

Tidings

May 2024

Mt. Tabor LUTHERAN CHURCH

COME ONE, COME ALL!

WELCA is throwing a PARTY.

Join us on May 5th
immediately following
the 11:00 service.

The festivities will take place
in the assembly room.



Tickets will be available on Sunday, April 28th, in
the Assembly Room after the 9:15 and 11:00
services. You may also purchase tickets from the
church office during the week
through Wednesday, May 1st.



Adults and Children 6 and older: \$5 each
Children 5 and under: Free
4 or more tickets: \$4 each

Come join us for Food, Fun and Fellowship!

Congregational Council of Mt. Tabor

2024

Bruce Busbee - (803) 791-4791
busbee44@aol.com

Christie Cook - (803) 238-1235
csprrllcook@gmail.com

Adam Davis - (803) 429-9608
adamola2001@icloud.com

Whitney Glass - (803) 261-2749
whitneyglass33@gmail.com

2025

Tammy O'Quinn - (803) 315-6258
ktmmoquinn@gmail.com

Tex Davis - (803) 463-6320
gamecockpoppa@gmail.com

Brett Ebener - (803) 260-8173
brettebener@gmail.com

David Yoder - (803) 807-3075
clemsonyoder@gmail.com

2026

Megan Lyons - (803) 673-7815
meglyons09@gmail.com

Julie Ann Payne - (803) 609-6200
jasoutherlin@aol.com

John Matthews - (843) 340-8298
johnmatthews@gmail.com

Bob Livingston, Jr. - (803) 796-8654
blivingston@gregoryelectric.com

2024 Congregational Council Executive Committee

Whitney Glass, President
Christie Cook, Vice President
Julie Ann Payne, Secretary
Tex Davis, Treasurer
Tammy O'Quinn, Financial Secretary
Stella McGee, Recording Secretary
Pastor Wade T. Roof, III, Senior Pastor

Committee Assignments

Property - David Yoder
Stewardship - Tammy O'Quinn
Community Outreach - Bob Livingston
Youth Ministry - Megan Lyons
Worship & Music - Brett Ebener

Christian Education - Christie Cook
Fellowship & Recreation - Adam Davis
Information Technology - Bruce Busbee
Marketing/Social Media - Julie Ann Payne
Evangelism - John Matthews

Council Highlights - April 14, 2024

- February Minutes were approved unanimously. No business was conducted at March Council Retreat at River Bluff High School so no minutes were taken.
- A motion was made to increase the cost for non-members to use the Easley Conference Room from \$50 to \$100. The motion passed unanimously. Those who are already on our calendar to use the Easley Conference Room may use it for \$50. Anyone who is not on our calendar must pay \$100.00.

Pastoral Ponderings

“A sabbath rest still remains for the people of God; for those who enter God's rest also cease from their labors as God did from his. Let us therefore make every effort to enter that rest” ~ Hebrews 4:9-11

Summer is fast approaching! My prayer for each of you, is that you find some rest. I hope some of you get to take a vacation. I hope some of you dip your toes into the ocean or at least a pool. I hope some of you retreat up to the mountains, or at least find a couch to recline in. I hope everyone of you at least take a nap from time to time. Rest is so very important.

In fact, Sabbath rest is a gift from God. God rested on the 7th day after creating the heavens, the earth and all that is in them. He then blessed the Sabbath day and made it holy. God gave us Sabbath rest as a break from the work God's people were forced to do as slaves in Egypt. This Sabbath rest extended all the way out to us, as a break from the labor we do each week. We are our best when we are rested and ready for connection with God and each other. I invite you to take seriously your Sabbath rest each week.

This Sabbath rest extends far past our naps and sleep schedules and includes rest for our souls as well. Worship happens on the Sabbath each week and reminds us to rest our spirits in Christ's love. This renews us and sustains us for the faithful lives we are called to lead every day. Our rest happens when we feed our bodies and souls, and we are the healthiest we can be when participating in Word and Sacrament.

God's people need rest, and God calls each of us to rest and worship. A vacation is holy ground. It is a sacred time that we spend in renewal. We intentionally plan, participate and look forward to this time of rest. Don't feel bad for taking some time to yourself. Don't feel bad about sitting back and reading a book, watching a movie, or taking a walk to clear your head. As you walk, swim, read, nap, or do whatever it is that brings you life, God goes with you. God blesses this time, and knows you need it.

What better time to recommit yourself to Sabbath rest than summer. Come to worship, go on vacation, spend some time outside, and occasionally take a nap. Rest in God and feel God rest beside you. Thanks be to God for naps! Amen



LUTHERAN WORLD RELIEF

May Love Offering - Lutheran World Relief

Founded by Lutherans in the United States at the end of World War II, grounded in Lutheran theology and building on decades of experience, Lutheran World Relief tackles global poverty by helping people adapt to the challenges that threaten their livelihoods and well-being. We provide aid in emergencies and help families restore their lives. We partner with communities to build and grow rural economies. We break the cycle of poverty, so families and communities can thrive. Our goal is to help people build self-sufficiency and create new community-owned approaches to problem-solving that will last long after our projects end.

Yearbook Updates



We greatly appreciate your generous donation and continued support. The students at Airport High also thank you. You have made many people smile.

Matt Schilit
Principal

Alexis Fabian

208 Eagle Point Drive
Chapin, SC 29036



Dear Friends at Mt. Tabor Lutheran Church,

Thank you for supporting the ministry of Epworth Children's Home. This letter serves as an acknowledgement and receipt of your contribution of \$474.35 on 4/11/2024 to Epworth. We appreciate your gift that will help children like Caroline find their voice.

Caroline was a 15 year -old young woman who came from a home in which she was both neglected and abused. When she was removed from her birth home and came to Epworth to live. Carolina was rebellious, resistant to authority, and a very unhappy young woman. Today, she is a high school junior with a B average, is a member of school organizations, and is planning to go to Midlands Tech to study medical technology. Thank you for believing in Epworth's mission and in the future of children and families.

Sincerely,
Beth Williams
President

Ann Crout would like to thank everyone for all of the prayers, thoughts and cards that she received.

Dear Mt. Tabor Lutheran Church,

On behalf of Lutheran Theological Southern Seminary, thank you for your recent gift.

We are able to continue to enhance our facilities, expand access to scholarships, recruit and retain talented faculty and cultivate a rich campus life for our seminarians because of committed partners like you.

Thank you for helping to prepare this next generation to become spiritual leaders and servants to their communities worldwide.

Warmly,
Catherine Serrin Niekron
Vice President for Institutional Advancement

To my Mt. Tabor Friends,

Thank you for all the personal expressions of congratulations and the many cards I received for my 90th birthday. It was so nice to be recognized this way and I still can't believe I'm that old! It was nice to have so many attend my party and those who didn't were missed. The cake was wonderful!

Now, mark your calendars because we are going to have a "blow out" for my 100th and I look forward to seeing you!

Peace and Love,
John Geiger

Faith, Fun & Fellowship

Church Office News

The office will be closed Monday, May 27th.

Friday, May 24, 2024
5:00 pm

*The Dales
Biergarten & Bottle Shoppe*

3150 Platt Springs Road
West Columbia 29170

See website for details

<https://www.dalesdrinkers.com/>

Family friendly Biergarten and retail shop. Our hope is that we can provide the Springdale area with a local gathering spot to enjoy fellowship, great craft beer and local food truck options.



Wildfire Wednesdays



Wednesday Evenings are happening at Mt. Tabor!

If you are at least two and have not started 6th grade **U R INVITED!**

Join us for a new experience every Wednesday beginning June 5th.

Dinner will be served - register today.

Our schedule

Drop off	5:30	Dinner	5:30 - 6:00
Program	6:00 - 7:00	Pick up	7:00 - 7:15



SCAN ME

YOUTH SUNDAY! GRADUATION SUNDAY!

Join us on Mother's Day - May 12th

Our youth will lead us in worship during the
ALIVE! and 11:00 Services.

If your youth would like to participate,
please contact Linda Spainhour (8 03) 414-5114.

We have many roles that need to be filled!



ATTENDANCE			
	8:00	9:15	11:00
4/7	9	54	84
4/14	18	55	90
4/21	15	41	141

Holy Week & Easter Attendance		
3/28	Maundy Thursday	103
3/29	Good Friday	110
3/31	Sunrise Service	126
3/31	Festival	257

THE MUSIC CORNER



Pentecost

Pentecost Sunday is May 19th! Please remember to wear red! Both the Alive! Musicians and the Choir are busy preparing for this celebration of the Birthday of the Church. The 11:00 service will feature brass and timpani as well as a new choir anthem!

Thank you for the continued prayers

My mother is now in a Nursing Home/Rehab Unit after her successful surgery to repair the broken femur. She had 2 strokes the day after surgery and that has been a bit of a setback. I will be traveling back to Mississippi on April 23 through April 26 to meet with the surgeon and plan the course of action for the next several months.

Pentecost is coming!

Even if you can't make a long term commitment to the choir, please consider joining us for Pentecost! Rehearsals are on Wednesdays and begin at 6:30. Please contact Kevin Davis at (803)796-5948 Ext. 21 or music@mttaborlutheran.org.

Is there a need that you have heard about?



Is there a community project near and dear to your heart?

Can it use some funding?

Remember, Mt. Tabor has an Endowment Fund and

WE want to HELP you, HELP someone!

Applications are available in the church office.

Fill out an application today ~ fill a community need TOMORROW!

God's Helping Hands Focused Needs



Canned juice, Jiffy Mix
dry & evaporated milk, flour, crackers
canned goods with pop top lids
mustard, cookies, sugar, canned meat
pasta sauce, soap and deodorant

Sun 2024 Printed 4/25/2024	Mon	Tue	Wed	Thu	Fri	Sat
<p>2024</p> 	<p>Love Offering for May Lutheran World Relief</p>	<p><i>Christie Cook</i> black tablecloths from 16-22.</p>	<p>1 9:00 - E-News Deadline 10:00 - Bulletin Deadline 11:00 - Bible Study 12:00 - Noon Eucharist 5:45 - FCHM/ECR 6:30 - Adult Choir</p>	<p>2 12:00 - Sunshine Club/AR 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 - Positively Fit/New Seekers</p>	<p>3 7:30 - 1:00 PM - Solution Services/AR</p>	<p>4 Randy Klappman/Carport for Lions Club All day - WELCA/AR</p>
<p>5 Sixth Sunday of Easter 8:00 - Matins Service—Holy Communion 9:15 - ALIVE! Service—Holy Communion 10:00 - Coffee/Fellowship/AR 10:15 - Sunday School 11:00 - Traditional Service—Holy Communion Noon - Cinco de Mayo Party/AR</p>	<p>6 9:30 - Quilting Ministry/Intern House 4:30 - Positively Fit/New Seekers 7:00 - Mt. Tabor Ringers</p>	<p>7 10:30 - Staff Meeting 5:30 - Pipers Practice/AR 6:30 - NA Mtg/ECR 6:30 - ALIVE! Rehearsal</p>	<p>8 9:00 - E-News Deadline 10:00 - Bulletin Deadline 11:00 - Bible Study 12:00 - Noon Eucharist 6:30 - Adult Choir</p>	<p>9 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 - Positively Fit/New Seekers</p>	<p>10 Youth lock-in</p>	<p>11 10-12:00 Girl Scouts/Upstairs NIKI Crolley Park/AR</p>
<p>12 Seventh Sunday of Easter—Mother's Day 8:00 - Matins Service—Holy Communion 9:15 - ALIVE! Service 10:00 - Coffee/Fellowship/AR 10:15 - Sunday School 11:00 - Traditional Service—Holy Communion 12:00-3:00 Confirmation/ECR Youth Sunday - ALIVE! & Traditional</p>	<p>13 9:30 - Quilting Ministry/Intern House 4:30 - Positively Fit/New Seekers 7:00 - Mt. Tabor Ringers</p>	<p>14 7:00 - Men's Prayer Breakfast/Lizard's Thicket 10:30 - Staff Meeting 5:30 - Pipers Practice/AR 6:30 - NA Mtg/ECR 6:30 - ALIVE! Rehearsal</p>	<p>15 9:00 - E-News Deadline 10:00 - Bulletin Deadline 11:00 - Bible Study 12:00 - Noon Eucharist 6:30 - Adult Choir Tidings Deadline</p>	<p>16 2:00 - Tea Time Circle/ECR 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 - Positively Fit/New Seekers</p>	<p>17</p>	<p>18</p>
<p>19 Pentecost 8:00 - Matins Service—Holy Communion 9:15 - ALIVE! Service—Holy Communion 10:00 - Coffee/Fellowship/AR 10:15 - Sunday School 11:00 - Traditional Service—Holy Communion 12:00 - Church Council</p>	<p>20 9:30 - Quilting Ministry/Intern House 4:30 - Positively Fit/New Seekers 7:00 - Mt. Tabor Ringers</p>	<p>21 10:30 - Staff Meeting 5:30 - Pipers Practice/AR 6:30 - NA Mtg/ECR 6:30 - ALIVE! Rehearsal</p>	<p>22 9:00 - E-News Deadline 10:00 - Bulletin Deadline 11:00 - Bible Study 12:00 - Noon Eucharist 6:30 - Adult Choir</p>	<p>23 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 - Positively Fit/New Seekers 5:30 - Centennial Circle</p>	<p>24 Noon - 10:00 PM 5 Star Academy/AR 5:00 - FFF/The Dales</p>	<p>25 10-12:00 Girl Scouts/Upstairs</p>
<p>26 Holy Trinity 8:00 - Matins Service—Holy Communion 9:15 - ALIVE! Service—Holy Communion 10:00 - Coffee/Fellowship/AR 10:15 - Sunday School 11:00 - Traditional Service—Holy Communion</p>	<p>27 9:30 - Quilting Ministry/Intern House 4:30 - Positively Fit/New Seekers 7:00 - Mt. Tabor Ringers <i>Closed for Memorial Day</i></p>	<p>28 7:00 Men's Prayer Breakfast/Lizard's Thicket 10:30 - Staff Meeting 10:30 - Ladies Aid Society 5:30 - Pipers Practice/ECR 6:30 - NA Mtg/ECR 6:30 - ALIVE! Rehearsal</p>	<p>29 9:00 - E-News Deadline 10:00 - Bulletin Deadline 11:00 - Bible Study 12:00 - Noon Eucharist 6:30 - Adult Choir</p>	<p>30 4:00 - Family Program/AR,Ed Wing, Nursery 4:30 - Positively Fit/New Seekers</p>	<p>31 <i>Wedding Rehearsal</i> Mary Caroline Owen</p>	

Positively Fit: Body, Mind and Soul

Positively Fit meets Monday and Thursday at 5:30 in room 121 at present until we return to the assembly room. All ability levels are welcome! Variations to exercises are offered! And it's Free!

If you were told you could build strength without lifting weights, would you try it? You may be doing some "exercise" and not even know it! Isometric exercises are exercises where specific muscle groups are tightened and released. You may not even notice that you are exercising but the muscles know you are exercising. It is more effective to use weights, but isometrics have the advantage of being done anywhere.

So, now you are ready to try isometrics. They are performed in one position without any movement. Now, this really sounds like a great exercise. Proper breathing is important in contracting and releasing the muscles. Do not hold your breath! Holding your breath can increase blood pressure. Focus on breathing evenly as you hold the contraction. As with any exercise, listen to your body. You should not experience sharp pain or discomfort. With any exercise program, consult your doctor before beginning a new exercise program.

We all know that any exercise is beneficial so let's start with a few easy steps that you can do and incorporate into your daily routines. These exercises are from the University of Arizona.

GLUTES

•Lie on your back with your legs straight •Squeeze your buttocks together •Hold for 10 seconds, relax, and repeat Complete 1 set of 20, 3 times per day

QUADRICEPS

•Sit with your leg straight and small towel roll placed under your knee •Tighten the muscle on the front of your thigh and try to push your knee into the towel •Hold for 10 seconds, relax, and repeat Complete 1 set of 20, 3 times per day on each leg

HAMSTRINGS

•Sit with your leg straight and knee slightly bent •Without moving your leg, tighten the muscles on the back of your leg and try to drive your heel into the ground Complete 1 set of 20, 3 times per day on each leg

HIP ADDUCTORS

•Sit with your knees bent and ankles together •Push your ankles together, don't let your thighs move •Hold for 10 seconds, relax, and then repeat Complete 1 set of 20, 3 times per day

HIP ABDUCTORS

•Sit with your knees bent and ankles together •Push your knees out into your hands, don't let your hands move •Hold for 10 seconds, relax, and then repeat Complete 1 set of 20, 3 times per day

SHOULDER ADDUCTORS

Sit with arm in front, elbows bent, and hands together • Push hands inward towards each other • Keep shoulders level • Hold for 10 seconds, relax, and repeat Complete 1 set of 20, 3 times per day

SHOULDER ABDUCTORS

• Stand next to wall with elbow bent to 90 degrees • Place towel or pillow between arm and wall • Press into pillow/towel • Hold for 10 seconds, relax, repeat Complete 1 set of 20, 3 times per day on each arm

SHOULDER FLEXORS

• Sit with right elbow bent to 90 degrees • Place left hand on the front of your upper arm • Push right arm forward into left hand but don't let your arm move • Hold for 10 seconds, relax, repeat Complete 1 set of 20, 3 times per day on each arm

SHOULDER EXTENSORS

• Sit with right elbow bent to 90 degrees • Place left hand behind your upper arm • Push right arm backward into left hand but don't let your arm move • Hold for 10 seconds, relax, repeat Complete 1 set of 20, 3 times per day on each arm

1 Corinthians 6:19-20

¹⁹Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore, honor God with your body.

Lord Teach Us To Pray

As God's people called to love one another, let us pray for the following members of our church family, who celebrate the anniversary of their baptism this month: Jack Sippel, Robert Hilton, Liliana Stork, Blake Vrana, Carlin Vrana, Bennett Plane, Katelyn Shealy, Mickey Geiger, Samuel Hilton, Michael Rodgers, Kathy Risinger Elmer Sundlie, Abby Grace Roof, Kayla Sox, Ashlyn Baxter, Robert South, Evelyn Scyphers, Jeremy Goings, Bob Livingston, Annabelle Wilson, Isabelle Wilson, Kase Boone, Jason Nelson, Adam Payne George Caulder, Abigail Caulder, Veronica Cargile, Adam Davis, Todd Stilwell, Freddy Vallejo, Kaitlyn Neff Al Jordan, Alyssa Todd, Wanda Addy, Michael Bradshaw, Pat Bradshaw, Jessica Tablas, Venetia Sharpe, George Minor, Alexander Tuten, Wendy Spainhour, Milton Hall, Carolyn Taylor, Charles Taylor, Natalie Cook, Michael Cook, David Cook, Ashlynn Busbee, Ashleigh Christine, Carson Busbee, Trent Bozard, Eric Smith, Todd Sharpe Benjamin Smith, Kayla Newman, Dalton Rodgers, Darby Shepherd, Emilie Jeffries, Sarah Mattern, Blythe Baxter Nancy Brazell, Paul Jacobs, Mona Myers, Drew Myers, Trent Myers, Tina Harrison, Miller Elledge, Boggs Elledge Chad Elledge, Joey Sullivan, Finn Evans.

Most Recent Prayer Concerns:

Wanda Addy, Ron Hutto, Bruce Merchant, Ann Crout, Al & Judy Jordan

Ongoing Prayer Concerns:

Drewby McQuillen, Mary Davis, Alice Pollock, Jimmy Williams, Mona Myers, Sadie Howard Elmer Sundlie, Robert Cromer, Dennis Rybicki Jr., Emma Lou Easley, Lib Manus, Paul Addy Paul & Jeanie Jacobs, Barbara Bradshaw, Sandra Baker, Betty Wise Herman Bouknight, Jane & Gene Sexton, Pastor Jerry & Janice Livingston

Family & Loved Ones of Mt. Tabor:

Nancy and Emily Waugh, Becky and Phil Frederick, Laura Ann Merrill Kim Coker, Grace Kelly, Glenn Greer, Chuck Backman, Michelle Roe, Jacob Pittman Beth Murphy, Sidney Ward, Justin "Cody" Spires, Billy Holton, Barbara Kohr, Jenny Mack JoAnn Davis, Diana Ruth Henricks, Tommy Cambell, Niko Bosley, Mary Famiglietti Angela Livingston, Bill Wood, Anne Moye Isabelle Sundlie, John Bundrick, Katie Blackwell Feaster

Members of Mt. Tabor Serving in the Military:

Adam Davis, Samuel Davis, Scott Hash, Alex Morris

Family and Loved Ones Serving in the Military:

Josh Watson, Jacob Henry Burgan, Caleb Neff

The Family Of:

Sarah Cooper, Tony Jeffcoat, Todd Gayden, Jean Latimer

Nursing Homes/Retirement Centers/Rehabilitation Centers

Jenni-Lynn Assisted Living – Herman Bouknight (Apt. 34)

Lowman Home – Carolyn Smith

Laurel Crest – Emma Lou Easley, Al & Judy Jordan

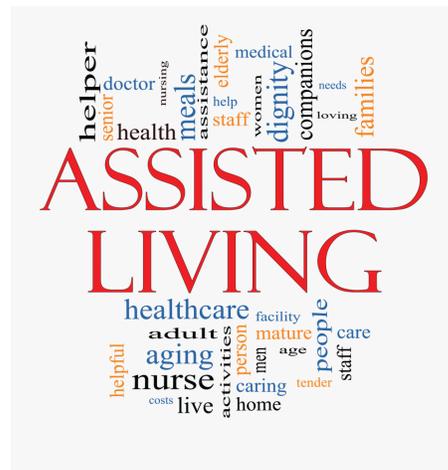
Presbyterian Home -Betty Wise (Room A-105)

Still Hopes – Sandra Baker, Larry Sease

Veteran's Victory House - Elmer Sundlie

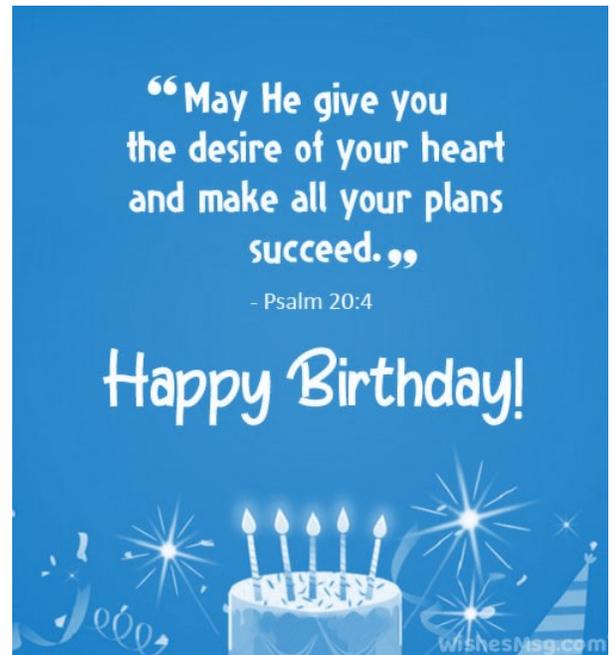
Spring Arbor - Margurite Culberson (located in Virginia)

The Phoenix at Union Hill - Gene and Jane Sexton (located in Georgia)



Happy Birthday!

- 1 Alice Pollock, Anna Evans
- 2 Miriam O'Neal, Brian Davis, Jack Ragley
- 3 Mona Myers, Cullen Mason, Elizabeth Goings, Tyler Wiggers
- 4 Mary Beth Owen, Trent Bozard, Katlynn Steele, Justin Steele
Stanton Moye
- 5 Stacy Sutton
- 6 Susan Hyde, Michael Bradshaw, Pat Bradshaw
- 7 Marissa Linder, Alexis Fabian, Christian Vallejo
- 8 Shannon Bolick, Hannah Helms
- 9 Bobby Cromer, Wes Stilwell
- 10 Paula Taylor, Charley Moye, Rachel Paetow
- 11 Christy Pittman
- 12 Michael Lewis, Johnathan Marchant
- 13 Robin MacInnis, Ron Hutto, Tina Conrad
- 15 Emily Hutto
- 16 Sarah Mattern
- 17 Tony King
- 18 Susan Hunnicutt
- 19 Nancy Allen, Gail Simmons, Benjamin Smith
- 20 Nikolaus Hostetter
- 21 Scott Hash, Melanie Yoder, Natalie Cook, Jackson Addy
- 22 Linda Spainhour, Mary Beth McLeod
- 23 JoAnn Hook, Berley Rister
- 24 Bethany Paetow, Katie Giles
- 25 Renee Shealy, Jody Glance
- 26 Kenlee Cassella
- 28 Lisa Parker, Cheyenne Steele, Bentley Knotts
- 29 Sandy Watkins
- 30 Clay Crawford, Louise Bowman
- 31 Randy Roddy, Nancy Smith, Chris Elledge, Connelly-Anne Ragley
Dallas Phillips



May's Worship Assistants

Please note we are now on a monthly rotation.

ALIVE!

Communion assistants

Pam Burnett

Lector

Cathy Crawford

Ushers

Paul Jacobs, John Matthews



11:00 AM

Communion assistants

Miley Rhodes, Pam Burnett

Lector

Ron Tryon

Ushers

Ron Tryon, Sammy Haftaglou, Tom Smith

Greeter

Laurie Culpepper

Sign Up for Mt. Tabor Emails

Did you know that Mt. Tabor can send you all correspondence electronically? If you would like to receive our news via e-mail, please let us know by emailing:
admin@mttaborlutheran.org

May

Communion Preparer

Annie Ruth Addy



May

Altar Flowers & Bulletin Covers

Flowers

5 Jeremy Goings
12 Sharon Mattern
19 Christie Cook
26 Nancy
Stone-Collum

Covers

5 available
12 Patsy Hutto
19 Nancy Allen
26 Christie Cook

The Flower & Bulletin Calendars are posted on the bulletin board near the sanctuary on Sundays. During the week, they are kept in the church office. If you would like to reserve a date, please sign up on Sunday or contact our office staff during the week.

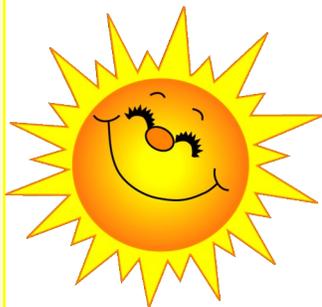
Early Risers Prayer Breakfast

Lutheran Men Early Risers
will meet on
May 14th and 28th
7 AM
Lizard's Thicket on
Augusta Road.



All men are welcome!

The Sunshine Club will meet on



Thursday, May 2nd at Noon.

Our own John Matthews, pharmacist, will speak to us about Narcan and pharmaceutical issues that seniors encounter.

Please bring a covered dish to share.

Come join the club for information, fun and fellowship.

Easter Offering Goal

\$25,000.00

\$16,595.40 received to date



10% of our offering will be donated to Epworth House, God's Helping Hands, & the Gamecock Lutheran Ministry.



VBS TIME!

Sign up is open for this year's **Vacation Bible School** being held **July 14-18 (5:15-7:45PM)**. As always, we would love to see you, your little ones, your friends, and their friends there to participate! This camp is not just for Mt. Tabor children and adults.

It is meant for the whole community, so please help spread the word!

Reminder: An adult VBS option is also available. So if you're not volunteering, we hope to see you signed up as a participant!

Scan the QR codes below to register participants and volunteers!

Paper forms are available in the office.

Please return completed forms to Linda Spainhour in the front office, admin@mttaborlutheran.org.

Any questions can be sent my way!

Thank you,
Roxanne Rich
roxanne.livingston1129@gmail.com



registration form



T - Shirt payments



Volunteer form

In memory of In honor of

Memorial

Art Southerlin
 Berry Gambrell
 Bill Stilwell
 Butch Anderson
 Christine Bradshaw Sandel
 Fred Darby
 Fred Darby
 Fred Darby
 Gary Lown
 Gary Lown
 Gary Lown
 George William "Dub" & Maxine Klapman
 H. F. Shull
 Harris Franklin & Clara Shull
 Jarvis & Arlene Klapman
 Jean Mehrtens Latimer
 Jean Mehrtens Latimer
 Jean Mehrtens Latimer
 Jeff Foster
 Linda Kay Vallejo
 Manell Lown
 Manell Lown
 Manell Lown
 Mike Lown
 Mike Lown
 Mike Lown
 Rev. Philip Whitehead
 Suzy Gillis
 Wade H. & Anna V. Miller

Given By

Rachel Bundrick
 Fred Vallejo
 Fred Vallejo
 Fred Vallejo
 Franklin & Jennifer Smith
 Gary & Ann Spainhour
 Lib Manus
 Rachel Bundrick
 Freda & Fred Fetner
 Kristie Lown
 Lisa Lown Bailey
 Jerry & Amy K. Shull
 Jerry & Amy K. Shull
 Jerry & Amy K. Shull
 Fred Vallejo
 Charlie & Paula Taylor
 Fred Vallejo
 Jolene & Larry Marchant
 Tom & Janet Smith
 Fred Vallejo
 Freda & Fred Fetner
 Kristie Lown
 Lisa Lown Bailey
 Freda & Fred Fetner
 Kristie Lown
 Lisa Lown Bailey
 Rachel Bundrick
 Carol Williams
 Fred Vallejo
 Gary & Ann Spainhour
 Lib Manus
 Steve & Doris Rabon
 Tammy O'Quinn
 Tom & Janet Smith
 Jerry & Amy K. Shull
 Hampton Miller

Fund

Music & Arts
 General
 General
 General
 VBS 2024
 General
 General
 Music & Arts
 Cemetery
 Cemetery
 Cemetery
 Easter
 Easter
 Easter
 General
 General
 General
 Ladies Aid
 General
 General
 Cemetery
 Cemetery
 Cemetery
 Cemetery
 Cemetery
 Cemetery
 Cemetery
 Music & Arts
 General
 General
 General
 General
 General
 Music & Arts
 General
 General
 Easter
 Easter

Honor

Jolene Marchant
 John Geiger
 Barnett Miller
 Bruce Merchant
 Betty Keisler

Given By

Patsy Gambrell
 Tom & Janet Smith
 Hampton Miller
 Fred Vallejo
 Tom & Janet Smith

Fund

Capital Improvements
 General
 Easter
 General
 Quilting Ministry

March Financial News

Funds Received for Budget	BUDGET	
Envelope System	37,306.41	
Memorials	390.00	
Loose Offering	790.00	
Bulletin Covers	180.00	
Birthday	5.00	
Initial Offering	5.00	
Sunday School	115.00	
Simply Giving Envelopes	9,700.64	
	48,492.05	60,837.33
RESERVE FUND:		
Easter	13,474.00	
Easter from General Fund	230.00	
Easter from Simply Giving	409.00	
	14,113.00	
DEDICATED FUND		
Choral Scholars	650.00	
Copies	21.00	
Early Risers Lenten Meal	327.00	
Birthday	126.35	
Fellowship & Recreation	605.00	
Guest Musician	250.00	
Handbell Retreat	457.50	
General Maintenance	750.00	
Ladies Aid	5.00	
Love Offering	158.35	
Pickle Jar	143.40	
Flowers/Plants/Lilies	360.00	
Sing & Celebrate	40.00	
Sunshine Club	11.00	
Use AR	556.00	
Youth Projects	120.00	
Youth Trips	144.00	
Flowers-General Fund	40.00	
Love Offering-General Fund	50.00	

Early Risers Lenten Meal Gen Fund	100.00
World Hunger-General Fund	400.00
Choral Scholars/Simply Giving	50.00
HUGS/Simply Giving	50.00
Youth/Simply Giving	3.00
Easter Lilies/Simply Giving	80.00
Evangelism- Simply Giving	25.00
	5,522.60

CEMETERY FUND:

Memorial	0.00
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MUSIC AND ARTS FUND:

Memorial	0.00
	0.00

CAPITAL CAMPAIGN FUND

Memorials	655.00
Donations-Simply Giving	420.00
	1,075.00

ENDOWMENT FUND: 0.00

Total Received for All Funds 69,202.65

Online Giving

Mt. Tabor offers online giving. Scan the QR Code to be taken to our online giving page.



Deadlines

E-News: *Wednesdays at 9:00 am*

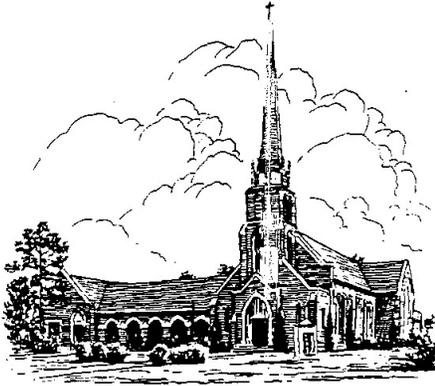
Bulletin: *Wednesdays at 10:00 am*

Tidings: *15th of each month*

Email articles to:
Admin
@mttaborlutheran.org

Mt. Tabor Lutheran Church
1000 B Avenue
West Columbia SC 29169

RETURN SERVICE REQUESTED



Visit our Website
www.mttaborlutheran.org

Mt. Tabor's Worship Opportunities

Sundays:

Worship Services:

- 8:00 am Matins with Holy Communion
9:15 am ALIVE! Contemporary Service -
**Holy Communion 1st Sunday of each month.
11:00 am Traditional Service with Holy Communion

Sunday School:

- 10:15 - 11:00 am Classes for both children and adults are offered.

Wednesdays:

- 11:00 am Bible Study
12:00 pm Noon Eucharist

Mt. Tabor Lutheran Church is committed to being a safe place for children and youth. Our congregation has enacted policies and procedures designed to minimize the risk of abuse. Copies of our Child Protection Policy are available in the narthex and in the Church Office.

Non-Profit Organization

U.S. Postage PAID

Columbia, S. C.

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Permit No. 116

Staff

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Monday-Friday
8:30 am to 4:30 pm