

Mt. Tabor Lutheran Church

March 2021

2021 Lenten Challenge

Challenge 1: Personal Care Kits

<u>Challenge 2</u>: Contact 1 person each week by phone to let them know you are thinking of them and praying for them. This can be someone who is a member of the congregation or a non-member, but we encourage you to call someone that you don't normally have contact with every week.

<u>Challenge 3:</u> Contact 1 person each week and invite them to worship with Mt. Tabor whether that be in-person or on-line through our Facebook Live services or on YouTube.

See page 12 for more details

PERSONAL CARE KITS

Include the following items in each Personal Care Kit:



1000 B Avenue West Columbia, SC 29169 Phone: (803) 796-5948 Fax: (803) 794-4089 www.mttaborlutheran.org

<u>Staff</u>

Reverend Wade T. Roof, III Senior Pastor pastor.wade@hotmail.com

Reverend Rus Stilwell Pastor of Visitation rdstilwell@yahoo.com

Vicar Gayle Nelson Intern dilemma@protonmail.com

Mrs. Elise Helms Interim Choir Director elise.helms61@gmail.com

Ms. Stella McGee Parish Administrator stella@mttaborlutheran.org

Mrs. Niki Crolley Administrative Assistant niki@mttaborlutheran.org



Sign Up for Mt. Tabor Emails

Did you know that Mt. Tabor can send you all correspondence electronically? This reduces our expenditures on postage and office supplies. If you are not already receiving correspondence electronically and would like to do so, please let us know by emailing niki@mttaborlutheran.org.

Congregational Council of Mt. Tabor

2021 Vice President/Stewardship Pam Hoskins, 546-5655 pamhhoskins@gmail.com

Property Richie Moye, 609-3923 moyeco1@gmail.com

Information Technology Bruce Rhodes, 513-4168 brucerhds19@gmail.com

Secretary/Worship & Music Jimmy Williams, 917-7817 jwilliam10@bellsouth.net 2022 Evangelism Paul Jacobs,467-0894 pjacobs0355@bellsouth.net

Long Range Planning Cheryl Prim, 360-0703 caprim12@gmail.com

Outreach Travis Spainhour, 609-9368 spainhour@millikenforestry.com

Financial Secretary Fred Vallejo, 269-3421 scvallejo2@yahoo.com 2023 Youth Scott Hash, 920-3305 hashmechanic@hotmail.com

Treasurer/Finance Sarah Mattern, 960-0195 sarah.mattern@live.com

Fellowship & Recreation Russell Pauly, 550-9146 russell.pauly@crystal-clean.com

Education Roxanne Rich, 360-2430 roxanne.livingston1129@gmail.com

2021 Congregational Council Executive Committee

Travis Spainhour, President Pam Hoskins, Vice President Jimmy Williams, Secretary Sarah Mattern, Treasurer Fred Vallejo, Financial Secretary Stella McGee, Recording Secretary Pastor Wade T. Roof, III, Senior Pastor

Council Meeting

The next scheduled Council meeting will be Sunday, March 14, at 6:00 PM.



- A motion was made to offer the Director of Music candidate Kevin Davis a salary of \$50,000 with a one- time moving expense of \$2,500. The motion passed unanimously.
- A motion was made to set a goal for the Easter Offering at \$25,000. 10% will go to charities and the remaining will be split between personnel assistance and staffing (intern, youth, etc.) and ongoing church maintenance and improvements.
- A motion was made to continue with the Sunrise Easter Service Breakfast but was not carried.
- A motion was made to continue with another intern for 2021-2022. The motion passed unanimously.
- A motion was made to continue with Children's Sunday School and to allow singing in sanctuary at all services with masks and social distancing. Those who wish to sing should sit up front and those who do not wish to sing should sit at back of sanctuary. An Egg Hunt for children from birth to elementary age will be for Mt. Tabor members only. Start back with Noon Eucharist and Bible study practice social distancing and mask. The motion passed unanimously.

Ponderings From Our Vicar

Ash Wednesday has come and gone for 2021 leading us into the season of Lent - "... a time of reflection and repentance, of sacrifice and self-examination. But Lent is also a season of hope – hope in the work God is doing in the world, even in the most challenging times. (ELCA World Hunger's 40 Days of Giving). Recently, I read a story that I would like to share with you. It's titled, *The Experiment*. Thinking of this definition and then this story, I was reminded of why the church celebrates the Lent. Lent too, is an experiment – of sorts. Read on and see if you agree.

The Experiment

A young boy was having trouble in school. The subjects were difficult and getting out of bed to face the day was hard. There were bullies to be faced and he was entering his teenage years filled with self-doubt and anxieties. Why is life so tough, grandpa? asked the boy one day. You know something, replied the grandfather, I don't want to depress you, but it doesn't get any easier as you age! Life can be tough for sure. Rather than giving the boy a long explanation on the verities of life, the grandfather changed the subject and suggested that they do an experiment. And the boy agreed.

They went to the makeshift greenhouse in the backyard where two saplings were waiting to be planted. The grandfather said: We'll plant this one in the back corner of the yard. It will get pretty good sun there, and we'll water it and fertilize it, but mostly we'll leave it to the care of Mother Nature. Then, the grandfather picked up the other sapling. Now this one, we will plant in that large clay pot. We'll keep it safe here in the greenhouse and make sure it always has plenty of fertilizer and water. We'll shelter it from the cruel winds and storms and put a grow light on it. When they were finished planting the two saplings, the grandfather turned to his grandson and asked: Which sapling do you think will be more successful growing into its full potential? The boy thought for a minute then replied: This indoor tree. It's too scary being outside all the time. The grandfather replied: We'll see. That's the experiment.'

During visits and holidays, the boy made sure to check on the progress of each tree. When a winter storm dumped several inches of snow in the area, the boy was convinced that the outside tree would not be able to make it through the season. Once the snow had melted and the springtime arrived, the boy was surprised to find the sapling growing and thriving in the corner of the yard. He was also even more surprised to find that its counterpart in the greenhouse wasn't as big. He watched the phenomenon continue through the summer and into the following spring.

The boy said to his grandfather one day: I don't understand how the tree in the yard is growing so much better – it's taller, thicker, and stronger. It must deal with the wind, rain, snow and cold. The grandfather spoke with a kindness and a wisdom that came with age: "Maybe all of the things that seem harsh or challenging – perhaps they helped the tree in the corner of the yard establish roots. You asked me long ago why life is so tough. I don't know, but I know this. You are like the tree in the yard. Face your challenges each day and every challenge will help you grow." And the boy learned a great lesson from his grandfather and The Experiment.

When we are young, life can be hard to navigate. There's so much we don't know. As we get older, life can also be challenging. Oh sure, we know more about how to navigate those challenges that we encounter, but they don't cease to exist, In fact, many times they get more difficult as we continue to be confronted with them throughout our lives. As much as we long for a world without cares, the fact is that it is in those struggles, in the harsh overwhelming moments in the wilderness, that we grow the most. It is in the midst of those tough times when we grow roots, when our foundations deepen, that we grow stronger; when we are transformed into who we are meant to be as children of God and who God calls us to be.

This is the essence of the season of Lent. Every Lent is a kind of experiment in spirituality. The first Sunday in Lent always begins with Jesus in the wilderness, his struggle with Satan and temptations, struggles and temptations which he overcomes. Throughout the Bible, we read stories of God's people struggling with death, loneliness, sickness, suffering, and pain. In each of these stories, God is always present. Each of them is like an experiment and a remembrance that our struggles in the wilderness, whatever the cause, always lead us back to God - and where there is God, there is growth, there is strength, and there is transformation, and there is life!

I wish you a blessed Lenten season, a season of reflection and repentance, of sacrifice, and self-examination that leads to hope in the transforming power of God working in and among you as God calls you to be who God calls you to be.

-Vicar Gayle

Discipleship Ponderings

Lent is here!!! Did you see the Lenten Challenges for this year? The first challenge of getting things for those in need is fairly easy, but challenge 2 and 3 require you to maybe step out of your comfort zone to call people. Yes, you have to step out of your comfort zone!!! Jesus calls us to be his disciples and that may not always seem comfortable. You may be the reason that one person smiles each day. You bring the good news to that person just by your voice saying hello and that you were thinking about them. You are the hands and feet of Jesus when you invite someone to worship with us whether in person or virtually on-line. So, during this Lenten season, remember to be the light of Christ that others see in this world.



Colorectal Cancer Fact Sheet

About Colorectal Cancer

Colorectal cancer is cancer that starts in either the colon or rectum. In the US, colorectal cancer is the third most common cancer and the third-leading cause of cancer death in both men and women. Most colorectal cancers start with a polyp – a small growth on the lining of the colon or rectum – but not all polyps develop into cancer.

Risk Factors

More than half of all colorectal cancers can be linked to risk factors that can be changed. These include: being overweight or obese; not being physically active; smoking; drinking a lot of alcohol; and eating an unbalanced diet that has lots of red or processed meats and not enough fruits, vegetables, and whole-grain fiber.

Other risk factors cannot be changed. These include: a person's age; having a personal or family history of colorectal polyps; having inflammatory bowel disease, certain hereditary syndromes (such as Lynch syndrome), or type 2 diabetes; a person's race and ethnicity (African Americans and people of Ashkenazi Jewish descent are at higher risk for colorectal cancer).

Some health care providers may refer people to a certified genetic counselor to better understand their risks and to help make informed decisions about genetic testing and their care.

Prevention

Not all colorectal cancers can be prevented. But there are ways a person can help lower their risk:

- Getting regular screening to help find problems that might turn into cancer, such as polyps that can be removed
- · Getting to and staying at a healthy weight
- Getting regular exercise



- Following a healthy diet pattern that includes plenty of fruits, vegetables, and whole grains, and limiting or avoiding red/processed meats, and highly processed foods
- Avoiding excess alcohol intake

Screening and Early Detection

Everyone should talk to a health care provider about the risks for colorectal cancer and when to start testing, and talk to their insurance company about coverage. The most important thing is to get screened, no matter which test is chosen.

The American Cancer Society recommends the following for people at average risk for colorectal cancer:

- Men and women should start regular screening at age 45.
- People who are in good health should continue regular colorectal cancer screening through the age of 75.
- People ages 76 through 85 should talk to their doctor about whether to be screened based on their preferences, life expectancy, overall health, and prior screening history.
- People over 85 should no longer get colorectal cancer screening.

Screening can be done either with a test that looks for signs of cancer in a person's stool (a stool-based test), or with an exam that looks at the colon and rectum (a visual exam):

Stool-based tests

- Highly sensitive fecal immunochemical test (FIT)* every year, or
- Highly sensitive guaiac-based fecal occult blood test (gFOBT)* every year, or
- Multi-targeted stool DNA test (MT-sDNA) every 3 years*
- Visual (structural) exams of the colon and rectum
- · Colonoscopy every 10 years, or
- CT colonography (virtual colonoscopy)* every 5 years, or
- Flexible sigmoidoscopy* every 5 years
- If a person chooses to be screened with a test other than colonoscopy, any abnormal test result should be followed up with colonoscopy. People at high risk of colorectal cancer based on family and/or personal history or other factors may need to start screening before age 45.

Signs and Symptoms

Many colorectal cancers do not cause symptoms right away. But, some common signs and symptoms of colorectal cancer might include:

- Bleeding in the rectum
- Blood in the stool
- Change in bowel habits
- · Stomach cramping or pain
- Poor appetite
- Unintended weight loss
- Weakness



Treatment

Treatment for colorectal cancer depends on the type and stage of the cancer, special testing that might be done on the tumor, as well as the person's age, other health problems, and personal choices. People who are diagnosed with colorectal cancer should discuss all treatment options and make informed treatment decisions together with their doctors.

Living With Colorectal Cancer

From the time a person is diagnosed with colorectal cancer, their quality of life is affected in some way. Different physical, social, psychological, spiritual, and financial issues can come up at any time during the cancer experience and after treatment is over.

Some types of colorectal cancers can be serious. Palliative care is focused on helping to improve the quality of life and dealing with issues that people living with a serious illness might have. People with advanced colorectal cancer may benefit from having palliative care at any time from the point of diagnosis, throughout treatment, and beyond.

Good communication between a person with cancer and the health care team is important and involves:

- Asking and answering questions
- Working together to set care goals
- Making shared decisions
- Managing side effects and other issues
- · Making sure to schedule follow-up tests and care

To learn more, visit www.cancer.org/cancer/colon-rectal-cancer.



Early Risers Prayer Breakfast

Our Lutheran Men Early Risers will meet for Prayer Breakfast on March 9th & 23rd at 7 a.m. at Lizard's Thicket on Augusta Road.



There will be no **Sunshine Club** meeting during the month of March. Watch for details to come in upcoming publications on when we will meet.

Pub Theology meets on Zoom each Tuesday evening at 7 pm. Zoom meeting details can be found in the weekly E-News.





Sunday, March 21 9:15 AM Purpose: Vote on 2021 Yearbook & Directory

On Sunday, March 21, our service times will be different so that we may have a congregational meeting to vote on the 2021 Yearbook & Directory. Service times will be at 8:15 and 10:00 am with the congregational meeting at 9:15 AM.



The MT Book Club will meet on Tuesday, March 9, at 6 pm. The book discussed will be *Hannah Coulter* by Wendell Berry. For information about future books and meetings, contact Norma Riddell at 803-319-4802 or email her at riddelln@aol.com.

Wednesday Noon Eucharist

We have resumed our Noon Eucharist services on Wednesdays. We will continue to follow Covid-19 safety protocols.

March Love Offering

Cristo Rey

Cristo Rey is an ELCA sponsored Hispanic Mission Church in West Columbia. Their pastor, Pastor Mora, has grown the congregation to 270 members, baptized 30 people, and has an average of 70 to 180 people on Sunday afternoons. To find out more about Cristo Rey, you can go to the SC Synod website and choose Mission Support.

http://scsynod.com/index.php?page=GGM-Appeal



Goal: \$25,000.00

All offerings received will be divided as follows: 10% will go to charities and the remainder will be split between personnel assistance and staffing (intern, youth, etc.) and ongoing church maintenance/improvements.





Lilies, Greenery, & Processional Flowers

If you would like to purchase an Easter lily, please fill out the below information. We have pre-ordered 30 Lilies (\$16.50 each). We also have 2 pots of greenery (\$13.50 each) and Processional Cross Flowers for Easter Sunday through Pentecost(\$35 each). Contact the church office for available dates to provide Processional Cross Flowers.

Easter Order Form (PLEASE PRINT CLEARLY)

_____ # of Easter Lilies at \$16.50 each.

______ # of Processional Cross Flowers at \$35.00 each.

_____ # of Greenery at \$13.50 each.

Total Amount \$ _____

Given By _____

Phone ______

In Honor of ______

In Memory of _____



Lord Teach Us To Pray:

As God's people called to love one another, let us pray for the following members of our church family, who celebrate the anniversary of their baptism this month: Matthew Addy, Sandra Baker, Britt Belch, B.J. Boone Jr., Rex Bozard, Christina Bradshaw, Michael Buchanan, Kelly Carrion, Jeanette Carter, Paul Carter, Betty Jo Cato, Elizabeth Caulder, Justin Cegelis, Robert Cromer Jr., J.C. Day, Dottie Ford, Michael Frye, Charlotte Gable, Michael Gayden, Jody Glance, Virginia Hamson, Betsy Hayden, Ronnie Hutto, Everly Insabella, Rue Jeffcoat, Paige Jeffcoat, JoAnn Jones, Lauren Jureka, Elizabeth Klapman, Jennifer Latham, Janice Livingston, Bobby Long, Johnathan Marchant, Jolene Marchant, Michael Marchant, Rick Maxheimer, Drew McQuillen, Becca McQuillen, Hampton Miller Jr., Mary Caroline Owen, Jana Payne, Cindy Pettway, Michael Price, Brittany Raven, Lee Riley, Terri Roberts, BJ Roof, Stephen Roos, Dennis Rybicki Sr., Lucy Scarborough, Dennis Shealy, Cory Smith, Julie Smith, Alice South, Rus Stilwell, Paula Taylor, Pierce Taylor, Jilda Ward, Natalie Warren, Linda Wessinger, Evan Wise, Andrew Wooten, Harper Yoder, Hudson Yoder, Brynn Young.

Most Recent Prayer Concerns:

Dakota Campbell, Carol Williams, Rue Stearns, Samuel Davis, Rachel Bundrick,

Ongoing Prayer Concerns:

Penny Timmerman, Carolyn Smith, Herman Bouknight, Boyd Steele, Alice Pollock, Linda Wessinger, Herb Brazell, Elise Harmon, Lucky Jones, Jennifer Brazell, Hazel Rauch, Matthew Hook, Mary Hamson, Ann Callison, Adele Rodgers, Faye Smith, Lisa Long.

Family & Loved Ones of Mt. Tabor:

Mike Schaffer & Family, Jim & Barbara Murphy, Jon Hughes, Steve Collum, Isabelle Sundlie, Bill Hunnicutt.

Members of Mt. Tabor Serving in the Military:

Adam Davis, Andrew Hamson, Samuel Davis, Scott Hash, John Post.

Family and Loved Ones Serving in the Military:

Marcus Hayes, Tristan Mullen, Cory Fabian, Hayden Henneman, Edwin Taylor, Patrick Taylor, Edwin Torres, Josh Watson, Jacob Henry Burgan, Patrick Morris, Ben Barron, Barry Duncan, Michael Barfield, Adam Mintz, David Mathews, Bernd Koehler, John Ward.

The Family Of:

Christopher Holmes, Anita Marie Carter, Wayne Smith.

Please help us keep our prayer list up to date by calling the church office with any names to be added or removed. Otherwise, names remaining on the prayer list for more than 2 months will be removed.

Sympathy to the Family of:

Christopher Holmes

Nephew of Rue Jeffcoat

Anita Marie Carter

Sister of Paul Carter

Wayne Smith

Member of Mt. Tabor

2021 Sunday	Monday	Tuesday
	1 9:30 – Quilting Ministry/ECR 5:45 – Positively Fit/Park	2 10:00 – Bulletin Deadline 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 7:00 – Pub Theology/Zoom
 7 Third Sunday in Lent 8:15 – Matins Service—Communion 9:35 – ALIVE Contemporary Service—Communion 11:00 – Traditional Service—Communion 11:00 – Children's Sunday School (RSVP) 	8 9:30 –Quilting Ministry/ECR 5:45 – Positively Fit/Park	9 7:00 – Men's Early Risers/Lizard's Thicket 10:00 – Bulletin Deadline 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:00 – MT Book Club/Zoom 6:30 – NA Mtg/ECR 7:00 – Pub Theology/Zoom
 14 Fourth Sunday in Lent 8:15 – Matins Service—Communion 9:35 – ALIVE Contemporary Service 11:00 – Traditional Service—Communion 11:00 – Children's Sunday School (RSVP) 6:00 – Congregational Council/ECR Spring Forward! Daylight Savings Begins 	15 9:30 – Quilting Ministry/ECR 5:45 – Positively Fit/Park TIDINGS DEADLINE	16 10:00 – Bulletin Deadline 10:30 – Staff Meeting 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 7:00 – Pub Theology/Zoom
 21 Fifth Sunday in Lent 8:15 – Traditional Service—Communion 9:15 – Annual Congregational Meeting 10:00 – ALIVE Contemporary Service 10:00 – Children's Sunday School (RSVP) 	22 9:30 – Quilting Ministry/ECR 5:45 – Positively Fit/Park	23 7:00 – Men's Early Risers/Lizard's Thicket 10:00 – Bulletin Deadline 10:30 – Staff Meeting 10:30 – Ladies Aid Society 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 7:00 – Pub Theology/Zoom
28 Palm Sunday 8:15 – Matins Service—Communion 9:35 – ALIVE Contemporary Service 11:00 – Traditional Service—Communion 11:00 – Children's Sunday School (RSVP)	29 9:30 – Quilting Ministry/ECR 5:45 – Positively Fit/Park	30 10:00 – Bulletin Deadline 10:30 – Staff Meeting/ 5:30 – Pipers Practice/AR 6:30 – NA Mtg/ECR 7:00 – Pub Theology/Zoom

Wednesday	Thursday	Friday	Saturday
3 9:00 – E-News Deadline 11:00 – Bible Study/ECR 12:00 – Noon Eucharist	4 5:45 – Positively Fit/Park	5	6 Council Retreat/LTSS
10 9:00 – E-News Deadline 11:00 – Bible Study/ECR 12:00 – Noon Eucharist	11 5:45 – Positively Fit/Park	12	13
17 9:00 – E-News Deadline 11:00 – Bible Study/ECR 12:00 – Noon Eucharist	18 5:45 – Positively Fit/Park	19	20
24 9:00 – E-News Deadline 11:00 – Bible Study/ECR 12:00 – Noon Eucharist	25 5:45 – Positively Fit/Park	26	27
31 9:00 – E-News Deadline 11:00 – Bible Study/ECR 12:00 – Noon Eucharist		Emphasis for God's Helping Hands Canned or Powdered Milk Jello Gelatin Cups or Mix Jello Pudding Cups or Mix	Love Offering Cristo Rey



Given By

Gale McLeod Sims Group Engineers, Inc Ed & Grace Fuson Freda & Fred Fetner Fred Vallejo Fred Vallejo Freda & Fred Fetner Church Council Alexis & Tristan Spainhour Annie Ruth Addy Becky Lee Baston Beth & Chris Shull Beth Phibbs Bill & Jerrie Galardi BJ Roof Brad & Mollisa Padgett & Bentley Knotts Bruce Rhodes Carolyn Taylor Carroll Hutchinson Cathy Crawfird Charlie Sharpe Chuck, Ruth & Whitney Goldsmith David W. & Teresa M. Jordan Debbie & Foster McLeod Debbie Lee Turner & Kendal Diane Garcia & William D Jarvi Dolph & Jeanene Varner Donny & Cindy Hurley Dottie Ford Dr. & Mrs. Marnie R. Hook Drs. Kirk & Katie Baston Edna Holton Elizabeth Manus Estella Wallace Faye Smith Fran Allen Franklin & Jennifer Smith Fred Vallejo Gale McLeod Gary & Ann Spainhour Gregory A. Senn Harvey R. Mathias Herndon Chevrolet, INC Jean Latimer Jilda & Sidney Ward Joe & Docia Jones Joellen Anderson John & Brenda Morganelli John & Judy Fisher

Fund

General General Music & Arts General Capital Improvements Capital Improvements General Capital Improvements Youth Projects General General General General HUGS General Youth Reserve General General General General Youth General General General General General General Youth Trip General General General General General General General Reserve Capital Improvements General Reserve General General General General Capital Improvements Reserve General General General

Memory of

Adrienne Loadholt George "Freddie" Fulmer Henrietta Corley Kaiser Josie Turner Linda Vallejo Linda Vallejo Manell Lown Tommy Campbell Wayne Steven Smith Wayne Steven Smith



Memory of

Wayne Steven Smith Wayne Steven Smith

Honor of

Penny Timmerman Penny Timmerman Rachel Bundrick Herman Bouknight Boyd Steele Stella McGee The Choir Julie Plane Freddy Vallejo

Given By

John & Merlyn T. Watkins Johnny L. Cagle Kenneth Rhodes Kenny & Renee S. Snelgrove Kevin & Katie Arnone Kevin & Susan Hare Lance Tucker Linda & Travis Spainhour Lynne Smith Faulk Mickey & John Geiger Mike & Nancy Caughman Mikel C. Smith Miley Rhodes Mitzi & Charles Epting Nancy Allen Norma Simoneau Bourne Pam Burnett & Family Pastor Rus & Barbara Stilwell Patricia Elledge Patsy Gambrell Patti J. Shuping Penny Timmerman Phil & Mary Beth Frazier Rachel Bundrick Ricky & Marion Lusk Sammy & Robin Temples Susan Stilwell Todd & Deanna Sease Tommy & Janet Smith Virginia S. Holt Virl Caughman Don & Gail Simmons Sharon Rogers Dewey & Jan Barnes



Given By

Augsburg SS Class Fred Vallejo Fred Vallejo Fred Vallejo Fred Vallejo Church Council Wayne Smith Family Fred Vallejo Fred Vallejo

Fund

General General General General General General General Youth Projects General General General General General General General General General Youth Capital Improvements Capital Improvements General General General Reserve General General General General General General Capital Improvements General General General

Fund

General Capital Improvements Capital Improvements Capital Improvements Capital Improvements Capital Improvements Music & Arts Capital Improvements Capital Improvements

2021 Lenten Challenge

Can you believe it is already Lent? For the past 2 years, we have done Lenten Challenges that encourage us to do something additional during Lent instead of giving up something. This year we are asking the congregation to help the Sunday School in a 3-part Lenten Challenge- so here it goes!!!!!

<u>Challenge 1</u>: We are gathering different items each week of Lent to help with Lutheran World Relief and God's Helping Hands. These items can be dropped off at the church office during the week or brought to services and dropped off in the Narthex. NOTE: Due to COVID, all items must be new – not used.

Week 1: light-weight bath-size towels (between 20"x40" and 52"x27") - dark colors preferred

Week 2: blankets

Week 3: bath-size bars of soap (any brand in original wrapping)

Week 4: adult-size toothbrush (in original packaging – multi-packs okay)

Week 5: sturdy comb

Week 6: metal nail clippers (attached file optional)



Of course, you may give any of these items anytime during the challenge – not only during the weeks listed.

<u>Challenge 2:</u> Contact 1 person each week by phone to let them know you are thinking of them and praying for them. This can be someone who is a member of the congregation or a non-member, but we encourage you to call someone that you don't normally have contact with every week.

<u>Challenge 3:</u> Contact 1 person each week and invite them to worship with Mt. Tabor whether that be inperson or on-line through our Facebook Live services or on YouTube.

We remember that Stewardship is not just about money, but being good stewards of the blessings that God has given to us. One of the biggest blessings is God's Grace. Ephesians 2:8 tells us "For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—" We remember that we are God's hands and feet in this world as we share God's grace and blessings with others.



Attention High School Seniors

Applications are now being accepted for the Bachman Scholarship. If you are entering an institution of higher learning for the first time and you have not previously received the Bachman Scholarship, you may be eligible for this one time award.

For an application and further information, contact the Church Office at 803-796-5948.

Application deadline is May 1, 2021





- 1– Blythe Baxter, Stephen Bradshaw, Mel Newman, Auston Rich
- 2– Brittany Looby
- 3– Paul Jacobs
- 4– George Minor
- 5- Ashlyn Baxter, Charlotte Gable, Cory Smith
- 6- Abigail Caulder
- 8– Ashleigh Christine
- 9- Patsy Gambrell
- 10– Stephen Hamilton, Baker Morris, Mollissa Padgett, Robbyn Young
- 11– Christina Bradshaw, Judy Dawson, Kaitlyn Pittman, Chuck Taylor, Penny Timmerman
- 12- Ashlynn Busbee, Bob Dennis, Vicki McFarland
- 13- Jennifer Allen, Derek Monts, Charlotte Rister
- 14– Carol Busbee, Jackie Macaulay, Toby Wiggers, Bobby Wise
- 15– Thomas Walker
- 16– Tanner Anderson, Christie Cook, Kayla Sox, Janice West
- 17- Michael Cole, Steven Cole, Wendy Spainhour
- 18- Russell Pauly, Korbin Seay, Tim Self, Gabrielle Wilson
- 19– Emilie Jeffries, Ryan Risinger
- 21– Brooklyn Glass, Jordan Sease, Franklin Smith, Shirley Thomas, Lee Wooten
- 23- Amy Carlton, Sally Kleber, Mallory Phillips
- 24– Peyton Lewis, Sarah Smith, Scott Smith, Charles Stearns, Charles Taylor
- 25– Wanda Addy, Barbara Livingston, Hanna Sharpe, Thomas Shealy, Jessica Tablas
- 26- Kayla Newman, Tripp Owen, Iri-
- na Roof, Tina Winter
- 27– Ford Carlson, Sue Jones, Chris Wilson
- 28– Veronica Cargile, Elmer Sundlie29– Pauly Addy, John Geiger, MarionLusk, Jolene Marchant, Betty Senn31– Freddy Vallejo



If you are not listed on the birthday list, please call the church office at 796-5948 or email niki@mttaborlutheran.org.



On behalf of Home Works of America, thank you for your donation of \$410 in November. Your donation enables Home Works of America to provide more hope and services to homeowners in need, even as we follow the prophetic word of Jeremiah: to seek the welfare of the city to which we have been sent, and to pray to the Lord on its behalf... for in its welfare we find our own (Jeremiah 29:7).

Indeed, through you we are able to expansively fulfill our mission: to show God's love through acts of service, by repairing the homes of homeowners in need, assisting youth in their development, and empowering communities to care for their own members. We are so grateful for your continued support of Home Works.

~ Joseph Huggins

Executive Director, Home Works of America

Thank you so much for your generous donation of \$395.00 to the Scooter Scott Project. We will use the money for our current projects. We have 100 teens signed up to take the permit prep driving class and we will be dividing them up into classes of 20 students. The response has been encouraging! So many students learning to drive safely is a good thing. It is sponsors like you who make the difference on a day to day basis. It helps us to continue to plan and provide for our programs. We appreciate you caring enough to invest in our community. We can make a difference together.

~Debbie. Jones

Scooter Scott Project

Worship Assistant/Volunteer Schedules

Due to the Covid-19 pandemic, we are not currently using the original worship assistant or nursery schedules that were published in the directory. If you are needed, we will contact you. Thank you so much for your willingness to serve.

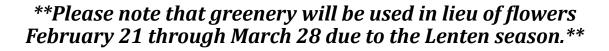
Altar Flowers & Bulletin Covers for March 2021

<u>Altar Flowers</u>

- 7- Rebekah Morris
- 14- Klapman Family
- 21- Available
- 28- Rebekah Morris

Bulletin Covers

- 7- Rebekah Morris
- 14- Klapman Family
- 21- Hunnicutt Family
- 28- Rebekah Morris



Contact the Church Office to check available dates for the year.





Budget Report For January 2020

Funds Received for Budget		MONTHLY	BUDGET
Envelope System	32,223.00		
Memorials	894.00		
Loose Offering	70.00		
Bulletin Covers	390.00		
Initial Offering	378.00		
Birthday Offering	22.00		
Simply Giving Envelopes	9,273.47		
Square Credit Card donations	530.00		
	43,780.47	59,498.42	
RESERVE FUND:			
Memorials	350.00		
Birthday Envelopes	85.00		
Bachman Trust Interest	7,500.00		
	7,935.00		
DEDICATED FUND			
HUGS from General Fund	100.00		
Love Offering from General Fund	100.00		
Pastors Disc Fund from General Fund	100.00		
Simply Giving/Youth Trips	25.00		
Simply Giving/Evangelism	25.00		
Choral Scholars	3,450.00		M
Come Unto Me CD	30.00		
General Maintenance	750.00		Mt. Tabo
HUGS	50.00		offers a
Love Offering	295.00		online g
Open Doors Ministry	25.00		easy for
Pastors Disc Fund	500.00		from yo
Pickle Jar	7.00		image us
Souper Bowl	30.00		0
Wedding Fees	1,000.00		do not h
Youth Trips	71.00		get one a
	6,558.00		• Go to
CEMETERY FUND:			• Dow
Memorials	0.00		• Use t
	0.00		 Follo
MUSIC AND ARTS FUND:			-
Memorials	25.00		
Simply Giving/Music & Arts	25.00		
	50.00		
CAPITAL CAMPAIGN FUND			-
Pledged	260.00		
Memorials	1,310.00		
Pledged from General Fund	250.00		
Pledged from Simply Giving	525.00		
	2,345.00		
ENDOWMENT FUND:	0.00		
Total Received for All Funds	60,668.47		

Deadlines

E-News: Wednesdays at 9:00 am Bulletin: Tuesdays at 10:00 am Tidings: 15th of each month Email articles to: niki@mttaborlutheran.org

Attendance						
	<u>8:15</u>	<u>9:35</u>	<u>11:00</u>	<u>SS</u>		
1/24	17	41	30	15		
1/31	12	30	37	14		
2/7	18	39	30	17		
2/14	17	31	41	15		
2/21	23	35	37			
Ash Wednesday		y 56				

God's Helping Hands Needs

Canned or Powdered Milk Jello Gelatin Cups or Mix Jello Pudding Cups or Mix

MOBILE GIVING

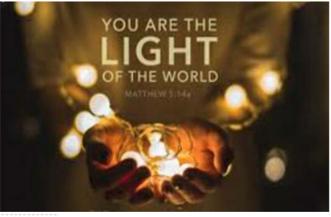
Mt. Tabor Lutheran Church now offers a mobile version of our online giving page to make it easy for you to give anytime



from your smart phone. Simply scan the above image using your phone's QR code reader. If you do not have a QR code reader app, here is how to get one and make your mobile donation:

- Go to iTunes store or Google Play store.
- Download a free QR code reader app.
- Use the app to scan the above QR code.
- Follow the steps to make your donation.

Discipleship Pondering



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Mt. Tabor Lutheran Church 1000 B Avenue West Columbia, SC 29169

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Mt. Tabor's Weekly Schedule

Sundays

Worship Services: 8:15 am, 9:35 am & 11:00 am Holy Communion is celebrated each Sunday. Children's Sunday School: 11:00 am for children 5th grade and under.

Tuesdays

Men's Prayer Breakfast: 2nd & 4th Tuesdays 7:00 am at Lizard's Thicket (see page 5) Pub Theology on Zoom: 7:00 pm

Wednesdays

Bible Study: 11:00 am Noon Eucharist: 12:00 pm Mt. Tabor Lutheran Church is committed to being a safe place for children and youth. Our congregation has enacted policies & procedures designed to minimize the risk of abuse. Copies of our Child Protection Policy are available in the narthex, and in the Church Office.

Temporary Church Office Hours:

Monday—Thursday 8:30 am to 4:30 pm Friday Available by phone: (803) 796-5948

Visit our Website www.mttaborlutheran.org

Visit SC Synod Website www.sclutheran.org

Visit the ELCA Website www.elca.org



