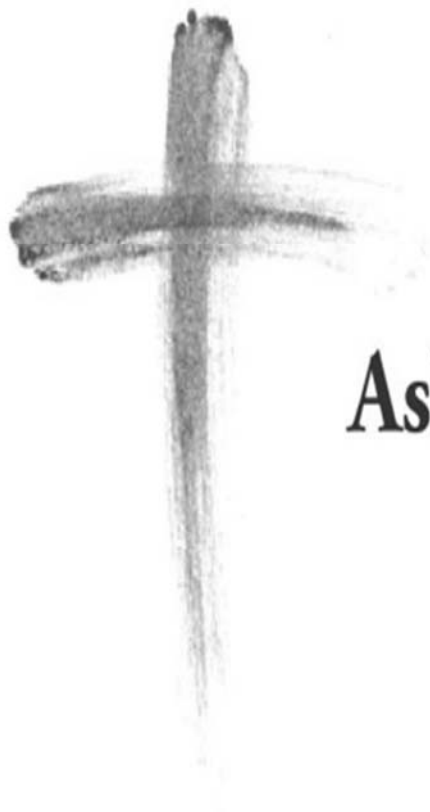
Reverend Wade T. Roof, III
Senior Pastor
pastor.wade@hotmail.com

Reverend Rus Stilwell
Pastor of Visitation
rdstilwell@yahoo.com

Mr. Kevin Davis
Director of Music & Arts
music@mttaborlutheran.org

Ms. Stella McGee
Parish Administrator
stella@mttaborlutheran.org

Admin Assistant
admin@mttaborlutheran.org

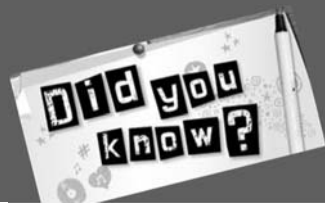


Ash Wednesday — Lent Begins

Please Come Join us!

February 21, 2023
6:00 pm Mardi Gras Meal/AR
7:00 pm Liturgy of the Palm Burning

February 22, 2023
7:00 pm Ash Wednesday Service



Sign Up for Mt. Tabor Emails

Did you know that Mt. Tabor can send you all correspondence electronically? This reduces our expenditures on postage and office supplies. If you are not already receiving correspondence electronically and would like to do so, please let us know by emailing admin@mttaborlutheran.org.

Congregational Council of Mt. Tabor

2023

Scott Hash, 920-3305
hashmechanic@hotmail.com

John Matthews 843-340-8298
johncmatthews@gmail.com

Russell Pauly, 550-9146
russell.pauly@crystal-clean.com

Roxanne Rich, 360-2430
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2024

Bruce Busbee, 791-4791
busbeebc@dhec.sc.gov

Christie Cook, 238-7835
csprllcook@gmail.com

Adam Davis, 429-9608
adamola2001@icloud.com

Whitney Glass, 261-2749
whitneyglass33@gmail.com

2025

Tammy O Quinn 315-6258
ktmmoquinn@gmail.com

Tex Davis, 463-6320
gamecockpoppa@gmail.com

Brett Ebener 791-6085
brettebener@gmail.com

David Yoder, 807-3075
clemsonyoder@gmail.com

2023 Congregational Council Executive Committee

Whitney Glass, President
Christie Cook, Vice President
Roxanne Livingston, Secretary
Tex Davis, Treasurer
Tammy O'Quinn, Financial Secretary
Stella McGee, Recording Secretary
Pastor Wade T. Roof, III, Senior Pastor

Committee Assignments

Property –David Yoder
Stewardship –Tammy O'Quinn
Com. Outreach –Adam Davis
Youth Ministry –Scott Hash
Worship & Music - Brett Ebener

Christian Education –Rozanne Rich
Fellowship and Rec - Russell Pauly
Information Tech. –Bruce Busbee
Long Range Plan—Christie Cook
Evangelism—John Matthews

Council Highlights

- Council voted unanimously to approve John Matthews to serve on Council (term ending 2023) in place of Sarah Mattern who has resigned.
- Council voted unanimously to approve Rick Moorer to serve on Endowment Board as a replacement for 1 year for Tex Davis (term ending 2023) who was elected to serve on Council beginning in 2023.

PONDERINGS

~Pastor Wade -
February 2023

“The Israelites set out, and camped in the plains of Moab across the Jordan from Jericho.” Numbers 22:1

Often, when God’s people refer to their holy experiences, blessed moments, and divine meetings with God, they call them, “Mountaintop Experiences,” and I can certainly understand where that comes from. There is something sacred about being in the mountains, connecting with God’s unspoiled creation, seeing God’s magnificent work in all its grandeur, being high in altitude seemingly closer to heaven, and feeling closer God while resting away from our normal lives. I know we have all had at least one Mountaintop Experience in our lives, and probably could tell those stories easily. For the moments God comes close to our lives are not something any of us would soon forget.

As our lives get so caught up in the everyday grind of work, school, family, and extracurricular activities, I think we all long for Mountaintop Experiences to connect us back to God, and to each other, in ways that seem more real, more exciting, and more relevant to our faith. The world we live in now is so divisive and we get pushed away from God and one another. As this happens, the deep desire of connection surfaces, and we need time on Mountaintops with God to quench our thirst for love, mercy, and grace upon grace to abound. As the cabin fever of January and February set in, I wonder what you would give to have the outdoor, Mountaintop Experience, once again?

Well for our young ones, this is something that is offered every year, and something that this Church takes very seriously for our youth. Every year Mt Tabor provides scholarships for each of our Confirmation Students to have their own Mountaintop Experience at Lutherock Camp in Newland, NC. It’s here that these most of our teens spend their first week away from home, away from their moms and dads, and most importantly away from their phones and devices. Its literally and figuratively a breath of fresh air! And while there are always tears when we leave to go up the mountain, because so many will miss their families, there are always tears when we leave to come home down the mountain, because so many have made lifetime memories that have changed them to the core, and they don’t want it to end.

Because this is such an important event for our confirmands, we want to encourage our younger youth and children to get involved in camp even sooner. Lutheridge and Lutherock Camps will be going on all summer, and we want you all to be there. This is a powerful week of camp and it needs to be experienced more than once. Camp extends from 3rd grade up to 12th grade and we want your child there. If money is an issue, please let Pastor Wade know so that we might can help make sure this Mountaintop Experience can happen for every child.

These camps are vital to the faith formation of every one of God’s children, and while I can’t promise the mosquitos won’t bite while at camp, I can promise your child will come to know God in a deep and more impactful way. They each can and will have a mountaintop Experience of their own! Please contact Pastor Wade if you have any questions, and let us know when your spending your Mountaintop adventure week at Camp.





The Music Corner

Holy Communion Setting 5

We will use Setting 5 during Epiphany (through February 19th). I believe that this is a setting that Mt. Tabor hasn't done—or at least not in recent memory. This setting is appropriate for Epiphany (and Christmas) as it contains two settings of “Glory to God in the highest”. We are using the second option which is a German Hymn with a tune composed by Nikolaus Decius. Several people have commented that they have never sung Setting 5, however, I've had a few people say that it is familiar. It is a modification of Setting Three from the Lutheran Book of Worship (the old green book!). I hope that everyone will keep an open mind as we become familiar with this setting. We will learn a setting for the summer that will work best on piano.

Handbells to Lutheridge

Mt. Tabor Ringers will participate in a Handbell Retreat February 17-19. The clinician will be Jason W. Krug a well-known Handbell composer and director. I know that the players are looking forward to this experience which balances work, fellowship, worship and relaxation. This is part of the reason that we are having one service on February 19.

February 19—One Service at 11:00

Mark your calendars so you will know when to come to church! As mentioned above, the Handbell Retreat will take many of our choir members as well as myself out of our worship services. We also have another event that will take a significant number of musicians from the 9:15 service. Brett Ebener will be married that weekend in Charlotte. The decision was made to have only the 11:00 service with so many musical leaders away. Please keep Brett in your prayers on this most happy occasion!

Join the Choir

January is the perfect time to join the Adult Choir! We will soon be working on music for Lent and Easter! Please contact Kevin Davis at (803)796-5948 Ext. 21 or music@mttaborlutheran.org.

ALIVE NEWS!

We continue our article series to help everyone get to know our ALIVE musicians. Hope you enjoy getting to know Vaughn this month!

My name is Vaughn Hall and I am a member of the Alive! Group.

I have been a member of Mount Tabor since birth, being baptized, confirmed, and married here, along with my children's and grandchildren's baptisms and children's confirmations. My grandparents were founding members of the church, with my grandmother, Daisy Swygert one of the founders of the Ladies' Aid Society (she is the stoic one in the photo in the hallway).

I started playing bass guitar when I was fourteen and have been performing in bands for over fifty years. When I was a kid, I always dreamed of playing my bass at Mt. Tabor, but just never had the opportunity. When Edie Hockspeier, was our organist/choir director, she asked me to play on a number of occasions, so I was able to give back in a musical fashion.

In the early nineties, I started receiving calls from churches that had "contemporary worship" services and were in need of a bass guitarist. I was able to participate in leading worship and give back with the gifts that God had blessed me with.

Over the years, I had many conversations with members of Mt. Tabor about what I was doing and where I was contributing. I really hoped to find a way to play at our church.

I was contacted by Gale McLeod and IreLou Moye during the early Covid period to discuss how we could initiate a contemporary service into the Mt. Tabor worship schedule. Believe me, I was honored and thrilled to be included in these initial conversations, and thought that I would finally have an avenue to share musically at Mt. Tabor.

Their hard work and dedication along with the other vocalists and instrumentalists of Alive!, has made a great impact on me and I believe the Mt. Tabor family as well. We work very hard to bring quality music to this service and feel that we are making a difference in the worship offerings of our church.

I'm thankful that I now have a means to share my love of music and the Lord with Mount Tabor and look forward to every Sunday that I can be a part of this great team. I still play at two other churches outside of Mt. Tabor, but as Dorothy once said, "There's no place like home".

Great thanks to Pastor Wade, the Alive! Team, and the members of Mt. Tabor for their acceptance and support of our efforts.

Vaughn Hall

If you would like to find out more about our ALIVE service or would like to join our ALIVE team, please see Vaughn, any other ALIVE musician, or contact IreLou Moye at irene.moye@gmail.com for more information. We love sharing God's gift of music with others!!

Upcoming ALIVE worship schedule information:

Sunday, February 5th - Service with Holy Communion

Sunday, February 19th - One Service at 11:00 am.

Please join us for all February Sunday services as we walk in the light of the Epiphany season before we begin our Lenten journey.

*"Praise the Lord with the lyre; make melody to him with the harp of ten strings.
Sing to him a new song; play skillfully on the strings, with loud shouts." Psalm 33:2-3*

Positivity Fit: Body, Mind and Soul

February 2023

Squats

Body:

You might think that squats are just an exercise to help you burn calories and possibly lose a few pounds in the process. This is true but it is deeper than that. Weight bearing exercises help to boost bone density. Squats use your own body weight which helps to strengthen your skeleton. Your spine and lower skeletal bones are targeted during a squat. Further benefits include your tendons, ligaments, and muscle flexibility. As you age, these become less elastic. Squats improve flexibility. Along with the benefits of bone strength and improved flexibility, you will see your thighs (quadriceps) and glutes (butt) improve in their appearance. A strong low body strengthens your lower back, improves posture and improves balance which are again a benefit as you age. So, at any age a few daily squats are a tremendous benefit to your body.

Here is the correct way to perform a squat:

- Stand with your feet apart and parallel to each other about shoulder width apart.
- Hands on hips, head and chest lifted
- Put all your weight on your heels and sit back slowly to a 90-degree angle.
- Do not let your knees go beyond your toes
- Hold the position for 5 seconds.
- Keep your head and chest lifted
- Raise up keeping weight in your heels and straighten back to the starting position.
- Repeat. Beginners: see how many squats you can do! Already exercising? Try for 3 sets of 8 to 10 repetitions.

Mind:

"According to [Damian M. Bailey](#), Ph.D., a professor of physiology and biochemistry at the UK's University of South Wales' Neurovascular Research Unit and an advisor to the European Space Agency, "there is actually one particular move that is especially helpful when it comes to improving your brain function." Squats are great for the body and the mind.

This article describes how the brain is challenged with alternating blood flow which in turn improves good chemicals in the brain. Exercises like squats will send more blood to the hippocampus which tends to receive less blood flow as we age. "What we have identified is that three to five minutes of squat three times a week is even more effective in terms of how the brain is adapting and responding to that exercise than steady-state exercise"

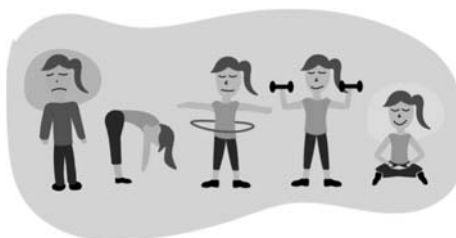
(The One Exercise That's Best for Beating Back Alzheimer's, Says Doctor By [William Mayle](#) Published on May 14, 2021 | 7:03 AM)

Soul:

3 Equivjlcu'8-3 ; /42

19 Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20 you were bought at a price. Therefore, honor God with your body.

Positively Fit meets Monday and Thursday at 5:30 in the assembly room. Walking meets at 4:30 outside of the assembly room.



Lord Teach Us To Pray:

As God's people called to love one another, let us pray for the following members of our church family, who celebrate the anniversary of their baptism February:

Don Cole	Annie Ruth Addy	David Prim
Lauren Matthews	Scarlet Rybicki-Knorr	Judy Dawson
Beth Branham	John Tablas	Deanna Sease
Natalee Stover	Kyle Rabon	Chapin Jacobs
Brian Sox	Aaron Cegelis	Louise Bowman
Kellie Kleber	Ellis Ragley	Adelaide Bowman
Steve Rabon	Marshall O'Quinn	Jack Stockton
Laurie Young	Mary Hamson	Rhett Anderson
David Senn	Jenny Wright	Kristie Lown
Carolyn Dufries	Kim Bessinger	Michael Scyphers
Stacey Barber	Dalton Payne	Kelly Hamilton
Jordan Myers	Herbert Brazell	
Vivian Baxter	Todd Sease	
Lyndsey Ebener	Tyler Tuten	
Jessica Sanchez	Celia Kelley	

Most Recent Prayer Concerns:

Judy Jordan, Diane Wise, Linda Price, D. J. Rybicki, Edna Holton, Foster McLeod, Pete Davis, Mary Davis, John Conrad, Paul Addy.

Ongoing Prayer Concerns:

Janet Smith, Paul Jacobs, Barbara Bradshaw, Sharon Mattern, Jackie Macaulay, David Mellichamp, Mary Hamson, Jeanie Jacobs, Sandra Baker, Betty Wise, Elmer Sundlie, Herman Bouknight, Pastor Jerry & Janice Livingston, Lucky Jones, Jennifer Brazell, Ann Callison, Bill Hunnicutt.

Family & Loved Ones of Mt. Tabor:

Linda Shull, David Baldwin, Family of Jeff and Regene Kenyon, Chuck Backman, Nancy Peters, Johnny Moore, William Sox, Brinlee Erwin, Molly Gilbert, Bob & Shirley Spruill, Henry Gainey, Stacy Carns, Jordan Mellichamp, Charles Hite, Tyler Carter, Rev. Dr. Paul Harmon, Steve Collum, John Bundrick.

Members of Mt. Tabor Serving in the Military:

Adam Davis, Andrew Hamson, Samuel Davis, Scott Hash.


Family and Loved Ones Serving in the Military:

Eli McCracken, Marcus Hayes, Tristan Mullen, Cory Fabian, Hayden Henneman, Edwin Taylor, Patrick Taylor, Edwin Torres, Josh Watson, Jacob Henry Burgan, Patrick Morris, Ben Barron, Barry Duncan, Michael Barfield, David Mathews.

The Family Of:

Hazel Price, Ronnie Hutto, James Self, Bonita Taylor.

Please help us keep our prayer list up to date by calling the church office with any names to be added or removed. Otherwise, names remaining on the prayer list for more than 2 months will be removed.

2023 Sunday	Monday	Tuesday
	<p>Emphasis for God's Helping Hands for February Peanut Butter, Jelly, instant oatmeal, grits, can beans</p>	<p>Love Offering for February Hannah House</p>
<p>5 Fifth Sunday after Epiphany 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service—Holy Communion 10:00 – Coffee/Fellowship/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion 12:00 Youth/AR</p>	<p>6 9:30 – Quilting Ministry/Intern House 5:30 – Positively Fit/AR 7:00 – Mt. Tabor Ringers</p>	<p>7 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>
<p>12 Sixth Sunday after the Epiphany 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service 10:00 – Coffee/Fellowship/AR 10:00 -3:00 Blood Drive/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion 12:00-3:00 Confirmation/ECR 5:00 Souper Bowl Collection and Super Bowl party youth assembly room 6:00 Church Council/ECR 6:00 – Standing Committees**</p>	<p>13 9:30 – Quilting Ministry/Intern House 5:30 – Positively Fit/AR 7:00 – Mt. Tabor Ringers</p>	<p>14 7:00 – Men's Prayer Breakfast/Lizard's Thicket 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>
<p>19 Transfiguration One Service 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion</p> <p>Handbell Retreat 17-19</p>	<p>20 9:30 – Quilting Ministry/Intern House 5:30 – Positively Fit/AR 7:00 – Mt. Tabor Ringers</p>	<p>21 Shrove Tuesday 10:30 –Staff Meeting 10:30 – Ladies Aid 4:30 Youth help with Mardi Gras Meal 5:30 – Pipers Practice/Upstairs 6:00 – Mardi Gras Meal/AR 6:30 –ALIVE! Rehearsal 6:30 – NA Mtg/ECR 7:00 – Liturgy of the Palm Burning</p>
<p>26 First Sunday in Lent 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service 10:00 – Coffee/Fellowship/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion</p>	<p>27 9:30 – Quilting Ministry/Intern House 5:30 – Positively Fit/AR 7:00 – Mt. Tabor Ringers</p>	<p>28 7:00 Men's Prayer Breakfast/Lizard's Thicket 10:30 – Staff Meeting 3:00 – Ladies Aid Society 5:30 – Pipers Practice/ECR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>

Wednesday	Thursday	Friday	Saturday
<p>1 9:00 – E-News Deadline 10:00 – Bulletin Deadline 10:30 – Sunshine Club 12:00 – Noon Eucharist 3:30 – Sing & Celebrate 4:45 – Children’s Choirs 6:30 – Adult Choir</p>	<p>2 5:30 – Positively Fit/AR</p>	<p>3</p>	<p>4 9:00-12:00 Council Retreat/AR 10:00-2:00 ECR in use</p>
<p>8 9:00 – E-News Deadline 10:00 – Bulletin Deadline 11:00 – Bible Study 12:00 – Noon Eucharist 3:30 – Sing & Celebrate 4:45 – Children’s Choirs 6:30 – Adult Choir</p>	<p>9 3:00 – Book Club Fellowship of Readers/ECR 5:30 – Positively Fit/AR</p>	<p>10</p>	<p>11 10-12:00 Girl Scouts/Upstairs</p>
<p>15 9:00 – E-News Deadline 10:00 – Bulletin Deadline 11:00 – Bible Study 12:00 – Noon Eucharist 3:30 – Sing & Celebrate 4:45 – Children’s Choirs 5:45 FCHM/ECR 6:30 – Adult Choir</p> <p style="text-align: center;">Tidings Deadline</p>	<p>16 5:30 – Positively Fit/ECR 5:45 Diabetes meetings/Assembly Room 7:00 – 90th Anniversary/ECR</p>	<p>17</p> <p style="text-align: center; background-color: #cccccc;">Handbell Retreat 17-19</p>	<p>18</p>
<p>22 Ash Wednesday 9:00 – E-News Deadline 10:00 – Bulletin Deadline 11:00 – Bible Study 12:00 – Noon Eucharist 3:30 – Sing & Celebrate 4:45 – Children’s Choirs 7:00 Ash Wednesday Svc 6:30 – Adult Choir</p>	<p>23 5:30 – Positively Fit/AR 5:30 – Centennial Circle</p>	<p>24</p>	<p>25 10-12:00 Girl Scouts/Upstairs</p>
		<p>**Committee Meetings: Fellowship & Rec./New Seekers Finance/ Long Range Planning/ Property/Daily Disciples Room Stewardship/ Worship & Music/Choir Room</p>	<p>**Committee Meetings: Cemetery/Library Community Outreach/ Friendship Room Education/Bernhardt Room Evangelism/Scatter Cheer Room Youth/Upstairs Jr. High Room</p>



- 1- Abby Grace Roof, Lucy Scarborough, Kendrick Kerr
- 2- Natalee Stover
- 3- Lisa Havens,
- 4- Barbara Bradshaw, Lawrence Howze
- 5- John Corbacho, Adam Jones, Jilda Ward
- 6- Todd Sease, Hannah Fogle, Emily Sippel, Jay Ragley
- 7- Pastor Lavaughn Keisler. Sarah Whitehead,
- 8- Tom Dawson III. Rhonda White, Susan Stilwell, Evan Wise, Venning Morrison, Luca Metts, Dennis Rybicki, Dana Hutto
- 9- Vivian Carlson
- 10- Brenda Smith
- 11- Kay Fulmer,, Leigh Ann Vallejo,
- 12- Emily Cutter, Justin Cegelis,
- 13- BJ Roof, Mary Boyd, Jack Sippel
- 14- Herman Bouknight, Michael Busbee, Cody Cooper, Megan Cain
- 15- Michael Frye
- 16- Beth Waring, Dakota Steele
- 19- Stephen Roos, Sonia Day
- 20- Jackson Macaulay, Ellis Quarles, Haiden Helms
- 21- Michael Hook, Martha Reynolds, Virginia Hamson, Annabelle Wilson, Isabelle Wilson
- 22- Adam Payne, Phoebe Steele, Sandra Hutto
- 23- Lynn Lindler
- 25- Betty Jo Cato, Don Cole
- 26- Bob Livingston III
- 28- Jason Nelson, Brandon Payne, John Richardson
- 29- Ryan Thomas



Dear Mt. Tabor Family,
 Thank you for all the cards, flowers, calls and balloons, I received for my birthday. They brightened my day and filled my heart. I am blessed beyond words.
 Love,
 Lib Manus



TACKLE HUNGER

Sunday, February 12

Please join the youth in raising funds to help those who have food insecurities.



Bigger than the Bowl

Look for the soup pots before and after each service.

IF YOU WILL NOT BE AT CHURCH ON THE 12TH, YOU CAN STILL CONTRIBUTE! PLACE YOUR DONATION IN THE OFFERING PLATE OR DROP IT BY THE OFFICE - NOTE THAT IT IS FOR SOUPER BOWL.

Women of the ELCA helping Women

Mount Tabor,
 We asked and you answered!

God's work. Our hands.

Thank you to all who donated making our efforts successfully fruitful!

\$1,395 in gift cards donated!

WOMEN OF THE ELCA logo

gift CARD logo

Please join us in giving Blood

February 12, 2023

10:00 AM -3:00 PM

Mt. Tabor Lutheran Church

Assembly Room.

Have A Big Heart... Give Blood logo

Early Risers Prayer Breakfast

Our Lutheran Men Early Risers will meet for Prayer Breakfast on February 14th & 28nd at 7 AM at Lizard's Thicket on Augusta Road. All men are invited to join us!



Wednesday Noon Eucharist

Quiet communion services continue at Mt. Tabor at noon each Wednesday. The service lasts approximately 25 minutes, and fits well within your lunch break from work. Come taste and see that the Lord is good!



The **Sunshine Club** will meet on Wednesday, February 1st at 10:30 AM in the Assembly Room. All seniors are invited to join us for coffee, light refreshments, program and fellowship.

February Love Offering Hannah House

Their vision: To create a self-sufficient woman capable of caring for her children and building a future for her family. Their mission: To give hope to those without by teaching the life skills necessary to succeed in our society and to create a foundation in Jesus Christ. Their program: Designed to create a haven of hope and a center of help by identifying and responding to the emotional, physical, and spiritual needs of our residents. They seek to foster a change in their lives by allowing them a chance to break the destructive cycle of chronic poverty. To find out more about Hannah House visit their website at:

<http://www.hannahhousesc.org/>



The Mt Tabor Book Club now Fellowship of Readers will meet every other month starting February 9th at 3pm to discuss
Send for Me by Lauren Fox.



There are many available Sundays to provide Altar Flowers & Bulletin Covers. A sign-up board is located in the hallway near the Sanctuary. If you would like to reserve a date, please sign up on this board or contact the Church Office.

THE 2023 OFFERING ENVELOPES HAVE ARRIVED!

You may pick up your 2023 Offering Envelopes located on a table in the hallway near sanctuary. If you don't see your box, let Stella McGee know and she will issue you a box.
Thanks for your patience!



Like Us on Facebook

Be sure to like Mt. Tabor's public Facebook page: @MountTaborLutheranChurch. Also, check in with us when you are at Mt. Tabor!

Wednesday Morning Bible Study

will be held prior to Noon Eucharist each week at 11:00 A.M.

in the Easley Conference Room



FOLLOW US ON



Instagram

@MTTABORLUTHERANCHURCH

Memorials

Memorial	Given By	Fund
Bonita Koon Taylor	BJ Roof	General
Bonita Koon Taylor	Bruce Rhodes	Easley Conference Room
Bonita Koon Taylor	Kay Fulmer	General
Gary Lown	Freda & Fred Fetner	Cemetery
Gary Lown	Linda Lown	Cemetery
Gerhard & Essie Livingston	Jerry Kenneth Livingston	Endowment
H. F. Shull	Jerry & Amy Shull	General
Hazel Crapps Price	Julie Sease	General
Hazel Crapps Price	Mary J. Hughlett	General
Hazel Crapps Price	Rus & Barbara Stilwell	General
Hazel Crapps Price	Tom & Janet Klapman Smith	General
James Self	BJ Roof	General
Manell Lown	Freda & Fred Fetner	Cemetery
Manell Lown	Linda Lown	Cemetery
Mike Lown	Freda & Fred Fetner	Cemetery
Mike Lown	Linda Lown	Cemetery
Mr. & Mrs Franklin Shull (Clara)	Jerry & Amy Shull	General
Mr. & Mrs. G. W. Klapman (Maxine)	Jerry & Amy Shull	General
Roger L. Hill	Harry & Evelyn Furtick	General
Suzy Gillis	Jerry & Amy Shull	General
William Florence	Betty Jo Cato & Family	General
Wilmon Ronald "Ronnie" Hutto	Betty Jo Cato & Family	General
Wilmon Ronald "Ronnie" Hutto	BJ Roof	General
Wilmon Ronald "Ronnie" Hutto	Bruce Rhodes	Easley Conference Room
Wilmon Ronald "Ronnie" Hutto	David & Gale Gantt	General
Wilmon Ronald "Ronnie" Hutto	Sue & Lucky Jones	General

Honorariums

Honor

Annie Ruth Addy
 Daniel Conrad
 David Conrad & Patti Gobbel
 David Derrick
 Don Simmons
 John Conrad
 Karen & John Foley
 Kevin Davis
 Lib Manus
 Rev. Rus Stilwell
 Rev. Wade Roof
 Stella McGee
 To the Glory of God
 To the Glory of God
 To the Glory of God
 To the Glory of God
 Travis & Linda Spainhour
 Vicki McFarland

Given By

Debbie & Foster McLeod
 Mom, Dad and Leah
 Ray, Tina & Leah Conrad
 Patsy Hutto
 Debbie & Foster McLeod
 Ray, Tina & Leah Conrad
 Ray, Tina & Leah Conrad
 BJ Roof
 Patsy Gambrell
 BJ Roof
 BJ Roof
 BJ Roof
 Annie Ruth Addy
 Docia and Joe Jones
 Kevin Davis
 Lynda Mason
 BJ Roof
 Blakely Goings, Foster & Debbie McLeod

Fund

Quilting Ministry
 Youth Projects
 Youth Trips
 General
 HUGS
 General
 Music & Arts
 General
 Capital Improvements
 General
 General
 General
 Music & Arts
 Christmas Gift
 Music & Arts
 Music & Arts
 General
 Ladies Aid



*Hazel Crapps Price
 Member*

Worship Assistants for February 2023

Below are the schedules that were included in the 2022 Yearbook & Directory. *Please contact the church office if you are unable to serve at the service or in the position you are listed. Also, we are in need of assistants for all of our worship services, especially the 9:15 AM service. Please contact the church office if you would be willing to serve.

	<u>9:15</u>	<u>11:00</u>
Acolyte	<i>Assistant Needed</i>	<i>Assistant Needed</i>
Crucifer	<i>Assistant Needed</i>	Drew McQuillen
Lectors	Rick or Sherri Moorner	Sarah Whitehead
Greeters	Grace Fuson	Barbara Stilwell
Ushers	Ed Fuson, Rick Moorner	Foster McLeod, Chris Sox Tommy Smith
Communion Assistants	Sherri Moorner	Sarah Whitehead
Worship Assistant Coordinators	Gerald Shealy	Tommy Smith

*Please contact the church office if you are unable to serve. 803-796-5948 or
admin@mttaborlutheran.org

Altar Flowers & Bulletin Covers for February 2023

	<u>Altar Flowers</u>		<u>Bulletin Covers</u>
5	Carol, Jody, Arlette, & Arwynn	5	Available
12	Available	12	Available
19	Available	19	Available
26	Available	26	Available

The Flower & Bulletin Calendars are posted on the bulletin board near the Sanctuary. If you would like to reserve a date, please sign up on the bulletin board or contact our office staff.

Nursing Homes /Retirement Centers/Rehabilitation Centers

Generations-Batesburg-Leesville – Charles Shull; Cheryl Hall (#100)

Jenni-Lynn Assisted Living – Herman Bouknight (Apt. 34)

Lowman Home – Carolyn Smith

Laurel Crest – Emma Lou Easley (Apt. 320); Al & Judy Jordan (Apt. 312); Lottie Gregg

NHC – Diane Wise

NHC—Parklane – Mary Hamson

Presbyterian Home -Betty Wise (Room A-105)

Still Hopes – Ann Callison; Jean Latimer; Sandra Baker; Larry Sease



December 31, 2022

Funds Received for Budget	BUDGET
Envelope System	66,867.65
Memorials	2,416.00
Loose Offering	320.00
Bulletin Covers	60.00
Initial Offering	25.00
Birthday	0.00
Sunday School	0.00
Simply Giving Envelopes	10,560.90
	80,249.55
RESERVE FUND:	
Bachman Trust Interest	12,700.00
	12,700.00
DEDICATED FUND	
Choir	15.00
Choral Scholars	2,650.00
Copies	25.60
Easley Conference Room	95.00
Fire Recovery	4,954.99
Flowers/Poinsettias/ Wreaths	463.00
General Maintenance	1,500.00
HUGS	11,275.00
Ladies Aid	1,100.00
Love Offering	165.00
Office Expense	15.00
Pickle Jar	4.00
Quilting Ministry	300.00
Sunshine Club	115.00
Use AR/ECR	50.00
WELCA	850
Youth Projects	541.00
Youth Trips	67.00
Use AR/ECR from Gen- eral Fund	75
WELCA from General Fund	50
Love Offering from Gen- eral Fund	25.00
Youth Projects from Gen- eral Fund	50.00
Youth Trips from General Fund	300.00
Ladies Aid from General Fund	50.00
Pastor's Disc Fund from General Fund	300.00
ECR Memorial from Gen- eral Fund	618.00
HUGS from General Fund	75.00
Evangelism from Simply Giving	25.00
Quilting Ministry from Simply Giving	20.00
HUGS from Simply Giv- ing	175.00
Choral Scholar from Simply Giving	50.00
	25,998.59
CEMETERY FUND:	
Memorials	1640.00
	1640.00
MUSIC AND ARTS FUND:	
Split from General Fund	500.00
Memorials	370.00
	870.00
CAPITAL CAMPAIGN FUND	
Memorials	500.00
Splits from General Fund	825.00
Pledged from Simply Giving	400.00
	1,725.00
ENDOWMENT FUND:	
Total Received for All Funds	123,183.14

Deadlines

E-News: *Wednesdays at 9:00 am*
 Bulletin: *Wednesdays at 10:00 am*
 Tidings: *15th of each month*
 Email articles to:
admin@mttaborlutheran.org

Attendance

	8:15	9:35	11:00
1/1			78
1/8			103
1/15	24	47	100

MOBILE GIVING



Mt. Tabor Lutheran Church now offers a mobile version of our online giving page to make it easy for you to give anytime from your smart phone. Simply scan the above image using your phone's QR code reader. If you do not have a QR code reader app, here is how to get one and make your mobile donation:

- Go to iTunes store or Google Play store.
- Download a free QR code reader app.
- Use the app to scan the above QR code.
- Follow the steps to make your donation.



HARVEST HOPE

December 28, 2022

Mt. Tabor Lutheran Church
 1000 B Ave.
 West Columbia, SC 29169-6721

Dear Friends,

The holiday season is in full swing and we are hoping for cooler weather and spending time around the table with loved ones. However parents, grandparents and single people will not always have a peaceful mind about the holiday season and the struggle they face on putting food on the table. With partners like you their holiday season will be brighter this year with the help you are providing them through us.

Thank you for your generous gift of \$248.00 to Harvest Hope. Your donation helps ensure that no matter their circumstances no one will go to bed hungry. We're so grateful to have partners like you to join us in warming hearts and turning hunger into hope this season. Together, we're building a hunger-free tomorrow.

With gratitude,

Kristy
 Kristy McElain
 Major Gifts Manager

OUR MISSION

To transform lives in the communities we serve by feeding the hungry, addressing food insecurity and building a healthy and hopeful hunger-free tomorrow.

Tax ID: 57-0725560

harvesthope.org

Mt. Tabor Lutheran Church
1000 B Avenue
West Columbia, SC 29169

RETURN SERVICE REQUESTED

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Permit No. 116



Mt. Tabor's Weekly Schedule

Sundays

Worship Services: 8:00 am, 9:15 am & 11:00 am

Holy Communion is celebrated each Sunday at 8:00 am & 11:00 am,
and on the first Sunday of each month at 9:15am.

Children's Sunday School: 10:15 am
5th grade and under.

Youth Sunday School: 10:15 am
6th thru 12th grade.

Confirmation Class: 12:00—3:00 PM [2nd Sunday]
7th & 8th grade.

Mondays

Mt. Tabor Ringers: 7:00 pm

Tuesdays

Men's Prayer Breakfast: 7:00 am [2nd & 4th Tuesdays] [see p.5 for details]

Alive Musicians Rehearsal: 6:30 pm

Wednesdays

Bible Study: 11:00 am

Noon Eucharist: 12:00 pm

Sing & Celebrate: 3:30 pm [see p.6 for details]

This program follows Lexington School District 2 schedule.

Adult Choir Rehearsal: 6:30 pm

Church Office Hours:

Monday—Friday
8:30 am to 4:30 pm

Visit our Website

www.mttaborlutheran.org

Visit SC Synod Website

www.sclutheran.org

Visit the ELCA Website

www.elca.org

Mt. Tabor Lutheran Church is committed to being a safe place for children and youth. Our congregation has enacted policies & procedures designed to minimize the risk of abuse. Copies of our Child Protection Policy are available in the narthex, and in the Church Office.