



Tidings

June 2024

Mt. Tabor LUTHERAN CHURCH



**WILDFIRE
WEDNESDAY**

Kick off Celebration!

June 5, 2024

5:30 PM - 7:00 PM

Touch A Truck Party!

BOUNCE HOUSE

PELICAN'S SNOBALLS

HOT DOGS

WEST COLUMBIA FIRE DEPARTMENT

WEST COLUMBIA POLICE DEPARTMENT

SC HIGHWAY PATROL

RICHLAND COUNTY ON-PATROL LIVE

SC DEPT OF NATURAL RESOURCES

SC HIGHWAY EMERGENCY PATROL (SHEP)

Hot dog dinner will kick off the event at 5:30 PM
in the Assembly Room.

Touch A Truck will not begin until 6:00 PM.

Parents are asked to stay!

Congregational Council of Mt. Tabor

2024

Bruce Busbee - (803) 791-4791
busbee44@aol.com

Christie Cook - (803) 238-1235
csprrllcook@gmail.com

Adam Davis - (803) 429-9608
adamola2001@icloud.com

Whitney Glass - (803) 261-2749
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2025

Tammy O'Quinn - (803) 315-6258
ktmmoquinn@gmail.com

Tex Davis - (803) 463-6320
gamecockpoppa@gmail.com

Brett Ebener - (803) 260-8173
brettebener@gmail.com

David Yoder - (803) 807-3075
clemsonyoder@gmail.com

2026

Megan Lyons - (803) 673-7815
meglyons09@gmail.com

Julie Ann Payne - (803) 609-6200
jasoutherlin@aol.com

John Matthews - (843) 340-8298
johncmatthews@gmail.com

Bob Livingston, Jr. - (803) 796-8654
blivingston@gregoryelectric.com

2024 Congregational Council Executive Committee

Whitney Glass, President
Christie Cook, Vice President
Julie Ann Payne, Secretary
Tex Davis, Treasurer
Tammy O'Quinn, Financial Secretary
Stella McGee, Recording Secretary
Pastor Wade T. Roof, III, Senior Pastor

Committee Assignments

Property - David Yoder
Stewardship - Tammy O'Quinn
Community Outreach - Bob Livingston
Youth Ministry - Megan Lyons
Worship & Music - Brett Ebener

Christian Education - Christie Cook
Fellowship & Recreation - Adam Davis
Information Technology - Bruce Busbee
Marketing/Social Media - Julie Ann Payne
Evangelism - John Matthews

Council Highlights - May 19, 2024

- Minutes were unanimously approved.
- Paxton Goings, confirmand, was interviewed by Council and approved for Confirmation. Many thanks to his teachers: Harry & Cheryl Prim, Tammy O'Quinn and Kendrick Kerr.



June Love Offering - SCNG Foundation

The South Carolina National Guard Foundation was founded with a mission to support the South Carolina Army & Air National Guard members, their Families, and their Survivors on a personal level. The men and women who serve and protect South Carolina are faced with life challenges that can become overwhelming. The SCNGF works to fund numerous programs that honor them for their service, offer personal counseling and support, provide opportunities to grow, and ultimately improve their quality of life.

Pastoral Ponderings

“In Jerusalem he set up machines, invented by skilled workers...” 2 Chronicles 26:15

In an age where technology permeates every aspect of our lives, the Church stands at an intriguing crossroads between tradition and innovation. While some may view technology as a threat to religious values and practices, many within the Church see it as a powerful tool for spreading the message of faith and enhancing the spiritual experience of believers.

One of the most noticeable impacts of technology on the Church has been in the realm of communication. Social media platforms, websites, and mobile apps have revolutionized the way religious organizations connect with their congregations. From live streaming services to virtual prayer groups, technology has made it possible for individuals to participate in religious activities from anywhere in the world. This accessibility has helped foster a sense of community among believers and has allowed the Church to reach new audiences like never before.

Moreover, technology has also played a significant role in education and outreach within the Church. Online courses and educational resources make it easier for individuals to deepen their understanding of scripture and theology. Virtual reality simulations can provide immersive experiences, allowing worshippers to visit historical sites or participate in biblical narratives in a way that feels remarkably real. These innovations not only engage the faithful but also make religious teachings more accessible and engaging for younger generations who are accustomed to digital learning environments.

Furthermore, technology has been instrumental in facilitating acts of charity and service within the Church. Online platforms and mobile apps make it easier for individuals to donate to charitable causes, volunteer their time, and organize community outreach programs. These digital tools not only streamline the process of giving but also enable the Church to respond more quickly and effectively to the needs of those within and outside of its community.

While there are undoubtedly challenges associated with integrating technology into religious practices, the benefits far outweigh the drawbacks for many within the Church. By embracing innovation and harnessing the power of technology, religious organizations can continue to inspire and uplift believers in an ever-changing world. As the Church moves forward into the digital age, it remains grounded in its timeless mission of spreading love, compassion, and the message of faith to all.

The above article was written in about 30 seconds by a program called “ChatGPT.” It is scary to think about what AI (Artificial Intelligence) can do and how it seems to be moving into every aspect of our lives. While some is probably good, the way it is changing places, like the church, can seem very disturbing to say the least. While sermons, articles, messages, and devotions might get easier to produce, no computer can ever replicate the importance of community, personal interactions, and face-to-face contact. While it can create a prayer, even speak it out loud, it won't replace the prayers we pray for each other or the love we have for our neighbors. While AI is here to stay, we press on – holding each other's hands as we continue to walk through every valley and over every mountain – together. While technology and the Church try to coexist, God is still interested in you and your life, how we might grow deeper in faith, and how we live in peace and love with each other. So do not fear people of God, for the Lord is with you. For while AI might take over our land it won't (it can't) take over our hearts.

Yearbook Updates



Judy and Al Jordan
314 Joseph Walker Drive
West Columbia, SC 29169



Mt. Tabor Lutheran Church Youth,
Thank you for your support. Words cannot express how much your donation is appreciated and needed. Thanks for being an important part of Ronald McDonald House Columbia.

Thanks again,
RHDC Team

Dear Church ,

Thank you for all the ways you support our community, but a huge thank you for your outreach to your hungry neighbors! By supporting Harvest Hope, you allow us to become an extension of your ministry. Last year, with your help, Harvest Hope provided more than 26 million meals to hungry children, families, seniors, veterans - those 1 in 10 SC people who otherwise would go hungry. Thank you for your continued support and compassion. We are grateful for your support!

Blessings,
Rhea Adkins

Dear Friends,

I am so thankful for my church family. The support I received from Mt. Tabor during this grief filled time was a blessing. The cards, prayers, and phone calls helped to lighten my heart during the loss of Sidney.

Love,
Jilda Ward

The family of Philip Whitehead would like to express their thanks for the cards, gifts and expressions of sympathy during their time of loss.

Dear Mt. Tabor,

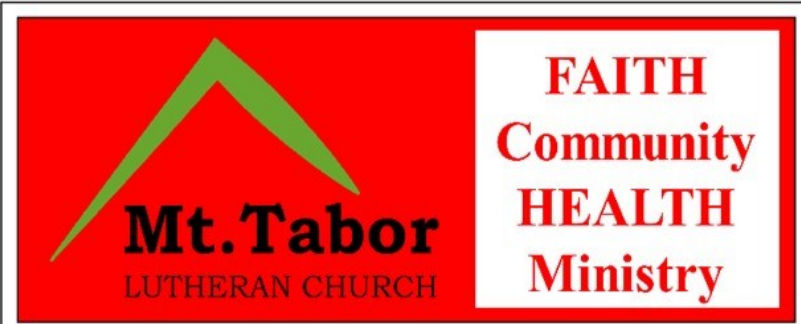
We wish everyone is able to see the joy on momma's face when she gets mail! Your cards brighten her day tremendously. She will often keep the latest round by her chair so she can look through them daily. We greatly appreciate everyone who has taken the time to keep her connected to her church.

Warmly,
Melvin Manus, Woody Manus
Ann Spainhour, Joy Smith

To my Mt. Tabor Family,

I hope this note finds you as blessed as I have been! I have enjoyed all the cards I have received. My Mt. Tabor family has lifted me and boosted my spirits with all the love I have coming my way! I miss my church dearly, but through your cards I still feel the connection and warmth that I have always known at Mt. Tabor. Thank you for brightening my day.

Love,
Lib "Nana" Manus



Faith, Fun & Fellowship

Friday, June 28, 2024

5:00 pm

*Columbia Craft
Brewing Company*

520 Green Street
Columbia, SC 29201

See website for details

<https://www.columbiacraft.com>

Situated in the lower Vista, our micro-brewery and taproom offers 12 fresh and constantly rotating beers on tap. You can also choose to enjoy our wide selection of canned beers for table pour or carry out. Pair your pint with snacks and a revolving menu featuring local food trucks. Our brewery has something for everyone, and that includes your leashed, well-behaved dogs. Water bowls available upon request.

Our Faith Community Nurses will be providing Blood Pressure Checks on the second Sunday of each month in conjunction with our monthly Congregational Breakfast.

Additionally they will be offered at Sunshine Club Meetings.



Wildfire Wednesdays



Wednesday Evenings are happening at Mt. Tabor!

If you are at least two and have not started 6th grade **U R INVITED!**

Join us for a new experience every Wednesday beginning June 5th.

Dinner will be served - register today.

Our schedule

Drop off	5:30	Dinner	5:30 - 6:00
Program	6:00 - 7:00	Pick up	7:00



Congratulations!

Our 2024 Graduates!

Emily Hutto - River Bluff High School

Hannah Fogle - River Bluff High School

Tristan Spainhour - Brookland-Cayce High School

Lyndsey Ebener – JD from University of South Carolina School of Law

Clark Ebener – Masters in Educational Administration
from Grand Canyon University

Jake Jacobs - Master of Education from Converse College

Sara Monts - Master of Education from Columbia College



Sacrament of Holy Baptism

On Sunday, May 19th we celebrated the
Sacrament of Holy Baptism for
John Allan Cothran and Annie Grace Cothran,
children of Derek Cothran and Perry Burkett.

We welcome John Allan and Annie Grace into the faith we all share through Jesus Christ.

Our 2024 Confirmands!

PAXTON KENNETH GOINGS

GEORGE NICHOLAS MINOR



THE MUSIC CORNER

ALIVE NEWS!



Sunday, June 30th, the ALIVE service will be singing faith songs that express praise and thanksgiving for the blessings from God, especially the blessings that enable us to live in this beautiful country with freedom. Join us for “God Bless America”, “America” (“My Country ‘Tis of Thee”), “Mine Eyes Have Seen the Glory”, “Glory to God, Whose Goodness Shines”, “God of Our Fathers”, “America, the Beautiful”, and “Only by Grace”. We will “Give Thanks” as we partake in the Sacrament of Holy Communion on this day. So, we invite you to join us at 9:15 for this uplifting service of the beauty and blessings we have been given in this land. Music begins a little before 9:15 as we gather.

Speaking of music, we are always looking for new musicians to join the ALIVE group or serve as a substitute for regular musicians. We also understand the need for flexible schedules in busy lives. If you are interested in joining the ALIVE group, you can check us out to see if we are a “fit” for you. We welcome “sit-ins” with the band for any singer or instrumentalist at a Tuesday night rehearsal and the following Sunday. Join our ALIVE musicians for fun, fellowship, and music to feed your soul!

For more information, contact any ALIVE musician, Gale McLeod at gwmcleod7@gmail.com or IreLou Moyer at irene.moye@gmail.com.

On Sunday mornings, as a member of the congregation or as part of our musical group, please join us as we...*make a joyful noise to God, all the earth; sing the glory of his name; give to him glorious praise.* Psalm 66:1-2



God’s Helping Hands Focused Needs



Canned juice, Jiffy Mix dry & evaporated milk, flour crackers, canned goods with pop top lids mustard, cookies, sugar canned meat pasta sauce, soap and deodorant

ATTENDANCE			
	8:00	9:15	11:00
4/28	23	56	128
5/5	19	58	101
5/12	13	93	129
5/19	20	86	132

2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>2 Second Sunday after Pentecost 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service—Holy Communion 10:00 – Coffee/Fellowship/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion</p> <p>Summer Sunday begins for kids</p>	<p>3 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p>	<p>4 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>	<p>5 9:00 – Weekly Snap Deadline 10:00 – Bulletin Deadline 5:30 - 7:00 - pm -Wildfire Wednesday Wildfire Wednesday Starts</p>	<p>6 1200 - Sunshine Club/AR 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p> <p>SCNG Foundation <i>Love Offering for June</i></p>		<p>1 Wedding Mary Caroline Owen</p>
<p>9 Third Sunday after Pentecost 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service 10:00 – Fellowship Breakfast/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion 6:00 – Church Council/ECR</p>	<p>10 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p>	<p>11 7:00 Men's Prayer Breakfast/ Lizard's Thicket 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>	<p>12 9:00 – Weekly Snap Deadline 10:00 – Bulletin Deadline 5:30 - 7:00 - pm -Wildfire Wednesday</p>	<p>13 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers 3:00 - Book Club/ECR</p>	<p>14 TIMINGS DEADLINE</p>	<p>15 Red Apple Preschool All Day Setup by 8:30 Cleanup around 3:30-4:00</p>
<p>16 Fourth Sunday after Pentecost 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service 10:00 – Coffee/Fellowship/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion</p>	<p>17 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p>	<p>18 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>	<p>19 9:00 – Weekly Snap Deadline 10:00 – Bulletin Deadline 5:30 - 7:00 - pm -Wildfire Wednesday</p>	<p>20 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p>	<p>21</p>	<p>22</p>
<p>23 Fifth Sunday after Pentecost 8:00 – Matins Service—Holy Communion 9:15 – ALIVE! Service 10:00 – Coffee/Fellowship/AR 10:15 – Sunday School 11:00 – Traditional Service—Holy Communion</p> <p>30 Sixth Sunday after Pentecost 8:00 – Matins Service - Holy Communion 9:15 – ALIVE! Service - Holy Communion 10:00 – Coffee/Fellowship/AR 10:15 – Sunday School 11:00 – Traditional Service - Holy Communion</p>	<p>24 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p>	<p>25 7:00 Men's Prayer Breakfast/ Lizard's Thicket 10:30 – Ladies Aid 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 6:30 – ALIVE! Rehearsal</p>	<p>26 9:00 - Weekly Snap Deadline 10:00 – Bulletin Deadline 5:30 - 7:00 - pm -Wildfire Wednesday</p>	<p>27 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 – Positively Fit/New Seekers</p>	<p>28</p>	<p>29</p>

Positively Fit: Body, Mind and Soul

Positively Fit meets Monday and Thursday at 5:30 in room 121 at present until we return to the assembly room. All ability levels are welcome! Variations to exercises are offered! And it's Free!

Body: Feet and Ankles

Oh, my aching feet! A long day at work, walking for miles at the amusement park or just a busy day on your feet can cause your feet to ache and make you feel tired all over. There are many commercials on television that promise to strengthen your feet and legs, and new shoe stores that offer fittings, insoles and the perfect shoe for your feet. These are all good choices, but you can start at home. Shoes and devices can be beneficial but start at home with exercises for your feet and ankles.

So, can you do anything to strengthen your feet? You certainly can! The first thing is to make sure that you have good fitting shoes. You can have your feet measured for a proper length and width. Ladies, limit the time in high heels. A proper fit along with strengthening exercises will improve more than just your feet but your ankles and balance too!

Improving strength and flexibility of the foot can be accomplished through a few exercises that can be completed at home and many from the comfort of your easy chair. When you strengthen the muscles in your feet you keep your ankles strong and more stable. Stability decreases the chance for falls. Stability of the feet and ankles decreases the chance of injury to the feet, ankles and lower legs. After strengthening, stretching is also important! Gentle stretching helps joint mobility and conditions the tendons and ligaments to keep your feet moving.

Standing Stretch: Stand facing a wall, one leg forward and slightly bent, back leg is straight with heels flat on the floor. Press hip forward toward the wall and hold for 30 seconds then relax for 30 seconds, repeat. Repeat with the opposite side.

Golf Ball Roll or Tennis Ball: Seated, both feet on the floor, roll a golf ball (tennis ball) under the arch of your foot. Repeat for the other foot.

Towel Tug: Seated on the floor or a chair, leg straight, loop a towel around the ball of the feet, hold both ends of the towel in your hands, with straight legs gently pull the towel toward your body. Hold for 30 seconds, repeat.

Calf Raises: Standing behind a chair, counter or wall, feet flat on floor, lift heels as high as you can then lower, repeat.

Ankle Motion: Seated, lift one or both feet off the floor, make small circles with your feet moving only at the ankle, repeat in the reverse direction. Then move feet side to side moving only from the ankle.

Ankle Pump: Seated, lift one or both feet off the floor, move only from the ankles, bring toes toward your leg as far as you can, hold for 10 seconds then press your foot out as straight as you can, hold 10 seconds, repeat. Complete exercise for both feet.

Toes Pick Ups: Seated, place small objects like marbles on the floor, grab the objects with your toes and place them to the side, OR place a towel on the floor, grab the towel with your toes, relax and repeat.

Ankle Flex: Seated on the floor or chair, legs straight, use an elastic band around the ball of the foot, hold both ends of the elastic band, flex the foot forward then back, repeat. Complete the exercise on the other foot.

Single Leg Balance: Standing, keep knees straight, lift one foot off the floor, balance and hold for 30 seconds then relax, Repeat. Complete on the other leg. ****Keep a chair or counter close by in case you need to hold on to gain balance**** To make this more challenging remove socks and shoes.

Mind:

In each foot your feet have over 7000 nerve endings in the soles, 26 bones. 30 joints and over 100 muscles, tendons and ligaments. Your feet send a lot of information to the brain! All the working parts must work together to ensure your ability to move and to help you stay stable. When your feet are strong and healthy you feel more confident that you will not fall or that your feet and legs will not become injured. Exercising your feet and ankles has a direct connection to the brain. Exercise increases blood flow which brings fresh oxygen and nutrients to the brain which is essential for cognition. These little exercises strengthen your feet, ankles and mind which can be completed while you watch TV. Include several of these exercises in your daily routines for good foot and brain health.

Soul: 1 Corinthians 6:19-20

¹⁹Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore, honor God with your body.

Lord Teach Us To Pray

As God's people called to love one another, let us pray for the following members of our church family, who celebrate the anniversary of their baptism this month: Chris Wilson, Ricky Glass, Thomas Walker, Clark Ebener, Landon Harrelson, Charlotte Jeffcoat, Liliana Metts, Sarah Smith, Stacy Sutton, Sally Kleber, Bobby Wise, Joe Popkowski, Joe Popkowski, Jr., Chuck Taylor, Jordan Sease, Olivia Williams, Karter Jeffries Gabrielle Wilson, Lisa Havens, Kelly Hawkins, Pam Corbacho, Kay Lybrand Fulmer, Kasey Davis, Patsy Gambrell, Anna Evans, Brice Mathews, Shepard Belle Isle, Johnathan Marchant, Dallas Phillips, Miriam O'Neal, Ryan Paetow, Rachel Paetow, Whitney Glass, Barbara Raulerson, Korbin Seay, Joy Smith, Shirley Thomas, Michael Cole, Steven Cole, Sarah Cole, Michael Marchant, Fred Vallejo, Aaron Prim, Berley Rister.

Most Recent Prayer Concerns:

Dennis Rybicki, Sr., Sandra Baker, Betty Keisler, Wanda Addy, Ron Hutto
Bruce Merchant, Ann Crout, Al & Judy Jordan

Ongoing Prayer Concerns:

Drewby McQuillen, Mary Davis, Alice Pollock, Jimmy Williams, Mona Myers, Sadie Howard
Elmer Sundlie, Robert Cromer, Dennis Rybicki, Jr., Emma Lou Easley, Lib Manus, Paul Addy
Paul & Jeanie Jacobs, Barbara Bradshaw, Betty Wise
Herman Bouknight, Jane & Gene Sexton, Pastor Jerry & Janice Livingston

Family & Loved Ones of Mt. Tabor:

Jackson Bell, Pam Player, Nancy and Emily Waugh, Becky and Phil Frederick, Laura Ann Merrill
Kim Coker, Grace Kelly, Glenn Greer, Chuck Backman, Michelle Roe, Jacob Pittman
Beth Murphy, Sidney Ward, Justin "Cody" Spires, Billy Holton, Barbara Kohr, Jenny Mack
JoAnn Davis, Diana Ruth Henricks, Tommy Cambell, Niko Bosley, Mary Famiglietti
Angela Livingston, Bill Wood, Anne Moye, Isabelle Sundlie, Katie Blackwell Feaster

Members of Mt. Tabor Serving in the Military:

Adam Davis, Samuel Davis, Scott Hash, Alex Morris

Family and Loved Ones Serving in the Military:

Josh Watson, Jacob Henry Burgan, Caleb Neff

The Family Of:

John Bundrick, Sidney Ward, Sarah Cooper, Tony Jeffcoat

Nursing Homes /Retirement Centers/Rehabilitation Centers

Jenni-Lynn Assisted Living – Herman Bouknight (Apt. 34)

Lowman Home – Carolyn Smith

Laurel Crest – Emma Lou Easley, Al & Judy Jordan

Presbyterian Home -Betty Wise (Room A-105)

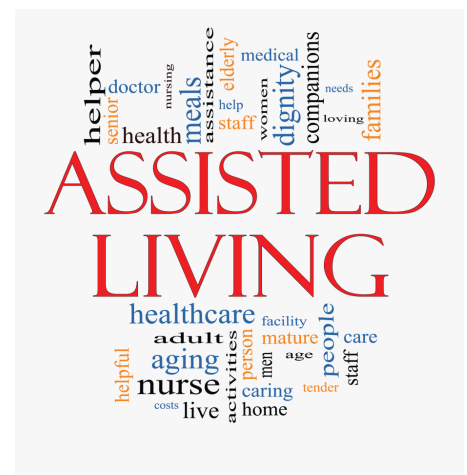
Still Hopes – Sandra Baker, Larry Sease

Veteran's Victory House - Elmer Sundlie

Spring Arbor - Margurite Culberson (located in Virginia)

The Phoenix at Union Hill - Gene and Jane Sexton (located in Georgia)

National Health Care, West Columbia - Robert Cromer



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2 Joy Smith, Jennifer Smith, Marie Taylor
3 Amaya McCoy
4 David L. Conrad, Roxanne Rich, Beth Branham, Heath Hutto, Carson Busbee
5 Kyle Rabon, Lynn Cain, Alex Morris, Katelyn Hilton
6 Harris Hall
7 Gale Gantt
8 Joel Smith, Carol Merchant, Allen Wise, Emma Lou Easley
9 Brandon Haltiwanger
10 Reggie White, Travis Spainhour, Karen Wiggers, Gavin Goings, Casey Fleming
11 Michael MacInnis, Michael Scyphers, Ken Ebener
12 Rick Dinkins
13 Garry O'Neal, Ann Hendrix
14 Carolyn Taylor, Tex Davis, Evan Rybicki
15 Jason Addy, J.C. Day, Chris Dawson, Allison King, Erica Collum
16 Butch Swygert
17 Ray Conrad, Tom Stork, George Caulder, James Campbell
18 Brice Mathews, Hailey DuVall
19 Bobby McLeod, Trent Myers, Larry Sease, Kelsey Skorzewski, Mary Garrett Waring
20 Pam Burnett
21 Blake White, Matthew Hook, Melvin Manus, Brad Phillips
22 Clyde Nelson
24 Chuck Jones, Jensen Redmond
25 Chris Sox, Natalie Shealy
26 Selena Metts
27 Hardy Lamb, Graham Matthews, Silas Rybicki
28 Bruce Busbee, Scarlet Rybicki-Knorr, Murray Hoskins
29 Lynn Hostetter, Sadie Howard
30 Tiffany Senn, Carter Elledge



Welcome to Mt. Tabor's Family!

Derek Cothran & Perryn Burkett
John Allan and Annie Grace

604 Thomas Street
West Columbia, SC 29170

Travis & Amanda Driggers
Raelyn

472 Dickson Hill Circle
West Columbia, SC 29170

June's Worship Assistants

Please note we are now on a monthly rotation.

ALIVE!

Communion assistants

Julianne Jones

Lector

Rachel Bundrick

Ushers

Ed and Grace Fuson



11:00 AM

Communion assistants

Tammy O'Quinn, Kendrick Kerr

Lector

Sarah Whitehead

Ushers

Hampton Miller, Tom Smith

Greeter

Sandy Dennis

Sign Up for Mt. Tabor Emails

Did you know that Mt. Tabor can send you all correspondence electronically? If you would like to receive our news via e-mail, please let us know by emailing:
admin@mttaborlutheran.org



June

Communion Preparers

BJ Roof, Lucy Scarborough

June

Altar Flowers & Bulletin Covers

Flowers

2 Miley & Dusty Rhodes

9 Foster & Debbie
McLeod

16 AVAILABLE

23 AVAILABLE

30 Pam & Murray
Hoskins

Covers

2 AVAILABLE

9 Patsy Hutto

16 Rachel Bundrick

23 AVAILABLE

30 Pastor Rus Stilwell

The Flower & Bulletin Calendars are posted on the bulletin board near the sanctuary on Sundays. During the week, they are kept in the church office. If you would like to reserve a date, please sign up on Sunday or contact our office staff during the week.

Early Risers Prayer Breakfast

Lutheran Men Early Risers

will meet on

June 11th and 25th

7 AM

Lizard's Thicket on
Augusta Road.



All men are welcome!

The Sunshine Club will meet on



Thursday, June 5th at Noon.

Our own Julianne Jones, OT, will speak to us about things we can do in our homes to more safely accommodate our changing needs.

Please bring a covered dish to share.

Come join the club for information, fun and fellowship.

Easter Offering Goal

\$25,000.00

\$18,265.40 received to date



10% of our offering will be donated to Epworth House, God's Helping Hands, & the Gamecock Lutheran Ministry.



VBS TIME!

Sign up is open for this year's **Vacation Bible School** being held **July 14-18 (5:15-7:45PM)**. As always, we would love to see you, your little ones, your friends, and their friends there to participate! This camp is not just for Mt. Tabor children and adults.

It is meant for the whole community, so please help spread the word!

Reminder: An adult VBS option is also available. So if you're not volunteering, we hope to see you signed up as a participant!

Scan the QR codes below to register participants and volunteers!

Paper forms are available in the office.

Please return completed forms to Linda Spainhour in the front office, admin@mttaborlutheran.org.

Any questions can be sent my way!

Thank you,
Roxanne Rich
roxanne.livingston1129@gmail.com



registration form



T - Shirt payments



Volunteer form

In memory of In honor of

<u>Memorial</u>	<u>Given By</u>	<u>Fund</u>
Clara Shull	Amy & Jerry Shull	Children's Ministry
David Mellichamp	Virginia Hamson	Music & Arts
Eleanor Bouknight Talbert	Herman Bouknight	General
Eric Todd Gayden	Fred Vallejo	General
Eric Todd Gayden	Patricia Elledge	General
Eric Todd Gayden	Sue & Lucky Jones	General
Eric Todd Gayden	Tommy & Janet Smith	General
Fred Darby	BJ Roof	General
Fred Darby	Carol Williams	General
Fred Darby	Don & Gail Simmons	Ladies Aid
Fred Darby	Linda Price	General
Harold Jones	JoAnn Jones and Family	Cemetery
Harold Jones	JoAnn Jones and Family	General
Jean Mehrtens Latimer	Annie Ruth Addy	Music & Arts
Jean Mehrtens Latimer	Barbara & Robert Livingston	General
Jean Mehrtens Latimer	BJ Roof	General
Jean Mehrtens Latimer	Bob & Gaynell Hubbs	General
Jean Mehrtens Latimer	Bruce Rhodes	Capital Improvements
Jean Mehrtens Latimer	Carol & Tom Stork	General
Jean Mehrtens Latimer	Cathy Crawford	General
Jean Mehrtens Latimer	Cheryl Bates	General
Jean Mehrtens Latimer	Debbie & Foster McLeod	General
Jean Mehrtens Latimer	Diane C. Hazelrigg & Family	General
Jean Mehrtens Latimer	Docia and Joe Jones	General
Jean Mehrtens Latimer	Don & Gail Simmons	Ladies Aid
Jean Mehrtens Latimer	Dottie Ford	Youth
Jean Mehrtens Latimer	Eleanor K. Whitehead	General
Jean Mehrtens Latimer	Ellis & Tammy Quarles	General
Jean Mehrtens Latimer	Family of Ann Callison	Capital Improvements
Jean Mehrtens Latimer	Franklin & Jennifer Smith	Ladies Aid
Jean Mehrtens Latimer	Gale McLeod	General
Jean Mehrtens Latimer	Gary & Ann Spainhour	Capital Improvements
Jean Mehrtens Latimer	Joyce & Henry Meetze	General
Jean Mehrtens Latimer	Judy Fisher	Capital Improvements
Jean Mehrtens Latimer	Julie Miller	General
Jean Mehrtens Latimer	Katherine W. & Kerri Lynn Rish	General
Jean Mehrtens Latimer	Kay Fulmer	General
Jean Mehrtens Latimer	Kimberly Gail Stewart	General
Jean Mehrtens Latimer	Lib Manus	Capital Improvements
Jean Mehrtens Latimer	Linda Price	General
Jean Mehrtens Latimer	Margaret L. M. Payne	General
Jean Mehrtens Latimer	Margaret Senn & Fran Wheeler	General

Deadlines

Weekly Snap: *Wednesdays at 9:00 am*
 Tidings: *15th of each month*

Bulletin: *Wednesdays at 10:00 am*
 Email articles to: Admin@mttaborlutheran.org

Honor

All the Members of Mt. Tabor
 Bruce Merchant
 Emma Lou Easley
 Fred Vallejo
 George Minor
 John Bundrick
 John Geiger
 John Geiger
 Judy Fisher
 Lib Manus
 Paxton Goings

Given By

Jaclyn and Earl Macaulay
 Virginia Hamson
 Virginia Hamson
 Patsy Gambrell
 Tammy O'Quinn
 Virginia Hamson
 Charlie & Paula Taylor
 Docia and Joe Jones
 Tammy O'Quinn
 Virginia Hamson
 Tammy O'Quinn

Fund

General
 Music & Arts
 Music & Arts
 Capital Improvements
 Confirmation
 Music & Arts
 General
 General
 General
 Music & Arts
 Confirmation

April Financial News

Funds Received for Budget		BUDGET
Envelope System	26,782.00	
Envelope System Cash	447.50	
Memorials	1,710.00	
Loose Offering	258.00	
Bulletin Covers	60.00	
Initial Offering	10.00	
Sunday School	69.00	
Simply Giving Envelopes	12,175.70	
	41,512.20	60,837.33
RESERVE FUND:		
Easter	1,972.40	
Easter from General Fund	1,320.00	
Easter from Simply Giving	100.00	
	3,392.40	
DEDICATED FUND		
Campfirmation	8.00	
CCLI License	529.00	
Choral Scholars	650.00	
Copies	57.00	
Fellowship & Recreation	164.00	
Ladies Aid	625.00	
Love Offering	199.00	
Pickle Jar	4.65	
Sunshine Club	75.00	
Use AR	150.00	
VBS 2024	200.00	
Wildfire Wednesday	13.00	
Youth Trips	372.00	
Youth Trips-General Fund	50.00	

HUGS/General Fund	200.00	
Ladies Aid-General Fund	50.00	
Love Offering-General Fund	45.00	
Choral Scholars/Simply Giving	50.00	
Bulletin Covers/Simply Giving	30.00	
Tee Shirts/Simply Giving	75.00	
Youth/Simply Giving	36.00	
Evangelism-Simply Giving	25.00	
	3,607.65	
CEMETERY FUND:		
Grave Income	500.00	
Memorial	80.00	
	580.00	
MUSIC AND ARTS FUND:		
Memorial	170.00	
	170.00	
CAPITAL CAMPAIGN FUND		
Memorials	225.00	
Donations-Simply Giving	420.00	
	645.00	
ENDOWMENT FUND:		
	0.00	
Total Received for All Funds	49,907.25	

Church Office News

The office will be closed on July 4th.

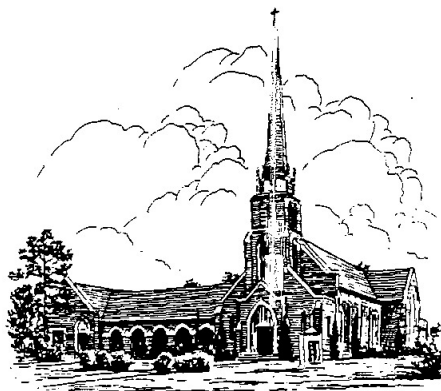
Online Giving



Mt. Tabor offers online giving. Scan the QR Code to be taken to our online giving page.

Mt. Tabor Lutheran Church
1000 B Avenue
West Columbia SC 29169

RETURN SERVICE REQUESTED



Visit our Website
www.mttaborlutheran.org

Mt. Tabor's Worship Opportunities

Sundays:

Worship Services:

- 8:00 am Matins with Holy Communion
9:15 am ALIVE! Contemporary Service -
**Holy Communion 1st Sunday of each month.
11:00 am Traditional Service with Holy Communion

Sunday School:

- 10:15 - 11:00 am Classes for both children and adults are offered.

Wednesdays:

- 11:00 am Bible Study
12:00 pm Noon Eucharist

Mt. Tabor Lutheran Church is committed to being a safe place for children and youth. Our congregation has enacted policies and procedures designed to minimize the risk of abuse. Copies of our Child Protection Policy are available in the narthex and in the Church Office.

Non-Profit Organization

U.S. Postage PAID

Columbia, S. C.

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Permit No. 116

Staff

Reverend Wade T. Roof, III
Senior Pastor
Pastor.wade@hotmail.com

Dr. Rus Stilwell
Pastor of Visitation
rdstilwell@yahoo.com

Mr. Kevin Davis
Director of Music & Arts
music@mttaborlutheran.org

Ms. Stella McGee
Parish Administrator
stella@mttaborlutheran.org

Ms. Linda Spainhour
Admin Assistant
admin@mttaborlutheran.org

Office Information

Phone: (803) 796-5948
Fax: (803) 794-4089

Monday-Friday
8:30 am to 4:30 pm